

SEAC Syllabus

SEAC, Social, Emotional, Academic Class

Course Description/Goals:

SEAC is an intensive, self-contained classroom for students whose present behavior significantly interferes with academic and social adjustment within the educational setting. SEAC placement is appropriate only for those students whose behavior has impacted their educational performance across multiple settings so severely that they are unable to learn effectively. The SEAC program focuses on behavior intervention, acquisition of appropriate replacement behaviors, development of age-appropriate social skills and academics to prepare the students for a successful return to a less restrictive educational placement. All academic needs are addressed and instructional expectations remain high.

Course TEKS/Objectives:

Students in the SEAC classroom continue to access the grade-level curriculum while receiving intensive intervention focused on social skills and study skills. This integrated program supports students' emotional regulation, social development, and behavioral growth through targeted instruction and Tier 3 social-emotional supports.

Course objectives include:

Standards-Based Instruction: Align instruction with the Texas Essential Knowledge and Skills (TEKS) to ensure students receive targeted social-emotional and behavioral instruction within the general education framework.

Tiered Behavioral Supports: Deliver proactive, skill-based interventions from the Solid Roots curriculum to support students in understanding, practicing, and internalizing expected behaviors.

Social Communication Development: Use Everyday Speech to teach and model critical social skills including conversation, perspective-taking, and self-advocacy through relatable, visual-based scenarios.

Individualized Skill Building: Customize instruction to meet students' developmental levels and behavioral needs using data-driven goals and progress monitoring aligned with IEPs or intervention plans.

Emotional Regulation and Coping Strategies: Support students in identifying emotions, applying coping tools, and increasing resilience through daily practice and reinforcement.

Skill Generalization: Promote the transfer of skills across school environments through consistent language, routines, and collaborative staff implementation.

Supportive Environment: Foster a classroom climate that values relationship-building, clear expectations, and positive reinforcement to support student success.

By combining Everyday Speech and Solid Roots, this program offers a structured yet flexible framework that meets the behavioral and emotional needs of students while preparing them for meaningful participation in academic and social settings.

Course Outline:

Semester 1	Semester 2
Academic Readiness Adaptive Skills Communication Emotional Recognition Friendship	Problem Solving Resiliency Self-Regulation Situational Awareness Vocational