WHO® We Help Ourselves

Mental Health America of Greater Dallas
Celebrating 75 Years of Service

Elementary Program

K-2	3-4	5
STRANGERS	MATERIALISM	MINDFULNESS
HURTS	EMOTIONAL RESILIENCE	SUBSTANCE USE
SECRETS	TRAUMA & COPING	CONFLICT RESOLUTION
TOUCHES	FAMILY VIOLENCE	INTERNET SAFETY
	SEXUAL ABUSE	HARASSMENT
		SELF-DESTRUCTION

Guardians may preview the materials by:

Parents may view videos online at:
https://www.cfisd.net/parents-students01/guidance-counseling/counseling/anti-victimization-curriculum

Parents may contact their child's campus to schedule an opportunity to preview the materials.

Parents may attend a preview scheduled at MHAB:

- Tuesday, September 2, 2025 at 9:00 am
- Tuesday, September 2, 2025 at 5:00 pm

Please scan and complete this form if you are planning on attending in In-Person preview: