

Alternate Lunch Options Offered Daily:

Hummus Box w/ Whole Grain Flatbread and Assorted Veggies

> Yogurt Parfait w/ Homemade Granola

Chicken Caesar Salad

Or

Deli Bar

Choice of Boar's Head Turkey, Ham, Buffalo Chicken

Cheese: American, Provolone, Pepper Jack

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Jalapeno Peppers, Olives, Mayo, Mustard, Hot Sauce

Lunch Pricing:

Reduced \$0.40 Paid Students: Hot Lunch \$3.80 Paid Students: Deli/Alternate \$4.30 Milk only: \$0.75

Region 15 Middle School Lunch Menu

August / September 2025 Tuesday Wednesday Thursday

Monday

All meals options are served with one fruit, two veggies and a milk. Choice of 1% white milk, non-fat

chocolate milk &

strawberry milk

26

Cheese Quesadilla w/ Salsa and Sour Cream

> Rainbow Fruit and Veggie Tray

27

Mozzarella Sticks w/ Marinara Sauce

Rainbow Fruit and Veggie Tray

28

Chicken Nuggets Oven Baked Fries Dinner Roll

Rainbow Fruit & Veggie Tray

Friday

Assorted Pizza Mixed Green Salad

Rainbow Fruit & Veggie Tray

No School Labor Day



Hot Dog on Whole Grain Bun Oven Baked Beans

Rainbow Fruit & Veggie Tray

3

French Toast Sticks w/ Turkey Sausage

Rainbow Fruit & Veggie Tray

4

Popcorn Chicken Oven Baked Fries Dinner Roll

Rainbow Fruit & Veggie Tray

5

29

Assorted Pizza Mixed Green Salad

Rainbow Fruit & Veggie Tray

8

Grilled Cheese on Whole Grain Bread

Rainbow Fruit and Veggie Tray

9

Seasoned Beef Nachos w/ Salsa and Sour Cream

Rainbow Fruit and Veggie Tray

10

Pizza Crunchers

Rainbow Fruit and Veggie Tray

11

Chicken Tenders Oven Baked Fries Dinner Roll

Rainbow Fruit & Veggie Tray

12

Assorted Pizza Mixed Green Salad

Rainbow Fruit & Veggie Tray

15

Mac & Cheese Breadstick Twist

Rainbow Fruit and Veggie Tray

16

Dutch Waffle w/ Turkey Sausage

Rainbow Fruit and Veggie Tray

17

Pasta w/ Meat Sauce Dinner Roll

Rainbow Fruit & Veggie Tray

18

Chicken Patty on Whole Grain Bun Oven Baked Fries

Rainbow Fruit & Veggie Tray

19

Assorted Pizza Mixed Green Salad

> Rainbow Fruit & Veggie Tray

Free: Free

22

Bosco Sticks w/ Marinara Sauce

Rainbow Fruit and Veggie Tray

23

No School Rosh Hashanah 24

Hamburger or Cheeseburger w/ Baked Beans

Rainbow Fruit and Veggie Tray

25

Chicken Nuggets Oven Baked Fries Dinner Roll

Rainbow Fruit & Veggie Tray

26

Assorted Pizza Mixed Green Salad

> Rainbow Fruit & Veggie Tray

