August/September 2025 UNCH MENU at Susquehanna Town-

t Susquehanna 7 ownship Middle School

This institution is an equal opportunity provider. Menus are subject to change.



Breakfast starts after Labor Day! Menus changed due to government standards.

Monday, August 18

Bosco Sticks w/ Marinara Sauce (no meat)

Alternate Entrée Fish & Cheese Sandwich

Served with choice of Fresh Cucumber Slices & Ranch and Chilled Peaches

Tuesday, August 19

Taco Bar Served with Hard Shells (meat is poultry)

Alternate Entrée Fish & Cheese Sandwich

Served with choice of Ranchero Pinto Beans, Salsa, Lettuce, Tomatoes and 100% Fruit Juice

Wed., August 20

Chicken Tenders w/ Mozzarella Sticks

Alternate Entrée Fish & Cheese Sandwich

Served with choice of Tossed Green Salad, Celery Sticks & Ranch and Chilled Pears

Thursday, August 21

Breakfast for Lunch: French Toast, Turkey Sausage and Oven Baked Hash Browns

Alternate Entrée Fish & Cheese Sandwich

Served with choice of Steamy Green Beans, Chilled Pineapple Tidbits and 100% Fruit Juice

Friday, August 22

Teriyaki Chicken w/ Brown Rice

Alternate Entrée Fish & Cheese Sandwich

Served with choice of Steamy Broccoli, Red Pepper Strips and Chilled Mandarian Oranges

Monday, August 25

Chicken Nuggets w/ Goldfish Crackers

Alternate Entrée Chicken Patty Sandwich

Served with choice of Potato Smiles, Steamy Green Beans and Chilled Applesauce

Tuesday, August 26

Pizzeria Pizza Served with or without Turkey Pepperoni

Alternate Entrée Chicken Patty Sandwich

Served with choice of Tossed Green Salad, Baby Carrots, Chilled Berries and 100% Fruit Juice

Wed., August 27

"Have It Your Way" Burger (beef) Bar

Alternate Entrée Chicken Patty Sandwich

Served with choice of Oven Baked Fres, BBQ Baked Beans and Chilled Peaches

Thursday, August 28

Pasta w/ Beef Meatballs & Breadstick

Alternate Entrée Chicken Patty Sandwich

Served with choice of Steamy Broccoli, Tossed Green Salad, Apple Snack Pack and 100% Fruit Juice

Friday, August 29

Turkey Bacon, Egg & Cheese Croissant

Alternate Entrée Chicken Patty Sandwich

Served with choice of Oven Baked Tater Tots, Steamy Honey Carrots and Orange Wedges

Lunch Menu Items Offered Daily:

Peanut Butter & Jelly Uncrustable

Whole Fresh Fruit

1% Plain Milk
Chocolate Milk
Lactaid Milk Available Upon Request

Monday, September 1



NO SCHOOL

Tuesday, September 2

Hanna Chicken Bowl w/ Biscuit Mashed Potatoes & Gravy

Alternate Entrée
Turkey & Cheese
Sandwich

Served with choice of Steamy Corn, Chilled Applesauce and 100% Fruit Juice

Wed., September 3

Deep Dish Pizza with or without Turkey Pepperoni

Alternate Entrée Turkey & Cheese Sandwich

Served with choice of Tossed Green Salad, Baby Carrots and Chilled Pears

Thursday, September 4

Macaroni & Cheese w/ a Fresh Baked Soft Pretzel

Alternate Entrée Turkey & Cheese Sandwich

Served with choice of Celery Sticks & Ranch, Steamed Mixed Vegetables, Chilled Peaches and 100% Fruit Juice

Friday, September 5

Chicken Patty Sandwich (plain or spicy)

Alternate Entrée Turkey & Cheese Sandwich

Served with choice of Oven Baked Crinkle Cut Fries, Steamy Broccoli and Chilled Mandarian Oranges

Monday, September 8

Orange Popcorn Chicken w/ Brown Rice (no meat)

