

MIDLAKES SCHOOLS COMMUNITY RESOURCES GUIDE

Compiled April 2025

This guide will be available electronically at: <https://www.midlakes.org/departments/community-resources>

Additional resources can be found on the Ontario County Resource page:
<https://www.ontariocountyny.gov/2134/Resources>

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Addiction and Substance Abuse Resources

<i>Agency</i>	<i>Address</i>	<i>Phone Number</i>	<i>Website and/or 211 Listing</i>	<i>Information</i>
Connections Rounded Recovery through FLACRA	Varies based on program location	Varies based on program location	https://www.flacra.org/connections-schedule	Connections Rounded Recovery is our recovery community center in Canandaigua, New York. This location serves individuals with substance use disorders and their families throughout Ontario County. Today, Connections serves the communities of Canandaigua, Newark, Seneca Falls, and Penn Yan. Connections Rounded Recovery is a comprehensive program that provides multiple pathways to recovery, and helps to bridge an array of community services and formal treatment opportunities to individuals in need.
EmpowerOC.org (through the Partnership for Ontario County)	Online only platform	(585) 396-4554 for assistance in accessing the platform	https://empoweroc.org/	EmpowerOC.org is an online platform complete with resources about health-related topics for youth. This platform was created by the Substance Abuse Prevention Coalition of Ontario County to empower youth in Ontario County.
FLACRA (Finger Lakes Area Counseling and Recovery Agency)	28 E. Main Street Clifton Springs, NY 14432	(315) 462-9466	https://www.flacra.org/	Provides quality care for youth, adults, and families in the Finger Lakes area whose lives are affected by alcohol and/or substance use disorders and/or Mental Health Care needs.
Substance Abuse Coalition of Ontario County (through Ontario Cares)	5297 Parkside Drive Suite 307 Canandaigua, NY 14424	(585) 396-4554	https://preventioncoalitionoc.org/	A coalition is a group of different people and organizations that work together to solve problems. Our coalitions work on preventing substance misuse (like drugs or alcohol) and on preventing suicide. We work to make our community healthier.

Additional Addiction/Substance Abuse Resources:

NYS Office of Addiction Services and Supports: <https://oasas.ny.gov/>

Behavioral Assistance and Mental Health Resources

<i>Agency</i>	<i>Address</i>	<i>Phone Number</i>	<i>Website and/or 211 Listing</i>	<i>Information</i>
Clifton Springs Behavioral Health Clinic	2 Coulter Road Clifton Springs, NY 14432	(315) 462-1050	https://www.rochesteregional.org/locations/hospitals/clifton#-pl_locationcategory=Hospital	Provides services for chemical dependency, inpatient psychiatric care, outpatient mental health, and emergency psychiatric care including mobile crisis team.
Family Counseling of the Finger Lakes	Locations in Canandaigua, Geneva, Newark, Penn Yan, Rochester, Seneca Falls, Sodus and Victor	(315) 789-2613 (main office in Geneva)	https://fcsfl.org/	Provides services in Ontario, Wayne, Monroe, Seneca and Yates Counties. Offers group therapy, couples therapy, individual therapy, family therapy and general counseling services.
Finger Lakes Community Health	Multiple Locations including Geneva, Newark, and Penn Yan	Varies by location	https://www.localcommunityhealth.com/	Behavioral health services include mental health assessments and substance abuse screenings among other services.
Ontario County Mental Health Center	3019 County Complex Drive Canandaigua, NY 14424	(585) 396-4363	https://www.ontariocountyny.gov/99/Mental-Health	The Ontario County Mental Health Center (OCMHC) provides evaluation, treatment and referral services to residents of Ontario County. Services are provided to children as young as age 5, and adults throughout the lifespan. Clinic services are confidential, except where confidentiality is prohibited by law.
Penfield Psychiatry	Locations in Penfield and Farmington https://www.penfieldpsych.com/location	(585) 388-6000	https://www.penfieldpsych.com/	Penfield Psychiatry is a group of mental health providers, including therapists, psychologists, and prescribing professionals (NPs, PAs, and MDs). Established in 2012 to address the need for more mental health care in Penfield, NY, the practice has grown into a trusted resource in the behavioral health community. Its legacy is built on strong partnerships, collaboration, and consistently delivering up-to-date, evidence-based care and providing insurance coverage.

