



2025-26 Athlete and Parent meeting

Our goal is to ensure that all students have an opportunity to enjoy healthy participation, achievement and good sportsmanship in education-based activities.

ASAA
ALASKA SCHOOL ACTIVITIES ASSOCIATION
Win for Life

Hollan Gravley Activities director 907-746-8424



Great things happening at PHS

1. Two state titles last year. First time as a school since 1995-1996.
1. 3 teams won the sportsmanship award at the state tournament.
2. 5 teams won the academic award at the state championships.
 - a. 2 teams second by 0.2 or less.
1. 2nd year in a row we have had both the Frontiersman male athlete of the year and the male coach of the year.
2. Football won the Valley!

Keys to success!

1. Flexibility- is the name of game with things like schedule changes, travel plan changes, etc
2. Schedules -arbiterlive.com-
 - official schedule/ trip itineraries will come from coach
3. Make sure you are signed up for ParentSquare. **Next slide**
4. Communicate with coaches, don't be afraid to ask questions.
5. Get involved! Help with your students meets and games.
 - Chain gang, concessions, merch booth, gate, etc

ParentSquare

1. Is our district wide communication platform.
2. We are transitioning to all school/ sport communication on this platform.
3. Once you are registered we will add your student and you to parent square.
4. **Right now we will use both ParentSquare and existing platforms for communication. Once everyone is in the system we will fully transition to using ParentSquare**

Keys to success

1. Student Central- 9th graders- update account to PHS
 - <https://studentcentral.bigteams.com/>
 - All forms online now
2. Academic Eligibility- 2.0 GPA and 2.5 credits passed
3. Pay Fees- before 1st competition- through ParentVue- has to be added to your account.
4. Adhere to MSBSD Co-Curricular Handbook, ASAA T.A.D. Policy
5. Understand your Role as a Student-Athlete and as a Parent.

Student Central/ Bigteams

1. Compete Online registration on Student Central

- - 9th graders- update account to PHS
 - <https://studentcentral.bigteams.com/>
 - All forms online now

2. Student account and Linked parent account-

Students **and** parents need to complete all the forms.

Poster in lobby- check before you leave- if not in the green call and ask for help

Vanessa Becker, Lisa Bowman in front office- 907-746-8400

Eligibility for Fall sports

1. Spring 2025 = 2.0 GPA and 2.5 credits (upperclassmen on track to graduate 2 credits)
 - Freshman automatically are eligible.
2. Quarter 1 10/7/25 (2.0 GPA) and passing 5 classes.
 - Playoffs!! (winter sports)

Underclassmen enrolled in at least 2.5 credit

Upperclassmen enrolled in at least 2 credits.

Athletic Fee

- \$300 per activity, Cap of \$700.00 per student.
- \$150 per activity for free or reduced lunch. \$375.00
- Must be paid prior to first contest.- If there is an issue talk with us, we can work out a plan.
- **Disregard the emails about outstanding fees right now.** This is getting caused by ParentSquare rollout.

Registration

If you have questions or issues with registration, please call the front desk ask for Vanessa Becker, Lisa Bowman or myself. [907-746-8400](tel:907-746-8400)

Fees

- \$300 per activity, Cap of \$700.00 per student.
- \$150 per activity for free or reduced lunch. \$375.00
- Must be paid prior to first contest.- If there is an issue talk with this, we can work out a plan.

Fee- Parentvue- once registration is completed it gets manually updated into parentvue

Good Morning, Vanessa Baker, 7/20/2024

- Home
- Synergy Mail 158
- Calendar
- Student Info
- Grade Book
- Attendance
- Report Card
- Course History
- Test History
- MTSS
- Health
- Fee**
- Class Websites
- Conference
- Documents
- District Document Links
- Additional Program Links
- Reimbursements

FEE SUMMARY

[Summary](#)

Balance that you owe: \$125.00 [Pay Fees](#)

Outstanding Fees

Date	Fee Code	Description	Fees	Payments	Adjustments	Balance	Fee Category	Course	Fee Status
07/23/2024 2024-2025	MSBSDA	MSBSD ATHLETIC FEES	\$250.00	\$0.00	\$-125.00	\$125.00	Sports		Balance Due
Total:			\$250.00	\$0.00	(\$125.00)	\$125.00			

