



Community Education & Recreation

Activity Guide

Fall 2025

W152 N8645 Margaret Rd. Menomonee Falls, WI 53051 | (262) 255-8460 | fallsrec.org



**MENOMONEE FALLS
SCHOOLS**

Engage
Learn
Improve

**ONLINE REGISTRATION OPENS
Sunday, Aug. 10 at 9 PM**

Hi!

WELCOME

Community Center CONSTRUCTION UPDATE



Construction on the Community Center/Riverside School project continues. Access to our main entrance will be closed and entry will be gained through the Riverside School main entrance.

While work will continue on the new spaces through the fall, the current spaces and main entrance are scheduled to re-open in late August. Watch social media and newsletters for additional information.

Menomonee Falls Community Education & Recreation Department

Offices are located in the
Menomonee Falls Community Center
W152 N8645 Margaret Road
Menomonee Falls, WI 53051
www.fallsrec.org

Office Hours

Monday–Friday 8:00 AM–4:30 PM

Phone (262) 255-8460

Fax (262) 255-8411

**Office will be closed Sept 1, Nov 27 & 28,
Dec 24 & 25, Dec 31 and January 1.**

CE & Rec Department Staff

- Jason Husslein, Director
- Dan Zeroth, Recreation Supervisor
- Candice Southcott, Recreation Supervisor
- Lori Oertel, Older Adult & Volunteer Supervisor
- Jacque Mohar, Aquatics & Adult Fitness Supervisor
- Julie Hardy, Administrative Assistant
- Rachel Johnson, Administrative Assistant
- Jackie D'Angelo, Administrative Assistant

Optimist Club
of Menomonee Falls



Parent Holiday Drop & Shop

Ages 3–11

Saturday, December 6

10:00 AM–2:00 PM

R / NR \$5 Class #32133

See
Page 19



Menomonee Falls 4K & 5K Enrollment

For more information, go to
fallsschools.org/enroll.



WHEN TO REGISTER

RESIDENT online registration begins

Sunday, August 10, 9:00 PM

Drop Box, Mail or in Person

Monday, August 11

NON-RESIDENT online registration begins

Thurs, August 14, 9:00 PM



4 Easy Ways to Register



★ **Online** *Best chance to get into the class that you want.*

Go to www.fallsrec.org and sign in to your account. If you do not have an account, select "Create an account". You must create an account for an adult first, then add any children.

Mail

Complete the registration form at the back of the guide and mail it to:
CE & Rec Dept. W152 N8645 Margaret Rd., Menomonee Falls, WI 53051

After Hours Outdoor Drop Box

Outdoor drop box located next to the front entrance of the Community Center.

In Person 8:00 AM–4:30 PM

Stop in our office with a completed registration form, or blank forms are available in our office.

GREAT PUMPKIN HUNT 2025

Oct. 3, 10, 17, 24

All Ages

Join The Great Pumpkin Hunt! On four Friday nights in October, a lit pumpkin will be hidden in a Menomonee Falls park or greenspace. Once you find the pumpkin, scan the QR code to be entered to win a Halloween prize bucket. Hints regarding the pumpkin's location will be posted on our Facebook page each Friday starting at 4pm.

Class #32260

FREE, but registration is required



Fall 2025

Affiliates	41
Aquatics	4
Adult Activities & Fitness	26
Adult Day Trips (21+)	24
Community Events	29
Community Information	40
FIT in the Parks	23
Free Classes & Programs	34
Kids INC	10
Senior Community Center	11
Special Olympics	17
Youth Activities & Sports	12
Veterans Salute	38



Questions?

Call us, we are happy to help.
(262) 255-8460



Inclement Weather Cancellations

If Menomonee Falls Schools are closed due to inclement weather, all CE & Rec programs will also be cancelled.

For information regarding class cancellations due to weather, call (262) 255-8376 or check our Facebook page @fallsrec.

The School District of Menomonee Falls does not discriminate in employment, program opportunities, or delivery of services. WI Statute 118.13



AQUATICS & OPEN SWIM

Important Policies

Pool rules are enforced by the lifeguards. Follow all instructions by lifeguards. Lifeguards have the authority to make discretionary rules to maintain safety and prevent injury. Safe, appropriate behavior is expected by all swimmers and spectators. Anyone creating an unsafe environment will lose the privilege of swimming for a period specified by the CE & Rec Staff.

Supervision: Children up to age 10 must be accompanied by an Adult (18+) at all times. Children 11+ are allowed at the pool unaccompanied. Children 6 years or younger must have an adult in the water with them and within arm's reach.

Locker Room: Do not leave anything unattended in the locker rooms. A lock is recommended if utilizing the lockers. We are not responsible for any lost or stolen items. Children 5 years or older must use the gender appropriate locker room. Locker rooms open 15 minutes before programs begin and close 15 minutes after last program of the day.

Pool Toys: Pool Toys from home must be approved by the lifeguard. **No inflatable toys or swim aids allowed.** Pool toys, swim aids, and life jackets are provided but may not be available if classes are going on.

Special Rules: All activities involving prolonged breath-holding are prohibited.

Parking: Garfield Drive offers public parking, but availability may be limited due to events in Village Park across the street. We recommend arriving early to secure a parking spot.

North Pool Facts ...

Pool size is 25 Yards / 6 Lanes
Depth ranges from 3-1/2 to 12 feet
1 mile = 72 lengths or 36 laps
Average temperature is 84 degrees

All Swim Programs Held at North Middle School Pool N88 W16750 Garfield Drive, Menomonee Falls



Birthday Parties
.....
Swim testing for Scout Groups
.....
Open Swim for Groups of 10 or more
.....

Please contact the CE & Rec Office a minimum of 2 weeks in advance to schedule any of these group activities during Open Swim times.

No Open/Lap Swim October 31; November 26-29

Open Swim Fees

A swim pass entitles the owner admission to Open and/or Lap Swim. Passes can be purchased at the CE & Rec Office or the pool. Cash or check accepted at the pool, no cards. **Please bring exact change.**

Fall 1 Pass: Valid Sept 3-Nov 8*

Fall 2 Pass: Valid Nov 10-Jan 24*

	Per Use Fee	Res. Swim Pass	Non-Res. Swim Pass
Adult (18+)	\$4	\$45	\$55
Child (4-17)	\$3	\$25	\$30
Family	N/A	\$75	\$84
Senior 55+	\$3	\$35	\$42

Punch Cards

Entitles the owner 12 admissions to Open and/or Lap Swim. Punch cards can be purchased at the CE & Rec Office or the pool. Cards are non-transferrable.

	Resident	Non-Res.
Adult	\$38	\$45
Senior 55+	\$31	\$39

Adult Lap Swim & Water Walking

Designed for all kinds of aquatic fitness! Lap lanes are available for swimming and walking. Sharing lap lanes is expected during high volume times. The deep end of the pool is available for treading water and deep water jogging. A shallow area is also available for stretching and resistance training. Equipment is available upon request.

Fall Session 1: Sept 3-Nov 8* **Fall Session 2:** Nov 10-Jan 24*

Mon, Wed & Fri 4:00 PM-5:00 PM and 5:00 PM-7:00 PM*
Saturday 8:00 AM-9:00 AM and 9:00 AM-2:45 PM*

** Denotes additional programming also in the pool*

Open Swim

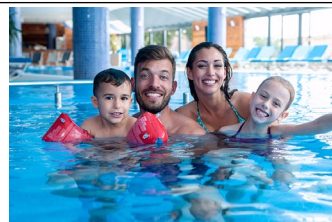
This designated time is for families and friends to enjoy the pool. Life jackets, swim toys, and swim equipment is available.

Fall Session 1: Sept 3-Nov 8* **Fall Session 2:** Valid Nov 10-Jan 24*

Fri	5:00 PM-7:00 PM
Sat	12:00 PM-2:45 PM

Special Holiday Open Swim

Mon	11/24	5:00 PM-7:00 PM
Mon	12/22	5:00 PM-7:00 PM
Mon	12/29	5:00 PM-7:00 PM





American Red Cross Aquatic Program Level Guidelines



If your child is age 6 or older and has NOT participated in swim lessons through Menomonee Falls CE & Rec previously, they must be tested before enrolling in class. Swim assessments are available by appointment only. Please call the CE & Rec office to schedule a day and time for a swim assessment.



A parent/guardian of swim lesson children 10 years of age or younger must stay in the pool bleachers or pool area while your child is in swim lessons.

For more information contact the CE & Rec office at (262) 255-8460. Detailed class descriptions can be found online at fallsrec.org.

PARENT & CHILD SWIM LEVELS: For parents and infants or toddlers ready to explore the water in a safe and fun way.		
LEVEL	REQUIREMENTS	DESCRIPTION
Parent/Child 1 Tadpole 6 mo–3 yrs	An adult must accompany each child in the water. A swim diaper covered by a tight-fitting swimming suit are required.	This class offers a comfortable environment for parents and children to explore water through games and songs.
Parent/Child 2 Frog 12 mo–3 yrs	An adult must accompany each child in the water. A swim diaper covered by a tight-fitting swimming suit are required.	Building on skills introduced in P/C Level 1, this class is intended for those toddlers that are comfortable in the water.
PRESCHOOL SWIM LEVELS: For children ages 3–5 years who are ready to be in a class independent of mom or dad.		
Preschool 1 Turtle 3–5 years	Child must be able to be in class without an adult. For the beginning swimmer or fearful child.	This is the beginning swim lesson level for preschool children new to swim lessons or who are fearful of the water. The focus of this class is to help children become comfortable in the water and working with an instructor.
Preschool 2 Narwhal 3–5 years	Child must have passed our Preschool Level 1 class or perform skills at that level.	Children starting at this level must be able to submerge on their own (face and head underwater), comfortably float on their back with assistance, and scoop on front with assistance. The focus of this class is to help children gain confidence in the water.
Preschool 3 Dolphin 4–5 years	Child must have passed our Preschool Level 2 class or perform skills at that level.	Children starting at this level must be able to independently perform front and back floats, front and back glides, kick on back, and scoop and kick on front. The focus of this class is to help children continue to grow in their swimming skills in the water, along with improve their independence and endurance.
LEARN-TO-SWIM LEVELS: For children ages 6–13 years.		
Level 1 6–13 years	For the beginning swimmer or fearful child.	This is the beginning swim lesson level for school-age children new to swim lessons or who are fearful of the water. The focus of this class is to help children become comfortable in the water.
Level 2 6–13 years	Child must have passed our previous Level 1 class or perform skills at that level.	Children starting at this level must be able to submerge on their own (face and head underwater), comfortably float on their back with assistance, and scoop on front with assistance. The focus of this class is to help children gain confidence in the water and learn to perform specific skills independently.
Level 3 6–13 years	Child must have passed our previous Level 2 class or perform skills at that level.	Children starting at this level must be able to independently perform front and back floats, glides, kick on back, and scoop and kick on front. The focus of this class is to help children continue to grow in their swimming skills, along with improve overall endurance to swim 25 yards.
Level 4 7–13 years	Child must have passed our previous Level 3 class or perform skills at that level.	Children starting at this level must be able to easily swim on their front and back the length of the pool for 25 yards, be comfortable treading and floating in deep water, perform basic front crawl stroke, elementary backstroke, and breaststroke kick all for 25 yards. The focus of this class is to help children continue to improve overall endurance (50 yards) and more advanced strokes.
Level 5 7–13 years	Child must have passed our previous Level 4 class or perform skills at that level.	Children starting at this level must be able to easily swim continuously for 50 yards, swim front crawl, elementary backstroke, and breaststroke. The focus of this class is to help children continue to improve overall endurance (50 yards or more) and more advanced strokes.



WEEKLY SWIM LESSONS: FALL 1

American Red Cross Swim Lessons: Fall I Session

8 Weeks | Ages 6 months–13 years

- You must wait until your child has completed their current swim level before registering for the next level.
- A \$10 fee will be charged for any transfers or cancellations.



A parent/guardian of swim lesson children 10 years or younger must stay in the pool bleachers or pool area while your child is in swim lessons.

Session: Fall 1
ONLINE RESIDENT REGISTRATION
August 10 at 9:00 PM

Fee: \$65 Resident, \$78 NR								Fee: \$72 Resident, \$86 NR		
Level	P/C 1 Tadpole	P/C 2 Frog	PS 1 Turtle	PS 2 Narwahl	PS3 Dolphin	Level 1	Level 2	Level 3	Level 4	Level 5
Ages	6mo–3yrs w/adult	12mo–3yrs w/adult	3–5 yrs	3–5 yrs	4–5 yrs	6–13 yrs	6–13 yrs	6–13 yrs	7–13 yrs	7–13 yrs
Mondays										
Sept 8–Oct 27										
5:00–5:30 PM					32332					
5:00–5:40 PM									32371	
5:35–6:05 PM	32306									
5:45–6:25 PM								32363		
6:10–6:40 PM				32324						
6:30–7:00 PM							32353			
6:45–7:15 PM			32314							
7:05–7:35 PM						32343				
Wednesdays										
Sept 10–Oct 29										
5:00–5:30 PM		32310								
5:00–5:40 PM										32379
5:35–6:05 PM					32333					
5:45–6:25 PM									32372	
6:10–6:40 PM			32315							
6:30–7:00 PM							32354			
6:45–7:15 PM				32325						
7:05–7:35 PM						32344				
Fridays										
Sept 12–Nov 7 No class 10/31										
5:00–5:30 PM			32316			32345				
5:35–6:05 PM				32326			32355			
6:10–6:40 PM					32334					
6:10–6:50 PM								32364		
6:45–7:15 PM			32317							
6:55–7:30 PM									32373	
Saturdays										
Sept 13–Nov 1										
9:00–9:30 AM	32307					32346				
9:00–9:40 AM									32374	
9:35–10:05 AM		32311					32356			
9:45–10:25 AM								32365		
10:10–10:40 AM			32318							
10:10–10:50 AM								32366		
10:30–11:00 AM							32357			
10:45–11:15 AM				32327						
10:55–11:35 AM										32380
11:05–11:35 AM						32347				
11:20–11:50 AM					32338					

WEEKLY SWIM LESSONS: FALL 2



Session: Fall 2

ONLINE RESIDENT REGISTRATION

October 12 at 9:00 PM

American Red Cross Swim Lessons: Fall 2 Session

8 Weeks | Ages 6 months–13 years

- You must wait until your child has completed their current swim level before registering for the next level.
- A \$10 fee will be charged for any transfers or cancellations.

⚠️ A parent/guardian of swim lesson children 10 years or younger must stay in the pool bleachers or pool area while your child is in swim lessons.

Fee: \$65 Resident, \$78 NR								Fee: \$72 Resident, \$86 NR		
Level	P/C 1 Tadpole	P/C 2 Frog	PS 1 Turtle	PS 2 Narwahl	PS3 Dolphin	Level 1	Level 2	Level 3	Level 4	Level 5
Ages	6mo–3yrs w/adult	12mo–3yrs w/adult	3–5 yrs	3–5 yrs	4–5 yrs	6–13 yrs	6–13 yrs	6–13 yrs	7–13 yrs	7–13 yrs
Mondays										
Nov 10–Jan 19 No classes 11/24, 12/22, 12/29										
5:00–5:30 PM					32339					
5:00–5:40 PM									32375	
5:35–6:05 PM	32308									
5:45–6:25 PM								32367		
6:10–6:40 PM				32328						
6:30–7:00 PM							32358			
6:45–7:15 PM			32319							
7:05–7:35 PM						32348				
Wednesdays										
Nov 12–Jan 21 No classes 11/26, 12/24, 12/31										
5:00–5:30 PM		32312								
5:00–5:40 PM										32381
5:35–6:05 PM					32340					
5:45–6:25 PM									32376	
6:10–6:40 PM			32320							
6:30–7:00 PM							32359			
6:45–7:15 PM				32329						
7:05–7:35 PM						32349				
Fridays										
Nov 14–Jan 23 No class 11/28, 12/26, 1/2										
5:00–5:30 PM			32321			32350				
5:35–6:05 PM				32330			32360			
6:10–6:40 PM					32341					
6:10–6:50 PM								32368		
6:45–7:15 PM			32322							
6:55–7:30 PM									32377	
Saturdays										
Nov 15–Jan 24 No class 11/29, 12/27, 1/3										
9:00–9:30 AM	32309					32351				
9:00–9:40 AM									32378	
9:35–10:05 AM		32313					32361			
9:45–10:25 AM								32369		
10:10–10:40 AM			32323							
10:10–10:50 AM								32370		
10:30–11:00 AM							32362			
10:45–11:15 AM				32331						
10:55–11:35 AM										32382
11:05–11:35 AM						32352				
11:20–11:50 AM					32342					



AQUATICS PROGRAMS

Adult Beginner Swim Lessons

Ages 14+

Are you ready to take the first step toward learning to swim? This class is geared toward individuals who may have a fear or hesitation of the water and have little to no swimming skills. You will work toward your own personal goals while working on water adjustment, gaining confidence, floating, basic swimming skills, and basic personal safety skills for in and around the water.