Alternate Entrée Plain (beef) Hamburger

Served with choice of Steamy Broccoli, Red Pepper Strips and Chilled Applesauce

Tuesday, September 9

Hot Dog Bar (beef, pork and poultry)

Alternate Entrée Plain (beef) Hamburger

Served with choice of BBQ Baked Beans, Baby Carrots, Chilled Berries and 100% Fruit Juice

Wed., September 10

Chicken Parmesan Sandwich

Alternate Entrée Plain (beef) Hamburger

Served with choice of Oven Baked French Fries, Steamy Green Beans and Chilled Peaches

Thursday, September 11

French Bread Pizza with or without Turkey Pepperoni

Alternate Entrée Plain (beef) Hamburger

Served with choice of Tossed Green Salad, Ranch Roasted Chickpeas, Apple Snack Pack and 100% Fruit Juice

Friday, September 12

Turkey Ham & Cheese on a Pretzel Roll

Alternate Entrée Plain (beef) Hamburger

Served with choice of Oven Baked Waffle Fries, Celery Sticks & Ranch and Orange Wedges

DON'T4GETI To make a lunch, choose at least one Veggie Fruit/Juice **Vegetables** The above is a qualified lunch for free. STSD Food Services.

Monday, September 15

Bosco Sticks w/ Marinara Sauce (no meat)

> Alternate Entrée Fish & Cheese Sandwich

Served with choice of Fresh Cucumber Slices & Ranch and Chilled Peaches

Tuesday, September 16

Taco Bar Served with Hard Shells (meat is poultry)

> Alternate Entrée Fish & Cheese Sandwich

Served with choice of Ranchero Pinto Beans, Salsa, Lettuce, Tomatoes and 100% Fruit Juice

Wed., September 17

Chicken Tenders w/ Mozzarella Sticks

Alternate Entrée Fish & Cheese Sandwich

Served with choice of Tossed Green Salad, Celery Sticks & Ranch and Chilled Pears

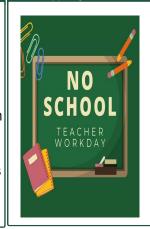
Thursday, September 18

Breakfast for Lunch: French Toast, Turkey Sausage and Oven Baked Hash Browns

Alternate Entrée Fish & Cheese Sandwich

Served with choice of Steamy Green Beans, Chilled Pineapple Tidbits and 100% Fruit Juice

Friday, September 19



Monday, September 22

Chicken Nuggets w/ Goldfish Crackers

Alternate Entrée Chicken Patty Sandwich

Served with choice of Potato Smiles, Steamy Green Beans and Chilled Applesauce

Tuesday, September 23

Pizzeria Pizza Served with or without Turkey Pepperoni

Alternate Entrée Chicken Patty Sandwich

Served with choice of Tossed Green Salad, Baby Carrots, Chilled Berries and 100% Fruit Juice

Wed., September 24

Have It Your Way" Burger (beef) Bar

Alternate Entrée Chicken Patty Sandwich

Served with choice of Oven Baked Fres, BBQ Baked Beans and Chilled Peaches

Thursday, September 25

Pasta w/ Beef Meatballs & Breadstick

Alternate Entrée Chicken Patty Sandwich

Served with choice of Steamy Broccoli, Tossed Green Salad, Apple Snack Pack and 100% Fruit Juice

Friday, September 26

Turkey Bacon, Egg & Cheese Croissant

Alternate Entrée Chicken Patty Sandwich

Served with choice of Oven Baked Tater Tots, Steamy Honey Carrots and Orange Wedges

Monday, September 29

Macaroni & Cheese w/ a Fresh Baked Soft Pretzel

Alternate Entrée
Turkey & Cheese
Sandwich

Served with choice of Celery Sticks & Ranch, Steamed Mixed Vegetables and Chilled Peaches

Tuesday, September 30

Hanna Chicken Bowl w/ Biscuit Mashed Potatoes & Gravy

> Alternate Entrée Turkey & Cheese Sandwich

Served with choice of Steamy Corn, Chilled Applesauce and 100% Fruit Juice