

EMERGENCY CARE

Bridgeport Hospital
267 Grant Street
Bridgeport, CT 06610
203-384-3000

St. Vincent 's Medical Center
2800 Main Street
Bridgeport, CT 06606
203-576-5500

Hartford Healthcare Urgent Care Centers

Fairfield: 1055 Post Rd, 203-259-3440
Monroe: 401 Monroe Tpke, 203-268-2501
Shelton: 2 Trapp Falls Rd, 203-929-1109
Stratford: 3273 Main St, 203-389-3920
Trumbull: 900 White Plains Rd, 203-696-3500

AFC Urgent Care Centers

Bridgeport: 161 Boston Ave, 203-333-4400
Bridgeport: 4200 Main St, 203-916-5151
Fairfield: 1918 Black Rock Tpke, 203-583-8400
Shelton: 389 Bridgeport Ave, 203-567-4171

OrthoFast Urgent Care Centers

Fairfield: 305 Black Rock Tpke, 203-382-5556
Milford: 321 Boston Post Rd, 203-244-7675
Monroe: 731 Main St, 203-382-5556
Shelton: 760 River Rd, 203-382-5556

Industrial Medical Care

Bridgeport Hospital
226 Mill Hill Avenue
Bridgeport, CT 06610
203-384-3613

Huntington Walk-In Center

887 Bridgeport Avenue
Shelton, CT 06484
203-225-6020

Workers' Compensation Services for Employees of the City and Board of Education of Bridgeport, CT

Bridgeport has partnered with PMA
Companies to administer its workers'
compensation services providing both
claims administration and medical care
management.

**What can you expect if you suffer a
workplace injury or illness?**

A Quality Medical Care Plan

You will receive care from medical
professionals carefully selected and
credentialed to treat workplace injuries
and illnesses.

Responsive Claim Processing

Responsive, reliable, professional
claims administration mean phone calls
returned, questioned answered and a
smooth process for all. You can be
assured that you will receive the care
you need and be returned to productive
employment as soon as it is safely
possible.

Injury Report Hotline
888-476-2669

PMA Management Corp. of NE
P.O. Box 1041
Meriden, CT 06450

Working with you.



Working for you.

The care you need for
work-related injuries



**Bridgeport, City &
Board of Education**

How the Program Works

Injured Employee

Immediately reporting a work-related injury or illness to your supervisor assures that you receive prompt and appropriate care and helps you to return to work in a safe and timely manner.

Injuries which require emergency care or after-hours care:

1. Seek treatment at the most convenient facility providing emergency services or hospital.
2. Notify your supervisor of your injury as soon as possible.
3. Go to an Urgent Care Center on the next business day or as soon as possible thereafter for a follow-up exam. You must have at least one visit to an Urgent Care facility. This will ensure timely and accurate reporting of your medical status to the City/BOE and PMA.

For Non-emergency injuries when urgent care facilities are open:

1. Report the injury to your Supervisor immediately.
2. Obtain initial treatment at one of the Urgent Care Centers listed in this brochure
3. A PMA adjuster will contact you shortly after your injury or illness has been reported
4. If you need further care, you may continue to treat at the urgent care facility where you were initially treated (except Huntington Walk-in) or you may choose a treatment provider from the City/BOE /PMA **approved medical care plan** which you can obtain from your supervisor, the Urgent Care Center your PMA adjuster or the Benefits Office.

Injured Employee

Medical Care after your initial visit to Urgent Care Center

1. A PMA adjuster will contact you shortly after your injury or illness has been reported.
2. If you need further care, you may continue to treat at the urgent care facility where you were initially treated (except Huntington Walk-in) or you may choose a treatment provider from the City/BOE /PMA **approved medical care plan** which you can obtain from your supervisor, the Urgent Care Center your PMA adjuster or the Benefits Office.
3. If you require treatment from a medical specialty not part of the **approved medical care plan**, you may treat with a non-network provider from the Workers' Compensation Commission list of approved physicians if approved in advance by PMA or the WC Commission.
4. Keep your appointments and continue your treatment as required.
5. Your PMA adjuster or nurse case manager will follow your progress throughout the course of your care.
6. You, your medical care provider and your employer will be notified if tests or procedures are determined to be inappropriate. You, your provider and/or your employer have the right to dispute determinations of inappropriate or unnecessary tests or procedures.

Supervisor

Injuries or illnesses requiring emergency care:

1. Call 911
2. Provide first aid if possible
3. Remain with the employee until he or she is transported to the nearest hospital emergency department.
4. **Report the Claim:**
 - a) Call 888-476-2669
 - b) Report online: www.pmacompanies.com
 - c) Fax report of injury to 888-329-2721

Complete your Supervisor's Accident Investigation Report and submit to PMA and to your Benefits Department, 45 Lyons Terrace, Room 106

Non-emergency injuries or illnesses:

1. Provide first aid if possible.
2. Transport the injured worker to St. Vincent's or Bridgeport Hospital's Urgent Care Center or, if after hours, the nearest hospital emergency department.
3. Report the claim to PMA, as instructed above.