STUDENT BREAKFAST MENU

GRAB & GO

OVERNIGHT PROTEIN OATS \$8.00

greek yogurt, fresh fruit, vital protein collagen

SEASONAL FRUIT CUP \$7.00

HARD BOILED EGGS \$5.50

RAW PROTEIN BITES \$7.00

dates, walnuts, almonds, vital protein collagen, coco powder, maple syrup, almond butter, vanilla, sea salt, shredded coconut

MEZZE BOX \$7.00

cucumbers, celery, carrots, pita, hummus & labneh

EAGLE PROTEIN PACK \$9.00

hobb's turkey, cheese, fresh fruit, pita

MADE TO ORDER

STRAWBERRY GLOW SMOOTHIE \$12.00

strawberries, banana, avocado, dates, vital protein collagen, sea moss, hyaluronic acid, maple syrup, strawberry glaze, almond milk, organic coconut crème

CREATINE BERRY PROTEIN SMOOTHIE \$12.00

banana, raspberries, almond butter, chocolate protein powder, cymbiotika creatine, maple syrup, dates, cacao powder, toffee stevia, vanilla extract, almond milk

EAGLE SCRAMBLE \$9.00

eggs, ricotta, country sourdough

AVOCADO TOAST \$10.00

chopped avocado, cream cheese, chili flakes, lemon zest, cilantro, chili oil, smoked sea salt

BREAKFAST OUESADILLA \$11.00

eggs, crispy bacon, smashed avocado, pepper jack cheese, pico de gallo

SM BURRITO \$11.00

eggs, bacon, tillamook cheddar, crispy potatoes, chipotle aioli

EAGLE BAGEL \$12.00

everything bagel, fried egg, bacon, tillamook cheddar, chipotle aioli

BAGEL WITH CREAM CHEESE & BUTTER \$5.00

*ask for our bagel options



STUDENT LUNCH MENU

COLD ITEMS

BUFFALO CHICKEN SALAD \$9.75

iceberg lettuce, crunchy or grilled chicken, tomatoes, cucumber, shredded cheese, bacon, avocado, ranch & buffalo sauce

CHICKEN CAESAR SALAD OR WRAP \$9.75

romaine, grilled chicken, parmesan cheese, croutons, caesar dressing

TURKEY SANDWICH \$9.75

turkey, tomato, lettuce, mayo, sourdough or squaw bread, miss vickies chips

ACAI BOWL \$9.75

acai, mixed berries, bananas, granola, honey

HOT ITEMS

STEAK QUESADILLA \$10.00

steak, cheese, carmelized onions, guacamole, pico de gallo

CHEESE QUESADILLA \$5.00

AL PASTOR BURRITO \$9.50

seasoned pork, cheese, rice, beans, pico de gallo, green salsa

BRC BURRITO \$6.00

beans, rice, cheese

EAGLE BOWL \$9.75/\$11.00

chicken or steak, rice, beans, cheese, onions, cilantro, pico de gallo

CHICKEN FETTUCCINE ALFREDO \$9.75

grilled chicken, fettuccine, parmesan cheese, alfredo sauce

SPAGHETTI & MEATBALLS \$10.00



STUDENT LUNCH MENU

HOT ITEMS

SM BURGER & FRIES \$11.00

1/4 lb all beef patty, cheese, lettuce, tomato, thousand island dressing

CHICKEN TENDERS & FRIES \$9.75

TERIYAKI CHICKEN BOWL \$9.75

grilled teriyaki chicken, rice, veggies, teriyaki sauce

LOADED FRIES \$8.00

fries, cheese sauce, pico de gallo, sour cream

CHILI CHEESE NACHOS \$9.00

beef chili, cheese, sour cream, house made corn tortilla chips

SIDES

curly fries \$6.00 pickle fries \$8.00



ELITE PERFORMANCE MENU

1:00PM-3:00PM

GRAB & GO

OVERNIGHT PROTEIN OATS \$8.00

greek yogurt, fresh fruit, vital protein collagen

SEASONAL FRUIT CUP \$7.00

HARD BOILED EGGS \$5.50

PROTEIN RAW BALLS \$7.00

dates, walnuts, almonds, vital protein collagen, coco powder, maple syrup, almond butter, vanilla, sea salt, shredded coconut

MEZZE BOX \$7.00

cucumbers, celery, carrots, pita, hummus & labneh

EAGLE PROTEIN PACK \$9.00

hobb's turkey, cheese, fresh fruit, pita

OVERNIGHT PROTEIN OATS \$8.00

greek yogurt, fresh fruit, vital protein collagen

STRAWBERRY GLOW SMOOTHIE \$12.00

strawberries, banana, avocado, dates, vital protein collagen, sea moss, hyaluronic acid, maple syrup, strawberry glaze, almond milk, organic coconut crème

CREATINE BERRY PROTEIN SMOOTHIE \$12.00

banana, raspberries, almond butter, chocolate protein powder, cymbiotika creatine, maple syrup, dates, cacao powder, toffee stevia, vanilla extract, almond milk

TURKEY AVOCADO WRAP \$9.50

whole wheat tortilla, hobb's turkey, avocado, lettuce, chipotle aioli

BUDDHA BOWL \$10.00

grilled chicken, brown rice, mixed vegetables, avocado, hummus, sriracha aioli

SM TACO BOWL \$10.00

grilled chicken, steak, or el pastor with spanish rice, beans, mixed vegetables, chipotle aioli

STIR-FRY BOWL \$10.00

steak, brown rice, broccoli, teriyaki sauce

PROTEIN PASTA \$10.00

grilled chicken, mixed veggies, pink sauce with protein pasta

