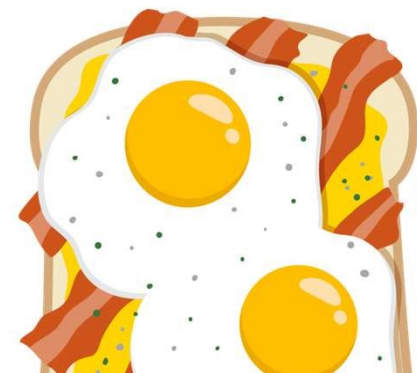




Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price. - Choice of Whole Grain - Choice of Protein - Choice of Fruit or Vegetable - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast. Whole Grain Cereals <i>(served with graham crackers)</i> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, fat-free chocolate. Daily Breakfast Offerings Assorted WG Cereal Bars Assorted WG Muffins WG Banana Bread WG Blueberry Bread Assorted Yogurt with a Bagel (WG) Whole Grain (V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> (VG) Vegan <i>These items do not contain any animal products</i>
1 	2 Breakfast Pizza Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	3 Egg & Cheese Croissant Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	4 WG Pancakes with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	5 Strawberries & Cream Overnight Oats Cup with Graham Crackers Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	
8 Scrambled Eggs, Sausage Links and Hash Browns Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	9 Breakfast Pizza Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	10 Strawberries & Cream Smoothie Bowl with Graham Crackers Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	11 French Toast Sticks with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	12 Dutch Waffle Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	
15 Scrambled Eggs, Bacon and Tater Tots Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	16 Breakfast Pizza Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	17 Egg, Sausage & Cheese Maple Flatbread Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	18 WG Pancakes with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	19 WG Belgian Waffle Sticks with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	
22 Scrambled Eggs, Sausage Links and Hash Browns Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	23 Breakfast Pizza Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	24 Apple Pie Smoothie Bowl with Graham Crackers Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	25 French Toast Sticks with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	26 Breakfast Banana Split Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	
29 	30 Breakfast Pizza Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	1 Egg, Sausage & Cheese Maple Flatbread Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	2 WG Pancakes with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	3 WG Belgian Waffle Sticks with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	
Contact Cathy Muto, General Manager 610-782-1890 Mutoc@whitehallcoplay.org			Meal Prices Student Breakfast \$0.00 Reduced Breakfast \$0.00		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.





