6th Grade Only **Intramural Cross Country**

19 Sessions - 4:00-5:00PM meet in the hallway outside of CMS Gyms

9/22, 9/23, 9/24, 9/25, 9/26 9/29, 9/30, 10/1, 10/2, 10/3, 10/6, 10/7, 10/8, 10/9, 10/10, 10/11* 10/13, 10/14, 10/15, 10/16, 10/17*

- 10/11 and 10/17 are optional meet days in Grand Forks and Bismarck.
- Transportation is <u>not</u> provided.
- A Sports Physical is not required for this activity.
- \$20 Participation Fee (My School Bucks or Cash/Check in CMS Office)
- Online Registration is required. (CMS Activity Registration)

Interested in more chances to run?!

Check out our XC Camp for 4th - 6th graders!