Paid Fees

Date	Fee Code	Description	Fees	Payments	Adjustments	Balance	Fee Category	Course	Fee Status
No Data to Display									
Total:			0	0	0	0			

Fees

- Majority Goes right to the sport
 - Officials, stipends, entry fees, custodians, sport specific supplies,
- Transportation- bussing, flights.
- General activities supplies, training room, supplies, awards, etc.
- Weight room

Participation and Daily Eligibility

- Every player must have a min. of 10 practices before participating in a competition.
- 1st official practice 7/30 Football, xc, cheer, flag football, tennis
 - 8/6 Volleyball, swim/dive
 - tryouts count as practice
 - You must be in school at least $\frac{1}{2}$ of your scheduled classes in order to practice.

Participation and Daily Eligibility

- **Gameday-** need to be in all classes
- **Day before weekend meet/ travel-** need to be in school all day the be eligible.

If you are going to be missing school game day/ day before travel for a legitimate reason **(Doctor, Dentist, Academic field trip-)** you need to **communicate to me beforehand.**

- If you are too sick for school you can't play.
- If you have car trouble, slide in a ditch, etc. once you have notified your parents and are safe, please call Mr. Gravley. Office 746-8424.

Transportation-

- RM18 form- private transportation release- Part of registration - only locally/ Anchorage
- Bussing - If not riding the bus back with team
 - If your child is riding home with another family, outside of the Valley/Anchorage written permission needs to be sent to me beforehand.
 - When leaving an event- Check out with coach before leaving.
- Local events after school day may not have a bus.
- If we are leaving mid school day we will get a bus if we can.
- hollan.gravley@matsuk12.us

ASAA School of Eligibility & Transfers

*A. For transfer purposes, a student establishes residency at a school by **enrolling in and attending that school for fifteen (15) school days and/or establishes eligibility** by participating in an interscholastic activity.*

For transfer purposes, a student establishes their “school of eligibility” by participating* in an interscholastic competition.

*Participating is further defined as: Having met the minimum eligibility requirements to participate in competition and at least one of the following:

1. Being entered in a score/record book

1. For volleyball this is the roster

2. Recording an official time or score for the participant in an interscholastic competition

3. Dressing in uniform during an interscholastic competition

NOTE: Once established a student is not required to change their “school of eligibility” unless they wish to do so.

ASAA School of Eligibility & Transfers

Once you have established a school of eligibility, all ASAA activities must occur at the same school. If you wish you change your school of eligibility, you are subject to transfer rules that may limit your ability to participate on varsity for 1 calendar year.

For more information, see the ASAA Handbook or reach out to the school Activities Director.

If you are a transfer student please speak to me individually. Fill out waiver form on BigTeams registration (parent account). This doesn't apply to freshman unless you started at another school this year. Come talk to me

Transfers- cont.

All of these types of transfers result in immediate eligibility (assuming the student meets the other eligibility requirements and can provide the required documentation)

1. Transfer as a Result of a Move of Parents (must meet mileage requirement) (+30 miles school to school)
2. Transfer for Emancipated Student
3. Transfer Due to Parental Divorce or Legal Separation
4. Student Under Court Order or Ward of the State
5. Homeless Student
6. Transfer Due to Elimination of Activity
7. Alaska Students Involved in Exchange/Travel Programs

Roles and responsibilities

Student-Athlete Responsibilities

- Excel academically and stay eligible
- Grow as individuals and teammates
- Be dependable, self-motivated, and coachable

Represent Palmer High School with pride

- Show respect at all times to: Teammates, Opponents, Officials, Volunteers, Administrators and staff

Roles and responsibilities Cont.

Parents Responsibilities:

Support your student-athlete's growth and enjoyment

Support coaches and the overall program

Encourage a positive experience—ask if they're having fun

Show good sportsmanship—no berating officials or negative behavior

Be involved—attend events and help when possible (including booster club)

Roles and responsibilities Cont.

