



MEASLES PROTOCOL

GET TESTED. STAY HOME. STAY SAFE.

SYMPTOMS OF MEASLES

- RED SPOTTED RASH
- SPOTS INSIDE MOUTH
- HIGH FEVER
- SORE THROAT
- RUNNY NOSE
- FATIGUE

Measles is a highly contagious viral infection that primarily affects the respiratory system. It is caused by the measles virus, which spreads easily through coughing and sneezing, and can remain active in the air for up to 2 hours.

PREVENTION OF MEASLES

- There is no cure and no specific treatment for measles. Bedrest, fluids, and fever control are the primary care - lasting anywhere from 10 to 14 days if you don't have complications.
- The most effective way to prevent measles is by receiving the Measles, Mumps, and Rubella vaccine (MMR). Two doses of the vaccine are 97% effective against measles.
- If you are sick, limit contact with others as much as possible to keep from infecting them and seek care immediately. Measles isn't just a rash - it can be dangerous, especially for babies and children.
- Measles can be serious in all age groups - however, there are several groups that are more likely to suffer - Children younger than 5 years of age, people who are pregnant, and people with weakened immune systems such as from leukemia or HIV infection



**SCAN HERE TO
REPORT AN ABSENCE**

*Notices must be made on the day of the absence
or by 3:30 the following day*