Mon, 9/8–10/27, 40m
5:30 PM Class #32103
6:15 PM Class #32105

Mon, 11/10–1/19, 40m
5:30 PM Class #32104
6:15 PM Class #32106
No class 11/24, 12/22 & 12/29
North Middle School Pool
Aquatic Staff
R \$72 NR \$86 8 classes

Adult Intermediate Swim Lessons

Ages 14+

Participants must be able to swim on their front and back at least one full length of the pool without fear or hesitation. The instructor will work with participants on improving swimming strokes, treading, and basic water safety skills. Participants will work toward personal goals at their own pace.

Mon, 7:00 PM, 40m
9/8–10/27 Class #32107
11/10–1/19 Class #32108
No class 11/24, 12/22 & 12/29
North Middle School Pool
Aquatic Staff
R \$72 NR \$86 8 classes

party
AT THE
POOL

**JOIN US FOR SWIMMING
MUSIC & FUN!**

North Middle School Pool
Sun, 11/30 1–3 PM
Sun, 12/28 1–3 PM
Sun, 1/4 1–3 PM

Admission:
Non-perishable items
for the Food Pantry

Children up to age 10 must be accompanied by an Adult (18+) at all times. Children 11+ are allowed at the pool unaccompanied. Children 6 years or younger must have an adult in the water with them and within arm's reach.

Lifeguard Instructor—Blended



Ages 17+

This course trains to teach American Red Cross Lifeguarding courses, including Lifeguard Shallow Water, Aquatic Attraction Lifeguarding, Waterpark Skills, Waterfront Skills CPR/AED for Professional Rescuers, and Bloodborne Pathogens Training. This class is taught in a blended learning format, and the online portion must be completed prior to attending the first in-person session. Prerequisites: (1) Minimum Age 17 yrs.; (2) Possess a current Red Cross certificate for Lifeguarding (deep water) with CPR/AED for Professional Rescuers and First Aid; (3) Ability to successfully demonstrate all Lifeguarding and CPR skills at the “proficient” level. Register by Sept. 3.

9/12–9/13 Fri, 5:00 PM, Sat, 8:00 AM,
9/20–9/21 Sat, 8:00 AM & Sun, 8:00 AM
Class #32100
North Middle School Pool
Aquatic Staff
R \$350 NR \$420 4 classes

Lifeguard Class



Ages 15+

This blended learning course includes an online class (7 hours) to be completed before on-site class. Lifeguard training provides entry-level participants the knowledge and skills to prevent, recognize, and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries, and sudden illness. The online link will be sent to participants 8–10 days before the first date of class. Certification is NOT guaranteed. Participants who successfully complete the course will receive a certificate for Lifeguarding/First Aid/ CPR/AED valid for two years. Successful participants will be eligible to apply for positions within the CE & Rec Aquatics Department.

Required Pre-Swim Class
Sat, 10/25 1:00 PM

11/7 Fri, 4:00 PM
11/8–11/9 Sat, 8:00 AM & Sun, 8:00 AM
Class #32101
North Middle School Pool
Aquatic Staff
R \$250 NR \$300 4 classes



Lifeguard Recertification—Blended

Ages 15+

Participants must hold a current lifeguarding certification to enroll in this class. The lifeguard recertification blended course is designed for participants who have been actively lifeguarding in the past 2 years. It is extremely fast-paced. All participants will be completing the pre-requisite requirements at the start of the class. Class and pool times will review all rescue and emergency response skills before the final written exam and water skill testing.

Sun, 12:00 PM, 6h &
Mon, 4:00 PM, 5h
12/21–12/22 Class #32102
North Middle School Pool
Aquatic Staff
R \$90 NR \$135 2 classes



Water Safety Instructor (WSI)

Ages 15+

This blended learning course trains candidates to teach swim courses and presentations by developing their understanding of how to use the course materials, how to conduct training sessions, how to teach swimming lessons to all ages, and how to evaluate participants' progress. To enroll, the candidate must be at least 15 years of age by the last date of the course and successfully complete the pre-course swim evaluation (conducted on the first date of the course). The online modules and exam must be completed before the first date of the in-person class.

Sat–Tue, 12:00 PM, 6h
12/27–12/30 Class #32384
North Middle School Pool
Aquatic Staff
R \$250 NR \$300 4 classes



NOW HIRING

**LIFEGUARDS
SWIM INSTRUCTORS
AQUA EXERCISE
INSTRUCTORS**

**Flexible Hours, No Holidays
Free Training & Certification**

Menomonee Falls Events
menomoneefallsevents@gmail.com
262.415.7013

6 PM LIVE MUSIC
JOHN AMATO HYUNDAI

- BEER GARDEN
- FOOD TRUCKS
- POPCORN WAGON
- LAWN GAMES

Ascension Wisconsin Hospitals presents

Falls Kids Festival
AUGUST 9TH
12PM–5PM VILLAGE PARK

BOUNCE HOUSES
FOOD TRUCKS
FIRE TRUCK
ROOT BEER GARDEN
STAGE PERFORMANCES
NATIONAL AWARD WINNING MAGICIAN
TOTE BAG
GAMES & PRIZES
CARICATURES & FACE PAINTING

AUGUST 9TH
12PM–5PM
VILLAGE PARK

MENOMONEE FALLS EVENTS
building our community one event at a time

menomoneefallsevents@gmail.com
262.415.7013
@menomoneefallsevents

September 2–June 9 | Grades 4K–5
(4K starts Sept 4)



No program Nov 27–28, Dec 24–26, Dec 31, Jan 1–2, April 3, May 25, June 10.

Dates subject to change



**All Kids INC programs are full for the 2025-26 school year,
but please add yourself to the online wait list.**

(Registration opened May 2025)

Kids INC Program

Annual Fee \$36

Offered at the elementary schools, Kids INC provides a safe and fun environment for children to receive before and after school care. Activities include homework time, group sports and activities, arts and crafts, games, special events and more. Field trips are planned throughout the year, and most admission fees are included in the daily fee.

- Students must use the program at least two days per week, or 8 days per month.
- A \$5 late fee, per option, will be applied if daily registration is not completed by the weekly Wednesday due date.
- A \$10 late fee, per option, will be applied when daily registration is completed the day it is needed.
- Full Day Note: Students who attend Valley View or Shady Lane must attend at Shady Lane; Students who attend Ben Franklin or Riverside must attend at Ben Franklin.

The Kids INC program is inclusive to students with differing abilities. If your child has special needs, please make sure to provide all pertinent information on the enrollment form. The staff will make every effort to provide a fun and safe experience for all. However, due to the nature of the program, staff cannot provide one-on-one support or individual care to a child. Students need to be potty trained and independent in the bathroom.



Kids INC Daily Fees

Before School Care (B)	6:30–8:45 AM	\$13.25
After School (S)	3:45 PM–6:00 PM	\$14.25 (M, Tu, Th, F)
	2:30 PM–6:00 PM	\$15.25 (W)
*Full Day (L, S) No-school days only	6:30 AM–6:00 PM	\$45.00

(B) Breakfast can be purchased through the school lunch program.
(S) Includes snack. Student can bring an additional snack. No peanut products please.
(L) Student must provide own lunch.
NOTE: There is no access to cooling or heating appliances.

4K Wrap Around Care

The 4K Wrap Around Care program provides children additional care the half of the school day they are not attending their traditional 4K class. 4K Wrap Around is an extension of the 4K classroom, and builds on the curriculum covered during their school day.

Daily Fee\$32
Annual Non-Refundable Fee due at Registration.....\$60

Ben Franklin Course #31213 **FULL, but can be added to wait list**
Shady Lane Course #31214 **FULL, but can be added to wait list**

- Before or After School Kids INC requires an additional Annual Registration Fee.
- Students must use the program a **minimum** of twice per week throughout the school year.



3•Year•Old

Preschool

- RECREATION
- SOCIALIZATION
- EDUCATION



Students must be 3 years old by September 1, 2025, and independent in the bathroom

Shady Lane: 8:47–11:15 AM

Tuesday & Friday

Course #31174

Tuition for the School Year

Includes \$150 Annual Registration Fee

MF Resident \$1,450

1st payment of \$145 Due by Aug. 15

10 monthly payments of \$145

Non-Resident \$1,740

1st payment of \$174 Due by Aug. 15

10 monthly payments of \$174

Payments are due the 15th of each month, beginning in August. Remaining monthly payments must be made each month throughout the school year to retain your child's seat in the program.

Register and submit your first payment using the course number above.

Once it has been determined the program will run, there will be no refunds given for cancellations.

REGISTRATION IS OPEN NOW! Spots still available.

Space is very limited.

The School District of Menomonee Falls Community Education and Recreation Department offers a 3-year-old preschool program. The program will be offered at Shady Lane Elementary School for the District, and will follow the 4K school year calendar. ***There is one option available for the upcoming school year.***

Our 3-year-old preschool program will allow the children to experience a play-based approach to help them develop their social and emotional skills. Children will have time to play with peers, complete projects, have a snack, and learn how they can play an important role within a group.

The staff will make every effort to provide a fun and safe experience for all. However, due to the nature of the program, staff cannot provide one-on-one support or individual care to a child.



Transportation is not available for this program.

A Meet & Greet will be held in August.

Students must be 3 years old by September 1, 2025 and independent in the bathroom.



YOUTH ACTIVITIES & SPORTS

Tot Time

Ages 1-5 w/adult

Make new friends and enjoy playing in an open space. The unstructured, parent-supervised, non-instructional setting in this open gym gives kids a chance to burn energy.

Wed, 9:30 AM, 1h30m

10/1 Class #32136

10/15 Class #32137

11/5 Class #32138

11/19 Class #32139

12/3 Class #32140

12/17 Class #32141

Firemen's Park in Old Fire Station

R \$7 NR \$9

Miss Julie's Music Fun

Ages 1-5 w/adult

Through participating in music and learning to keep the beat, your child will enhance their enjoyment and understanding of music. We will explore movement, finger plays, rhythm, and more. Please register your child only.

Tue, 10:00 AM, 45m

9/9-10/7 Class #32206

10/14-11/11 Class #32207

11/18-12/16 Class #32208

Firemen's Park in Old Fire Station

Julie Thompson

R \$57 NR \$67 5 classes

All Aboard! Trains, Planes & Automobiles

Ages 1-5 w/adult

Join us for this fun music party featuring songs celebrating all things transportation! The class includes games and crafts. Please register the child only.

Wed, 9/17, 1h

5:30 PM Class #32209

Thu, 9/18, 1h

10:00 AM Class #32210

Firemen's Park in Old Fire Station

Julie Thompson

R \$18 NR \$21 1 class

Miss Julie's Babies Music Fun

Infants/Babies (up to 18 mo) w/adult

Come to a nurturing class for you and your baby as you learn a new lullaby, sing and move with your infant, teach rhythm by bouncing gently, play peek-a-boo with scarves, and connect with other parents. Pregnant mothers do not have to register for this program; they are welcome to participate in the class.

Sat, 11:15 AM, 30m

9/27 Class #32221

10/18 Class #32222

11/15 Class #32223

12/13 Class #32224

Firemen's Park in Old Fire Station

Julie Thompson

R \$10 NR \$13 1 class



Miss Julie's Family Music Fun

Ages 1-5 w/adult

Join us as we share music, movement, finger plays, stories, rhythm, rhyme, and more. Your child will build their social skills as they participate in this interactive class. Please register your child only. Siblings under one year or over 5 years of age may attend at no charge. Julie Thompson is a performer, recording artist, and children's author.

Sat, 10:15 AM, 45m

9/27 Class #32217

10/18 Class #32218

11/15 Class #32219

12/13 Class #32220

Firemen's Park in Old Fire Station

Julie Thompson

R \$14 NR \$17 1 class



**Menomonee Falls
4K & 5K Enrollment**

For more information, go to
fallsschools.org/enroll

Halloween Music Party

Ages 1-5 w/adult

Come dressed in your favorite Halloween costume and have a spooktacular time! This fun music party will feature songs to celebrate October, the fall, and Halloween. The class includes games and crafts. Please register your child only.

Thu, 5:30 PM, 1h

10/30 Class #32211

Fri, 10:00 AM, 1h

10/31 Class #32212

Firemen's Park in Old Fire Station

Julie Thompson

R \$18 NR \$21 1 class

Turkey Time Music Party

Ages 1-5 w/adult

This fun party will feature songs to learn and celebrate fall, Thanksgiving, and turkeys. Class includes games and crafts. Please register your child only.

Wed, 5:30 PM, 1h

11/19 Class #32213

Thu, 10:00 AM, 1h

11/20 Class #32214

Firemen's Park in Old Fire Station

Julie Thompson

R \$18 NR \$21 1 class



Christmas Music Party

Ages 1-5 w/adult

This fun music party will feature songs to learn and celebrate Christmas, winter, and solstice. The class includes games and crafts. Please register child only.

Wed, 5:30 PM, 1h
12/17 Class #32215
Thu, 10:00 AM, 1h
12/18 Class #32216
Firemen's Park in Old Fire Station
Julie Thompson
R \$18 NR \$21 1 class

Firefighters Are Your Friends

Ages 3-6 w/adult

Spend some time with your friendly firefighters! See their clothes, what they drive, and even what they eat. Register child only.

Wed, 6:00 PM, 1h
9/10 Class #32042
10/15 Class #32043
Germantown Fire Station #2
R \$10 NR \$10 1 class

Henna Tattoo Workshop

Ages 9+

Learn how to apply your own henna tattoos. The henna used is made from the best henna plants, contains no chemicals or dyes, and is completely safe. Students will receive instruction on how to hold and apply henna with a henna cone. Designs will last 1-3 weeks. Please bring a smock or dress accordingly.

Fri, 5:00 PM, 1h
10/10 Class #32049
11/14 Class #32050
12/12 Class #32051
Survive Alive House, G-Town
Khushbu Dudhwala
R \$28 NR \$30 1 class

Adventures in Art

Ages 6-8

Travel back in time to learn about famous artists and their favorite ways of creating art, explore ways to make art out of recyclable materials, or apply basic art skills and techniques to find new ways to express yourself—this class is an adventure! Wear clothes that can get paint on them. All supplies provided.

Tue, 6:00 PM, 1h
9/30-10/21 Class #32110
Firemen's Park in Old Fire Station
R \$40 NR \$45 4 classes

Holiday Gift Making

Ages 6-12

New 3-week series focusing on holiday gift-giving. We will revisit some of the classic homemade gifts, providing new opportunities for kids to develop different art and craft skills. Some gifts we will work on include fiber art, sewing, weaving, and ornament making.

Tue, 6:00 PM, 1h
12/2-12/16 Class #32111
Firemen's Park in Old Fire Station
R \$40 NR \$45 3 classes

Stage Stars

Ages 5-12

Students will learn theatrical skills, improv basics, and participate in interactive drama games. This is an opportunity for your child to have fun, express themselves, gain confidence, and interact with others within the context of theater arts.

Mon, 6:00 PM, 1h
9/29-11/17 Class #32248
Community Center Rm 120
Afterschool Enrich. Solutions Staff
R \$165 NR \$165 8 classes

Country Line Dance for Kids

Ages 5-12

Get ready to step, clap, and slide in our fun and energetic class! Perfect for all skill levels, this class will teach you classic and modern line dances.

