

# Empower Your Health!

## Introducing the 2025/2026 Wellness Program



We're thrilled to continue our partnership with beBetter Health for the 2025-2026 wellness program!

This year's program is designed to inspire, motivate, and spark positive change. Along with supporting your health and well-being, it also offers the chance to earn a cash reward — and it only takes four simple steps to get started!

### STEP 1: Log In/Create Your Wellness Account

- Log on to [www.bebetterhealth.net](http://www.bebetterhealth.net)
- For new users – click the “account setup” link on the main page.
- Fill in the requested information.
- For Organization ID, use **2464**.
- For Member ID, use your 7-digit employee ID.
  - i.e. 1234567
  - Insured spouses should enter their spouses ID number plus an “S” – 1234567S
- Select a username and password.

Current users are able to enter their username and password from previous years. For new users, contact Layla Estlund in Employee Benefits at [estlundl@davenportschools.org](mailto:estlundl@davenportschools.org) to have your account activated. Once activated, select “Account Setup”.

### STEP 2: Complete Your Health Screening

**Please note – New Policy this year!** We're transitioning to an ON/OFF year model: everyone completes a Health Screening in the **ON year**, followed by a year with no screenings (**OFF year**). 2025/2026 is an ON year, so regardless of whether you screened in the 2024/25 wellness year, **YOU WILL screen during the 2025/26 ON year**. *\*Health Screening must be completed and submitted by March 31, 2026, no exceptions.*

### STEP 3: Complete Your Health Survey (complete by 1/1/2026 for 25 bonus points!)

**Required Activity to earn reward.** Start by completing your Health Screening, then log in to your wellness portal to take your Health Survey. Just click the “Take Health Survey” link in the upper left-hand corner and follow the prompts—it only takes about 10 minutes. Once finished, you can view your personalized results. Curious about your wellness score this year? The Health Survey is now open and ready for you to complete! *Health Survey must be completed by April 30, 2026.*



# 2025-2026

Wellness Year: 7/1/25 – 4/30/26





#### STEP 4: Earn Additional Wellness Points

Our comprehensive wellness program takes a year-round approach to supporting your well-being—because wellness should be part of your everyday routine! Use your online wellness portal to stay engaged and turn your activities into interactive experiences. To qualify for a cash payout, you'll need to earn at least 1,100 wellness points. Below are just a few activities you can complete through the portal.

*\*All points must be earned by April 30, 2026.*

##### Achieve Wellness Goals

Our system will set quarterly wellness goals based on your health survey results. Track, meet and reach your goals and earn points! Don't forget that you can connect an activity tracker.

##### Health Coaching

Our health coaches can help you achieve your wellness goals, like getting more active, eating better, or quitting smoking. Your coach will provide support and help you overcome any barriers you may have to getting healthier. Be sure to complete your health survey one week prior to calling a coach. Call **866-748-0956** today!

##### Participate in Wellness Challenges

Participate in our interactive wellness programs, challenges, or webinars. We have something for everyone!

##### Wellness Webinars

Each month watch the latest wellness webinar. Learn new information about trending wellness topics and improve your own wellbeing.

##### Log Preventative Exams

Create a relationship with your PCP and log your preventative exams, dental check-ups and vision exams.

We care about your health. If you are physically unable to participate in an activity-based program, we will work with you and your doctor to find an alternative program that is right for you. Contact [Layla Estlund](#) in your Human Resources Department for more information.

For assistance with login, please call 866-748-0957 or email [supportbbh@ebix.com](mailto:supportbbh@ebix.com).

### 2025-2026 Wellness Award Levels

- ❖ **Bronze Level:** 1,100 Points
- ❖ **Silver Level:** 1,300 Points
- ❖ **Gold Level:** 1,600 Points
- ❖ **Platinum Level:** 1,750 Points

All eligible employees can earn up to \$500 in monetary rewards (paid and taxed in June 2026). Remember, the **Health Survey** is **required** to earn any reward level.

**Wishing you the best  
of health for this  
upcoming program year!**