Monday		Tuesday		Wednesday		Thursday		Friday		What is a Meal?	
 Market Street Deli! Made to order Sandwiches and Wraps, Turkey and Cheese, Ham and Cheese, Italian, American, Tuna Salad, Chicken Salad, Egg Salad with a Variety of Cheeses and Breads.										Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.	
1 		2 Orange Chicken with Scallions over Fried Rice FEATURED VEGGIES Sesame Green Beans Strawberry Spinach Salad		3 Dip & Dust Wings with a Pretzel Stick FEATURED VEGGIES BBQ Baked Beans Steamed Mixed Veggies		4 Chili Cheese Corn Dog Elote Corn Dog FEATURED VEGGIES Sidewinder Fries Tomato Mozzarella Salad		5 Buffalo Chicken Dip with Tortilla Chips FEATURED VEGGIES Lemon-Parmesan Broccoli Baby Carrots		Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, fat-free chocolate. Daily Entrée Options Hamburger/Cheeseburger on a Bun Chicken Patty on a Bun Chef Fresh Sandwiches and Salads Cheese or Pepperoni Pizza Specialty Pizza PB&J  Daily Made to Order Deli Bar Bravo- Monday, Wednesday, Friday (Menu Posted Weekly) Made to order Salad Bar (Tuesdays and Thursdays) at Bravo (V) Vegetarian (WG) Whole Grain <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> (VG) Vegan <i>These items do not contain any animal products</i>	
 Market Street Deli! Made to order Sandwiches and Wraps, Turkey and Cheese, Ham and Cheese, Italian, American, Tuna Salad, Chicken Salad, Egg Salad with a Variety of Cheeses and Breads.											
8 Hand-Rolled Meatballs with a Dinner Roll Rotini Marinara (V) FEATURED VEGGIES Steamed Mixed Veggies Tomato Mozzarella Salad		9 Beef or Chicken Nachos Grande with Yogurt Cumin Crème FEATURED VEGGIES Ranch Refried Bean Dip Fresh Pico de Gallo		10 Chicken Tenders w/ Seasoned Rice FEATURED VEGGIES Buttered Carrots Garden Side Salad		11 Build-Your-Own Breakfast Sandwich Customizable for (V) FEATURED VEGGIES Tri Hash Brown Fresh Cucumbers		12 Cheesy Pizza Crunchers with Marinara (V) FEATURED VEGGIES Roasted Zucchini Caesar Salad			
 Market Street Deli! Made to order Sandwiches and Wraps, Turkey and Cheese, Ham and Cheese, Italian, American, Tuna Salad, Chicken Salad, Egg Salad with a Variety of Cheeses and Breads.											
15 Chicken Nuggets with Buttered Noodles FEATURED VEGGIES Cheesy Carrot Casserole Broccoli Salad		16 Birria Pork Tacos with Pickled Onions, Birria Broth & Fresh Pico FEATURED VEGGIES Steamed Golden Corn Baby Carrots		17 Smoky Turkey Chili with Warm Cornbread 3 Bean Chili (V) FEATURED VEGGIES Curried Chickpea Salad Fresh Cauliflower		18 Chicken Alfredo served over Penne Pasta w/ Garlic Toast FEATURED VEGGIES Steamed Garden Peas Tomato Mozzarella Salad		19 Chicken Cheesesteak Buffalo Chicken Cheesesteak FEATURED VEGGIES Roasted BBQ Cauliflower Cilantro Lime Slaw			
 Market Street Deli! Made to order Sandwiches and Wraps, Turkey and Cheese, Ham and Cheese, Italian, American, Tuna Salad, Chicken Salad, Egg Salad with a Variety of Cheeses and Breads.											
22 Chicken Parmesan Spaghetti Marinara (V) Dinner Roll FEATURED VEGGIES Zoodles Marinara Fresh Bruschetta		23 Buffalo Chicken or Seasoned Steak over French Fries FEATURED VEGGIES Crinkle Cut Oven Fries Tossed Salad		24 Nashville Hot Chicken and Waffles FEATURED VEGGIES Sweet Potato Fries Chickpea Salad		25 Homemade Macaroni and Cheese (V) FEATURED VEGGIES Steamed Broccoli Coleslaw		26 National Dumpling Day Chicken or Vegetable Dumpling Ramen Bowl FEATURED VEGGIES Stir Fry Veggies Asian Inspired Slaw			
 Market Street Deli! Made to order Sandwiches and Wraps, Turkey and Cheese, Ham and Cheese, Italian, American, Tuna Salad, Chicken Salad, Egg Salad with a Variety of Cheeses and Breads.											
29 		30 Beef Enchilada Black Bean Enchilada (V) FEATURED VEGGIES Curly Fries Black Bean Salsa		1 Indian Butter Chicken with Lemon Scented Rice & Warm Flatbread FEATURED VEGGIES Glazed Carrots Cucumber & Tomato Salad		2 Ham and Cheese on a Pretzel Bun Toasted Cheese on a Pretzel Bun (V) FEATURED VEGGIES Tomato Soup Celery Sticks		3 Popcorn Chicken Mashed Potato Bowl with Roll FEATURED VEGGIES Steamed Corn Broccoli Salad			
Contact Cathy Muto, General Manager 610-782-1890 Mutoc@whitehallcoplay.org Derek Kolumber, Chef Manager 610-782-0961 kolumberd@whitehallcoplay.org Meal Prices Student Lunch \$0.00 Reduced Lunch \$0.00  											

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