



RAMBLERS RISE

FRESHMAN ORIENTATION

Class of 2029

#RAMBLERS

As a Carteret Rambler,

I pledge to be a:

Resilient

Aspiring

Motivated

Bold

Leader who is

Educated and

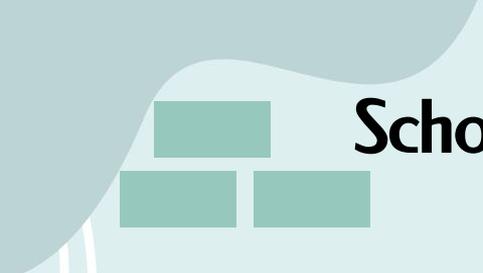
Ready for

Success

Because failure is not an
option!



R A M B L E R S R I S E

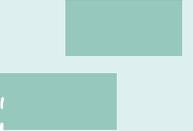


School Administration

Mrs. Joanna Joaquin
Principal

Mrs. Jackie DePasquale
Vice-Principal (Grades 9 & 10)

Mr. Byron Hamby
Vice-Principal (Grades 11 & 12)

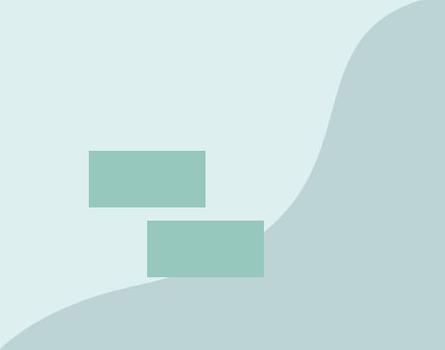


Mrs. Grace Cunha
Athletic Director/Supervisor of PE & Health

Mrs. Sweety Patel
Director of School Counseling



RAMBLERS RISE



My Advice To You:

High school is not just about reaching the finish line; it's about the journey you take to get there.

Embrace Opportunities: High school is a hub of activities, clubs, and sports waiting for you to explore. Don't hesitate to join clubs that align with your interests or try out a new sport. These experiences can help you discover passions you never knew you had.

Stay Curious: Ask questions, seek knowledge, and challenge yourself. Your teachers are here not only to teach but also to inspire. Take advantage of their expertise and let your curiosity lead you.

Friendships: High school is a place to forge lasting friendships. Be open to meeting new people, and remember that true friendships are built on respect, trust, and mutual support.

Mistakes Are Learning Opportunities: Don't fear making mistakes. Instead, see them as chances to learn and grow. Each setback is a step towards greater success.

Goal Setting: Set goals for yourself, both short-term and long-term. Goals give you direction and motivation, helping you stay focused on what truly matters to you.

Communication: If you ever feel overwhelmed or need assistance, don't hesitate to reach out to your teachers, counselors, or any trusted adult. We're here to help you succeed and overcome challenges.

I look forward to seeing your growth and achievements these next four years.



SUPPORT STAFF



MS. ROBATEAU

SCHOOL NURSE



MS. PITTS

STUDENT ASSISTANCE
COORDINATOR

SUPPORT STAFF



MRS. LANG

Administrative
Assistant
(Main Office)

MRS. SMITH

Administrative
Assistant
(Main Office)

MRS. NICRO

Administrative
Assistant
(Guidance)

School Counselor Team





Ms. Vaticano

Ms. Planko

Ms. Benjamin

Ms. Lombardo




Ms. Paredes




BELL SCHEDULE

Period	Time	Articulation (2 Wednesdays per month)	Abbreviated Session	Delayed Opening
0	7:12-7:57	7:17-7:57	7:27-7:57	8:36-9:12
1	8:00-8:45	8:00-8:40	8:00-8:30	9:15-9:51
2	8:48-9:33	8:43-9:23	8:33-9:03	9:54-10:30
3	9:36-10:21	9:26-10:06	9:06-9:36	10:33-11:09
4	10:24-11:09	10:09-10:49	9:39-10:09	11:12-11:48
5	11:12-11:57	10:52-11:32	10:12-10:42	11:51-12:27
6	12:00-12:45	11:35-12:15	10:45-11:15	12:30-1:06
7	12:48-1:33	12:18-12:58	11:18-11:48	1:09-1:45
8	1:36-2:21	1:01-1:41	11:51-12:21	1:48-2:24

