



Madeira City Schools Food Allergy Management

Our Commitment

Madeira City Schools recognizes that food allergies can affect not only physical health but emotional well-being. Our goal is to ensure students with allergies have the opportunity to participate in school activities without fear or stigma.

We follow national best practices based on CDC guidelines and local health protocols to:

- Reduce the risk of allergen exposure during the school day
- Educate staff, students, and families about food allergies
- Support students with Individual Health Plans, 504 Plans, or IEPs that address allergy needs
- Ensure trained staff are available to respond in case of an emergency

Parent & Guardian Responsibilities

- Inform the school nurse and teacher of your child's allergies at the start of each school year via Final Forms
- Provide updated medical documentation and any necessary medications (e.g., epinephrine auto-injectors)
- Keep emergency contact information current
- Educate your child on their allergy and how to advocate for themselves

Student Expectations

- Know allergens and symptoms of a reaction
- Avoid sharing food when necessary
- Immediately report symptoms or exposure to an adult
- Carry prescribed medication, if approved to do so, and if in line with Madeira School Board policy

District Guidelines Include:

- Nut-Free Snacks: Students in grades K–5 are encouraged to bring healthy, nut-free snacks from home. Snack sharing is discouraged.
- K-5 Celebrations & Parties: Non-food treats (e.g., pencils, stickers) or prepackaged foods with labels are encouraged. Planning for any special events/activities must be done in collaboration with the teacher to accommodate any specific allergy needs present in the classroom.
- Instructional Use of Food: In classrooms with specific allergy needs, food used for learning activities is planned in collaboration with the teacher/nurse/administration (as necessary) to accommodate specific allergy needs.
- Classroom & Cafeteria Practices: Allergy-friendly seating is available. Staff ensure surfaces are cleaned to prevent cross-contact.
- Field Trips & Transportation: Staff carry emergency medications and are trained in recognizing and responding to allergic reactions.
- Staff will be trained annually on the management and awareness of allergic reactions, epinephrine use, and assisting students with food allergies, as well as Individual Health Plans for students.
- In classrooms where students have specific, medically documented allergy needs, there may be additional accommodations. These accommodations will be determined by a team, including parents, administration, nurses, and classroom teachers.

For questions or concerns, please contact your building principal or the school nurse.