Additional Behavioral Assistance Resources:

211 Healthcare Workforce LifeLine

- **Finger Lakes Performing Provider System (FLPPS):** The Finger Lakes Performing Provider System (FLPPS) is a partnership comprised of 19 hospitals, 6,700 healthcare providers and more than 600 healthcare and community-based organizations in a 13-county region including Ontario County
- <https://healthworkforce.211lifeline.org/index.php>

Call 9-1-1 for immediate medical, emotional, situational, substance/drug, or legal crises. If you or someone else needs immediate help or are experiencing a life-threatening emergency, please call 9-1-1 or go to your local emergency department straightaway. You can request 9-1-1 dispatch to send a Crisis Intervention Team (CIT) officer to assist. CIT officers have specialized training to assist people in mental health or emotional crisis.

Call Mobile CPEP. You can also call the Clifton Springs Hospital and Clinic's Comprehensive Psychiatric Emergency Program (CPEP) at 315-462-1080 if you are in emotional crisis. The Mobile CPEP team can offer an evaluation, outreach, and referrals within the community and travel to your location.

Call 1-800-273-8255 or Text 741-741 the National Suicide Prevention Lifeline. They can offer emergency assistance or crisis support. Press 1 for veterans.

Call Lifeline at 2-1-1 or 1-800-310-1160. They can offer crisis support and resources for services in Ontario County.

Camps/After School Programs/Recreation Programs Resources

<i>Agency</i>	<i>Address</i>	<i>Phone Number</i>	<i>Website and/or 211 Listing</i>	<i>Information</i>
4-H Camp Bristol Hills through Cornell Cooperative Extension	Camp Address: 4437 Kear Road Canandaigua, NY 14424	(585) 394-3977 ext. 435	https://cceontario.org/4-h-camp-bristol-hills	Summer 2025 Brochure available on website. Camp has day, resident and specialty camp options. Age 5 through high school.
Clifton Springs YMCA	10 Crane Street Clifton Springs, NY 14432	(315) 462-6184	https://www.csaymca.org/	Before and after school care, preschool/day care, and summer camp
Long Point Camp through the Salvation Army	Camp Address: 100 Long Point Road Penn Yan, NY 14527	(315) 536-6301	https://longpointcamp.org/	Registration is processed through individual Salvation Army Centers. Contact Ann Vail for assistance (315) 434-1371
Ontario County Youth Programs	20 Ontario Street Canandaigua, NY 14424	(585) 396-4451	https://www.ontariocountyny.gov/407/Youth-Programs	Year-round youth services that include adult mentoring, occupational skills training, paid and unpaid work experiences, summer youth, etc. Youth brochure: https://www.ontariocountyny.gov/DocumentCenter/View/19471/Youth-Brochure
Phelps Community Center	8 Banta Street, Suite 100 Phelps, NY 14532	(315) 548-8484	https://www.phelpscc.org/summerprogram	Limited spots available. Spaces fill on a first come, first served basis.

Additional Camps/After School Programs/Recreation Programs Resources:

Rochester Kids Out and About: <https://rochester.kidsoutandabout.com/>

- Master summer camp listing for 2025: <https://rochester.kidsoutandabout.com/content/guide-summer-camps-rochester-ny-area>

Canandaigua Area Summer Recreation Information

- Camps, Activities, and Lessons for Summer 2025: <https://canandaiguanewyork.gov/DocumentCenter/View/1139/2025-Canandaigua-Area-Summer-Recreation-Opportunities>

Area Recreation Programs information in Ontario County Guide

- <https://www.ontariocountyny.gov/DocumentCenter/View/43737/Ontario-County-Resource-Guide?bidId=>