Student schedule 2025-2026

MP: All

MP: 1

MP: 2

MP: 3

MP: 4

Course Title	Course	Section	Teacher	Room	Monday	Tuesday	Wednesday	Thursday	Friday	MP
World History	5120HS	3	S. Hayes	32	1-1	1-1	1-1	1-1	1-1	1 2 3 4
Spanish 1	2412HS	5	E. Lujan	125	2-2	2-2	2-2	2-2	2-2	1 2 3 4
Comprehensive Health and PE	9110HS	1	W. Merz	B2	3-4	3-4	3-4	3-4	3-4	1 2
Biology	3706HS	8	C. Simon	153	3-4	3-4	3-4	3-4	3-4	3 4
Zoology	3706HS	5	J. Nartowicz	151	5-5	5-5	5-5	5-5	5-5	1 2
Introduction to Stage Make-Up	9899HS	1	H. Lawton	124A	5-5	5-5	5-5	5-5	5-5	3 4
Lunch	0001HS	1	S. CHS Lunch	Lunch	6-6	6-6	6-6	6-6	6-6	1 2 3 4
Algebra 1	4112HS	1	M. Filipone	205	7-7	7-7	7-7	7-7	7-7	1 2 3 4
English 1	1111HS	5	S. Longo		8-8	8-8	8-8	8-8	8-8	1 2 3 4

Room #

Teacher

Marking Period

Periods



School Counseling Department

- College and Career Readiness
 - Individual and Small Group Counseling
 - Classroom School Counseling Lessons
 - Information Sessions with Guest Speakers
 - Field Trips
 - Evening Events
 - Social Emotional Engagement
 - Parent/Community Partnerships
- 
- 
- 

X: @RamblerCHSSC

IG: carteretschoolcounseling



Earning Credits=Graduation!

120 credits to Graduate

20 ELA
20 Phys. Ed/Health/Dr.
Theory
17.5 Electives
2.5 Financial Literacy
15 Math
15 Lab Science
15 US and World History
5 World Language
5 Visual/Performing Arts
5 CTE/21st Century Skills



Minimum Credits for Promotion

10th Grade: 25 or more credits
11th Grade: 60 or more credits
12th Grade: 90 or more credits



GRADING SYSTEM

Grade Numerical Equivalent (Achievement is indicated by letter grades)
The following grading scales and indicators shall be used:

A+ = 96-100

A = 90-95

B+ = 86-89

B = 80-85

C+ = 76-79

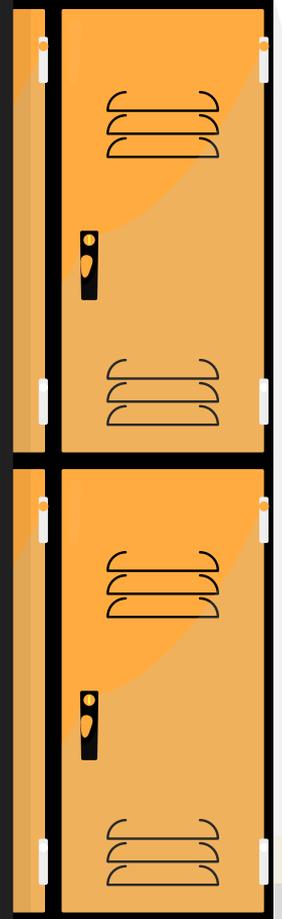
C = 70-75

D = 65-69

F = 0-64*

Grade Point Average

A Grade Point Average (or GPA) is a measure of academic achievement and is based on the final grades a student earns at the end of each school year. The GPA is cumulative, meaning it updates annually. The updated GPA is made available to students annually on Naviance Family Connection. It is highly recommended that each student set a GPA goal and monitor their progress toward reaching that goal. All students should strive to earn a 3.0 (B average) or higher.



