



398 Pomfret Street  
PO Box 128  
Pomfret, CT 06258  
www.pomfret.org  
**CEEB Code: 070615**

**HEAD OF SCHOOL**  
Heather Daly

**ASSOCIATE HEAD OF SCHOOL**  
Don Gibbs

**DEAN OF ACADEMICS**  
Tanya Nongera-Nickerson

**DIRECTOR OF COLLEGE COUNSELING**  
Bruce Wolanin  
bwolanin@pomfret.org

**ASSOCIATE DIRECTOR OF COLLEGE COUNSELING**  
Arthur Horst  
ahorst@pomfret.org

**ASSOCIATE DIRECTOR OF COLLEGE COUNSELING**  
Sarah Gawronski  
sgawronski@pomfret.org

**ACADEMIC REGISTRAR**  
Jackie Deojay

Pomfret is accredited by the NEASC and is approved by the Connecticut State Department of Education.

Student-athletes compete in the NEPSAC.

**MEMBER OF:**

ACCIS	MTC
AISNE	NACAC
CAIS	NAIS
Cum Laude Society	NEACAC
CWRA	TABS

Pomfret will disclose to colleges at which a student has an active application any change in a student's enrollment status no later than ten calendar days after the official date of a student's withdrawal from the School.

**Founded in 1894, Pomfret School is an independent coeducational college preparatory boarding and day school for 350 students in grades nine through twelve and postgraduates located in rural Northeastern Connecticut. Admission to the School is competitive. The application process includes an interview, transcripts, teacher recommendations, and a student essay. Pomfret is test-optional.**

**MISSION**

Pomfret School empowers students to pursue lives of meaning and purpose.

**VISION**

To inspire the next generation of change makers and problem solvers.

**VALUES**

Community, Growth, Integrity

**PORTRAIT OF THE POMFRET GRADUATE**

- » Learns with curiosity and integrity
- » Engages inclusively with the community
- » Communicates purposefully
- » Navigates challenges strategically
- » Creates authentically
- » Leads and collaborates with humility
- » Cultivates habits of wellbeing

**SCHOOL DEMOGRAPHICS**

<b>29</b> states + DC and Puerto Rico	<b>36%</b> of students receive aid
<b>29</b> countries	<b>22%</b> BIPOC
<b>350</b> students	<b>21%</b> International students
<b>85%</b> Boarding   <b>15%</b> Day	

**PROGRAMS**

**CERTIFICATE PROGRAM**

Culminating in a diploma distinction (DD), the Certificate Program enables motivated students to pursue a focused area of study in depth. Building on foundational coursework, students complete eighty hours of experiential learning and a research-based capstone project in one of six areas: Artistic Expression & Design, Character & Leadership, Global Citizenship & Awareness, STEM Exploration, Social Justice, or Sustainability.

**EXPERIENTIAL TRAVEL**

Students can study and travel in the US and abroad, gaining valuable insights into different cultures, languages, and viewpoints. Recent destinations include Alabama, Maine, West Virginia, Costa Rica, Ecuador, France, Greece, Japan, Mexico, and Spain. All experiential travel at Pomfret is connected to credited learning experiences.

**INDEPENDENT STUDY**

Juniors, seniors, and postgraduates may pursue an independent study (IS) to explore a subject not covered in the Pomfret curriculum or to delve deeper into a topic that interests them. Students are expected to complete forty-five hours of exploration.

**LEADERSHIP OPPORTUNITIES**

Students apply for leadership roles. All leaders participate in a Leadership Academy lecture series held twice each month. Opportunities are available in student government, residential life, QUEST, Honor Board, admissions, unity groups, athletics, student activities, advancement, and the deans' office.

## ACADEMIC PROGRAM

Pomfret uses a competency-based approach to teaching and learning. Courses are built around clearly defined learning outcomes. Students receive meaningful feedback on assessments aligned with these outcomes, and final grades reflect the demonstrated progress toward – and often beyond – those goals.