ChildcareCenter.US

- Find nearby childcare and resources: <https://childcarecenter.us/>

Clothing and Household Item Resources

<i>Agency</i>	<i>Address</i>	<i>Phone Number</i>	<i>Website and/or 211 Listing</i>	<i>Information</i>
Caring Hearts Food Pantry	12 Hibbard Avenue Clifton Springs, NY 14432	(315) 945-4402	https://211lifeline.org/detail.php?id=7331537	Offers free clothing and household items to anyone in need. TH 11:00 AM – 1:00 PM
Geneva Center of Concern	58 Avenue D Geneva, NY 14456	(315) 789-1117	https://genevacenterofconcern.org/	Thrift store with lightly used clothing. Clothing vouchers may be available free of charge to use at the thrift store for those who are facing difficulties and need basic living items. M-F 10:00 AM – 3:00 PM; SAT 10:00 AM – 12:30 PM
St. Vincent de Paul Society	120 N. Main Street Canandaigua, NY 14424	(585) 394-3980	https://ssvpusa.org/ https://211lifeline.org/detail.php?id=68245852	Resident of area served. Provides clothing for adults and children, along with various household items such as blankets, pans, dishes, children's toys etc. Individuals may visit the clothing room once every 30 days for reasonable distribution of items.
Victor United Methodist Church Clothes Closet	102 E. Main Street Victor, NY 14564	(585) 703-7421	https://victorumc.org/ministries/outreach/	We carry a wide variety of good quality, seasonal clothes and shoes, as well as linens and other items. If you need anything, please stop by and shop for free , no questions asked. Open Mondays & Thursdays 4pm–6 pm; Wednesdays & Saturdays 10 am–noon.
Wellspring Church	22 Teft Avenue Clifton Springs, NY 14432	(315) 548-6292	http://www.wellspringchurch.us/ https://211lifeline.org/detail.php?id=23968616	Provides new and gently used household items including furniture, clothing, housewares and small appliances, for a suggested donation amount as well as free, depending on need. Provides loaned medical equipment as well. Deacon's Storehouse: TU-TH 10:00AM-4:00PM or by appointment.

Additional Clothing and Household Item Resources:

Finger Lakes Treasure Trove in Canandaigua: Provides Treasure Trove Gift Cards to those in the community facing financial hardship to use in the thrift store

- <https://fingerlakestreasuretrove.org/services/>

Salvation Army Geneva Location

- Provides vouchers for clothing, household items and furniture: <https://easternusa.salvationarmy.org/empire/geneva/>

Dental Care Resources

<i>Agency</i>	<i>Address</i>	<i>Phone Number</i>	<i>Website and/or 211 Listing</i>	<i>Information</i>
Finger Lakes Community Health Dental – Geneva location	601-B Washington St. Geneva, NY 14456 Other locations in the Finger Lakes as well	(315) 781-8448	https://www.localcommunityhealth.com/dental/	Dental Services for the Whole Family. From routine cleanings to complex restorative work. We provide full-service dental care for adults and children. Everyone welcome. Most Insurances are accepted. Generous sliding fee scale available.
Finger Lakes Dental	Canandaigua location: 329 S. Main St. Canandaigua, NY 14424	(585) 394-1930	https://fingerlakesdental.com/	We are proud to serve our community with 5 convenient locations and early office hours. We offer several payment options. Our goal is to ensure that treatment is accessible to everyone.
Mosaic Health Community Dentistry Finger Lakes	Rushville location: 2 Rubin Drive Rushville, NY 14544	(585) 554-4400	https://mosaichealth.org/dental-services/community-dentistry-finger-lakes/	Through Community Dentistry, your school-age kids can receive quality, affordable, accessible dental services, regardless of insurance status. That includes basic checkups, supplies like toothbrushes and floss, and instructions in how to care for their teeth. For parents and kids, we can help you access a freestanding dental office and help you enroll in insurance and apply for a Sliding Fee Scale payment arrangement.
Rochester Regional Health Clifton Springs Dentistry	2 Coulter Road Suite 1720 Clifton Springs, NY 14432	(315) 318-0284	https://www.rochesterregional.org/locations/dental/clifton-springs#f-pl_locationcategory=Dental	The dental professionals at Clifton Springs offer oral and maxillofacial surgery, as well as general dentistry services to the Clifton Springs community.
Supply A Smile through Canandaigua Churches in Action	<i>Supply a Smile</i> does not have a physical office location. We use Canandaigua Elementary School as a facility for our screenings. 90 West Gibson Street Canandaigua, NY 14424	(585) 376-2242	https://www.supplyasmile.com/	<i>Supply a Smile</i> is a local organization associated with <i>Canandaigua Churches in Action (CCIA)</i> , serving uninsured residents of Ontario County with free dental services for adults aged 18 and older, and is limited to <u>cleanings</u> , <u>fillings</u> , and <u>extractions</u> . Services are provided by area dental offices. Screenings take place on the 1st Saturday of each month from 9 am - 10 am, from September through May (except in January).

