



The Individual Plans of Study (IPS) process empowers students in grades 6–12 to build self-knowledge, explore options, and create actionable plans for their future, with ongoing opportunities for learning and reassessment.

Key Steps in the IPS Process

- Build Self-Knowledge: Students identify interests, skills, preferences, and aspirations to guide their exploration.
- Explore Options: Students investigate career possibilities and educational pathways through engaging lessons and activities.
- Create a Plan: Students develop dynamic, personalized plans outlining steps to achieve academic, career, and life goals.
- Learn & Reassess: As students grow, they revisit and update their plans to reflect new experiences and insights.

Grade-by-Grade Highlights

- 6th Grade: Focus on interests, decision making, time management, and connecting school subjects to careers.
- 7th Grade: Explore learning styles, post-secondary pathways, biases in career choices, and job search strategies.
- 8th Grade: Identify skills, explore career matches, practice self-advocacy, and prepare for the transition to high school.
- 9th Grade: Assess personality styles, study habits, career factors, and post-secondary program options.
- 10th Grade: Examine work values, lifestyle costs, workplace skills, and ways to gain experience.
- 11th Grade: Develop entrepreneurial skills, analyze career demand, balance work/life, and research colleges.
- 12th Grade: Prepare for job interviews, define success, create backup career plans, and finalize career path choices.

Ongoing Activities for All Grades

- Regularly update interests, skills, and experiences.
- Explore and save career, school, and program options.
- Build and revise course plans to align with evolving goals.
- Add accomplishments and reflections.
- Review and update saved options to keep plans current and relevant.