Pomfret’s curriculum provides broad exposure to foundational skills and discipline-specific content for freshmen and sophomores. For students entering their freshmen year, math and world language placements are based on ability and prior experience. Juniors, seniors and postgraduates have more choices and access to honors and advanced courses. All students take six courses in each trimester, and classes in each course have an average of twelve students.

## HONORS AND ADVANCED COURSES

Pomfret offers two levels of accelerated study. Honors courses are fast-paced introductions to a subject. Advanced courses are our highest level; they are college-level and typically follow a prior year of study. Both require departmental approval. While Pomfret does not offer AP or IB courses, students in advanced classes might choose to sit for AP exams.

## HOW WE GRADE

- » Pomfret does not rank or report a GPA to colleges.
- » A+ is our highest grade. D- is considered the lowest passing grade. E is a failing grade.
- » At the discretion of the Academic Office, students may earn a pass in place of a letter grade.
- » Pomfret’s fall trimester grades serve as our mid-year report.

**GRADUATION REQUIREMENT** for students enrolling in the ninth grade. Adjustments are made for those who enroll later.

DEPARTMENT	REQUIREMENT	NOTES	HONORS 25 OFFERINGS	ADVANCED 53 OFFERINGS
English	4 years	Taken every trimester	1	18
History & Social Science	3 years	Humanities I: Global Studies, Humanities II: American Studies (or a US history equivalent), and the equivalent of one full year during their junior or senior year	2	7
Mathematics	3 years	Through Integrated Math III/Algebra II and through the junior year	3	7
Science	2 years with a lab	Lab courses: physics, chemistry, biology, Lab Science By Design, or Engineering: Design and Analysis. Students must complete the equivalent of one full year during their junior or senior year	7	8
World Language	Through Level 3	French, Latin, or Spanish	6	5
Arts	7 trimesters	Three trimesters of Arts Immersion freshman year plus four additional trimesters	6	6
Wellbeing	2 trimesters	Foundations in Wellbeing plus one additional course in junior or senior year	0	1

### CO-CURRICULAR REQUIREMENTS

- » Project: Pomfret – two-week immersive learning experience | 4 years
- » QUEST – ten sessions per year of exploring character, community, being, and belonging in small, grade-level groups | 4 years
- » Afternoon Program – interscholastic sports, dance, theater, robotics, yoga, community service, outdoor adventure, and fitness training | 4 years
- » Senior Chapel Talk – a public speaking requirement in front of the entire school | 1 year