Thu, 6:00 PM, 45m
9/18-10/23 Class #32202
10/30-12/11 Class #32203
No class 11/27
Riverside Cafeteria
Jason Jordan
R \$56 NR \$67 6 classes

2025 KIDS \$10 CHALK ART COMPETITION

REGISTRATION DEADLINE
AUGUST 18 @ MIDNIGHT

PARTICIPATION FEE
CHALK PROVIDED
PARENT SUPERVISION REQUIRED

Saturday AUGUST 23

FESTIVAL HOURS 10 am - 5pm
COMPETITION HOURS FOR KIDS 9AM - 3:00PM

PRIZES FOR 1ST, 2ND & 3RD

SCAN FOR MORE INFORMATION

QUESTIONS cindyfoa@gmail.com

FALLSFESTIVALOFTHEARTS.COM f @FALLSFESTIVALOFTHEARTS



YOUTH ACTIVITIES & SPORTS



Young Rembrandts Drawing

Entering Grades 4K-5

Using our unique step-by-step method that assures every student succeeds, your child will use problem-solving skills, innovation, and imagination to create unique works of art. Our brand-new lessons every week and every session will have your child improving their fine motor skills, patience levels, focus, and ability to stay on task, all while having fun. All supplies are included. More at www.youngrembrandts.com.

Wed, 2:35 PM, 1h
Ben Franklin Grades 4K-2
9/17-11/12 Class #32286
11/19-1/28 Class #32281
No class 10/29, 11/26, 12/24 & 12/31
Ben Franklin Rm 131

Shady Lane Grades 4K-2
9/17-11/12 Class #32288
11/19-1/28 Class #32283
No class 10/29, 11/26, 12/24 & 12/31
Shady Lane Lower Level

Riverside Grades 3-5
9/17-11/12 Class #32287
11/19-1/28 Class #32282
No class 10/29, 11/26, 12/24 & 12/31
Riverside Rm 107

Valley View Grades 3-5
9/17-11/12 Class #32289
11/19-1/28 Class #32285
No class 10/29, 11/26, 12/24 & 12/31
Valley View Cafeteria
Young Rembrandts Staff
R \$114 NR \$114 8 classes

Slice of Art Ages 9-12

This class is designed to explore not just the basics of art skills and techniques but also offers your young artist an opportunity to build confidence, self-esteem, skills, and imagination and develop a healthy self-evaluation of their work. They will journey through time to learn about other famous artists and their techniques, learn the impact that art has on our everyday life, and complete pieces that will challenge and inspire them to keep creating.

Tue, 5:30 PM, 1h30m 10/28-11/18 Class #32109
Firemen's Park in Old Fire Station
R \$40 NR \$45 4 classes

STEAM

Grades 5K-5

This exciting program brings together elements of science, art, and math in a hands-on, action-packed environment. Students will conduct experiments, play educational games, and unlock their creativity through building challenges and projects. No experience is necessary.

Ben Franklin Grades 4K-2
Wed, 2:35 PM, 1h
10/1-11/12 Class #32241
No class 10/29
Ben Franklin Rm 129

Shady Lane Grades 4K-2
Tue, 3:50 PM, 1h
9/30-11/4 Class #32243
Shady Lane Lower Level
Afterschool Enrich. Solutions Staff
R \$123 NR \$123 6 classes

One, Two, Three...BUILD!

Ages 4-6

This is the perfect class to develop your engineering skills using LEGO Educational Kits. These kits are specifically designed to contain only the parts needed to complete two projects per kit, allowing more time to build and less time hunting for the correct pieces. Exciting projects will include swing rides, fans, ride-on tractors, movie projectors, cranes, and many more. Great for the new builder to the most experienced.

Sat, 9:00 AM, 1h
11/1-11/8 Class #32047
Community Center Rm 123
Computer Explorers Staff
R \$30 NR \$35 2 classes

Let's Get Moving

Ages 7-12

Build a sail car, drag racers, and various powered machines using Lego Education 9686 sets! Students will partner up to build and explore machines and mechanisms, and investigate motorized machines and alternative energy-powered projects. These class activities build on design technology, science, mathematics, and the awesome power of conventional and alternative energy.

Sat, 10:15 AM, 1h30m
11/1-11/8 Class #32048
Community Center Rm 123
R \$45 NR \$50 2 classes

Chess Scholars

Ages 5-8

Chess has been proven to enhance children's motivation, concentration, focus, social skills, and creativity. Each class will consist of a fun, interactive teaching period and guided practice time. Both beginner and experienced players are welcome and will learn under the guidance of an experienced Chess Scholar's coach.

Ben Franklin Grades 5K-2
Mon, 3:50 PM, 1h
9/29-11/3 Class #32239
Ben Franklin Rm 131

Shady Lane Grades 5K-2
Wed, 2:35 PM, 1h
10/1-11/12 Class #32240
No class 10/29
Shady Lane Library

Riverside Grades 3-5
Tue, 3:50 PM, 1h
9/30-11/4 Class #32237
Riverside Rm 102

Valley View Grades 3-5
Fri, 3:50 PM, 1h
10/3-11/21 Class #32238
No class 10/17 & 10/31
Valley View Cafeteria
Afterschool Enrich. Solutions Staff
R \$120 NR \$120 6 classes



Let's Code It

Ages 8-13

Your child will have a blast designing video games and animations in this exciting STEM program. We use a kid-friendly, intuitive, block-based programming system called Scratch, developed by the MIT Media Lab. The fun-filled curriculum hones important skills related to problem-solving, attention to detail, creativity, storytelling, and critical thinking. Topics include conditional statements, cloning, variables, loops, control structures, object-oriented design concepts, and data structures. Students must bring a tablet or laptop to participate in class.

Thu, 3:50 PM, 1h
10/2-11/20 Class #32247
No class 10/30 & 11/6
Valley View Cafeteria

Fri, 3:50 PM, 1h
10/3-11/21* Class #32245
No class 10/17 & 10/31
Riverside Rm 123

Afterschool Enrich. Solutions Staff
R \$123 NR \$123 6 classes

Basic First Aid for Kids

Ages 8-14

Your child will have fun while learning the basics of what to do in case of an emergency. Bandaging, burn care, and calling 911 will be some of the topics covered. Parents are encouraged to stay during class.

Tue, 6:00 PM, 1h
10/21 Class #32044
Germantown Fire Station #2
R \$10 NR \$15 1 class

Stay Home Alone

Ages 8-12

This class will guide your child through all the stages of staying safe in the community, getting home safe, and all the safety tips while home alone. Topics covered are stranger dangers, the buddy system, dangers of the Internet, 911, basic first aid, fire safety, and much more.

Wed, 5:00 PM, 2h
10/8-10/15 Class #32192
Firemen's Park in Old Fire Station
Laura Gruber
R \$40 NR \$45 2 classes



Babysitter Training

Ages 11-17

American Red Cross Babysitter's Training provides youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe, help children behave, and learn about basic child care and basic first aid choking rescue. The recommended age for this course is 11-16 years old. Bring lunch & snacks, water bottle, notebook, and writing utensil, and dress in layers.

Sat, 9:00 AM, 6h
10/4 Class #32098
10/25 Class #32099
North Middle School Rm 133
Jessica Heller
R \$64 NR \$77 1 class

Now Hiring!



- High School Lead
- Production Cook
- Kitchen Assistant
- Floaters (flexible days/schools)

School Nutrition Employees

- ✓ No Nights ✓ No Weekends ✓ Summers Off
- ✓ Home in time to get your students on/off the bus
- ✓ Amazing teammates
- ✓ Three paid holidays, sick and PTO time
- ✓ An opportunity to impact student's lives
- ✓ Advancement opportunity



INTERESTED? Scan the QR code for details:





YOUTH ACTIVITIES & SPORTS

LIVE VIRTUAL

Get ready to explore, connect, and develop a deeper appreciation for the Spanish language in an exciting and supportive environment! This is a Zoom class, so you must have internet access and basic computer skills.

Discover the World of Spanish—Fall Only

Ages 5–12

This fall, hop aboard for an exciting Spanish adventure in ¡Vamos a Viajar! (Let's Travel!). In this virtual, hands-on course, students will learn key travel phrases, order on a plane, use passports, and ask for prices—all in Spanish! Through dynamic activities, students will build confidence in speaking Spanish while exploring vibrant traditions.

Wed, 4:15 PM, 45m
10/15–12/10 Class #32268
No class 11/26
Futura Language Professionals Staff
R \$132 NR \$132 8 classes

Discover the World of Spanish—Full Year

Ages 5–12

This fall, hop aboard for an exciting Spanish adventure in ¡Vamos a Viajar! (Let's Travel!) In this hands-on course, students will learn key travel phrases, order on a plane, use passports, and ask for prices—all in Spanish! In the spring session, get ready to discover places and have a Spanish adventure! This interactive course, ¡Vamos a Explorar! (Let's Explore!), focuses on practical travel vocabulary, like bartering at markets and ordering at restaurants. Through dynamic activities, students will build confidence in speaking Spanish while exploring vibrant traditions.

Wed, 4:15 PM, 45m
10/15–4/15 Class #32234
No class 11/26, 12/17–2/18
Futura Language Professionals Staff
R \$237 NR \$237 16 classes

Middle School Spanish Prep

Ages 11–14

In this virtual class students will learn Spanish conversation basics, advanced vocabulary, and verb conjugations through interactive games and cultural stories. This engaging class sets them up for future success in Spanish while building skills they'll use for a lifetime. Online portal resources and practice tools included.

FALL ONLY: Mon, 10/20–12/15, 45m
3:30 PM Class #32270
4:45 PM Class #32272
No class 11/24
Futura Language Professionals Staff
R \$137 NR \$137 8 classes

FULL YEAR: Mon, 10/20–4/13, 45m
3:30 PM Class #32269
4:45 PM Class #32271
No class 11/24, 12/22–2/16,
Futura Language Professionals Staff
R \$237 NR \$237 16 classes



Discover the World of Spanish (In Person)

Ages 5–12

This fall, hop aboard for an exciting Spanish adventure in ¡Vamos a Viajar! (Let's Travel!). In this hands-on, in-person course, students will learn key travel phrases, order on a plane, use passports, and ask for prices—all in Spanish! Through dynamic activities, students will build confidence in speaking Spanish while exploring vibrant traditions. Get ready to explore, connect, and develop a deeper appreciation for the Spanish language in an exciting and supportive environment! All classes taught by Futura Language Professionals Staff.

Ben Franklin Fall Session only

Thu, 3:45 PM, 1h
10/9–12/4 Class #32274
No class 11/27
R \$150 NR \$150 8 classes

Ben Franklin, Full year

Thu, 3:45 PM, 1h
10/9–4/9 Class #32273
No class 11/27, 12/11–2/5, & 4/2
Ben Franklin Rm 131
R \$258 NR \$258 16 classes

Shady Lane Fall Session only

Tue, 3:45 PM, 1h
10/14–12/2 Class #32276
R \$150 NR \$150 8 classes

Shady Lane Full year

Tue, 3:45 PM, 1h
10/14–3/24 Class #32275
No class 12/9–1/27
R \$258 NR \$258 16 classes
Shady Lane Library

Riverside, Fall Session only

Thu, 3:45 PM, 1h
10/9–12/4 Class #32278
No class 11/27
R \$150 NR \$150 8 classes

Riverside, Full Year

Thu, 3:45 PM, 1h
10/9–4/9 Class #32277
No class 12/11–2/25 & 4/2
Riverside Rm 102
R \$258 NR \$258 16 classes

Valley View, Fall Session only

Tue, 3:45 PM, 1h
10/14–12/2 Class #32280
R \$150 NR \$150 8 classes

Valley View, Full year

Tue, 3:45 PM, 1h
10/14–3/24 Class #32279
No class 12/9–1/27
Valley View Cafeteria
R \$258 NR \$258 16 classes



Golf Lessons: Jr Academy

Ages 7-11



Welcome to the game of a lifetime. Class will cover full swing, short game, and putting, the big 3 parts of any golfer's game. A fun-filled, fast-paced,

active class that teaches kids how to move and swing. Please bring your 7, 8, or 9 iron to the first class. Students must purchase golf balls at the range for each class. Classes will be held rain or shine.

Mon & Wed, 6:00 PM, 1h15m
9/8-9/24 Class #32096
Tue & Thu, 5:30 PM, 1h
9/9-9/25 Class #32097
Swing Time Germantown
Paul Mindel
R \$63 NR \$66 6 classes

Recreational Tree Climbing

Ages 7-17

Join us for fun, fitness, and adventure! Peaceful and invigorating, recreational tree climbing allows climbers to safely explore trees while gaining a new appreciation for nature and their parks. All gear and instruction are provided. Participants should wear long pants and sturdy shoes and bring a sense of adventure. Park entrance is included with registration. Parents must sign a participation waiver at the class. You will receive a pre-climb email with a map and directions.

Wed, 4:30 PM, 2h
9/10 Class #31931
Menomonee Park
Treetop Explorers LLC
R \$49 NR \$59 1 class

Little Dragons

Ages 3-6

Learn self-defense, taekwondo, kickboxing, and basic escapes. Watch your child build confidence, leadership, respect, and discipline. Classes are designed to improve large and fine motor skills while enhancing the ability to pay attention and follow directions. A \$20 belt fee at the end of the session is optional.

Thu, 9/18-10/23, 30m
Ages 3-4, 5:00 PM Class #32198
Ages 5-6, 5:30 PM Class #32201

Thu, 10/30-12/11, 30m
Ages 3-4, 5:00 PM Class #32199
Ages 5-6, 5:30 PM Class #32200
No class 11/27
Riverside Cafeteria
Jason Jordan
R \$56 NR \$67 6 classes

TaeKwonDo Ages 7+

TaeKwonDo combines exercise, meditation, respect, and self-discipline as you learn one of the most popular forms of martial arts in the world today. (At the end of each session, there will be an option for each student to test for their next rank at an additional cost.)

Tue & Thu, 6:00 PM, 1h10m 9/9-12/11 Class #32041
No class 10/16, 11/25 & 11/27 Community Center Rm 102 A & B
James Donne R \$67 NR \$79 27 classes

Bi-County Special Olympics



Ages 8-Adult
w/intellectual disabilities

Bi-County Special Olympics provides year-round sports training and competition in local, regional and state tournaments. Programs give continuing opportunities to develop physical fitness, demonstrate courage and experience joy while participating in a sharing of gifts, skills, and friendship. Practices are held Saturdays within the Menomonee Falls School District.

For information or to volunteer, contact Alisa Novak at bicounty844@gmail.com



Fall Sports Season (June-Dec)

Bocce, Bowling, Flag Football, Golf, Volleyball

Spring Sports Season (Nov-April)

Basketball (3 vs. 3, Skills), Team Swimming

Summer Season

Cornhole, Track & Field



BI-COUNTY
Special Olympics
Wisconsin



YOUTH ACTIVITIES & SPORTS

Little Tykes Martial Arts: Surge

Ages 4-6

Your child will have a blast learning different punches, kicks, and also some tumbling. While engaging in these fun activities, your child will acquire important life skills such as focus, confidence, respect, and much more. Five minutes of each class will be dedicated for parents to have the opportunity to engage with their child. Individuals may only register for this program once through the CE & Rec Dept. Participants can choose any two classes each week.

Tue, Thu, Fri, 4:45 PM, 30m

9/16-10/16 Class #32253

11/18-12/19 Class #32254

No class 11/27 & 11/28

Surge Martial Arts in Menomonee Falls

Neil Rajadhyaksha

R \$39 NR \$47

Youth Martial Arts: Surge

Ages 7-12

In this super fun and interactive course, kids learn fun martial arts skills, like kicking, punching, jumping, and tumbling, while gaining confidence and balance. They will also learn invaluable life skills such as listening, respect, focus, confidence, self-discipline, and self-defense skills. This course is sure to be a blast and very fun for kids. This course is age-specific for maximum fun and learning. Participants can choose any two classes per week from the following 30-minute options: Mondays at 4:45-5:15 PM, Tuesdays & Thursdays at 5:25-5:55 PM

9/15-10/16 Class #32255

11/17-12/18 Class #32256

No class 11/27 & 11/28

Surge Martial Arts in Menomonee Falls

Neil Rajadhyaksha

R \$39 NR \$47 14 classes

Stingrays Wisconsin Tumbling

Ages 4-12

- Attire: Clothes you can move in, gym shoes or bare feet, hair pulled back if long.
- All participants that attend class must complete a waiver on the first day if you are new to the Stingray Allstars. Waivers can be found at rayswi.com/for-parents/forms
- All classes held at Stingrays Wisconsin in Sussex.



