

SCHOOL TRIPS PACKING LIST

NOTE: Students should be limited to ONE suitcase or duffle bag.
ALL ITEMS SHOULD BE MARKED WITH YOUR NAME.



Use the handy list below to check off items as you pack them both at home before you come to Frost Valley YMCA and use it again to make sure you don't leave anything behind!

NECESSARY:

AT HOME	AT FROST VALLEY	
☐	☐	4 pairs of underwear
☐	☐	4 pairs of socks
☐	☐	pajamas
☐	☐	2 pairs of walking shoes
☐	☐	raincoat
☐	☐	hat or hood
☐	☐	2 warm pants or jeans
☐	☐	1 jacket
☐	☐	1 heavy sweater
☐	☐	warm shirts
☐	☐	light shirts
☐	☐	bath towel
☐	☐	tissues
☐	☐	soap, shampoo
☐	☐	comb or brush
☐	☐	toothbrush & toothpaste
☐	☐	sleeping bag
☐	☐	water bottle
☐	☐	backpack
☐	☐	pillow
☐	☐	flashlight

OPTIONAL:

AT HOME	AT FROST VALLEY	
☐	☐	slippers
☐	☐	reading materials
☐	☐	writing materials
☐	☐	plastic bags
☐	☐	waterproof boots
☐	☐	wash cloth
☐	☐	binoculars
☐	☐	sunglasses
☐	☐	lip balm/ chap stick
☐	☐	stamps
☐	☐	camera
☐	☐	laundry bag

WINTER GEAR:

AT HOME	AT FROST VALLEY	
☐	☐	snow pants
☐	☐	boots (insulated, waterproof)
☐	☐	2 pairs warm mittens/gloves
☐	☐	scarf
☐	☐	winter coat (insulated, waterproof)
☐	☐	2 pairs extra wool/warm socks
☐	☐	ski hat (must cover ears)
☐	☐	long underwear

*** SNEAKERS ARE DISCOURAGED FOR WINTER WEAR**

NOT ALLOWED:

- radio/CD player/MP3/MP4 player
- portable TV
- cell phones
- videogames
- knives
- candy or gum
- food
- hair driers
- fireworks
- matches
- pets

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