

Medical Info for Camp Tecumseh

Starting this school year, the nurse that provides care at Camp T for the summer will be providing care for our HSE Students!! The Camp Nurse will follow HSE policies and procedures while your student is at camp. You will continue to communicate with your building nurse before camp for health concerns your student may have. The building nurse will also communicate student needs with the Camp Nurse. All students should have a complete health card on file. The Nurse can only give stock medication or provide care if it is listed on the health card (Tylenol, ibuprofen, tums, calamine lotion).

Medication Information

- Prescription medication may be given to your student during camp. Please follow the instructions for medication administration:
 - The Medication Authorization Form must be completed to include all medications your child may be taking at Camp. You can then bring the completed form to the Medication Drop night.
 - Medication Drop Off is scheduled **Wednesday, April 15, from 4:15-6:45**. Please bring the medication(s) in the original prescription bottle or packaging with ONLY the amount needed during the student's time at camp. We ask parents to complete the medication information on the provided envelopes according to the day and time it is to be given at camp. Parents will then place the pills for camp in the corresponding envelope(s).
 - Medications will NOT be accepted before Medication Drop Off, and every effort should be made to attend with your student(s)' medication. Medications should NOT be dropped off or sent with your student the morning of camp. This does not allow time for the nurse to safely prepare the medication for administration.
 - Some non-prescription meds are allowed, but only for seasonal allergies (ex. Claritin, Zyrtec) or for lactose intolerance (ex. Lactaid). Melatonin or herbals are not allowed.
- Parents attending camp with their student do not need to bring meds to nurse and may give your child their necessary medications while at camp.
- Medications will be dispensed at breakfast, lunch, dinner and before bedtime ONLY. MEDICATIONS ARE NOT ALLOWED TO BE KEPT WITH STUDENTS.
- Students may carry their own inhalers and Epi pens provided their name is on the medication and have a doctor's note to carry.
- If your student has an Epi Pen or inhaler in the clinic at school, the nurse can send it to camp, but please notify your building nurse if you would like the school medication sent. If they come home with your student, please be sure to return it to the clinic after camp.

Illness

- If your child is sick (i.e., pneumonia, asthma flare ups, etc.), please do not send your child to camp. If your child has sustained concussion, please do not send your child to camp unless cleared by doctor.
- While your child is at camp, **please answer any calls from the 765-area code**. It may be the nurse calling about your child! Also, please take your phone off blocking mode at night. The nurse may call to request that you need to come pick up your student.

Other Information

- Parents of Diabetic students – please make every effort to attend camp for your child's overall care. Due to the high activity of the daily schedule and family style meals, students tend to run low and parental dosing/treatment is preferred if adjustments need to be made. Be sure your student always has supplies with them (fast-acting carbs and glucagon) for low blood glucose. You may also consider contacting your doctor for any changes to accommodate for higher-than-normal activity levels.
- Please remember to pack lunch in a disposable container for your child for day one. Any lunch meds may be packed with your student's lunch. The nurse will not be passing meds on Monday lunch or Wednesday lunch.
- The Camp T daily schedule is rigorous, and activity packed from sunup to sundown. If your student has a limitation (crutches, arm sling, etc.) you may want to consider the difficulties your student might experience and opt out of attending camp.
- Cabin parents – DO NOT bring snacks/treats for your kids at night. You may have students in your cabin with allergies/sensitivities. In addition, Camp T staff do not want to attract unwanted critters to the cabins! You MAY bring bottled water with the flavored packs to give your kids a treat. (Please – no 'red' colored packets due to allergies)
- Parents or students with allergies or dietary restrictions should visit Camp T's website to fill out the online form here: <https://www.camptecumseh.org/special-dietary-needs-form/>. This form can also be used to get information about carb counts for meals for diabetics by filling in contact information and using the "any other information section".