Tiny Tumbling

Ages 4-5

An introductory tumbling class for new athletes to improve on basic skills like balance, jumping, body control, and beginning tumbling skills.

Thu, 5:00 PM, 45m

9/4-10/30 Class #32148

11/6-1/29 Class #32149

R \$74 NR \$89 10 classes

Beginner Tumbling

Ages 6-10

Tumbling class for new athletes to improve mobility and work on basic skills like balance, jumping, and body control in addition to learning beginner tumbling skills. Participants will work on forward roll, backward roll, handstand, cartwheel, bridge/backbend, and splits.

Thu, 6:00 PM, 45m

9/4-10/30 Class #32150

R \$74 NR \$89 9 classes

11/6-1/29 Class #32151

Stingrays Wisconsin

R \$74 NR \$89 10 classes

Hockey Learn to Skate

Ages 4-15

This class is for new skaters who have little to no skating experience. This program will primarily focus on developing skating abilities needed for hockey. All skaters in this class must have the following equipment to participate: helmet, shin pads, and gloves. Skate rental is available at no additional charge. Skaters can wear full hockey equipment if they prefer.

Mon, 5:00 PM, 30m

9/22-10/20 Class #32252

Eble Ice Arena

Eble Staff

R \$75 NR \$75 5 classes

Learn To Skate

Ages 4-17

Your child will develop confidence on the ice by learning forward and backward skating, turns, stops, falling, and recovery. A jacket, hat, and gloves are necessary, and bicycle or hockey-style helmets are required. Skate rental is included in the fee. Call Eble Ice Arena at 262-784-7512 for more information.

Mon, 9/22-10/20, 30m

Ages 4-6, 4:30 PM Class #32163

Ages 7-17, 5:00 PM Class #32165

Eble Ice Arena

Eble Staff

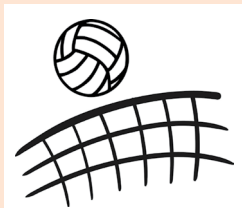
R \$75 NR \$75 5 classes





REGISTRATION OPENS 10/6 AT 8:00 AM

Please determine your child's age group by visiting www.usavolleyball.org



JR Phoenix Boys Club Volleyball U14

Ages 13-15

Get ready to serve up some fun and competition! Our JR Phoenix Boys Club Volleyball is an extension of our fall program and is designed for players who are looking for a club-level experience with no cuts or tryouts. Practices are held Wed & Fri evenings.

Wed, 6:00 PM, 1h15m
11/5-3/25 Class #32197
Community Center Gym
R \$550 NR \$660 38 classes

- Teams will participate in Badger Region Volleyball Association tournaments between January and April.
- Club Volleyball is listed as an exception to our 100% Satisfaction Guarantee Policy. Refunds will not be issued for this program for any reason.

Falls Focus Volleyball Club

Ages 10-14

Falls Focus Volleyball Club was established to FOCUS on player and team development while offering a club-level program with no cuts or tryouts. The fee includes uniform tops, shorts, and club jackets. Practices are held on Tuesdays & Thursdays.

Tue & Thu, 5:30 PM, 3h45m
11/4-3/26
U12 Class #32196
U13 Class #32195
U14 Class #32193
U15* Class #32194
Community Center Gym
Stephanie Bechel
R \$550 NR \$660 37 classes
R \$875 NR \$1,050 37 classes*

Intro to Irish Dance

Ages 5-12



Chelsea Holloway, Irish Dance World Medalist and Midwest Champion, will start your child on their way to a lifelong love of Irish music as they learn basic dance moves and routines.

We will play some games with an Irish dance twist and learn some basic Gaelic phrases. Dancers will put on a mini-performance for their parents at the end.

9/6-9/27 Class #32045
Bellator Academy of Irish Dance
R \$37 NR \$40 4 classes

Tap & Ballet

Ages 4-10

Dance will help your child learn timing, rhythm, and coordination. Dance skills will be taught, reviewed, and then combined into dances. All participants are recommended to have a black leotard and tap and ballet shoes. Parents are welcome to attend the first day of class for additional information and the last day to observe their child's progress. We recommend Velcro-style tap shoes if possible.

Wed, 9/17-12/10, 45m
Age 4, 4:30 PM Class #31974
Ages 5-6, 5:30 PM Class #31975
No class 11/26
Community Center Rm 102
Cindy Orlando
R \$55 NR \$66 12 classes

Jr Phoenix Dance

Grades 1-5

Jr. Phoenix Dance offers an exciting adventure into the world of competitive pom and dance. This is a chance to learn a dynamic pom routine and learn fundamental dance techniques. Dancers will perform at a variety of local events and competitions, showcasing their talent and hard work. The registration fee covers a competition uniform and a team T-shirt. Parent meeting at the first class for all the exciting details! Join us and be part of the Jr. Phoenix Dance experience!

Wed, 9/17-2/11
Grades 5K-1
6:00 PM, 45m Class #32171
No class 11/26, 12/24, 12/31
R \$165 NR \$198 19 classes

Grades 2-3
6:00 PM, 1h Class #32173
R \$225 NR \$270 19 classes

Grades 4-5
6:45 PM, 1h30m Class #32172
R \$295 NR \$354 19 classes
No class 11/26, 12/24 & 12/31

Ben Franklin Cafeteria Full
Alexandria Grennier

Parent Holiday Drop & Shop

Ages 3-11

Would you like someone to take care of your children while you spend time holiday shopping and running errands? Children will enjoy arts and crafts, movies, story time, pictures with Santa, lunch, and more. Hosted by The Optimist Club of Menomonee Falls, in partnership with the CE & Rec Dept.

Sat, December 6, 10:00 AM-2:00 PM
Class #32133
Community Center Rm 102 A & B
R / NR \$5





YOUTH ACTIVITIES & SPORTS

REGISTRATION NOW OPEN

Jr Flag Football League

Ages 6–8

This introductory football program will give your child the foundation needed to excel at future levels and will concentrate on skill development, teamwork, basic rule understanding, and gameplay. Each week will include a 40-minute practice followed by a 40-minute scrimmage. Scores and standings will not be kept, and everyone will play. Game times will rotate starting at 9:00 am through early afternoon.

Sat, 9/6–10/18, 9:00 AM, 4h

Grades 4K–5K* Class #31255

Grades 1–2 Class #31256

Grades 3–5 Class #31257

Oakwood Park Soccer North, Oakwood Park Soccer South

Ed Swab

R \$45 NR \$54 7 classes*

R \$59 NR \$70 7 classes

REGISTRATION NOW OPEN

Jr Basketball League

Grades 4K–2

The program will concentrate on skill development, teamwork, basic rule understanding, and gameplay. Each class is a 30-minute practice followed by a 30-minute scrimmage. Scores and standings will not be kept, and everyone will play. Times will vary between morning and afternoon depending on the number of teams in the league. Schedules will be emailed to participants before first class.

Sat, 11/1–12/20, 8:30 AM, 8h

Grades 4K–5K Class #32055

Grades 1–2 Class #32056

Community Center Gym

Ed Swab

R \$49 NR \$59 7 classes

COACHED NEEDED!

- **League fees are not refundable unless the program is cancelled by CE & Rec.**
- **Volunteer coaches needed. Please indicate your interest at registration.**

REGISTRATION NOW OPEN

Girls Flag Football League **NEW!**

Entering Grades 2–5



This program focuses on skill development, teamwork, fitness, and sportsmanship. Whether your daughter is new to the game or looking to improve her skills, this league is the perfect opportunity

to make unforgettable memories on the field! Practice will be held Tuesdays from 5:00 to 6:30 PM beginning August 26, and games will be held at rotating sites in the greater Milwaukee area on Sundays, September 14–October 26. Participants will need to provide cleats (football or soccer) and bring plenty of water; a mouth guard is optional.

Sun, 8/26–10/21, 12:00 PM, 4h

Grades 2–3 Class #31290

Grades 4–5 Class #31291

R \$65 NR \$65 9 classes



Bucks Mini Academy **NEW!**

Ages 4–6

Each weekly session lasts for one hour and is designed to introduce your child to the fundamentals of basketball, including dribbling, passing, footwork, and shooting skills. Every participant will receive a Bucks-branded youth basketball and a ticket to a Milwaukee Bucks home game for the 2025–26 season.

Registration is available at Bucks.com/Youthbasketball.

Tue, 5:00 PM, 1h

9/16–10/7 Class #32169

Valley View Gym

R \$110 NR \$110 4 classes

Bring a Water Bottle to practice



High School Rec. Basketball League

Grades 9–12

Rec Basketball is offered in two age divisions, JV (Gr. 9–10) and Varsity (Gr. 11–12). League games begin December 11, and are held on Monday or Thursday evenings in the MF High School Main Gym at 7:45/8:30/9:15 PM, with an end of the season tournament.

Team contracts are accepted on a first come, first served basis until Monday, 12/1.

R/NR = \$575 per team



Soccer Shots

Register for all Soccer Shots programs at:
<https://waukesha.soccershots.com>.

- All Soccer Shots classes require an annual enrollment fee of \$40
- FREE jersey mailed to your home
- All programs held at North Middle School Lower Football Field off Garfield or in the North Middle School gym.

Ages 3–8

This enrichment program focuses on character development and introducing the sport in a fun way. Each week will have a different theme, character trait, and new soccer skill. Get ready to use your imagination and explore “Soccer Island” with highly trained coaches in this non-competitive program. Please register at <https://waukesha.soccershots.com>.

Thu, 9/25–11/13, 30m

Mini-Parent & Me

Ages 3–4, 4:40 PM

Classic

Ages 5–6, 5:20 PM

Thu, 9/12–11/7, 30m

Premier

Ages 6–8, 6:00 PM
 Valley View Gym

R \$176 NR \$176 8 classes



Pickleball Smash Squad **NEW!**

Ages 6–10

Our Youth Pickleball Class is a fun and engaging program designed to introduce kids to the exciting world of pickleball. Perfect for beginners and young players looking to build their skills. This class covers the fundamentals of the game, including rules, scoring, court positioning, and basic techniques. Kids will develop a variety of shots, such as serves, volleys, dinks, and groundstrokes, all while playing interactive drills and games that keep learning exciting. With a focus on sportsmanship, teamwork, and having fun, this class is a great way for kids to stay active, make new friends, and grow their confidence on the court.

Tue, 4:30 PM, 1h30m

9/9–9/30 Class #32386

10/14–11/4 Class #32387

11/18–12/16 Class #32388

No class 11/25

Pickleball Kingdom

N58W14900 Shawn Cir, MF

R \$90 NR \$90 4 classes

Pickleball University— Rebel Squad **NEW!**

Ages 11–16

Welcome to the Rebel Squad—where future pickleball legends are made! This high-energy class is designed for players who are ready to level up their game and have a blast doing it. Whether you are new to the court or already rallying with friends, you will join a squad of like-minded teens learning the skills, strategy, and swagger to become awesome pickleball players. Each session dives into techniques like groundstrokes, dinks, drop shots, drives, and smashes with plenty of drills, friendly competition, and team-building challenges. We will also break down game strategy so you can start thinking and playing like a pro. Expect fast-paced action, laughs, improvement, and maybe even a few trick shots. Grab your paddle, join the Rebel Squad, and get ready to dominate the kitchen, rule the court, and have a ton of fun along the way.

Thu, 4:30 PM, 1h30m

9/11–10/2 Class #32389

10/16–11/6 Class #32390

11/20–12/18 Class #32391

No class 11/27

Pickleball Kingdom

N58W14900 Shawn Cir, MF

R \$90 NR \$90 4 classes

Ready for
 a greater
 purpose
 at work?

Wake up and teach.

Kelly Education

Now hiring:

- Substitute Teachers
- Special Education Aide
- Paraprofessional/Aide

Apply now!

800.713.4439

kellyeducationjobs.com





YOUTH ACTIVITIES & SPORTS



Hooper Hands: Little Hooper Fitness 101

Ages 4-11

Join us for some fun and basketball fitness! We will play games and work on various agility drills and basketball skills to develop those Hooper Hands.

Mon, 9/8-9/29

Ages 4-5

5:30 PM, 45m Class #32180

Ages 6-8

6:20 PM, 45m Class #32181

Ages 9-11

7:15 PM, 50m Class #32188

R \$75 NR \$89 4 classes

Hooper Hands: Basketball 101

Ages 4-8

This class is designed to give your child an overview of basic basketball skills such as dribbling, shooting, rebounding, and passing.

Mon, 10/6-10/27

Ages 4-5

5:30 PM, 45m Class #32182

Ages 6-8

6:20 PM, 45m Class #32183

R \$75 NR \$89 4 classes

Hooper Hands Basketball Academy strongly highlights the fundamentals of dribbling, the art of shooting, different defensive strategies, rebounding, and making good sharp passes. Along with learning the game of basketball, your child will increase their level of confidence, learn self-discipline, and inherit how to be a team player.

All classes are held at the Community Center Gym and taught by Hooper Hands staff.

Hooper Hands: Principles of Dribbling I

Ages 4-8

We recommend that your child take Basketball 101 prior to taking this class, but it is not required. The class will build upon the fundamentals learned in Basketball 101. Participants will compete in different ball-handling drills, games, and stations to develop those Hooper Hands.

Mon, 11/3-11/24

Ages 4-5

5:30 PM, 45m Class #32184

Ages 6-8

6:20 PM, 45m Class #32185

R \$75 NR \$89 4 classes

Hooper Hands: Pass-Shoot-Score

Ages 4-11

In this mini-basketball league class, students will complete a series of different fundamental drills and skills. Participants will then be divided into teams and compete in games against each other.

Mon, 12/1-12/22

Ages 4-5

5:30 PM, 45m Class #32186

Ages 6-8

6:20 PM, 45m Class #32187

Ages 9-11

7:15 PM, 45m Class #32191

R \$75 NR \$89 4 classes

Hooper Hands: Basketball 201

Ages 9-11

This class will help your child develop the basic fundamentals of basketball. Participants will be introduced to various ball handling, shooting, passing, and rebounding drills. Team play will also be used to showcase skills learned.

Mon, 7:15 PM, 45m

10/6-10/27 Class #32189

R \$75 NR \$89 4 classes

Hooper Hands: Art of Dribbling I

Ages 9-11

This class will build upon the enhanced skills learned in Basketball 201. Participants will continue to work on numerous dribbling drills, skill stations, and 1-on-1 moves to improve those Hooper Hands.

Mon, 7:15 PM, 45m

11/3-11/24 Class #32190

R \$75 NR \$89 4 classes





MENOMONEE FALLS FARMERS MARKET

Village Park in Menomonee Falls

Wednesdays (JUNE 4 - OCT 15)
2:00 PM - 6:00 PM

Sundays (JULY 13 - SEPT 14)
10:00 AM - 1:00 PM

fallsfarmersmarket.org



Academy highlights

Hands-on experience
Participate in vehicle extrication
and live burn demonstration
CPR and AED certification

Behind-the-scenes look at the department

Details

Open to residents of Menomonee Falls and Lannon
18 years of age and older
Cost: Free

Limit: 20 people

Tuesdays, September 2 - October 21, 6 - 9:30 p.m.

Vehicle extrication and Stop the Bleed, Saturday, October 18

If interested, visit www.menomonee-falls.org/citizen-fire-academy or email Kevin Porter at kporter@menomonee-falls.org for more information.

FIT in the PARKS

Menomonee Falls, Wisconsin

FREE

REGISTRATION OPEN NOW

FIT in the Parks: Sunset/Candlelight Hike

Youth and Adults of all ages

Join us for a self-guided walk around Menomonee Park to end the 2025 Menomonee Falls FIT in the Parks programming. Candles will be available to light the way after dusk, or come early and enjoy the park's natural beauty at sunset. Free admission to the park for all participants.