Additional Dental Care Resources:

Master list of Dental Care Providers: <https://www.waynecountycommunityschools.org/health-care-resources>

Eating Disorders Support Resources

<i>Agency</i>	<i>Address</i>	<i>Phone Number</i>	<i>Website and/or 211 Listing</i>	<i>Information</i>
The Healing Connection, Inc.	1320 University Avenue Rochester, NY 14607	(585) 641-0281	https://www.thehealingconnectioninc.org/	Provides a supportive, structured environment for patients to assist with normalization of eating, stabilization of weight, and improvement in other psychological/behavioral symptoms associated with eating disorders. The programs can be used as a step up from outpatient care or a step down from inpatient care and can help shorten or obviate inpatient care. Supports individuals ages 12 and up. Medicaid, private pay, sliding scale based on income, third party insurance are accepted forms of payment.
Child and Adolescent Eating Disorder Program at Golisano Children's Hospital at URM	150 Crittenden Blvd. Rochester, NY 14642	(585) 275-2964	https://www.urmc.rochester.edu/childrens-hospital/adolescent/eating-disorders	Provides an eating disorders clinic with multi-disciplinary eating disorders treatment. Call for information. Clinical programs: birth-age 21 years. Adolescent Clinic: Ages 12 years-end of insurance coverage, if a student. If attending college up to 23 years of age. Brochure: https://www.urmc.rochester.edu/medialibraries/urmcmedia/childrens-hospital/adolescent/eating-disorders/documents/ed-patient-bro-2-24-10.pdf
Western New York Comprehensive Care Center for Eating Disorders	601 Elmwood Ave Box SON Rochester, NY 14642	(585) 276-6102	https://www.nyeatingdisorders.org/	Provides linkage and community support for individuals seeking inpatient, outpatient, partial hospitalization, and intensive outpatient services for eating disorders treatment. Provided by Office of Mental Health grant funded program.

Additional Eating Disorders Support Resources:

National Eating Disorder Association Helpline (NEDA)

- <https://www.nationaleatingdisorders.org/>
- Find Treatment function on the NEDA website: <https://www.nationaleatingdisorders.org/find-treatment/>

Financial/Public Assistance Resources

<i>Agency</i>	<i>Address</i>	<i>Phone Number</i>	<i>Website and/or 211 Listing</i>	<i>Information</i>
Catholic Charities of the Finger Lakes	120 North Main Street Suite 40 Canandaigua, NY 14424	(585) 394-0190	https://www.catholiccharitiesfl.org/services/emergency-assistance-program/	Emergency assistance programs collaborate with other human services agencies, churches, service groups, etc. Provides limited financial assistance when funds are available. Assesses household emergencies that threaten basic needs and household stability. Educates individuals about community resources.
Ontario County Department of Social Services	Hopewell Office 3010 County Complex Dr. Canandaigua, NY 14424	(585) 396-4060	https://www.ontariocountyny.gov/118/Social-Services	The Temporary Assistance (TA) unit manages the Family Assistance Program and the Safety Net Program. These two programs provide temporary cash support to those who live below the poverty level. TA also manages the federal Supplement Nutrition Assistance (SNAP) Program (formerly known as Food Stamp Program), childcare subsidies and the Home Energy Assistance Program (HEAP).
US Social Security Administration – Geneva location	15 Lewis Street Geneva, NY 14456	(866) 331-7759	https://211lifeline.org/detail.php?&cat=Ssi&s=1&id=7333500	Provides benefits assistance for Social Security. Assists with application filing for retirement, survivor's insurance, disability, Medicare. Assists with Supplemental Security Income benefits applications.

