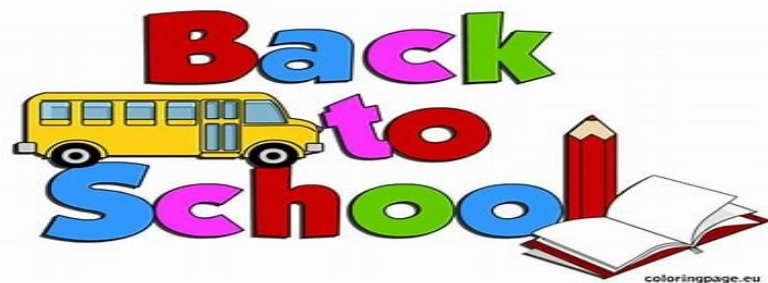


# September 2025 Breakfast at Susquehanna Township Elementary Schools



This institution is an equal opportunity provider. Menus are subject to change.

Starting after  
Labor Day...

your  
school  
is now

**SERVING  
BREAKFAST**

So join us!



Breakfast menus are now designed to meet new government guidelines for fewer added sugars. Some items offered last year will not be served.



Qualifying free meal described on next page....

Monday, September 1



**NO SCHOOL**

Tuesday, September 2

Mini Bagel  
with Cream Cheese

Applesauce

Strawberry Cup

Wed., September 3

Turkey Sausage  
& Cheese Breakfast  
Calzone

100% Fruit Juice

Flavored Craisins

Thursday, September 4

Mini Pancakes

Orange Slices

Peach Cup

Friday, September 5

Assorted Pop Tarts  
w/ Yogurt

Raisins

Flavored  
Applesauce Cup

Monday, September 8

Mini Waffles  
100% Fruit Juice  
Apple Slices

Tuesday, September 9

Chicken Sausage  
& Cheese Stuffed  
Waffle

Applesauce

Strawberry Cup

Wed., September 10

Mini Cinnamon  
Rolls  
100% Fruit Juice

Flavored Craisins

Thursday, September 11

Turkey Ham &  
Cheese Breakfast  
Calzone

Orange Slices

Peach Cup

Friday, September 12

Mini French Toast

Raisins

Flavored  
Applesauce Cup

## Breakfast Menu Items Offered Daily:

Cereal Bowl w/ Cheese Stick  
Whole Fresh Fruit  
1% Plain Milk  
Skim Milk

Lactaid Milk available upon request

Monday, September 15	Tuesday, September 16	Wed., September 17	Thursday, September 18	Friday, September 19
Egg & Cheese on an English Muffin 100% Fruit Juice Apple Slices	Mini Bagel with Cream Cheese Applesauce Strawberry Cup	Turkey Sausage & Cheese Breakfast Calzone 100% Fruit Juice Flavored Craisins	Mini Pancakes Orange Slices Peach Cup	Teacher In-Service 

Monday, September 22	Tuesday, September 23	Wed., September 24	Thursday, September 25	Friday, September 26
Mini Waffles 100% Fruit Juice Apple Slices	Chicken Sausage & Cheese Stuffed Waffle Applesauce Strawberry Cup	Mini Cinnamon Rolls 100% Fruit Juice Flavored Craisins	Turkey Ham & Cheese Breakfast Calzone Orange Slices Peach Cup	Mini French Toast Raisins Flavored Applesauce Cup

Monday, September 29	Tuesday, September 30
Egg & Cheese on an English Muffin 100% Fruit Juice Apple Slices	Mini Bagel with Cream Cheese Applesauce Strawberry Cup

***The Community Eligibility Provision***



Susquehanna Township School District is currently able to participate in this program which enables all students to get meals for “FREE”, provided they take a “qualified” meal. This means the student must take at least 3 items including a fruit at breakfast and a fruit or vegetable at lunch.





If your student does not take the full qualified meal, they may be charged an a la carte price. A la carte items, including snacks and second servings, are not free.

**NO APPLICATIONS NEEDED**

## First things First

**To make a breakfast, choose at least one**


or



and at least three items total




This is a qualified breakfast for free  
STSD FOOD SERVICE



## Snap out of it!

Summer is ending...  
**SCHOOL HAS BEGUN.**

## Welcome Back!