Attendance & Loss of Credit

Full Year Courses:

- 20 Absences (unexcused)

4 lates = 1 Absence

Half Year Courses:

- 10 periods of unexcused absences

Comprehensive Physical Education/Health:

- 20 periods of unexcused absences

***There is NO CREDIT RECOVERY for grade 9 students.

Summer school is not guaranteed.

*AF means attendance failure



80% of success
is just showing

Up
-Woody Allen

Expectations

- **Attend school every day**
- **Come to school on time: 7:50 AM**
- **Get to class on time every day**
- **Wear your school uniform**
- **Wear your ID**
- **Academically succeed**
 - **Absences, Cuts and lates count toward academic success**
 - **Do your work and hand it in on time**
 - **Once the MP ends your grade is set. There is no going back**
 - **CREDIT RECOVERY IS NOT AVAILABLE. SUMMER SCHOOL IS NOT**
- **Respect yourself and others**
- **Display positivity**
- **Display kindness toward others**
- **Communicate with the adults in the building when you need help**

GUARANTEED



CHS Uniform Policy

Slacks and Pants

Color: Solid Khaki color only or solid black

Style: Pleated or flat front, full length, appropriately fastened at the waist

No sweatpants, yoga pants, jeggings, leggings, jeans, track pants, joggers, athletic attire, images, logos, stripes, designs, patterns, stripes, rips, etc. - only solid color khaki pants or solid black pants!

Shirts and Tops

Color: Black only in a solid single color with a collar, long or short-sleeve

Style: must have a collar and be a polo style without logos, stripes, or images, unless the logo is approved by administration and school-sponsored

- Uniform shirts must be worn at ALL times (underneath all sweaters and hoodies)

Cardigans, Sweaters, & Accessories

Color: khaki or black only with no pattern or logo

Style: cardigans, sweaters, and crewneck sweatshirts must be appropriately sized

- All must be worn over a polo style collared shirt

No patterns, logos, track jackets, outerwear, or stripes

Skirts, Jumpers, & Dresses

Color: Solid khaki or solid black only

Style: Must be at least knee length and must have sleeves



dress
to
impress

Student Assistance Counselor

Ms. Veronica Pitts



The Student Assistance Counselor (SAC) provides a safe place for students to discuss personal and academic concerns. The following are supports that the SAC provides:

- Academics
- Social Skills
- Motivation
- Grief and Loss
- Positive Mindset
- Time Management
- Problem Solving
- Substance Prevention
- Relationship Concerns
- Stress Management
- Social Emotional Learning

The SAC facilitates the Ladies of Royalty and Prevention Players.

The SAC also facilitates Small Groups during lunchtime.



Important Info:



- IDs
- Scanners
- Digital Hall Pass
- 2 lunches
- New entrance



Mandatory Reporting-Skit by Prevention Players



- **Staff members who perceive a student to be under the influence have the obligation to report it immediately to an administrator.**



VAPES/ E- Cigs/ Illegal Substances



What you need to know if you're caught:

- Your parent/guardian will be called.
- You will be suspended
- You will be sent out to be tested.
- You will have Pathways/SAC sessions.
- If you test positive for any substance:
 - You will receive additional OSS days
 - You and your parent will meet the SAC for support services/referral upon return to school.

JUST DON'T DO IT! IT'S NOT WORTH IT!



High School Consequences

Please refer to your handbook!



After School/ Lunch Detention

- one hour after school or missed lunch period
- 1st infractions (cutting/dress code/etc.)
- Late to school 4 times

Saturday Detention

- 9AM- 12PM
- 2nd infractions
- Excessive lateness to class

***Any 2 suspensions ACS and/or OSS = loss of privileges for the semester**

Alternative Classroom Setting (ACS)

- No cell phones
- Unexcused absence
- Room removal
- 2nd or 3rd infractions
- Parent contacted

Out of School Suspension (OSS)

- Major infractions (fighting/assault/threat/vapes/multiple cuts/leaving the building/ cursing at staff/ etc)
- Mandatory parent conferences

Grades 9-12+ Carteret High School

General Education Classes

Instructed by a general education teacher - accommodations and modifications provided



In-Class Resource

Instruction provided by a general education and special education teacher. The presence of a special education teacher will support the process of adapting instructional and transitional activities to enable access to regular educational curriculum and activities.