Fri, 6:00 PM, 2h
10/3 Class #32304
Menomonee Park—Picnic Area 2
FIT In The Parks Staff
*Walk-in registration is welcome

FIT in the Parks: "TRI the Y"

Ages 12+

Join us for a 45-minute strength, cardio, and core class hosted by the Tri County YMCA, followed by snacks and refreshments. "TRI" one or all three! Please dress for movement, bring a yoga mat, and water bottle.

Sat, 9/13, 1h
TRI the Y-Strength
8:45 AM Class #31254

TRI the Y-Cardio
10:00 AM Class #31252

TRI the Y-Core
11:15 AM Class #31253
Village Park Performance
Amphitheater
FIT In The Parks Staff

AGE 21+



Day Trips

CHECK THEM OUT!



Fun, creative, local experiences planned just for you!
All trips are guided by Lori and chauffeured by coach bus.

— TRIPS LEAVE FROM TRENARY FIELD PARKING LOT —

REGISTRATION NOW OPEN

Oklahoma at the Fireside **NEW!**

Jones Dairy Farm Outlet

Show & Lunch at Fireside Theater

Thursday, September 18

8:15 AM Sign In | 5:30 PM Return



Join us for an American Classic, Oklahoma! This bright, brassy, boisterous musical comedy is filled with colorful costumes, breathtaking dancing, side-splitting humor, and a musical score featuring such hits as "Surrey With the Fringe on Top" and "Oklahoma!" You will have a meal choice of Beef Short Ribs, Chicken Florentine, Almond Crusted Cod, or Vegetarian Manicotti. On the way to the Fireside, we will stop at the Jones Dairy Farm Outlet. **Register by Aug. 15.**

Meet in the Trenary Field Parking Lot
R \$130 NR \$140 Class #31619

Wreath Wonderland **NEW!**

Wreath Factory

Lunch at PJ Campbell

Waelderhaus

Miesfeld Meat Market

Tuesday, November 18

8:15 AM Sign In | 5:00 PM Return

Join us as we get in the Christmas spirit by decorating your own wreath at the Wreath Factory. You will also have time to shop at their store. We will enjoy a German-themed lunch buffet of Assorted Schnitzels and Sausages at PJ Campbell's, in an old train depot. After lunch we will have a tour of the Waelderhaus in Kohler. This "house in the woods" sits high on the bluff and overlooks the Sheboygan River. It stands as a museum of artistry and superb German craftsmanship. We will finish up our day with some shopping at the Miesfeld Meat Market. **Register by Oct. 20.**



Meet in the Trenary Field Parking Lot
R \$115 NR \$125 Class #32179

CE&Rec
Community Education & Recreation

📍 **Oklahoma at Fireside**

📍 **Goofy Goats & Gleaming Lights**

📍 **Wreath Wonderland**

📍 **Ho-Chunk Gambling**

📍 **It's a Wonderful Life at Fireside**



Goofy Goats & Gleaming Lights **NEW!**

LaClare Creamery

Jim & Linda's Lakeview Supper Club

Paine Art Center & Gardens

Wednesday, October 22

1:15 PM Sign In | 8:30 PM Return

Join us as we start our afternoon with a tour of the LaClare Creamery, America's Dairy Goat Capital, where you will learn about & sample their award-winning cheeses. We will enjoy a delicious dinner at Jim & Linda's Lakeview Supper Club, right on Lake Winnebago, where we can watch the sunset. You will have the choice of Perch, Beef Tenderloin, Pesto Crusted Salmon, Pork Tenderloin, Chicken Alfredo or Shrimp Stir-Fry. After dinner we will walk through and explore the beautiful outdoor Nature of Lights Exhibit at the Paine Art Center & Gardens. The grounds will be transformed into a spectacular showcase of illuminated sculptures and an immersive harmonizing light, art & nature experience. **Register by Sept. 22.**

Meet in the Trenary Field Parking Lot
R \$105 NR \$115 Class #32124



Ho-Chunk Dells Gambling

Thursday, November 6

8:00 AM Sign In | 4:30 PM Return

Join us for a one-day getaway to Ho-Chunk Dells. You will receive \$25 in credit on your player's club card at Ho-Chunk. If you do not have a card, you will receive one upon arrival at the casino so you can enjoy the free credits. You must bring a valid ID with you and use your player's club card at all times while at the casino. **Please register by Oct 22.**

Meet in the Trenary Field Parking Lot
R \$45 NR \$55 Class #32038



Fireside: It's a Wonderful Life **NEW!**

Thursday, December 4

8:15 AM Sign In | 5:30 PM Return

Jones Dairy Farm Outlet

Fireside Dinner Theater

Join us as you get in the Christmas spirit with A Wonderful Life. This show captures all the magic of the film as it shines with the spirit of Christmas. The story of George Bailey and his wonderful life in Bedford Falls has brought hope and inspiration to every heart with its celebration of the goodness in all of us. You will have a meal choice of: Sliced Beef Tenderloin, Chicken Monterey, Atlantic Salmon or Vegetarian Skewers with Tofu. On the way to the Fireside we will stop at the Jones Dairy Farm Outlet. **Register by Nov 3.**

Meet in the Trenary Field Parking Lot
R \$130 NR \$140 Class #32033

Day Trip Policies

For ages 21 and better

- All trips travel by coach bus unless specified. Leave the driving to us!
- We understand that plans can change and you may not be able to attend a trip for which you have registered. However, refunds will only be issued if we can register someone in your place.
- We have the right to cancel the trip if we do not have the minimum number of participants to cover the cost, so sign up before the deadline.
- Trip participants shall be self-sufficient, or have with them a paid companion/ caregiver to assist with specific needs. This includes, but is not limited to walking, sitting, standing, eating, and using the restroom.
- The bus will require several steep stairs upon entering and exiting.
- You may not resell, exchange, or give your ticket/spot away as a gift. All transfers must be handled by the Recreation office staff.

Questions? Call (262) 255-8460.

Register at fallsrec.org |



Knitting: Beginning

Ages 18+

This class is geared for those that are new to knitting or feel like they would like more time to practice techniques. Learn about the different qualities of yarn and knitting needles and how to read a pattern. Each participant will choose a personal project to work on during class and will receive help as needed. You will also be taught some useful knitting tricks. Needles and yarn will be provided for you at the first class.

Wed, 1:00 PM, 2h

9/10-10/15 Class #31999

10/29-12/10 Class #32000

No class 11/26

Community Center Rm 120

Sandra Henderson

R \$42 NR \$49 6 classes

Knitting: Experienced

Ages 18+

This class is geared toward knitters who feel they have moved past the beginner stage. Each participant will choose a personal project to work on during class and will receive help as needed. You will also be taught some useful knitting tricks.

Tue, 9:30 AM, 2h

9/9-10/14 Class #32001

10/28-12/9 Class #32002

Thu, 9:30 AM, 2h

9/11-10/16 Class #32003

10/30-12/11 Class #32004

No class 11/25 & 11/27

Community Center Rm 123

Sandra Henderson

R \$42 NR \$49 6 classes

Fall Patio Planter

Ages 18+

Decorate your porch for fall with a seasonal patio planter. Create your own special planter using a variety of mums, annual grasses, fall perennials, and more. This class is held outdoors, so dress appropriately. Please bring gardening gloves; otherwise, disposable gloves will be provided.

Fri, 4:30 PM, 1h

9/19 Class #32112

Sat, 10:30 AM, 1h

9/20 Class #32113

Thu, 4:30 PM, 1h

9/25 Class #32114

Wendland Nursery

R \$42 NR \$42 1 class

Succulent Topped Pumpkin Workshop

Ages 18+

Create a festive tabletop display with a faux pumpkin, succulents, and moss! Bring your creativity and choose from a variety of succulents to design your own beautiful centerpiece. All materials are included.

Sat, 11:00 AM, 1h

10/4 Class #32119

Wendland Nursery

R \$42 NR \$42 1 class

Holiday Patio Planter Workshop

Ages 18+

Add some dazzle to your front porch this holiday season! Included in this class is a 12" container and all the greens, bows, twigs, and glitter you will need to create a beautiful holiday patio planter.

Fri, 4:00 PM, 1h

11/21 Class #32115

Sat, 11:00 AM, 1h

11/22 Class #32116

Sat, 10:30 AM 1h

11/29 Class #32118

Wendland Nursery (Indoors)

R \$42 NR \$42 1 class

Watercolor Techniques

Ages 18+

Learn various techniques, proper paper usage, and how to use color as you develop your individual creative painting style. Perspective and values of form will also be touched on. A suggested supply list is available in the CE & Rec office.

Thu, 9/11-10/16, 2h

10:00 AM Class #32014

12:30 PM Class #32015

Thu, 10/30-12/11, 2h

10:00 AM Class #32016

12:30 PM Class #32017

No class 11/27

Community Center Rm 106

Nancy Lohmiller

R \$45 NR \$54 6 classes

Acrylic and Oil Painting **NEW!**

Ages 18+

Learn to paint with award-winning artist Laura Easey Jones. You will learn to see shapes, value, and light. Beginners to advanced are all welcome! Please bring a 3" x 5" photograph of something you would like to paint. A supply list is available at the CE & Rec Office.

Fri, 10:30 AM, 2h

9/12-10/12 Class #32094

10/24-11/21 Class #32121

Community Center Rm 123

R \$55 NR \$66 5 classes

Festival of the Arts 2025
5th ANNUAL
Saturday AUGUST 23
10 am - 5pm

- Over 100 Artisan Booths
- Artist Demonstrations & Discoveries Tent
- Community Art Project
- Chalk Art Competition
- Kids Art Zone
- Street Performers
- Beer & Wine Garden
- Live Music
- Food Court

MAIN STREET
Art Block Party
on Main Street,
in Mill Pond Park & Plaza
MENOMONEE FALLS, WI

LEADING UP TO THE EVENT

- Plain Air Competition
- Painted Sculpture Competition
- Murals & Mixers Trolley Tour
- Paint the District events

fallsfestivalofthearts.com

FOR MORE INFORMATION

262.415.7013
@menomoneefallsevents
menomoneefallsevents@gmail.com

Magic World Nightlight *NEW!***Ages 18+**

Transform a glass globe into a magical night light using paper and an LED light. Learn tricks for working with paper on a curved surface, how to hide and reveal images to create a hidden world, and how to add a viewing window with a stylized frame. All materials included.

Wed, 6:00 PM, 2h
9/10 Class #32290
Community Center Rm 120
Donna Eigen
R \$51 NR \$61 1 class

Peekaboo Votives and Bottoms-Up Cups *NEW!***Ages 18+**

You will make two items with hidden scenes, cutout windows, and personalized messages. You'll learn how to use the transparent properties of glass and paper to create scenes and add names and messages to let someone know they're loved and appreciated. At the end of the class, you'll have a candle holder and a cup, ready for the gift-giving season. All materials included.

Tue, 6:00 PM, 2h
12/2 Class #32291
Community Center Rm 106
Donna Eigen
R \$51 NR \$61 1 class

Drawing Your Photograph**Ages 18+**

Anyone can learn the technique of drawing lifelike images from photographs. Once your photo has been duplicated, outlining and shading will be used to create a portrait. Please bring a photo to class. All supplies can be purchased in class for \$10.00.

Tue, 10:00 AM, 1h30m
9/30-10/28 Class #31995
No class 10/21
11/4-11/25 Class #31996
Community Center Rm 106
Barbara Kelsey
R \$35 NR \$42 4 classes

Introduction to Ice Skating for Adults & Seniors *NEW!***Ages 18+**

This class is for adults and senior citizens with little to no ice skating experience. In this class, participants will develop confidence on the ice by learning basic skating skills, including forward/backward skating, turns, stops, falling, and recovery. Skate rental is available for this class for no additional charge. It is highly recommended that all participants wear helmets, gloves, and warm clothing.

Tue, 9:30 AM, 30m
11/11-12/9 Class #32251
Eble Ice Arena
Eble Staff
R \$75 NR \$75 5 classes

Cutting the Cord: Controlling Cable and Internet Costs**Ages 18+**

Fees for cable television, home internet, smartphones, and streaming services quickly add up to hundreds of dollars each month. Learn about available options to cut costs while still being able to watch your favorite television programs and have internet access on all your devices.

Tue, 6:30 PM, 1h30m
10/7 Class #32156
Community Center Rm 106
C.T. Kruger
R \$22 NR \$25 1 class

iPad/iPhone—Tips, Tricks & Techniques**Ages 18+**

This class is specific to Apple devices. Learn useful tips, tricks, and techniques to navigate, organize, back up, and add useful apps to your iPhone, iPad, or iPad Mini.

Tue, 6:30 PM, 1h30m
10/14 Class #32157
Community Center Rm 106
C.T. Kruger
R \$22 NR \$25 1 class

How To Use The Camera in Your Smartphone/iPhone**Ages 18+**

It's a camera, it's a photo album, it's a television, it's your phone! Learn apps, tips, tricks, and limitations of iPhone and Android smartphones and tablets for pictures and video. This class will cover your smartphone or tablet's camera, home and cloud storage options, printing, and more.

Tue, 6:30 PM, 1h30m
10/21 Class #32159
Community Center Rm 106
C.T. Kruger
R \$22 NR \$25 1 class

You Have Pictures in Your Camera: Now What?**Ages 18+**

We have hundreds, if not thousands, of pictures in our cameras, smartphones, and computers. Now what? This seminar teaches techniques to save pictures from cameras and smartphones to a computer, to external devices, and to "the cloud" using Windows 10 PCs.

Tue, 6:30 PM, 1h30m
10/28 Class #32161
Community Center Rm 106
C.T. Kruger
R \$22 NR \$25 1 class

Unlock Your Block with Tarot! *NEW!***Ages 18+**

We all occasionally get stuck in a rut—with our health, home, work, or relationships. But with colors, images, and stories, the cards of Tarot will help you get your creativity flowing. We will learn the meanings of the cards and play with simple tarot spreads and exercises to help you unlock your block. Experience is helpful but not required. If you have a tarot deck, bring it.

Wed, 6:30 PM, 1h30m
10/8-10/15 Class #32147
Community Center Rm 106
Faye Ellen Bonini
R \$30 NR \$36 2 classes

LIVE VIRTUAL ZOOM

Zoom access and basic computer skills are required.

Adult Conversational Spanish for Travel**Ages 18+**

Learn Spanish for travel from the comfort of home! This live, interactive course helps adults master essential phrases for greetings, dining, and directions. Perfect for beginners and those with some experience.

Thu, 6:00 PM, 1h

10/23-12/4 Class #32232

No class 11/27

Futura Language Professionals Staff

R \$119 NR \$119 6 classes

Adult Conversational Spanish: Beginner Part 1**Ages 18+**

Focused on building conversational tools, you'll engage in interactive practice covering greetings, pronunciation, numbers, food, clothing, and more. Grammar topics include subject pronouns, verb conjugation, and noun gender. Each session features cultural insights like word origins and dialect differences.

6:00 PM, 1h

Mon, 10/20-12/1 Class #32227

Tue, 10/21-12/2 Class #32228

Wed, 10/22-12/3 Class #32229

No class 11/24, 11/25 & 11/26

Futura Language Professionals Staff

R \$119 NR \$119 6 classes

Adult Conversational Spanish: Beginner Part 2**Ages 18+**

Build on conversational skills for directions, restaurants, and everyday interactions. Learn vocabulary on weather, dates, family, and key verbs like ser and tener. Explore cultural topics on food, family, and friendships. Open to new and returning students.

6:00 PM, 1h

Mon, 10/20-12/1 Class #32230

Tue, 10/21-12/2 Class #32231

No class 11/24 & 11/25

Futura Language Professionals Staff

R \$119 NR \$119 6 classes

Adult Conversational Spanish: Intermediate Part 1**Ages 18+**

Improve conversation skills through interactive lessons. Topics include AR verb conjugation, infinitives, future tense, prepositions, and more. Practice making plans, discussing preferences, and exploring holiday traditions in Spanish-speaking countries. Open to new students and previous Beginner Spanish Part 1 and 2 participants.

