

Semester 1: Foundational Health Care Concepts and Basic Clinical Skills

Focus: This semester begins with student acclimation and engagement, then lays the groundwork with essential knowledge in healthcare history, systems, professionalism, legal/ethical considerations, medical terminology, basic anatomy, and fundamental patient care skills.

Duration: Approximately 18 calendar weeks (August 13, 2025 - December 19, 2025), accounting for school breaks and non-student days.

Module 0: Acclimation & Ice Breakers (Weeks 1-2)

- **Week 1 (August 11-15, 2025):** (Classes begin August 13)
 - **Student Acclimation & Ice Breakers:**
 - Welcome and Introductions (student & instructor)
 - Course Syllabus Review, Classroom Expectations, and Safety Procedures
 - **Ice Breaker Lab 1: "Vital Signs Scavenger Hunt"** - Students work in small groups to find and identify basic vital signs equipment (thermometer, stethoscope, BP cuff) in the classroom/lab, and discuss their uses.
 - Team-building activities
- **Week 2 (August 18-22, 2025):**
 - **Continued Acclimation & Ice Breakers:**
 - Introduction to Health Science careers (brief overview, student interests)
 - **Ice Breaker Lab 2: "Medical Terminology Charades/Pictionary"** - Teams act out or draw simple medical terms to encourage engagement and early exposure.
 - Discussion on "What is Healthcare?" and "Why is it important?"

Module 1: Introduction to Healthcare & Professionalism (Weeks 3-6)

- **Week 3 (August 25-29, 2025):**
 - **Chapter 1:** History and Trends of Health Care
 - **Chapter 2:** Health Care Systems
 - *Quiz 1: Chapters 1-2*
- **Week 4 (September 1-5, 2025):** (September 1 - Labor Day, No School)
 - **Chapter 3:** Careers in Health Care
 - **Chapter 4:** Personal & Professional Qualities of a Health Care Team Member
 - *Quiz 2: Chapters 3-4*
- **Week 5 (September 8-12, 2025):**

- **Chapter 5:** Legal and Ethical Responsibilities
- *Quiz 3: Chapter 5*
- **Week 6 (September 15-19, 2025):**
 - **Chapter 6:** Medical Terminology
 - *Quiz 4: Chapter 6 (Medical Terminology)*
 - **Unit Test 1: Chapters 1-6 (Foundations of Healthcare & Professionalism)**

Module 2: Human Body & Development (Weeks 7-9)

- **Week 7 (September 22-26, 2025):**
 - **Chapter 7:** Anatomy and Physiology (Introduction & Body Systems 1)
 - *Quiz 5: Chapter 7 (Part 1)*
- **Week 8 (September 29 - October 3, 2025):**
 - **Chapter 7:** Anatomy and Physiology (Body Systems 2)
 - *Quiz 6: Chapter 7 (Part 2)*
- **Week 9 (October 6-10, 2025):** (October 10 - End 1st Quarter)
 - **Chapter 8:** Human Growth and Development
 - *Quiz 7: Chapter 8*
 - **Unit Test 2: Chapters 7-8 (Anatomy, Physiology & Human Development)**

Module 3: Diverse Patient Needs & Healthcare Tools (Weeks 10-13)

- **Week 10 (October 13-17, 2025):** (October 16 - Early Release; October 17 - Non-Contract Day)
 - **Chapter 9:** Geriatric Care
 - **Chapter 10:** Cultural Diversity
 - *Quiz 8: Chapters 9-10*
- **Week 11 (October 20-24, 2025):** (October 20 - Non-Contract Day)
 - **Chapter 11:** Nutrition and Diets
 - *Quiz 9: Chapter 11*
- **Week 12 (October 27-31, 2025):**
 - **Chapter 12:** Computers and Technology in Health Care
 - *Quiz 10: Chapter 12*
- **Week 13 (November 3-7, 2025):**
 - **Chapter 13:** Medical Math
 - *Quiz 11: Chapter 13*
 - **Unit Test 3: Chapters 9-13 (Diverse Patient Needs & Healthcare Tools)**

Module 4: Safety & Emergency Preparedness (Weeks 14-18)

- **Week 14 (November 10-14, 2025):**
 - **Chapter 14:** Promotion of Safety
 - **Chapter 15:** Infection Control
 - *Quiz 12: Chapters 14-15*

- **Week 15 (November 17-21, 2025):**
 - **Chapter 16:** Vital Signs
 - *Quiz 13: Chapter 16*
- **Week 16 (November 24 - December 5, 2025):** (November 24-25 - Exchange Days; November 26-28 - Thanksgiving Break)
 - **Chapter 17:** First Aid
 - **Chapter 18:** Preparing for the World of Work
 - *Quiz 14: Chapters 17-18*
- **Week 17 (December 8-12, 2025):**
 - **Unit Test 4: Chapters 14-18 (Safety, Infection Control & Career Prep)**
 - *Review for Semester 1 Final Exam*
- **Week 18 (December 15-19, 2025):** (December 19 - End 2nd Quarter & Semester 1)
 - **Semester 1 Final Exam (Comprehensive: Chapters 1-18)**

Semester 2: Specialized Health Care Skills & Administrative Principles

Focus: This semester delves into specific skills relevant to various allied health professions, with a particular emphasis on medical assisting, administrative tasks, and advanced clinical procedures.

