

Annual Report

2024-2025

State-mandated Local Wellness Plan Updated throughout year

100%



Healthy Families Night

- Great turnout; excellent parent engagement
- Good variety of vendors
- Free food and healthy snacks

Santo ISD Student Health Advisory Committee Highlights

Fall Semester

Sponsored CPR/AED Instruction for SISD Staff
Planned for Healthy Families Night
Sponsored Flu Clinic for Students, Staff, Public

Spring Semester

Solidified Plans for/Held Healthy Families Night
CPR/AED Instruction for Students
Immunization Clinic for students

SHAC also promotes student health programs like Jump Rope for Heart, drug, alcohol, & human trafficking talks.



Voluntary Student Health Survey

24-25 Grades 3-12

Elementary: 78 Responses

Secondary: 138 Responses

Student Health Advisory Committee

77% of secondary respondents said healthy eating was a priority



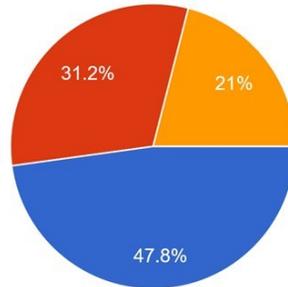
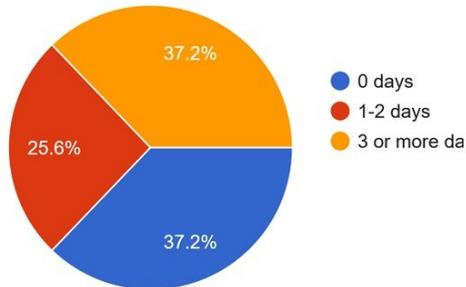
When Santo elementary students were asked if they played or exercised with their families after school or on the weekends, these were their responses:

50% Yes 44% Sometimes 6% Not really, but would like to

How many days in a normal week do you eat breakfast in the cafeteria or snack bar?

Elementary (Grades 3-5)

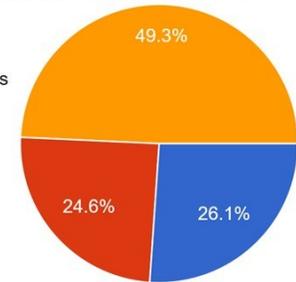
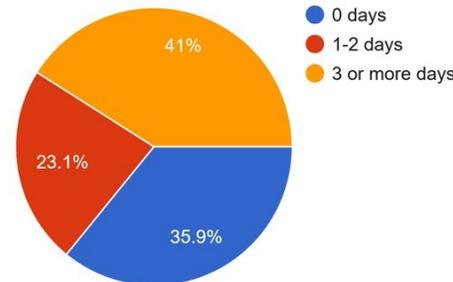
Secondary (Grades 6-12)



How many days in a normal week do you eat lunch in the cafeteria or snack bar?

Elementary (Grades 3-5)

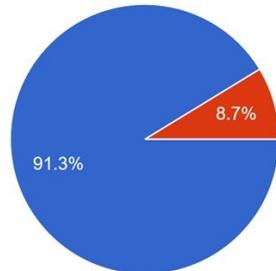
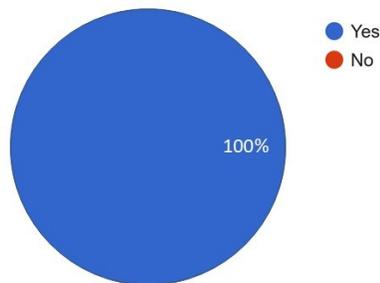
Secondary (Grades 6-12)



Are you enrolled in PE or athletics during school hours?

Elementary (Grades 3-5)

Secondary (Grades 6-12)



Are you involved in physical education activities after school (cheer, SYA sports, marching band, athletics, league sports)?

Elementary (Grades 3-5)

Secondary (Grades 6-12)