Wed, 6:00 PM, 1h

10/22-12/3 Class #32233

No class 11/26

Futura Language Professionals Staff

R \$119 NR \$119 6 classes

Story Starts Here: A Workshop for Writers Who Crave Meaning**Ages 18+ NEW!**

This workshop is designed for writers of all levels and genres, whether you're just starting out or returning to your craft. You'll learn how to identify your story's emotional core, build momentum and tension, develop strong characters and voice, and gain a basic understanding of the publishing process. Participants will leave with a draft or clear outline and renewed inspiration. Led by local author and story mentor Steven Strackbein the session combines instruction, real-time writing, and feedback.

Tue, 6:00 PM, 1h15m

10/7 Class #32305

Community Center Rm 123

Steven Strackbein

R \$69 NR \$57 1 class

Introduction to Meditation**Ages 16+**

Are you constantly feeling overwhelmed and stressed? Learn how meditation can center your mind and calm your body. You will learn two methods of meditation that are used by millions of people all over the world. Common stumbling blocks and how to overcome them will also be covered. Please bring a blanket and pillow to class.

Tue, 6:00 PM, 1h15m

9/16-10/7 Class #32166

Community Center Rm 120

Kate Hunt-Matthes

R \$62 NR \$75 4 classes

AARP Smart Driver Class**Ages 55+**

The course contains up-to-date information about changes in ourselves, our vehicles, and our roads over time. This course will help boost your safety awareness, refresh and improve your driving skills, minimize crash risk, increase confidence, prolong mobility, and maintain independence. Please bring your AARP membership card and driver's license to class.



Tue, 9/30, 8:30 AM, 4h

AARP Member Class #32122

Non-Member Class #32123

Community Center Rm 120

M \$23 NM \$28 1 class

Relax, Renew, Rejuvenate**Ages 16+**

Learn ways to neutralize the negative effects of anxiety and stress through breathing techniques, relaxation exercises, imagery, and mindfulness practices. Please bring a pillow and blanket to class.

Tue, 6:00 PM, 1h30m

10/28-11/18 Class #32167

Community Center Rm 123

Kate Hunt-Matthes

R \$62 NR \$75 4 classes

Enhancing Your Life: Energy Healing Techniques

Ages 16+

This transformative and fun class will teach you powerful techniques for coping with behaviors or beliefs that may stand in the way of your happiness. Learn EFT and discover how to access the alpha state, the power of imagery, and your personal truth detector.

Tue, 6:00 PM, 1h30m
11/25-12/16 Class #32168
Community Center Rm 120
Kate Hunt-Matthes
R \$62 NR \$75 4 classes

Proper Pruning

Ages 18+

Learn how to properly prune and maintain your yard. Find out which gardening tools are worth the money and which ones no homeowner should be without. Learn the tricks of the professionals to keep your yard looking top-notch and become the envy of all your neighbors.

Sat, 10:30 AM, 1h
8/23 Class #32120
Wendland Nursery
R \$10 NR \$10 1 class

Rustic Rehabs Flip It Beautiful! Furniture Painting 101

Ages 18+

Grab a small piece of furniture and join us for a fun, hands-on workshop! Learn how to paint, distress, and seal like a pro as you transform your tired piece into a fresh, stunning creation. Perfect for beginners and DIY lovers!

Sat, 1:00 PM, 2h30m
9/13 Class #32292
10/11 Class #32293
11/15 Class #32294
12/6 Class #32295
Rustic Rehabs
R \$55 NR \$55 1 class

our events



2025

MENOMONEE FALLS
EVENTS

building our community one event at a time

FOLLOW US

Menomonee Falls Events | @menomoneefallsevents
menomoneefallsevents@gmail.com | 262.415.7013

JULY

- 2 BEER GARDEN @ VILLAGE PARK
- 9 BEER GARDEN @ VILLAGE PARK
- 10 FALLS SUNSET CONCERT SERIES @ VILLAGE PARK
- 16 BEER GARDEN @ VILLAGE PARK
- 23 BEER GARDEN @ VILLAGE PARK
- 24 FALLS SUNSET CONCERT SERIES @ VILLAGE PARK
- 30 BEER GARDEN @ VILLAGE PARK
- 31 FALLS FAMILY MOVIE NIGHT @ VILLAGE PARK

AUGUST

- 6 BEER GARDEN @ VILLAGE PARK
- 9 FALLS KIDS FESTIVAL @ VILLAGE PARK
- 13 BEER GARDEN @ VILLAGE PARK
- 14 FALLS SUNSET CONCERT SERIES @ VILLAGE PARK
- 20 BEER GARDEN @ VILLAGE PARK
- 23 FALLS FESTIVAL OF THE ARTS @ MAIN STREET, MILL POND PARK & PLAZA
- 27 BEER GARDEN @ VILLAGE PARK
- 28 FALLS SUNSET CONCERT SERIES @ VILLAGE PARK

SEPTEMBER

- 3 BEER GARDEN @ VILLAGE PARK
- 6 FALLS FAMILY MOVIE NIGHT @ VILLAGE PARK



Visit Our
WEBSITE

Old Falls Village

OLD FALLS VILLAGE PARK
N96 W15791 County Line Road

Weekend Beer Gardens and a variety of events held by the
Menomonee Falls Historical Society and Friends of Old Falls Village Park

oldfallsvillage.com SEE THE FULL SCHEDULE OF EVENTS oldfallsvillagepark.com









Before You Start Any Exercise Program ...

- Before you start any exercise program you should consult with your physician.
- If you have health restrictions—please notify your instructor.
- Proper warm-up prevents injuries!
- Arrive at class promptly.
- Make arrangements for your children. Childcare is not provided.
- Participants should wear proper attire: Good aerobic shoes and clothing that permits movement.
- Participants may want to bring a water bottle and towel to class.

Hatha Yoga

Ages 18+

Experience an invigorating yoga session where we combine breathwork with a focus on posture, length, strength, and movement. For all levels, this session will help you connect deeply with your body and mind. Yoga mats are provided. Please wear socks to class.

Sun, 9:00 AM, 50m

9/14–10/5 Class #32054

The Contrology Center Pilates Studio

Renee Mrzyglod

R \$64 NR \$64 4 classes

Yoga Without a Mat

Ages 18+

Increase flexibility, strength, and balance without getting up and down on a mat. Safe and effective seated and standing yoga poses will be presented. A chair will be available if needed. This is an excellent form for people who need extra modifications to be successful.

Wed, 11:45 AM, 45m

9/10–10/22 Class #32089

11/5–12/17* Class #32090

No class 11/26

Community Center Rm 123

Levy

R \$49 NR \$59 7 classes

R \$42 NR \$50 6 classes*



Easy Yoga: Level 1

Ages 18+

This gentle yoga class will emphasize alignment, stretching, and calming of the mind. Instruction includes breathwork, strengthening movement, soothing stretches, and strategies for conscious relaxation. You will leave class relaxed and refreshed. Please bring a yoga mat.

Mon, 9/8–10/20, 45 m

10:30 AM Class #32080

11:30 AM Class #32078

No class 9/22

R \$43 NR \$52 6 classes

Mon, 11/3–12/15, 45m

10:30 AM Class #32081

11:30 AM Class #32079

No class 11/17 & 11/24

R \$36 NR \$43 5 classes

Community Center Rm 102 A

Carmen

Pelvic Floor Workshop

Ages 18+

In this interactive workshop, you will learn how to properly activate the pelvic floor muscles and specialized Pilates exercises for flexibility, strength, and coordination of the core and pelvic floor muscles. Come prepared for gentle movement and basic Pilates exercises.

Sun, 9:00 AM, 1h

10/12 Class #32060

Moving Like a Mother Physical Therapy

R \$16 NR \$21 1 class

Easy Yoga: Level 2

Ages 18+

This class is for those that have taken Easy Yoga or are ready to move to the next level. This beneficial yoga class will increase your strength, flexibility, and mental calm. You will leave class relaxed and refreshed. Please bring a yoga mat.

Wed, 9:00 AM, 45m

9/10–10/22 Class #32082

No class 9/17

R \$43 NR \$52 6 classes

11/5–12/17 Class #32083

No class 11/19 & 11/26

Community Center Rm 123

Carmen

R \$36 NR \$43 5 classes

Pilates Mat

Ages 18+

Learn the fundamentals and proper technique of Classic Pilates Mat. By developing proper technique, you can actually retrain your body to move in safer, more efficient patterns of motion, which are invaluable for injury recovery, sport performance, good posture, and optimal health. Mats and props are provided. Please wear socks to class. No Pilates experience is required.

Wed, 5:30 PM, 50m

9/10–10/1 Class #32052

R \$64 NR \$64 4 classes

Fri, 10:00 AM, 50m

9/12–10/3 Class #32053

The Contrology Center Pilates Studio

R \$64 NR \$64 4 classes

SOMA Breath for Health**Ages 18+**

This class is based off of the official SOMA Breath Breathfit course by Niraj Naik, and we will focus on Breath for Health. You will learn simple daily practices to improve your breath health and therefore increase physical well-being while decreasing stress.

Thu, 6:00 PM, 50m
9/18–10/9 Class #32170
Community Center Rm 123
Sarah Falter
R \$58 NR \$69 4 classes

SOMA Breath Energized Meditation *NEW!***Ages 18+**

This class follows a flow of movement, chanting, and breathwork, all to special healing music. People who struggle to meditate in silence may enjoy this form of meditation, as there is much going on—music, breathing, moving, and chanting—and in this way we can quiet our minds by focusing on these things. This is a fun class that offers many physical and mental health benefits.

Tue, 6:00 PM, 50m
10/14–11/4 Class #32225
Germantown Senior Center
Sarah Falter
R \$58 NR \$69 4 classes

Dance Fitness**Ages 18+**

Strengthen your muscles, increase your endurance, and have fun as you dance your way to fitness! No previous dance experience is needed. Even if you have two left feet, you can experience this amazing cardio workout.

Tue, 5:00 PM, 45m
9/9–10/21* Class #32076
11/4–12/16 Class #32077
No class 11/18 & 11/25
Community Center Rm 102 A & B
Carmen
R \$35 NR \$42 7 classes*
R \$25 NR \$30 5 classes

Tai Chi is a traditional Chinese mind/body exercise that increases mobility and improves balance and stability with gentle movements. The slow pace of class and breathwork will help calm and relax the body and refresh the mind. Each class will introduce students to various forms (martial arts movements) and exercises that support many areas of the body including bone density, cardiovascular health, joint mobility, strength and psychological well-being.

Beginning Tai Chi**Ages 18+**

This class is suitable for all levels, especially for anyone who would like to slow down and quiet the mind. Even those with some Tai Chi experience will benefit from going back to some basics.

Tue, 11:30 AM, 1h
9/9–10/21* Class #32072
No class 9/23
11/4–12/16 Class #32073
No class 11/25
Community Center Rm 102 A
R \$54 NR \$65 6 classes*
R \$47 NR \$56 6 classes

**Continuing Tai Chi****Ages 18+**

Instructor recommendation is required for participants to enroll in this level of class. This advanced class is suitable for those ready to move to the next level.

Tue, 10:15 AM, 1h
9/9–10/21 Class #32070
No class 9/23
11/4–12/16 Class #32071
No class 11/25
Community Center Rm 102 A
R \$47 NR \$56 6 classes

Evening Strength and Conditioning**Ages 18+**

Strength and Conditioning will target all areas of the body to increase your strength, mobility, flexibility, and endurance through both static and dynamic exercises. A combination of resistance training and aerobic conditioning will help to improve your overall physical performance and daily movement.

Mon, 5:00 PM, 45m
9/8–10/20 Class #32084
R \$40 NR \$48 7 classes
11/3–12/15 Class #32085
No class 11/24
Community Center Rm 123
Katie
R \$35 NR \$42 6 classes

Strength and Conditioning**Ages 18+**

Strength and Conditioning will target all areas of the body to increase your strength, mobility, flexibility, and endurance through both static and dynamic exercises. A combination of resistance training and aerobic conditioning will help to improve your overall physical performance and daily movement.

Tue, 2:00 PM, 45m
9/9–10/21 Class #32074
11/4–12/16* Class #32075
No class 11/25
Community Center Rm 123
Katie
R \$40 NR \$48 7 classes
R \$35 NR \$42 6 classes*

Barre**Ages 18+**

Barre focuses on high-rep, low-impact movements to help tone and strengthen your body. You will target and engage muscles not normally worked in a general exercise class. We will focus on proper alignment and posture while executing movements to improve strength, balance, stability, and coordination. The technique is inspired by elements of ballet, yoga, and Pilates.

Tue, 1:00 PM, 45m
 9/9–10/21 Class #32086
 R \$40 NR \$48 7 classes
 11/4–12/16 Class #32087
 No class 11/25
 Community Center Rm 123
 Katie
 R \$35 NR \$42 6 classes

Country Line Dancing**Ages 18+**

Learn country line dance from well-known local dancer Jason Suav. This class is a beginner class, but intermediate levels can be accommodated. We will learn basic steps, turns, transitions, and improvisation. Sign up alone or with a partner to meet people, learn a new skill, improve fitness, and have fun.

Thu, 6:45 PM, 45m
 9/18–10/23 Class #32204
 10/30–12/11 Class #32205
 No class 11/27
 Riverside Cafeteria
 Jason Jordan
 R \$56 NR \$67 6 classes

Line Dancing**Ages 18+**

Dance is a healthy aerobic exercise activity and beneficial for your mind and body no matter what age you are. Line dance allows you to dance with a group of people or by yourself.

Tue, 3:30 PM, 1h
 9/9–10/21 Class #32142
 11/4–12/16 Class #32143
 Community Center Rm 102 A & B
 Christine Kao
 R \$38 NR \$45 7 classes

Intro to Ballroom Dance**Ages 18+**

Bring your partner for a date night, have fun, and learn the basics of these two timeless dances. The waltz is characterized by its flowing, romantic feeling and danced to classics. The foxtrot is a smooth dance with continuous movements around the floor and is danced to big band music.

Mon, 6:30 PM, 50m
 9/15–10/6 Class #32226
 Brookfield Ballroom
 Cathy Binko-DeRaimo
 R \$100 NR \$100 4 classes

Zumba Gold**Ages 18+**

Zumba Gold is the low-impact version of the original Zumba. Classes will emphasize the basics and have been modified for the beginning participant.

Mon, 9:30 AM, 45m
 9/8–10/20 Class #32064
 No class 9/22
 R \$30 NR \$36 6 classes
 11/3–12/15 Class #32065
 No class 11/17 & 11/24
 Community Center Rm 102 A
 Carmen
 R \$25 NR \$30 5 classes

Indoor Cycling**Ages 18+**

Perfect for all fitness levels and ages, this class utilizes stationary bikes, upbeat music, and a variety of body movement and cadence strategies to provide an awesome, low-impact exercise experience.

Mon & Wed, 6:30 PM, 1h
 9/8–10/22 Class #32066
 R \$81 NR \$97 14 classes
 11/3–12/17 Class #32067
 No class 11/24 & 11/26
 Community Center Rm 102 A & B
 John
 R \$69 NR \$83 12 classes

Let's Get Moving**Ages 55+**

This low-impact workout is a great way to keep your body limber and feeling good. We will exercise to maintain muscle tone, endurance, flexibility, and balance. This fun and energizing class is a great way to start your day!

Tue, 9:00 AM, 1h
 9/9–10/21 Class #32068
 R \$33 NR \$40 7 classes
 11/4–12/16 Class #32069
 No class 11/25
 R \$29 NR \$35 6 classes
 Community Center Rm 102 A
 Staff
 R \$29 NR \$35 6 classes

Active Agers**Ages 55+**

Class is geared toward exercises for activities of daily life, including balance, flexibility, fall prevention, cardio, endurance, and strength.

Thu, 9:00 AM, 1h
 9/11–10/30* Class #32091
 11/6–12/18 Class #32092
 No class 11/27
 Community Center Rm 102 A
 Patty
 R \$38 NR \$46 8 classes*
 R \$29 NR \$35 6 classes

Cardio Drumming**Ages 55+**

Join this fun, fast-paced workout that incorporates drumming and cardio to the rhythm of music. Cardio Drumming increases heart rate, improves rhythm, strengthens the upper body, and improves motor skills and hand-eye coordination. All supplies are provided, and all levels of exercise ability are welcome, as you can do Cardio Drumming standing or seated.