Resource Center Program

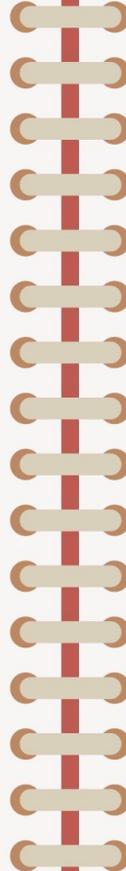


This placement provides the academic curriculum of various subjects, according to the core standards, in a smaller, more structured environment where the students may progress at their own pace and level. Special instructional strategies are provided by a special education teacher or content specialist.

Grades 9-12+ Carteret High School

Multiple Disabilities Class

This placement provides instruction for those students who exhibit moderate to severe learning disabilities and multiple disabilities. It provides a more intensive and specialized program with alternate instructional strategies. The staff for this type of program consists of a special education teacher and paraprofessional. Together this team works collaboratively to provide support and instruction to a small group of students.



Structured Learning Experience(SLE)/MD

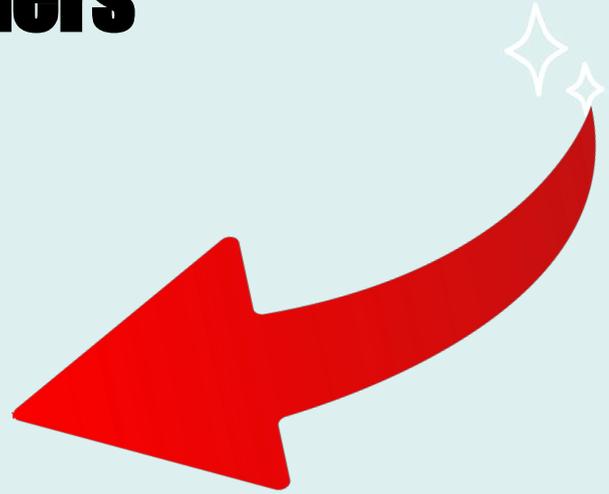


The SLE program for MD students (ages 16+) focuses on teaching and applying Life Skills both inside the school building and outside in the community. Students enrolled in this class spend part of their day addressing academic needs with a practical real-world approach. The rest of the day is spent in SLEs where students spend several hours a week working in the community alongside competent workers in the field.

Community Based Instruction (CBI) is an approach to learning that links students, schools, and workplaces.

Multilingual Learners

- **Large Growing population of Multilingual Learners**
- **Supported by 2 teachers**
 - **Supported by Bilingual counselors and administration**
 - **Travel in cohorts**
 - **General Education & ESL teacher**





Visit our office - Room 27

Call 732-541-8960 ext 4300

Check out our **Instagram**
@PathwaysSBYS

Staff + Emails

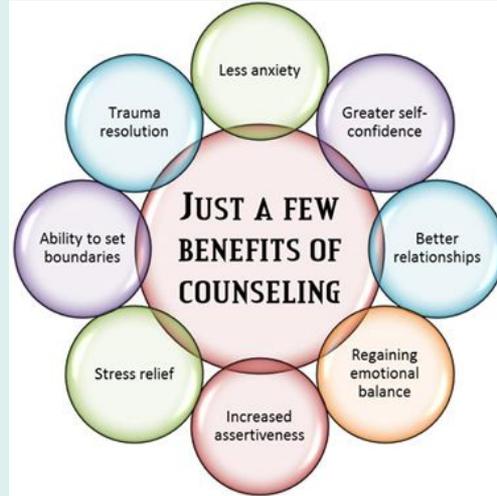
Ediza - elahoz@cartertetschools.org

Crystal - cmutilitis@carteretschools.org

Aja - abradley@carteretschools.org

Jackie- jacgarcia@carteretschools.org

Gideon - gabadilla@carteretschools.org



Referral Link:

<https://forms.gle/dRtbCmz1GoMHHicJ8>

What do we offer?

