

Parents of all ages and children 10+ are invited to  
a film screening of

# ANXIOUS NATION



*A free event for Big Lake and surrounding areas*



*Anxious Nation* gives insights into how anxiety shows up in our kid's lives and impacts families, and the role parents play. The film expresses hope while lifting the shroud of shame around mental health and exploring why we are such an anxious nation.

**Wednesday, September 17, 2025**

**6:30 to 8 p.m.**

**Saron Lutheran Church**

**311 Lake Street South**

**Big Lake, MN 55309**

**www.saron.org • 763 263-2209**

**office@Saron.org**

Amazing professional panelists to answer your questions at the end of the screening and vendors to help you connect for more information.

*Sponsored by*



**Saron's  
Mental Health Ministry**

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