Finding Health Care Providers Resources

<i>Source of Search Portal</i>	<i>Website and/or 211 Listing</i>	<i>Information</i>
Excellus BCBS	https://www.excellusbcb.com/find-a-doctor/provider	Provides a search engine for finding local providers within the Excellus insurance network.
Fidelis Care	https://www.fideliscare.org/Find-A-Doctor#/search	Provides a search engine for finding local providers within the Fidelis Care insurance network.
Medicare.gov	https://www.medicare.gov/care-compare/?providerType=Physician	Provides a search engine for finding local providers who accept Medicare for multiple health specialties.
NY State Provider and Health Plan Look-Up	https://pndslookup.health.ny.gov/	Use this tool when you are deciding which health plan to enroll in or when you are looking for a provider, for example a hospital or doctor, that works with your plan. The tool is updated with information sent to New York State directly by health plans. BUT, to be on the safe side, you should still ask the provider if they accept your health plan and participate in your network before receiving health care services or before enrolling in a health plan.
Wayne County Partnership Community Schools	https://www.waynecountycommunityschools.org/health-care-resources	List of pediatric and family medicine providers within the Wayne County Rural Health Network. Includes providers in Ontario County.

Food Insecurity Resources

Agency	Address	Phone Number	Website and/or 211 Listing	Information
Caring Hearts Food Pantry	12 Hibbard Avenue Clifton Springs, NY 14432	(315) 945-4402	https://211lifeline.org/detail.php?&s=1&id=7331533	Offers an emergency food cupboard for individuals in the covered area. If an individual is out of the covered area, they may provide 1 week of food to help and refer them to agencies in their area. TH 11AM – 1PM. For residents of Town of Phelps, Village of Phelps, Town of Manchester, Village of Manchester, Village of Clifton Springs.
Clifton Springs United Methodist Church	1 E Main Street Clifton Springs, NY 14432	(315) 462-2274	http://www.csumc.com/ https://211lifeline.org/detail.php?id=24800711	Must reside in Ontario County. 3rd TH 5:00PM-7:00PM
Geneva Center of Concern	58 Avenue D Geneva, NY 14456	(315) 789-1117	https://genevacenterofconcern.org/	Personal interview and referral assistance part of application process. Spanish speaking staff available. Service once every two weeks per client for food, personal items, diapers and formula on request. M-F 10 AM – 1 PM
Phelps Community Food Cupboard	8 Banta Street Phelps, NY 14532	(315) 651-0534	https://211lifeline.org/detail.php?id=7337909 Information also available on Facebook page	Tops Market gift cards are provided to qualified individuals/families. Our current ACTIVE clients are pre-qualified. Previous clients who have not utilized the food cupboard in the past 6 months will need to re-qualify. Distribution of cards will take place on the 4th Tuesday of each month from 10:30am to 11:30am and 3:30pm to 4:30pm. Must be receiving SNAP benefits and be a resident of the Town/Village of Phelps.
Wellspring Church	22 Teft Avenue Clifton Spring, NY 14432	(315) 548-6292	http://www.wellspringchurch.us/ https://211lifeline.org/detail.php?id=7337624	Information taken during first visit: number of people in the household, how many are children (up to and including age 17), adults (up to and including age 59,) and how many are seniors (age 60+), and zip code. We allow up to 3 families per car. is a drive through distribution. Please arrange room in your vehicle where the food boxes will be loaded for you. Food Distribution every other TU 5:30PM-7:30PM and on an emergency basis. Pop-Up Pantry food distribution one TH per month see website or Facebook page for dates.

