



NEWMAN CATHOLIC SCHOOLS
2025-2026 FOOD SERVICE
ALA CARTE & Lunch Optional OPT OUT FORM

All NCS students are assigned a Food Service PIN number, allowing them to purchase lunch and a la carte items (middle and high school students only) in our cafeterias. **If you do not want your child to have the ability** to purchase lunch or ala carte items in our cafeterias, please complete and return this form to the NCS central office.

For parents of middle and high school students: Middle and high school students have the ability to purchase a la carte items during lunch time. A la carte items include cookies, chips, muffins, juices, seconds on main entrée, etc. A la carte pricing also applies to lunches that do not qualify for the FREE (\$3.35) unit lunch price. All of our lunches include five components: meat/meat alternative, bread/grains, fruit, vegetable, and milk. Per USDA regulations, in order to qualify for the FREE (\$3.35) unit lunch price, students must select a fruit or vegetable and at least two other components. **If your child selects a lunch in the cafeteria that does not meet this requirement, the selected items are considered a la carte items and your child will be charged individually for each item.**

If you do not want your child to have the ability to purchase a la carte items, please complete and return this form to your child's school or the NCS central office. This would prevent your child from purchasing cookies, chips, seconds on the main entrée, etc. It would also prevent your child from selecting a lunch that does not meet the FREE (\$3.35) unit price requirements as described above.

Parent/Guardian Name: _____

Phone: _____

Email(s): _____

_____ **Lunch Opt Out: I do not want my student(s) to participate in the NCS Food Service Meal Program. Please Note:** By checking this option, I understand that my child's lunch PIN number will be inactivated and **will not** be able to purchase or receive a school lunch.

_____ **A la Carte Opt Out (Middle & High School Students Only): I do not want my student(s) to have the ability to purchase a la carte items during lunch time.**

STUDENT (S) NAME

SCHOOL

Parent/Guardian Signature: _____ Date: _____

Note: Either of these opt out options can be updated at any point during the school year by contacting the Food Service Coordinator at 715-845-5735.

Please return this form to: Your student's school or NCS Food Service, 1130 W Bridge St, Wausau, WI 54401