

August 1 - August 15

What's Cooking Today?



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MIXED FRUIT CUP CONTAINS THE FOLLOWING: (Peaches,Pears, and Pineapple) MIXED VEGETABLES CONTAIN THE FOLLOWING: Peas,Carrots,Corn,Green Beans				1 Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1 1/2 c. Fresh Nectarine-1 Milk-8 oz.
4 W/G Cheese Manicotti -2 w/ Spaghetti Sauce Green Beans - 3/4c Orange Craisins - 1/2c Whole Grain Bread - 1 Milk-8 oz.	5 All Beef Hamburger on Wheat Hamburger Bun - 1 Vegetarian Beans - 3/4c Fresh Peach-1 Milk-8 oz.	6 Beef Nachos w/ Cheddar Cheese Sauce on W/G Tortilla Scoops-1 Grape Tomatoes - 1c Fresh Banana -1 Milk-8oz.	7 Grilled Chicken Fillet with Gravy - 3oz. French Fries - 3/4c. Fresh Plum-1 Whole Grain Bread - 1 Milk-8 oz.	8 Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1 1/2 c. Fresh Nectarine-1 Milk-8 oz.
11 French Toast Sticks-3 Turkey Sausage Links-3 Cold Corn Cup -3/4c. Strawberry Craisins - 1/2c. Milk-8 oz.	12 Turkey & American Cheese on W/G Potato Bun - 1 Sliced Carrots - 1c Fresh Peach-1 Milk-8 oz.	13 Chicken Meatballs Parmigiana on Wheat Sub Roll Mixed Vegetables - 3/4c Diced Pear Cup - 1/2c. Milk-8oz.	14 Cavatappi Pasta & Broccoli w/ Alfredo Sauce-3oz Fresh Plum-1 Wheat Dinner Roll-1 Milk-8 oz.	15 Whole Wheat 3x5 Cheese Pizza-2 3 Bean Salad Cup-3/4c Fresh Nectarine-1 Milk-8 oz.
18 School Closed 18-29	19	20	21	22
25				29