Additional Food Resources:

Food link, Inc. Pop-Up Pantry / Food Pantry

- <https://foodlinkny.org/>
- Use the Find Food search function on the home page

WIC Ontario County

- Through the Ontario County office of the Society for the Protection and Care of Children
- https://www.wicprograms.org/li/society_for_the_protection_and_care_of_children_14424

SNAP Ontario County

- Provided through the Ontario County Department of Social Services
- <https://www.ontariocountyny.gov/218/SNAP>
- <https://211lifeline.org/detail.php?cat=Snap&id=7333253>

Salvation Army

- Food Pantries available at:
- Canandaigua Location: <https://easternusa.salvationarmy.org/empire/canandaigua/>
- Geneva Location: <https://easternusa.salvationarmy.org/empire/geneva/>

Ontario County Resource Guide

- Expansive list of Food Assistance and Food Pantry resources for the County
- <https://www.ontariocountyny.gov/2134/Resources>
- <https://www.ontariocountyny.gov/DocumentCenter/View/43737/Ontario-County-Resource-Guide?bidId=>

211 Finger Lakes Food Resources

- <https://211lifeline.org/categories.php?cat=FOOD>

Housing Assistance Resources

<i>Agency</i>	<i>Address</i>	<i>Phone Number</i>	<i>Website and/or 211 Listing</i>	<i>Information</i>
Canandaigua Housing Counseling through The Housing Council and PathStone, Inc.	5297 Parkside Drive Suite 410 Canandaigua, NY 14424	(585) 626-4097	https://www.thehousingcouncil.org/	Livingston, Ontario and Wayne County coverage. Our mission is to increase successful homeownership and tenancy experiences throughout our community, focusing on low- to moderate-income residents.
Family Promise of Ontario County	Mailing Address: 185 North Main Street Canandaigua, NY 14424	(585) 905-3988	https://www.familypromiseontariocounty.org/	We unite existing agencies, volunteer organizations and the faith community in Ontario County to provide a pathway for homeless children and their families to secure reliable housing and self-sufficiency.
Finger Lakes Housing Consortium through FLACRA	28 E. Main Street Clifton Springs, NY 14432	(315) 462-9466	https://www.flacra.org/finger-lakes-housing-consortium	The Finger Lakes Housing Consortium (FLHC) is the Homeless Continuum of Care (CoC) for the geographic area composed of Wayne, Ontario, Seneca and Yates counties located in the Finger Lakes region of New York State. Assists with Emergency Rental Assistance Program.
Geneva Housing Authority	Main Office: 41 Lewis Street Geneva, NY 14456	(315) 789-8010	https://genevahousingauthority.com/	The mission of the Geneva Housing Authority is to improve the quality of life for the Geneva community and surrounding areas, specifically its lower income residents, by administering public and private housing assistance programs, promoting the development of affordable, decent and safe housing opportunities, and encouraging economic self-sufficiency.
Ontario County Department of Social Services	Hopewell Office 3010 County Complex Dr. Canandaigua, NY 14424	(585) 396-4060	https://www.ontariocountyny.gov/118/Social-Services	The Temporary Assistance (TA) unit manages the Family Assistance Program and the Safety Net Program. These two programs provide temporary cash support to those who live below the poverty level. TA also manages the federal Supplement Nutrition Assistance (SNAP) Program (formerly known as Food Stamp Program), childcare subsidies and the Home Energy Assistance Program (HEAP).

Additional Housing Resources:

NY State Emergency Rental Assistance Program (ERAP): <https://otda.ny.gov/programs/emergency-rental-assistance/>

- The New York State Emergency Rental Assistance Program (ERAP) will provide significant economic relief to help low and moderate-income households at risk of experiencing homelessness or housing instability by providing rental arrears, temporary rental assistance and utility arrears assistance.