Duration: Approximately 20 calendar weeks (January 5, 2026 - May 22, 2026), accounting for school breaks and non-student days.

Module 5: Core Assisting Skills (Weeks 1-6)

- **Week 1 (January 5-9, 2026):** (January 5 - Begin 3rd Quarter)
 - **Chapter 21:** Medical Assistant Skills (Part 1: Administrative focus - scheduling, records)
 - *Quiz 15: Chapter 21 (Admin)*
- **Week 2 (January 12-16, 2026):**
 - **Chapter 21:** Medical Assistant Skills (Part 2: Clinical focus - patient prep, assisting with exams)
 - *Quiz 16: Chapter 21 (Clinical)*
- **Week 3 (January 19-23, 2026):** (January 19 - MLK Day, No School)
 - **Chapter 20:** Laboratory Assistant Skills (Part 1: Specimen collection, basic lab tests)
 - *Quiz 17: Chapter 20 (Lab 1)*
- **Week 4 (January 26-30, 2026):**
 - **Chapter 20:** Laboratory Assistant Skills (Part 2: Phlebotomy, urinalysis overview)
 - *Quiz 18: Chapter 20 (Lab 2)*
 - **Unit Test 5: Chapters 20-21 (Medical & Laboratory Assisting)**
- **Week 5 (February 2-6, 2026):**
 - **Chapter 19:** Dental Assistant Skills (Overview of basic dental assisting roles and common procedures relevant to general healthcare understanding)
 - *Quiz 19: Chapter 19*
- **Week 6 (February 9-13, 2026):**
 - **Chapter 22:** Nurse Assistant Skills (Overview of basic nursing assistant roles and patient care tasks)
 - *Quiz 20: Chapter 22*

Module 6: Broader Allied Health & Administrative Application (Weeks 7-12)

- **Week 7 (February 16-20, 2026):** (February 16 - Exchange Day 3/President's Day, No School)
 - **Chapter 23:** Physical Therapy Skills (Overview of PT roles, basic therapeutic exercises, and patient assistance)

- Quiz 21: Chapter 23
- **Week 8 (February 23-27, 2026):**
 - **Chapter 24:** Business and Accounting Skills (Part 1: Office management, billing, insurance basics)
 - Quiz 22: Chapter 24 (Business 1)
- **Week 9 (March 2-6, 2026):**
 - **Chapter 24:** Business and Accounting Skills (Part 2: Financial records, supply management)
 - Quiz 23: Chapter 24 (Business 2)
- **Week 10 (March 9-13, 2026):** (March 13 - End 3rd Quarter)
 - **Unit Test 6: Chapters 19, 22-24 (Other Allied Health & Business Skills)**
- **Week 11 (March 16-20, 2026):** (March 16 - Begin 4th Quarter; March 19 - P/T Conf Night - Early Release; March 20 - Non-Contract Day. *This week may have limited instruction due to calendar events.*)
 - Review / Catch-up / Independent Study
- **Week 12 (March 23-27, 2026):** (Spring Break - No School)
 - No Instruction

Module 7: Final Preparation & Assessment (Weeks 13-20)

- **Week 13 (March 30 - April 3, 2026):**
 - Review and Remediation
- **Week 14 (April 6-10, 2026):**
 - Review and Remediation
- **Week 15 (April 13-17, 2026):** (April 17 - Exchange Day 4 / Non-Contract Day)
 - **Mock Final Exam / Practice Test**
- **Week 16 (April 20-24, 2026):**
 - **Semester 2 Final Exam (Comprehensive: Chapters 19-24, with integration of Semester 1 foundational knowledge)**
- **Week 17 (April 27 - May 1, 2026):**
 - Buffer / Additional Review / Project Work
- **Week 18 (May 4-8, 2026):**
 - Buffer / Additional Review / Project Work
- **Week 19 (May 11-15, 2026):**
 - Buffer / Additional Review / Project Work
- **Week 20 (May 18-22, 2026):** (May 22 - End 4th Quarter & Semester 2 / Last Student Day)
 - **Overall Program Final Exam (Highly Recommended - Comprehensive: Chapters 1-24, simulating a certification exam)**