Coaches Responsibilities:

- Provide a fun, safe, and educational experience
- Ensure all rules, requirements, and responsibilities are met
- Maintain professionalism at all times
- Communicate clearly and respectfully
- Follow and enforce rules, schedules, and timelines

Communicating expectations

Student-Athletes

- Advocate for yourself—communicate directly with coaches
- Let your coach know **in advance** about absences or conflicts
- Ask questions and seek feedback

Parents/Guardians

- Support your child in handling their own communication, as the first step.
- Schedule questions, travel plans, absences, etc,
- Reach out to coaches **respectfully** if needed (not during or immediately after games).
- Talk to administrators if not resolved.
- Focus on your athlete's experience and growth

Administration (AD/School Staff)

- Unresolved concerns
- Eligibility questions
- Program-level issue

Injuries- Bret Adelsman OPA

- Report all injuries to a coach, coach's are required to fill out an accident report and turn into school nurse. Reporting will ensure that you receive the care needed, and can return to play when cleared.
- Athletic trainer is available during scheduled training room times, at games or by individual appointments when needed.
- Additional information on training room times will be provided to coaches on a weekly basis.

Concussion Management

- If a student is removed from an activity for a suspected concussion, they will be examined by onsite medical personnel that will conduct an assessment on the athlete and determine if the athlete is concussed.
- If they are deemed concussed, they will be removed and required to complete the M.S.B.S.D. return to play protocol.
- If they are cleared onsite by medical provider they can immediately return to the activity.

Tobacco, Alcohol and Drugs Policy (T.A.D policy)

- **The T.A.D. policy is well developed program that promotes and provides:**
 - zero tolerance of the use of Tobacco, Alcohol, and Controlled Substances. This includes the use of vapes and e-cigs.
 - clear penalties for violation
 - DVD/web-based Educational Components for students and parents
 - Will apply to all student participants in all ASAA sanctioned activities.
 - Students will be subject to policy beginning with first participation in an ASAA Activity through graduation.
 - Student athletes are bound to the contract from the first practice of the year through the last contest of the year. Typically the last Wed of July through the first weekend of June.

T.A.D. Violation penalties

First Offense – The student will be suspended from interscholastic activities and practice for 5 (five) calendar days (as defined in Section 10). The student may return to practice once the student and parent completes the First Offense educational component. (Required as of May 2022). 5 days must be completed before competition.

T.A.D. Violation penalties Continued

- **Second Offense** – The student will be suspended from interscholastic activities and practice for forty-five (45) calendar days. Both the student and parent/guardian must complete the Second Offense educational component prior to the student's return to competition and there will be no forgiveness of calendar days of suspension. While under the period of suspension, the student may return to practice after completion of the Second Offense educational component. A student may need additional days of practice before returning to competition (See Article 7, Section 5).

T.A.D. Violation penalties Continued

Any subsequent violations will lead to increased suspension time, increased educational components and can lead to the student becoming ineligible for participation in high school athletics.

M.S.B.S.D. Proximity rule

- **Proximity rule:** if you find yourself in proximity to alcohol, tobacco, drugs or prohibited substances, leave immediately. If you choose to remain within proximity of said items you are guilty by association according to our school district guidelines and will receive a T.A.D. violation.

(See Co-Curricular Handbook for more detailed explanation)

Hazing and Harassment

- we have zero tolerance for hazing or harassment!!! Hazing and Harassment can be verbal, physical, or electronic. If this is happening to you tell your coach, your parent, your teacher, the school nurse or school administrator immediately.
- Inappropriate content on facebook, instagram and other social media sites may lead to possible suspension and or dismissal from the activity. Student athletes regularly receive T.A.D. Violations and school suspensions for content that begins on social media.
- No picture taking in locker rooms.
- Forwarding inappropriate pictures is a crime.

Chain of Command, Concerns

Head Coach: If you have a concern, I encourage you to reach out to the coach at an appropriate time to discuss the issue. If after meeting with the coach, you feel that the issue was not resolved, please schedule a meeting with the the coach and myself /Mr. Clark.

Activities Director: Hollan Gravley

Principal- Activities: Matt Clark

Our goal is to solve issues at the building level in the most effective way possible. Many times frustrations occur due to lack of communication or understanding of policies and procedures. We will look at these moments as an opportunity for growth and improvement.