Immunizations for Children Resources

<i>Agency</i>	<i>Address</i>	<i>Phone Number</i>	<i>Website and/or 211 Listing</i>	<i>Information</i>
Ontario County Public Health's Vaccine Clinic	3019 County Complex Dr. Canandaigua, NY 14424	(585) 396-4343	https://www.ontariocountyny.gov/561/Immunizations	Ontario County Public Health participates in New York State's Vaccines for Children (VFC) program , which provides no to low-cost vaccines to uninsured and underinsured children . https://www.ontariocountyny.gov/DocumentCenter/View/33579/Immunization-Program--Pamphlet-2022
US Centers for Disease Control and Prevention	N/A	(800) 232-4636	https://www.cdc.gov/vaccines/index.html	Provides guidance on recommended immunizations for children and schedule for administration of them.

Parenting Classes and Support Resources

<i>Agency</i>	<i>Address</i>	<i>Phone Number</i>	<i>Website and/or 211 Listing</i>	<i>Information</i>
Catholic Charities of the Finger Lakes Permanency Resource Center	Multiple locations in Geneva, Auburn, Canandaigua and Newark	(315) 789-2235 ext. 123	https://www.catholiccharitiesfl.org/services/targeted-regional-permanency-centers/	The Permanency Resource Center Program is available to work directly with these families to address a variety of parenting, behavioral, emotional or other family circumstances that create challenges to family stability. Services are available to families in Ontario, Seneca, Yates, and Orleans County who have formally adopted or obtained a guardianship order for a minor child.
Child and Family Resources, Inc.	Multiple Locations in Canandaigua, Penn Yan, Seneca Falls, and Yates	(315) 536-1134	https://www.cfresources.org/	Child and Family Resources provides affordable, accessible programs that enhance and support the education of parents, caregivers, and childcare providers, as well as encourage the highest quality of care and positive learning experiences for young children.
Family Counseling of the Finger Lakes	Locations in Canandaigua, Geneva, Newark, Penn Yan, Rochester, Seneca Falls, Sodus and Victor	(315) 789-2613 (main office in Geneva)	https://fcsfl.org/	Provides services in Ontario, Wayne, Monroe, Seneca and Yates Counties. Offers group therapy, couples therapy, individual therapy, family therapy and general counseling services.
Parent to Parent of NY State	Finger Lakes DDSO 620 Westfall Road Rochester, NY 14620	(585) 424-7211	https://www.ptopnys.org/	Parent to Parent of New York State builds a supportive network of families to reduce isolation and empower those who care for people with developmental disabilities or special healthcare needs to navigate and influence service systems and make informed decisions.
The Mid-West Family and Community Engagement Center	15 Linden Park Rochester, NY 14625	(585) 249-7814	www.monroe.edu/facecenters	The Mid-West Family and Community Engagement Center provides support and training to families of children with disabilities ages Birth to 22 by offering assistance and training on a variety of topics including special education, post-secondary transition, early childhood, academic and behavioral supports, and family engagement.

Additional Parenting Classes and Support Resources:

NYS Council on Children and Families: Welcome to CCF's Parent Portal. To support healthy kids and happy families, we have resources for new parents (birth, adoption, foster), guidance for families with children with multiple needs, tools to help find childcare, and information on how to support young children through transitions in the early years.

- <https://ccf.ny.gov/nysparenting/>

Help Hub for Families: <https://helphubforfamilies.ny.gov/>

Starbridge: <https://starbridgeinc.org/>

- We partner with people who have disabilities, their families, and others who support them, to achieve success in education, employment, and healthy living.

AutismUp: <https://autismup.org/>

- AutismUp is the leading 501(c)3 autism support organization in the Greater Rochester and surrounding areas. Founded in 2004, by a small group of parents of children with Autism Spectrum Disorder, AutismUp has grown to include more than 3,700 family and professional member households. We support individuals with Autism Spectrum Disorder, and their families, by expanding and enhancing opportunities to improve quality of life.