Thu, 10:15 AM, 30m
 9/4–10/23 Class #32093
 Community Center Rm 102 A
 R \$22 NR \$27 8 classes

PRE-REGISTRATION NOT REQUIRED

Availability on a
First Come–First Served BasisCASH ONLY, EXACT CHANGE
\$3 Residents / \$5 NR per day

OPEN GYM

Volleyball Coed Open Gym

Ages 16+

Coed open gym is a great way to get some exercise, meet new people, and play volleyball! Ages 16–17 can participate in open gym with an adult present. You do not need to be a player in our leagues to participate.

Mon, 7:30 PM, 2h
9/8–12/22
North Middle School Gym

Wed, 7:30 PM, 2h
9/3–12/17
Community Center Gym
Stephanie Bechel

Men's Basketball Open Gym

Ages 18+

Pick-up games will be formed on-site by the gym supervisor, and a maximum of 20 participants will be accepted each evening. This program is drop-in, first come, first served.

Mon, 8:00 PM, 2h
9/8–12/22
Community Center Gym
Brian Campbell

ADULT SPORTS LEAGUES AGES 18+

Go to fallsrec.org for contracts and more information

Adult Volleyball

Women's leagues are offered on Monday, Coed on Tuesday evenings. Traditional and half season options are available.

Returning teams: Contracts due by 8/20

New teams: Contracts accepted starting 8/22



Winter Men's Basketball

Leagues start November 5 or November 6

Available Wednesday or Thursday evenings with competitive and recreational divisions offered both nights.

Returning teams: Contracts due by 9/24

New teams: Contracts accepted starting 9/26



Golf Lessons: Adult

Ages 18+

Classes are intended to teach students how to swing and feel comfortable when playing. We will focus on the full swing, short game, and putting. Training aids, video analysis, and handouts will be used to help speed the learning process. Please bring along a 6, 7, 8, or 9 iron to the first class. Clubs are available for use if needed. Students must purchase golf balls at the range. Held rain or shine, so please dress appropriately.

Mon & Wed, 9:00 AM, 1h
9/8–9/24 Class #32095
Swing Time Germantown
R \$75 NR \$78 6 classes

Dartball

Ages 30+

Both men and women are welcome to enjoy the fun and laughter as we play the game of dartball, a baseball game where bases are scored by throwing darts at a board. No experience needed. Join our league and sharpen your skills while forming new friendships.

Mon, 1:00 PM, 1h30m
9/8–12/15 Class #31994
Community Center Rm 102 B
R \$15 NR \$18 15 classes

Indoor Pickleball

Ages 18+

We are excited to offer 3 courts to play indoor pickleball. This session is for those who already know how to play pickleball. Please bring your own paddle; balls will be provided. Players will change out to two new players when the number of people attending is below 20; anything higher, all four players will change out.

Wed, 3:30 PM, 2h
10/1–12/10 Class #32005
No class 11/26
R \$20 NR \$40 10 classes

Fri, 5:30 PM, 3h
10/3–12/12 Class #32006
No class 11/28
Community Center Gym
R \$30 NR \$50 10 classes





These classes are **FREE**, but
registration is required.

Upcoming Trips with Collette Travel

Ages 21+

This meeting will provide information on two trips: *Discover Hawaiian Adventure*, (April 9–18, 2026), and *Discover the Pacific Northwest & California* (September 13–20, 2026). For more information, pick up a travel brochure at the CE & Rec office.

Mon, 4:30 PM, 1h
9/15 Class #32061
Community Center Rm 120

Travel Show with Premier

Ages 18+

Join us for this informational meeting where we discuss the Holland Riverboat Cruise Trip (April 20–28, 2026). For more information, pick up a travel brochure the CE & Rec office.

Tue, 10:00 AM, 1h
10/14 Class #31998
Community Center Rm 120

Are You Ready for Medicare?

Ages 55+

Will you or a family member be eligible for Medicare this year? If so, please join us as we explain Medicare in easy-to-understand language. Any questions you may have will be addressed. You will leave with solid information about available options and how to qualify for extra help.

Thur, 7:00 PM, 1h30m
10/23 Class #32032
Community Center Rm 123
Jeff Martin

Memory Screening Test

Ages 55+

Early detection is important. A memory screening is a wellness tool that helps identify possible changes in memory and cognition over time. The screening is for those who do not have a diagnosis of dementia at this time. This initial screening will create a baseline so that future changes can be monitored.

Tue, 10/21, 30m
9:00 AM Class #32018
9:30 AM Class #32019
10:00 AM Class #32020
10:30 AM Class #32021
11:00 AM Class #32022
11:30 AM Class #32023
12:00 PM Class #32024
12:30 PM Class #32025
1:00 PM Class #32026
1:30 PM Class #32027
2:00 PM Class #32028
2:30 PM Class #32029
3:00 PM Class #32030
3:30 PM Class #32031
Community Center Rm 120

Retirement & Financial Planning

Ages 18+

Highlighting important topics to consider with your investment and retirement accounts. RMDs, gifting to kids, Roth IRAs, Roth conversions, charitable giving, taxes, capital gains and loss rules/strategies, and much more. Please bring your questions.

Wed, 11/12, 1h
10:00 AM Class #32010
5:00 PM Class #32011
Community Center Rm 106
Matt Yerkes

Individual Technology Help

Ages 40+

Do you need help with your computer, phone, or tablet? High school student volunteers will be on hand to help you better understand your device one-on-one. They are willing to help you with email, social media, pictures, the internet, texting, or any other problems you are having. Please bring your tablet, phone, or laptop with you.

Mon, 45m
9/29, 1:00 PM Class #32127
9/29, 1:45 PM Class #32128
11/24, 3:00 PM Class #32131
12/15, 3:00 PM Class #32132

Fri, 45m
10/31, 1:00 PM Class #32129
10/31, 1:45 PM Class #32130
Community Center Rm 120

Cup of Health: Healthy Bones, Healthy You

Ages 18+

This session will teach you about the importance of good bone health for overall wellness and longevity. Special emphasis is on osteoporosis and steps families can take to reduce their risk and stay healthy.

Tue, 10:00 AM, 1h
10/28 Class #31993
Community Center Rm 120

These classes are **FREE**, but
registration is required.



Social Security Filing Seminar

Ages 18+

Are you planning to file for Social Security in the years to come? Attend this seminar to learn the ins and outs of Social Security, when to file, and how to maximize your Social Security benefits.

Wed, 5:00 PM, 1h
9/10 Class #32009
Community Center Rm 106
Matt Yerkes

Investment Education 101

Ages 18+

We will discuss keys to building a diversified portfolio. How do you choose between all the various investment options that exist today, and what's the difference between mutual funds, index funds, stocks, and bonds, and which strategies should you be using. Please bring your questions.

Wed, 10/15, 1h
10:00 AM Class #32012
5:00 PM Class #32013
Community Center Rm 120
Matt Yerkes

Safeguarding your Personal Information & Finances **NEW!**

Ages 18+

In today's digital age, protecting your personal and financial information from fraud is more important than ever—especially for seniors, who are often targeted by increasingly sophisticated scams. This seminar is designed to empower older adults with the knowledge and tools they need to recognize, prevent, and respond to fraud.

Tue, 10:00 AM, 1h
9/9 Class #32046
Community Center Rm 120
Horicon Bank Security Officer

The Well Woman

Ages 18+

This talk will discuss healthy eating, good posture, and body mechanics and will cover the woman from postpartum to menopause.

Tue, 5:30 PM, 1h
9/9 Class #32134
Germantown Library
Dr. Brenda Holland

Seven Steps to Family Wellness

Ages 18+

This discussion will cover stress and time management strategies and how to eat healthy on the run, and why it is important to move your body.

Tue, 5:30 PM, 1h
9/30 Class #32135
Germantown Library
Dr. Brenda Holland

Mobility Matters **NEW!**

Ages 18+

This presentation will educate older adults and adults with disabilities about safe, affordable transportation options available in Waukesha and Milwaukee Counties. This information empowers participants to maintain independence and stay connected to their community.

Tue, 9/23, 1h
10:00 AM Class #32036
5:30 PM Class #32037
Community Center Rm 120
ERAS Senior Network

LIVE VIRTUAL ZOOM

Home Selling

Ages 18+

Sell your home fast and with the best results. Topics include how deferred maintenance affects the marketing, how to negotiate defects determined by the home inspector, what questions need to be answered prior to listing a property, whether an attorney is needed, what the role of the title company is, and whether you should offer a home warranty to the buyer.

Mon, 6:30 PM, 1h30m
10/13 Class #32235
Kathleen Golembiewski

Home Buying

Ages 18+

In the market for a new home? Learn the difference between a traditional real estate agent and a buyer's agent for representation, and how important it is to have a market analysis prior to writing an offer. Learn about mortgage pre-approval, inspection, gap insurance, escalator clauses, and how to write the offer in your best interest.

Tue, 6:30 PM, 1h30m
10/14 Class #32236
Kathleen Golembiewski



SENIOR OPPORTUNITIES

Senior ^{Ages 50+} ENRICHMENT Fair 2025

ONLY
\$10.00
includes lunch
registered by
October 10

Friday, Oct. 17

8:30–1:00 pm

Informative Classes

Vendors, Door Prizes



Join us for informative classes, vendors, door prizes and lunch!
Register by October 10.

Class #32383 Community Center | R \$10 NR \$10
Bring your insurance card if you'd like to receive a flu shot at the fair.

8:30–9:00
9:00–10:30
10:30–11:15
11:30–12:15
12:15–1:00

Registration & Light Breakfast
Vendors
Session 1 Class
Session 2 Class
Lunch with Door Prizes

**Flu Shots
Available!**



Session 1 Options:

- A. Five Keys to Maximizing your Financial Legacy
- B. Crafting Delicious Mocktails

Session 2 Options:

- A. Stroke & Heart Attack: What You Should Know
- B. What's New in the Falls: Senior Center & Restaurant Buzz

★ Due to limited parking, shuttles will bring participants from the Trenary Field Parking Lot to the front door. Those that park at Trenary field and ride the shuttle will receive a coupon for a free sandwich at Chick-fil-A!



Senior Leaf Raking

The 2025 Optimist Club leaf raking service for Seniors will run November 8–23. Due to the availability of volunteers, weather, and timing of when leaves drop, we cannot guarantee an exact date of when yards will be raked. The volunteer youth groups will coordinate raking their assigned residences during this time period. Donations are matched by the Optimist Club and given directly back to the youth groups raking.

**Sign up by calling the CE & Rec Office at
(262) 255-8460 by Friday, October 24.**





Senior Center Mission Statement

To champion for the dignity and respect of every senior by fostering connections and creating a vibrant community where independence, well-being, and healthy aging are celebrated. We are dedicated to promoting a fulfilling and enriching life through diverse health, wellness, educational, cultural, and recreational programs and services in every stage of life.



Nutrition Site: Lunch Program Monday-Friday, served at Noon at the Community Center

Adults 60+ are welcome to enjoy a delicious lunch at the nutrition site. Registration for the meal is required by 11:30 AM one business day in advance. You can make reservations in person or by phone at (262) 251-3406 between 9:00 AM and 11:30 AM. The suggested contribution is \$5.00 per meal; no eligible individual will be denied a meal due to inability to contribute.

A menu is available at the nutrition site or online at fallsrec.org. The nutrition site is sponsored by the Aging & Disability Resource Center of Waukesha County.

Menomonee Falls Senior Center

Open Monday-Friday 8:00 AM-4:30 PM (EXCEPT WHEN NOTED BELOW)

The Senior Center will be closed 9/1, 10/17, 11/27-28, 12/24-31, 1/1

- Our programs are open to all residents and non-residents. Membership not required.
- Programs consist of a variety of services and activities in such areas as education, creative arts, recreation, health and nutrition, leisure, and entertainment.
- The center includes puzzles, a lending library, and magazines.
- The Community Center's facilities and parking lot are handicap accessible.



Menomonee Falls Senior Bus Service Ages 60+ & adults with developmental disabilities

Available Monday-Friday, 9:00 AM-2:00 PM

- \$2 per stop for local trips. Rides are available for medical appointments, shopping, County Meal site, recreation activities, etc. starting at 10:00 AM.
- For more information or to make a reservation, please call Johnson Bus Co. at (262) 251-4230, Monday-Friday. Ride requests must be made at least one day in advance.
- Bus takes passengers to Woodmans the 2nd Wednesday of every month.

Eirenicon Club

Ages 55+

Eirenicon Club meetings include entertainment or guest speakers, refreshments, cards, bingo and socializing. A Christmas party, anniversary party and an annual picnic are open to members only.

Annual dues are \$20 (cash or check) and include a bi-monthly newsletter.



For more information, please contact Marilyn Fenske at (262) 251-2732.

**1st & 3rd Wednesday of the Month
1:00 PM Community Center Rm 102 A**

Class #30754



COMMUNITY SENIOR CENTER

Hand Crafts

Warm Up America

Ages 55+

Our Warm Up America group assembles crocheted & knitted squares into afghans for charity. The afghans are then donated to local organizations. Come join our friendly group and help assemble afghans for a good cause.

Tue, 9:30 AM, 1h30m
Community Center Rm 106

Happy Hookers / Sit & Knit

Ages 40+

If you would like to knit for charity, have any unfinished knitting or crochet projects, but have lost your motivation to complete them, or would like to start a new project, this drop-in group is for you.

Happy Hookers:

9/10, 10/8, 11/12, 12/10

Sit & Knit:

9/24, 10/22, 11/26, 12/10

Wed, 12:00 PM, 3h30m
Community Center Rm 106

FREE, but registration is required.

Book Club

Books Are Us

Ages 18+

Join our special group of book lovers for a lively and thought-provoking discussion. Everyone gets to give their thoughts and point of view. For the current book selection or additional information, call Mary Jo at (262) 251-8917.

Wed, 1:00 PM, 1h30m

The Classics:

9/10, 10/8, 11/12

Book Lovers:

9/24, 10/22, 11/26

Community Center Rm 123

FREE, but registration is required.

Yarn Donations Welcomed!

Donated yarn will be used to create items for families in need. If you have extra yarn you'd like to donate, please drop it off at the Community Center.



Health Services

Toe Nail Trimmers

All Ages

We have registered nurses who are specially trained to trim nails. No soaking of feet is needed. Registration is required by calling (262) 719-0336.

2nd & 4th Wed 9:00 AM–4:00 PM
Community Center Rm 102 A
\$35 each visit, make check payable to Toe Nail Trimmers

Blood Pressure Check

Ages 55+

Continuous high blood pressure is a serious condition. Blood pressure can be controlled in most cases, but should be monitored regularly. Come in and have your blood pressure checked for free by a registered nurse every month.

Wed, 11:00 AM–Noon
8/27, 9/24, 10/22, 11/26, 12/10

Community Center Rm 139
FREE, but registration is required.



Veterans Salute

Wednesday, November 5

1:00 PM–2:00 PM

Community Center Gym

The School District of Menomonee Falls would like to thank and honor our Veterans who have served or are serving the United States. The program will include an Honor Guard, National Anthem, and musical entertainment provided by Riverside School. Please join us!



Drop-In Program Registration Procedures

First time visitors must complete a registration form indicating the programs you will be participating in. Your name will be added to a roster, and you will need to "check in" by placing a check mark after your name each time you come to the Community Senior Center for a program.



Thursday BINGO

Ages 55+

You could win big! Each player receives two cards for a \$2.00 cash entry fee. We will play 10 games.

1:15–2:30 PM

1st & 3rd Thu
9/4, 9/18, 10/2, 10/16, 11/6,
11/20, 12/4, 12/18

Community Center Rm 102

Crafts with The Arboretum: Fall Leaf Wreath

Ages 55+

Have fun while creating a fun craft.
All supplies will be provided.

Fri, 10:00 AM, 1h30m

Fall Leaf Wreath

9/12 Class #32062

Holiday Coaster

11/14 Class #32063

Community Center Rm 102 A

FREE, but registration is required.