- ★ **Individual counseling**
Anxiety, depression, relationship issues, family issues, grief and loss, trauma, future planning
- ★ **Recreational activities**
Lunch time alternative to cafeteria
- ★ **Gender and Sexuality Alliance**
Support, advocacy, learning, culture changing
- ★ **SADD club**
Monthly awareness raising activities - substance use prevention, dating violence awareness and mental health awareness
Volunteer and community service opportunities
- ★ **Incorruptible Us**
local chapter - tobacco use/vaping prevention
- ★ **Letters for Rose**
local chapter - letter writing and support for older adults to decrease isolation
- ★ **Hope Squad**
Peer-to-peer support and suicide prevention



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CHS CLASS OF 2029! JOIN US FOR...



FRESHMAN TRANSITION PROGRAM



TO REGISTER, PLEASE SCAN
QR CODE OR FOLLOW LINK BELOW



<https://form.jotform.com/251594453167160>

PROGRAM DETAILS:

- Learn and practice Key Skills for success with Pathways Staff
 - Team building games
 - Stress and anxiety management workshops
- Meet current CHS students and tour the building to follow your class schedule

DATES/TIME (Choose One):

- Wednesday, August 27, 2025
- Thursday, August 28, 2025
- 10AM - 1PM

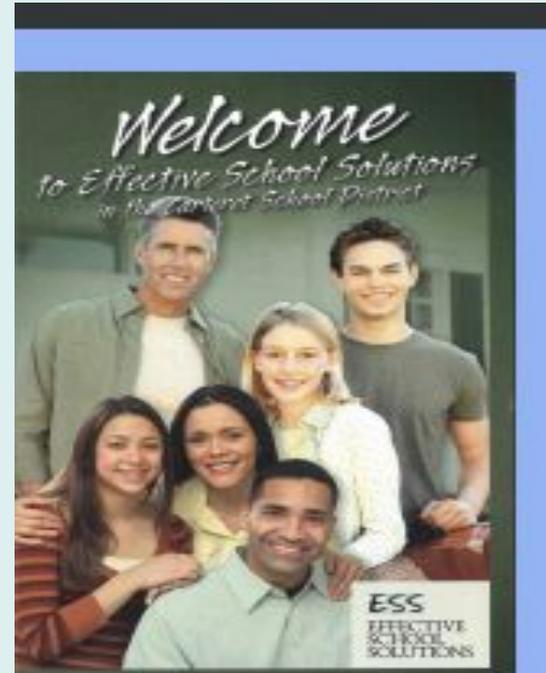
PARTICIPANTS WILL RECEIVE A FREE CLASS OF 2029 T-SHIRT! REGISTER TO CLAIM YOURS TODAY, WHILE SUPPLIES LAST! (T-SHIRTS CAN BE WORN IN SCHOOL ON RAMBLER FRIDAYS)

ANY QUESTIONS? PLEASE CONTACT
PATHWAYS BY PHONE AT 732.541.8960
EXT 4300 OR
EMAIL GIDEON.ABADILLA@WCPNJ.ORG

Effective School Solutions (ESS)

Therapeutic Program at CHS – Making the difference in students’ success educationally, socially, and emotionally

- **Provided at no charge**
- **Provides students individualized and quality clinical related services so that they can fully benefit from all that CHS has to offer**
- **Opportunity to participate during the school day in an array of therapeutic activities that include, individual and family therapy in order to:**
 - **Overcome emotional and/or behavioral challenges**
- **Monthly parent support and education meetings**
- **Here to help your child succeed while delivering clinical services that can make the difference in both school and life.**



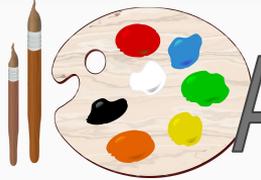
Get Involved....



Sports



Student Council



Art



World Language

Band



Drama



Choir



Make Your CHS Experience Count!!

