



Parental Request for Excusal from Healthy Kids Colorado Survey

Mesa County Valley School District 51 is among more than 130 Colorado school districts that administer the **Healthy Kids Colorado Survey** (HKCS) in the fall of odd-numbered years. Developed by several statewide agencies, this important survey asks students about health topics including exercise; diet; alcohol, tobacco, and drug use; mental health; suicide; bullying; and *sexual behavior (*high school only). It also asks students about school safety, trusted adult relationships, and other things known to relate to healthy choices.

This survey will provide schools, local youth-serving organizations, and state public health officials important and current information about the issues confronting our students as they grow into young adults. Data generated from this survey will be used to develop more effective programs that aim to address student needs, help youth-serving organizations identify and apply for grants, and help district and school leaders provide safer and healthier learning environments for all students.

Secondary students will receive the survey during class time. They may choose to answer only the questions they feel comfortable answering and may skip any of the questions in the survey. Additionally, the survey uses "Skip Logic," meaning if a student answers that they have not participated in a certain behavior, they will not see any follow up questions on that topic. The survey is anonymous, meaning the answers students give will be kept private. No one will know how an individual student answers, and their responses cannot be tied to their student login or device in any way. Students who are not completing the survey do other schoolwork during the survey time. We encourage you to discuss the survey with your child and share your views on their choice to participate. D51 will be provided with aggregate data showing how all district participants responded.

Once you have previewed the surveys and the [Parent FAQ's from the CO School of Public Health](#), if you wish to opt your student(s) out of the Healthy Kids Colorado Survey, please fill out one form for each student and return to the office at your student's school(s). If you are unable to deliver this form to your child's school, contact your child's school for an electronic delivery option. We will not be able to transfer this information from one school to another. This form must be returned prior to the start of the survey window or we cannot guarantee your student will not be surveyed.

For more information about the study, please visit the website at <http://www.healthykidscolo.org> or call the Healthy Kids Colorado Survey Director, Dr. Ashley Brooks-Russell, at 303-724-8437.

After reviewing the information provided, I do not want my child/children listed below to complete the survey.

If you are opting your child out of the survey, please make sure to tell them so they are not surprised at the time the survey is given.

Print Student Name	Student ID/Lunch #	School

By signing below, I certify I have educational decision-making authority regarding this student. I elect to excuse my student from the School Climate and Culture Perception survey. Please return this signed form to your child's school. If you are unable to deliver this form to your child's school, contact your child's school for an electronic delivery option.

Parent/Legal Guardian Name (Print)

Parent/Legal Guardian Signature

Date

PRINT

CLEAR FORM