Crafts with Grace Commons

Ages 55+

Have fun while creating a holiday-themed craft. All supplies will be provided.

Fri, 10:00 AM, 1h30m

Fall Theme

10/10 Class #32007

Christmas Theme

12/12 Class #32008

Community Center Rm 102 A

FREE, but registration is required.



Check your email and voice mail inbox for messages from the CE&Rec Dept. in the event of program changes. Thank you!

Game Time

No program offered on days the Community Senior Center is closed

BINGO BLAST!

Ages 55+

Join us for an extra day of bingo and prizes. No money needed. Non-cash prizes awarded.

Wed, 10/29, 1:15–2:30 PM

Sponsored by Grace Commons

Community Center Rm 102

FREE, no registration required.

Monday	Tuesday	Wednesday	Thursday	Friday
Chess Club* 9:30–11:30 Rm 123	Bridge 1:00–3:30 Rm 106	Bunko!* 9:30–11:30 Rm 106	Scrabble* 1:00–3:00 Rm 102 B	Cribbage* 10:00–12:00 Rm 120
Sheepshead 12:00–3:00 Rm 106	Mexican Train Dominos* 1:00–3:30 Rm 102 A	\$1.00 for kitty 9/24, 10/22, 11/12, 12/10		Sheepshead 12:00–3:00 Rm 106
American Mah Jongg 12:00–3:30 Rm 123				Bridge 1:00–3:30 Rm 102 A
Hand and Foot*/Samba 12:30–3:00 Rm 102 A				

* Beginners welcome to these games



COMMUNITY INFORMATION

Wisconsin Home Energy Assistance Program

Ages 18+

Do you live in Waukesha County and need home energy assistance? This is an income-based benefit. Qualifying applicants will receive a credit toward your energy bill. Applicants must provide: proof of income, Social Security numbers for all in the home, photo ID, a current heating and electric bill, and verification of the previous three months income. If heat is included in your rent, you must bring a rent statement or letter from your landlord confirming that heat is included with rent. Please call 1-800-506-5596 for additional questions, eligibility income levels, and to schedule an interview over the phone.

Stock Box Distribution

Ages 60+ |

- **Third Monday of each Month**
- **Pick Up in Trenary Field parking lot**

Distributed by the Hunger Task Force, the box contains 35 pounds of food from the U.S. government. To qualify, your income must be \$1,957 or less per month for a single person, or \$2,644 for a household of two. New sign-ups are accepted on distribution dates. Please bring proof of residency and a photo ID that includes your date of birth. **Contact the CE & Rec office at (262) 255-8460 for dates and pick up location. Location will change temporarily during construction.**

School District of Menomonee Falls Annual Notice of Special Education Referral and Evaluation



Upon request, the School District of Menomonee Falls is required to evaluate a child for eligibility for special education services. A request for evaluation is known as a referral. When the district receives a referral, the district will appoint an Individualized Education Program (IEP) team to determine if the child has a disability, and if the child needs special education services. The district locates, identifies, and evaluates all children with disabilities who are enrolled by their parents in private (including religious) schools, elementary schools and secondary schools located in the school district.

A physician, nurse, psychologist, social worker, or administrator of a social agency who reasonably believes a child brought to him or her for services is a child with a disability has a legal duty to refer the child, including a homeless child, to the school district in which the child resides. Before referring the child, the person making the referral must inform the child's parent that the referral will be made.

Others, including parents, who reasonably believe a child is a child with a disability may also refer the child, including a homeless child, to the school district in which the child resides.

Referrals must be in writing and include the reason why the person believes the child is a child with a disability. A referral may be made by contacting Alec Just, Director of Special Education, School District of Menomonee Falls, at 262-946-2220.

Alec Just
Director of Special Education
School District of Menomonee Falls
justale@sdmfschools.org
262-946-2220

How to Reserve a Park

Village Park Rental

Falls Fest Plaza, The Garden, Amphitheater
(414) 708-1000

Menomonee Falls Park Department

for all other Village Park Rentals
(262) 532-4200

Menomonee Park (on Town Line Rd)
Waukesha County Park System
(262) 548-7801

Important Village Contacts

Menomonee Falls Village Hall
menomonee-falls.org (262) 532-4200

Menomonee Falls Police Non-Emergency
menomonee-falls.org/64/Police (262) 532-8700

Menomonee Falls Public Library
menomoneefallslibrary.org (262) 532-8900

School District of Menomonee Falls
fallsschools.org (262) 255-8440

Menomonee Falls Downtown
menomoneefallsdowntown.com (262) 251-8797



Affiliates

The Menomonee Falls School District does not directly plan or administer the following programs. Please contact the respective program providers for further information and how to get involved!

Accompany of Kids

(262) 251-5225 | aokwi.org

This MF based premier performing arts group trains youth ages 4–20 in vocal, dance and performance techniques. Members are showcased in various venues throughout SE Wisconsin.

Menomonee Falls Angels

FallsAngels.com

This competitive, girls fast-pitch organization emphasizes softball fundamentals in order to develop skills, build character and create leaders.

MF Jr. Phoenix Baseball

www.mfjpbbaseball.com

A select youth baseball program for boys, ages 9–14, who reside in the MF School District. Teams play in the Wisconsin State Youth Baseball League.

MF Camera Club (Adults 18+)

(262) 893-3500 | falls-photo.org

Programs by professional photographers, field trips, photo competitions and workshops. Please get in touch with us for any questions about our club or to join our Zoom meetings.

Menomonee Falls Childrens Choir

mfchildrenschoir.org

Open to boys and girls in grades K–8, the choir enriches the lives of elementary through middle school aged children by laying the foundation of musicianship skills through quality singing experiences. Performances in December and April each year.

MF Dolphinettes

(262) 389-0480 | Facebook

The Olympic Sport of Artistic Swimming open to girls ages 5–18, will teach swim routines to music. Recreation and competitive programs available. Contact Linda Loehndorf.

MF Jr. Phoenix Cheer

mfjrphoenix.com

The Jr. Phoenix Cheer program provides an opportunity for students in grades 5–8 to learn the basic principles of cheer and tumbling to prepare for cheer at MFHS.

MF Jr. Phoenix Football

mfjrphoenix.com

Full contact football with teams in 5th–8th grade divisions, open to all students enrolled in the MF School District. Learn the basic offensive and defensive plays of the MF High School.

MF Jr. Wrestling

adm.mfwc@gmail.com

Open to youth K–8 with the goals of teaching the fundamentals of wrestling, providing competition and teaching good sportsmanship. Season runs December thru March with registration in late October.

MF Little League Baseball/Softball

fallslittleleague.org

secretary@fallslittleleague.org

A developmental softball and baseball league open to MF resident children ages 4–18. Registration takes place in January, with the season running through the end of June and an in-house tournament in July.

MF Youth Basketball Association

mfyba.com

mfybabasketball@gmail.com

Dedicated to fun and learning through recreational basketball for boys & girls in grades 3–8. Phoenix Basketball is a more competitive select league for 5th–8th grade students that requires tryouts.

Falls Patio Players

Box Office (262) 255-8372

Email fallspatioplayers@gmail.com

fallspatioplayers.com

This community theatre group will entertain you with quality productions of plays and musicals. For information regarding upcoming shows, or to order tickets online, check out our website.

Rocket Aquatics

gomotionapp.com/team/wimfsc/page/home

Rocket Aquatics is a year round competitive swimming team instructed by experienced and certified coaches, offering stroke technique, training and competition to young people ages 5+.

Milwaukee Sport Club Soccer

derek.hathaway@milwaukeeclub.com

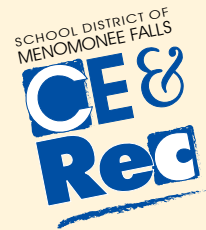
Open to boys and girls aged 6–16, the club offers a great opportunity for kids to compete in multiple levels of team soccer.

NOW HIRING!

The CE & Rec Dept. is looking for energetic team members to fill a number of positions including:

- ▶ **Preschool Assistant**
- ▶ **Kids INC Leader**
- ▶ **4K Wrap Around Assistant**
- ▶ **Lifeguard**
- ▶ **Swim Instructor**
- ▶ **Youth Sports Staff**
- ▶ **Basketball Scorekeeper**

Hours, responsibilities, and pay vary depending on the position.
Go to fallsrec.org > Employment for more information.



NATIONAL RECREATION
AND PARK ASSOCIATION



REGISTRATION FORM

Online registration is available at fallsrec.org

HEAD OF HOUSEHOLD

Last / First Name

Birthdate (Month/Date/Year)

Gender (M or F)

Address

City

Zip

Home Phone ()

Work Phone ()

Email address

Cell Phone ()

Cell Phone Carrier*

Must be included to receive a receipt

Which school district boundary do you live in?

☐ Menomonee Falls

☐ Hamilton (Sussex)

☐ Other

EMERGENCY CONTACT

Your emergency contact should NOT be a contact within the same household, but rather an alternate contact in the local area. The emergency contact is only contacted if we cannot reach the primary household contact (e.g. parent/guardian) already on file.

Name

Relationship

Home Phone

Other Phone

PARTICIPANT INFORMATION

Participant First & Last Name	M/F	Birthdate	Attend SDMF Schools	T-Shirt Size (mandatory)	Activity Name	Class #	Date, Day & Time of Class	Fee
			[] Yes [] No	Youth: S M L Adult: S M L XL				
			[] Yes [] No	Youth: S M L Adult: S M L XL				
			[] Yes [] No	Youth: S M L Adult: S M L XL				
			[] Yes [] No	Youth: S M L Adult: S M L XL				

ADULT SIGNATURE REQUIRED! In consideration for the School District of Menomonee Falls allowing me and/or my child to participate in the activity, I, on behalf of myself and my child, expressly release, waive, discharge and covenant not to sue the District, its officers, agents, employees, representatives, and/or volunteers (collectively "the District") from any and all claims and for all loss, injury, illness or damage to me and/or my child arising out of my and/or my child's participation in the activity, whether caused by the negligence of someone acting on behalf of the District or the negligence of someone else. The foregoing waiver and release shall not absolve the District from liability or injury or damage caused by the District's intentional, willful or malicious conduct. I recognize and acknowledge that there are inherent risks of serious injury and/or illness to participants in the activity, I, on behalf of myself and my child, acknowledge that I and/or my child are voluntarily participating in the activity with knowledge of the danger involved. Recognizing the risks, I, on behalf of myself and my child, hereby agree to accept and assume any and all risks of injury and/or damage. I, on behalf of myself and my child, agree to take all precautions and measures reasonably necessary to prevent the transmission and spread of any communicable disease while using District facilities and engaging in the activity, including adherence to any and all orders and guidelines issued by local, state and federal authorities, including those issued by the National Centers for Disease Control and Prevention, state and local health department, and any policies of the District, related to the prevention of the transmission and spread of communicable diseases, including COVID-19. I further agree to notify an instructor of any medical conditions and/or other needs which may limit my and/or my child's participation in the activity and/or pose a health or safety risk for me, my child, and/or others in connection with participating in the activity. Should an emergency arise while participating in the activity, I give my permission to have a District representative take proper measures in the care of me and/or my child, including but not limited to transportation to an area emergency facility, or nearest hospital, if felt necessary by that representative. I also agree that I and/or my child will follow the rules and regulations set by the School District of Menomonee Falls and above named parties. I understand that photos may be taken of myself or my child and used for promotional purposes, and I, on behalf of myself and my child, hereby agree the School District of Menomonee Falls shall not incur any liability for payment to any person or organization as a result of the stated use of the aforesaid photographs.

ADULT SIGNATURE

Adult Signature

Date

Make checks payable to: MF CE & Rec, mail to W152 N8645 Margaret Rd., Menomonee Falls, WI 53051 or fax to (262) 255-8411

Cardholder Name: Exp. VCode Cardholder Signature Number:

PAYMENT



Engage | Learn | Improve



How Do I Cancel a Registration?

Please contact the CE & Rec office at (262) 255-8460 prior to the first class. Visit fallsrec.org for additional information regarding refunds and credits.

Returned Check Policy

A \$30 service charge is assessed on all checks returned due to insufficient funds.

Residents/Nonresidents

Residents: A resident is defined as a taxpayer or a dependent of a taxpayer that resides in the Village of Menomonee Falls (this includes renters). Children who do not live in Menomonee Falls but attend a public school within the School District of Menomonee Falls are considered residents, but their parents are considered nonresidents. **Nonresidents:** A nonresident is defined as a person who does not live within the Village of Menomonee Falls. Nonresidents who register using false information will forfeit their right to participate and no refund will be given.

Age Minimum

Participants registered for any class must meet the minimum age requirement prior to or on the first day the class begins. Please do not request to have your child put in a class where they do not belong. The ages are set to ensure the safety and benefit of the participants as well as the program leaders.

Swim Lesson Transfer/ Cancellation Policy

Check with your child's instructor, or wait until your child has completed their current swim level before registering for the next session of swim. A \$10 fee will be charged for any transfers or cancellations.

Fee Policy

Program fees are assessed in order to defray the cost of program operation.

- A 5% sales tax is included in the fee on all non-instructional programs.
- Program fees are not prorated.

SCHOOL DISTRICT OF MENOMONEE FALLS



Enhancing the quality of life by providing recreational, educational, and social opportunities in partnership with schools, organizations, and the community.

Our Program Satisfaction Guarantee

The CE & Rec team is constantly striving to provide you with high quality recreation activities, events and programs. We are confident that you will like these programs. If you or your child are participating in a program, and you are not completely satisfied, please notify us. We will send you a refund application to complete. Once we have received your completed application, we will then arrange for you to do one of the following:

- Repeat the class at no charge
- Credit your account to be used on a future registration
- Receive a refund

You or your child must have participated in at least part of the program. A completed application must be received by the CE & Rec Office within 10 days after the program has been completed. Exclusions to this policy include Adult and Youth Athletic Leagues, Club Sports, Red Cross Safety Classes, Trips, Preschool, 4K Wrap Around, and Kids INC.



Waiting List

Any participant who desires to enroll in a class that is full may place their name on the waiting list. There are no guarantees for placement.

Cancellations

When the School District cancels due to weather conditions, all CE & Rec activities will also be canceled. Cancellations due to inclement weather will be announced on our Facebook page and our Program Information Line at (262) 255-8376. Participants will be notified by email or by phone of any cancellations caused by instructor or facility conflicts. If classes cannot be rescheduled due to inclement weather, refunds may not be given. Visit fallsrec.org for additional information related to cancellations made by CE & Rec.

Senior Discount

The fees for programs listed in the 55+ section reflect a small discount.

Medical Conditions

If there is any medical condition or other information you are aware of that could affect someone's participation in a recreation program or activity, please contact the Department to discuss this matter, and notify your instructor on the first day of class.

Insurance Policy

The CE & Rec Dept. does not provide accident insurance for participants in any of its programs. All participants assume some inherent risk of injury from their involvement in the programs or activities outlined in this brochure.

No Smoking/ No Alcohol Use Policy

The use of all tobacco products or drinking of alcoholic beverages on premises owned by the School District of Menomonee Falls is forbidden by State Law. Your cooperation in upholding this law is mandatory.



W152 N8645 Margaret Road
Menomonee Falls, WI 53051

Non-Profit Org.
U.S. Postage
PAID
Menomonee Falls, WI
Permit #31

ECRWSS
RESIDENTIAL CUSTOMER

YOUTH

- Pickleball Smash Squad
- Pickleball Rebel Squad
- Girls Flag Football
- Bucks Mini Academy
- Discover the World of Spanish (RS & VV)

ADULTS

- Acrylic & Oil Painting
- Mobility Matters
- Safeguarding your Personal Information & Protecting Your Finances
- SOMA Breath Energized Meditation
- Peek a Boo Votives & Bottoms Up Cups
- Story Starts Here
- Trip: Goofy Goats & Gleaming Lights
- Trip: Fireside Oklahoma
- Trip: Wreath Wonderland
- Trip: It's a Wonderful Life
- Intro to Ice Skating for Adults
- Magic World Nightlight
- Unlock Your Block with Tarot

NEW!

**ONLINE
REGISTRATION OPENS**

**SUNDAY, AUGUST 10
AT 9:00 PM**



fallsrec.org