Support Group Resources				
<i>Agency</i>	<i>Address</i>	<i>Phone Number</i>	<i>Website and/or 211 Listing</i>	<i>Information</i>
Alcoholics Anonymous of the Finger Lakes	P. O. Box 204 Clifton Springs, New York 14432	(315) 789-5955	https://fingerlakesaa.org/	The website contains our 24-hour hotline number, information about the Finger Lakes Area Intergroup (FLAI), a schedule of area meetings, upcoming events in the A.A. community, and links to other helpful sites.
Aspire Hope	25 W Steuben St. Bath, NY 14810	(607) 776-2164	https://www.aspirehope.org/	Provides support groups for families, particularly parents with children who have emotional, behavioral, and mental problems.
Finger Lakes Area of Narcotics Anonymous	Multiple meeting locations	(315) 847-3842	https://nny-na.org/finger-lakes/	Current meeting list: https://nny-na.org/?current-meeting-list=2
NAMI Rochester	344 N. Goodman Street Rochester, NY 14607	(585) 423-1593	https://www.nami.org/affiliate/new-york/nami-rochester/	The National Alliance on Mental Illness (NAMI) is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI is an alliance of more than 600 local Affiliates and 49 State Organizations who work in your community to raise awareness and provide support and education that was not previously available to those in need.
The Partnership for Ontario County	5297 Parkside Drive Suite 307 Canandaigua, NY 14424	(585) 396-4554	https://www.partnershipforontariocounty.org/	Programs and support available through the Community Support Center: https://www.thecommunitysupportcenter.org/

Additional Support Group Resources:

NY Connects: NY Connects is your trusted place to go for free, unbiased information about long term services and supports in New York State for people of all ages or with any type of disability.

- <https://www.nyconnects.ny.gov/>

Transportation Resources				
<i>Agency</i>	<i>Address</i>	<i>Phone Number</i>	<i>Website and/or 211 Listing</i>	<i>Information</i>
Go Monroe (through Starbridge)		(585) 224-7250	https://starbridgeinc.org/services/family-support-programs/	We provide mileage reimbursement, bus passes, and transportation via Uber vouchers. Child or adult with developmental disabilities living at home with family in Monroe County or surrounding Finger Lakes counties –Genesee, Livingston, Ontario, Orleans, Wayne, Wyoming. OPWDD eligibility (Families with self-directed budgets are not eligible). Income eligibility (Proof of at least one of the following: DHS letter verifying income level or SSI/SSDI letter).
Medicaid Transportation through Medical Answering Services (MAS)		(855) 733-9402	https://www.medanswering.com/	Effective March 1, 2024 MAS now manages Managed Long Term Care Transportation in NY State: https://www.health.ny.gov/health_care/medicaid/members/medtrans_overview.htm
Regional Transit Service (RTS Ontario)	2930 County Road 48 Canandaigua, NY 14424	(585) 394-2250	https://www.ontariocountyny.gov/2113/Transportation-Services	RTS Request a Trip service https://www.myrts.com/RTS-On-Demand/Request-a-Trip Dial-A-Ride https://www.myrts.com/Dial-A-Ride-Regional

Additional Transportation Resources:

Here2There – A tool to assist in finding transportation services and itineraries to meet your needs.

- <https://here2there.help/home>

Ontario County Transportation Services through the Office for the Aging

- <https://www.ontariocountyny.gov/2113/Transportation-Services>

Vision Care Resources

<i>Agency</i>	<i>Address</i>	<i>Phone Number</i>	<i>Website and/or 211 Listing</i>	<i>Information</i>
Finger Lakes Eye Care Geneva	738 Pre-Emption Road Geneva, NY 14456	(315) 789-4922	https://www.urmc.rochester.edu/eye-institute/locations/finger-lakes-center	Flaum Eye Institute provides full-service ophthalmic care through its Finger Lakes Eye Center located in Geneva, NY.
The Eye Care Center	325 West Street Canandaigua, NY 14424 (Also in Geneva and Macedon)	(585) 394-2020	https://www.theeyecarecenter.com/	With a team of 12 eye doctors, The Eye Care Center is one of the most advanced eye care facilities in Upstate New York. The office has locations in Canandaigua, Geneva, and Macedon. From routine exams and laser surgery to emergency eye care and cosmetic services, the doctors and staff at The Eye Care Center are dedicated to meeting all of your needs and exceeding your expectations.

Additional Vision Care Resources:

Master list of Vision Care Providers: <https://www.waynecountycommunityschools.org/health-care-resources>