Raytown Schools Wellness Center

Rules for Review

General Information

- **Footwear**: Athletic Shoes must always be worn while on the workout floor. This includes using any equipment or walking the track. (Ask staff if you need clarification).
    - **NO** open toed shoes, crocs, sandals, or exposed heels.
- **Shirts**: Please make sure while you are working out or walking through the facility that you have a shirt on.
- **No Open Drinks**: Any drinks brought onto the work out floor must be in a closed container.
- **No Food**: Any food may be eaten in the lobby but not on the workout floor, in locker rooms, or the pool area.

Age Guidelines

- **Diver's License/Valid** ID: Any guest must be 18 years old or older and have a valid driver's license. If not 18, parent/guardian must accompany them and sign a guest pass for them.
- **16 Years Old or Older**: May attend Group Fitness classes, workout, or swim, without adult supervision. Must have a valid agreement signed.
- **13-15 Years Old**: May attend Group Fitness classes, workout, or swim, WITH adult supervision. The adult must always be within arm's reach (one machine over).
    - A family member that is 16 or older may act as adult supervision for a 13-15 year old, provided they are on the same family membership, or have had a parent permission form properly filled out.
- **12 Years Old or Younger**: May walk the track or swim WITH adult supervision.
- Children are not allowed to sit on the ground or wait in lobby while parents workout. Must be with Adult.

Fitness Floor

- **Walking Track**: Directions for walking/running are posted on each of the green pillars when walking upstairs. Children 12 years old or under must be accompanied by an adult while walking the track.
- **Equipment**: Please wipe down equipment after every use and return equipment after use.
- **Wiping Down Equipment**: Please use the paper towels and spray cleaner provided. Please spray the paper towel and not the machines themselves.
- **Personal Items**: Loose clothing, bags, or personal belongings are not allowed on the gym's floor or left on equipment. Please hang up your jackets either at the front entryway, in a locker, or your personal vehicle.
- **Locks**: Locks on lockers must be taken home at the end of the day, any locks left on a locker over 24 hours will be cut off.
- **Music/Phone Conversations**: Please use headphones when listening to your own music or having a conversation on the phone. No speaker phone please.

Forms and Passes

- **Parent Permission Forms**: A parent permission form must be filled out when bringing in a child that is not your own: grandchild, nephew/niece, friends, etc. The form can be found on our website or at the information table by the front desk. If the child's parents/guardians are not members, you will need to pay a $5 day pass or use a punch card. You are responsible for any guest you bring in.
- **Passes**: The following are the types of passes available to guests. (debit or credit card only, no cash)
    - **Day Pass**: $5 – good for one day.
    - **Single Week Pass**: $15 – for 7 consecutive days for an individual.
    - **Family Week Pass**: $25 – for 7 consecutive days for one guest, their spouse, and any of their dependents that are 18 years old or younger.
    - **Punch Card**: $40 – for 10 visits, the individual that is issued the punch card is responsible for it, but can bring in others with them, they will just need to be entered into the system.

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Group Fitness Classes

- Please sign the class logbook before entering class, please do not save seats for others who are not here.
- Children are **not** allowed to sit in a class while their parent participates.
- After the class is in session for 15 minutes, the class will be **CLOSED**.
- After the class logbook sheet is filled, the class will be **CLOSED**.

Pool

- Only **Water Shoes** are permitted in the swimming pools. Please do not wear any shoes worn in the parking lot in the swimming pool. (Please ask if you need clarification).
- **NO** running, horseplay, diving, eating, hanging on lane lines, foul language, inappropriate behavior, or public displays of affection.
- All flotations devices must be Coast Guard-approved.
- **NO** water guns, balls, frisbees, or projectiles of any type.
- **NO** electronics can be used in the pool and must be kept free of the pool walking areas/pool deck.
- Pool railings and ladders must always remain clear.
- All children must have adult supervision to swim in the pool. Adults must always accompany non-swimmers in the water.
- Swimsuits are required in the swimming pool. No street clothes.
- Swim tests are standard protocol for assessment of a swimmer's skills. If unsuccessful, an adult must accompany the swimmer in the water.
- Patrons are **NOT** allowed to use the starting blocks or the diving boards under any circumstances.
- Glass and metal items are not permitted in the pool area.

Kids Club Rules and Procedures

- **90 Minutes**: Children may stay in Kids Club for no more than 90 minutes per day if Kids Club is open.
- **Potty Trained**: Children must be potty trained, and able to use the bathroom without any assistance.
- **Age**: Kid's Club is for children who are 12 years old or younger.
- **Checking In/Out**: Only Parent/Guardian may check the child in or out of Kid's Club.
- **Remain in Facility**: The Parent/Guardian must remain in the Wellness Center while child is in Kid's Club.
- No Food of Drink allowed except for water.
- Children's belongings must be stored in locker of the parent/guardian, no electronics, toys, or bags.
- Children must always wear shoes.
- **Symptom Free**: Child must be symptom free for AT LEAST 24 hours from any sickness to use Kid's Club.
- If child/children are inconsolable for more than 15 minutes, the parent/guardian will be notified and required to assist staff.

Membership Cancellation

You may cancel your membership over the phone, by email, or come into the facility during business hours. Be prepared to verify your identity by answering some questions. There is no cancellation fee.

***Rules subject to change (email notification and signage) ***
Failure to follow rules may result in suspension or termination of membership