## MATRICULATION CLASSES OF 2022-2025

Allegheny College  
 American University (2)  
 Amherst College  
 Assumption University  
 Auburn University  
 Babson College (2)  
 Bard College  
 Barnard College (3)  
 Bates College (2)  
 Baylor University  
 Belmont University  
 Beloit College  
 Bentley University (3)  
 Boston College (9)  
 Boston University (6)  
 Bowdoin College (2)  
 Bryant University (2)  
 Bucknell University (4)  
 Cal Poly San Luis Obispo  
 Caldwell University  
 Canisius College  
 Carnegie Mellon University (2)  
 Case Western Reserve University (2)  
 Centre College  
 Chapman University (2)  
 Citadel Military College of South Carolina  
 Claremont McKenna College  
 Clemson University (2)  
 Colby College (3)  
 Colgate University (2)  
 College of Charleston (7)  
 College of the Holy Cross (2)  
 College of William and Mary (2)  
 Colorado School of Mines  
 Concordia University  
 Connecticut College (2)  
 Cornell University (6)  
 CUNEF University (Madrid)  
 Curry College  
 Denison University (2)  
 Dickinson College  
 Drexel University (3)  
 Duke Kunshan University  
 Eastern Connecticut State University  
 Elon University (4)  
 Emerson College (3)  
 Emory University (4)  
 Fairfield University  
 Fordham University  
 George Washington University (7)  
 Gettysburg College (2)  
 Gordon College  
 Hamilton College (3)  
 Harvard University (3)  
 Haverford College  
 High Point University (2)  
 Hobart and William Smith Colleges  
 Hofstra University (2)  
 Hood College  
 Howard University  
 IE University - Madrid  
 IE University - Segovia  
 Indiana University - Bloomington (3)  
 Ithaca College  
 James Madison University  
 John Jay College of Criminal Justice  
 Johns Hopkins University (3)  
 Johnson and Wales University  
 Kenyon College  
 King's College London  
 Lafayette College  
 Lehigh University (4)  
 Louisiana State University  
 Loyola Marymount University  
 Loyola University Chicago  
 Macalester College  
 Marion Military Institute  
 Marist College  
 Massachusetts College of Pharmacy  
 and Health Sciences  
 Massachusetts Maritime Academy  
 Nazareth University (2)  
 New Jersey Institute of Technology  
 New York University (10)  
 Northeastern University (16)  
 Northwestern University (3)  
 Oberlin College  
 Occidental College  
 Pennsylvania State University (2)  
 Polimoda  
 Pratt Institute  
 Princeton University (2)  
 Providence College (5)  
 Purdue University (3)  
 Quinnipiac University  
 Rice University  
 Rider University  
 Ringling College of Art and Design  
 Roanoke College (3)  
 Rochester Institute of Technology (6)  
 Rollins College (2)  
 Rutgers University  
 Sacred Heart University (4)  
 Saint Anselm College (2)  
 Saint Joseph's College of Maine  
 Saint Leo University  
 Saint Michael's College  
 Salve Regina University (2)  
 Santa Clara University (3)  
 Sarah Lawrence College  
 Savannah College of Art and Design  
 Smith College  
 Southern Methodist University (5)  
 Southwestern University  
 St. Edward's University  
 St. Lawrence University (2)  
 St. Thomas Aquinas College  
 Suffolk University (2)  
 SUNY Plattsburgh  
 Syracuse University (8)  
 Technische Universiteit Eindhoven  
 Texas Christian University  
 The American University of Paris  
 The New School (2)  
 The Ohio State University  
 The University of Hong Kong  
 The University of Tampa (2)  
 Trinity College (12)  
 Tufts University (6)  
 Tulane University (7)  
 Union College (4)  
 United States Merchant Marine Academy  
 United States Military Academy at West Point  
 University of Alabama (2)  
 University of California - Irvine  
 University of California - Los Angeles (3)  
 University of California - San Diego  
 University of California - Santa Barbara  
 University of Chicago  
 University of Colorado Boulder (2)  
 University of Connecticut (10)  
 University of Delaware  
 University of Denver (6)  
 University of Exeter  
 University of Florida  
 University of Georgia  
 University of Illinois Urbana-Champaign  
 University of Maryland (2)  
 University of Massachusetts Amherst (3)  
 University of Miami (3)  
 University of Michigan (5)  
 University of Minnesota - Twin Cities  
 University of Mississippi (2)  
 University of North Carolina - Chapel Hill  
 University of Notre Dame  
 University of Pennsylvania  
 University of Rhode Island (4)  
 University of Richmond (4)  
 University of Rochester (2)  
 University of South Carolina  
 University of South Florida (2)  
 University of Southern California (2)  
 University of St Andrews (3)  
 University of Vermont (5)  
 University of Virginia (2)  
 University of Wisconsin - Madison (4)  
 Vanderbilt University  
 Vassar College (2)  
 Villanova University (2)  
 Virginia Tech (2)  
 Wake Forest University (5)  
 Washington & Lee University  
 Washington College  
 Washington University in St. Louis (5)  
 Wellesley College  
 Wentworth Institute of Technology (2)  
 Wesleyan University (3)  
 Wheaton College (Illinois)  
 Williams College (2)  
 Wilmington University  
 Worcester Polytechnic Institute (2)