Clubs and Organizations

National
Honor
Society

Yearbook

Peer
Tutoring

School
Newspaper

Step Squad

Odyssey
of the
Mind

Drama
Club

STEM
club

Bands:

- 1) Concert Band
- 2) Marching Band
- 3) Wind Ensemble

LASO

Prevention
Players

Gaming
Club

Choirs:

- 1) Concert Choir
- 2) Bella Voce (Treble)
- 3) Varsity Vocals (A Cappella)
- 4) Chorale
- 5) Chamber Choir

DECA Club

Student
Council

Filipino
Club

HOSA

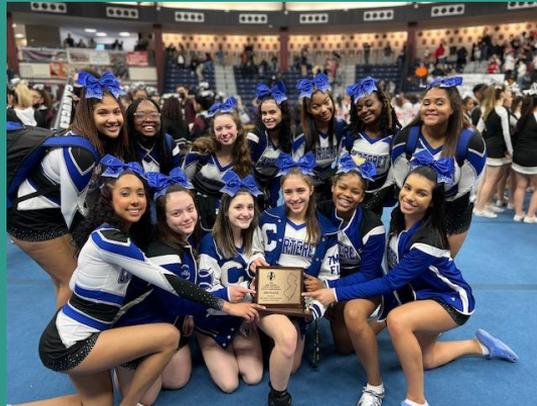
National
Art Honor
Society

Pathways

SADD
PALS
Incorruptible US
GSA
Letters for Rose
Girl Talk

Ladies of
Royalties

CHS-The building that never sleeps!





RAMBLER SPORTS

Fall Sports

Cheerleading
Football
Boys' Soccer
Girls' Soccer
Girls' Tennis
Girls' Volleyball

Winter Sports

Boys' Basketball
Girls' Basketball
Boys' Bowling
Girls' Bowling
Competition Cheerleading
Wrestling

Spring Sports

Baseball
Softball
Boys' Track
Girls' Track





Freshman are eligible for the fall and winter sports. For spring sports you must have 15 credits at the end of the first semester to be eligible to participate. At the end of your freshman year you must have 30 credits to participate in fall and winter sports your sophomore year.



Parents/Guardians/Families

Parents/Guardians are an integral part of a student's educational journey! Stay informed/"invested":

- **For Parents** tab of the school website (click the photo to access)
- **Parent Portal** to track grades, schedule, attendance, etc.

The screenshot shows the Carteret High School website. The browser address bar displays "carteret.k12.nj.us/Domain/8". The page header includes the school logo "RAMBLERS RISE" and the text "Carteret High School Children * Community * Commitment". To the right of the header are four icons: "Faculty & Staff Directory", "Parent Portal", "Lunch", and "Student Registration". A dark blue navigation bar below the header contains the links "Carteret High School", "Academics", "For Parents", and "Student Life". The main content area features a large aerial photograph of the school campus, which includes a multi-story brick building, a green football field with a red track, and a blue-roofed gymnasium. A red circle with a white exclamation mark is overlaid on the bottom right corner of the photograph. Two large, multi-colored arrows point from the text above to the "Parent Portal" icon and the "For Parents" navigation link.



Give us a follow

X: @CarteretHS

X for Counseling Dept: @RamblerCHSSC

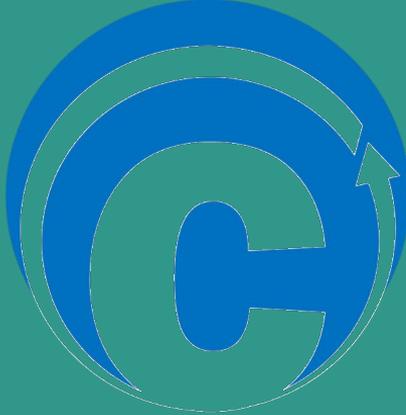
X for Athletics: @CHSRamblers

IG: cartereths_ramblers

IG Counseling Dept: carteretschoolcounseling



LET'S HAVE A GREAT YEAR!!



RAMBLERS RISE

