

SEPTEMBER 2025*Health-e Pro* 

MON	TUE	WED	THU	FRI
1 No School	2 #1 Beef Soft Taco #2 Plant Based Meat Soft Taco (M)* Baby Carrots & Pears Churro	3 Brunch For Lunch #1 Dutch Waffle w/ Chicken Sausage Patty Celery Sticks & Peach Cup	4 #1 Fish Nuggets Garbanzo Beans & Orange Snickerdoodle	5 #1 Whole Grain Corndog Corn & Apple
8 #1 Oven Fried Chicken Drumstick w/ Whole Grain Cornbread Broccoli & Mandarin Oranges	9 #1 Turkey Deli Sandwich Baby Carrots & Banana Rice Krispie Treat	10 #1 Pepperoni Pizza #2 Cheese Pizza (M) Celery Sticks & Raisins	11 #1 Pasta w/ Meat Sauce #2 Pasta w/ Plant Based Meat Sauce (M)* Pinto Beans & Orange Chocolate Chip Cookie	12 #1 Chicken Nuggets w/ Whole Grain Vanilla Crackers #2 Rebellious Plant-Based Nuggets w/ Whole Grain Vanilla Crackers (M) Peas & Applesauce Cup
15 #1 Beef & Cheese Quesadilla #2 Cheese Quesadilla (M) Broccoli & Peaches	16 #1 Cheesy Rippers w/ Pizza Dipping Sauce (M) Baby Carrots & Craisins Chocolate Cake	17 Brunch For Lunch #1 French Toast Sticks w/ Chicken Sausage Patty Celery Sticks & Orange	18 #1 Lasagna w/ Whole Grain Breadstick #2 Plant Based Meat Lasagna w/ Whole Grain Breadstick (M)* Black Beans & Apple M&M Cookie	19 #1 Whole Grain Corndog Corn & Grapes
22 #1 Cheeseburger #2 Veggie Burger (M) Broccoli & Pineapple Tidbits	23 #1 Nacho Supreme #2 Plant Based Meat Nacho Supreme (M)* Baby Carrots & Fruit Cocktail Sugar Cookie	24 #1 Pepperoni Pizza #2 Cheese Pizza (M) Celery Sticks & Mixed Berry Cup	25 #1 Mac & Cheese (M) Kidney Beans & Apple Banana Cake	26 #1 Chicken Nuggets w/ Whole Grain Vanilla Crackers #2 Rebellious Plant-Based Nuggets w/ Whole Grain Vanilla Crackers (M) Peas & Craisins
29 #1 Chicken Alfredo #2 Rebellious Plant-Based Chicken Alfredo (M) Broccoli & Raisins	30 #1 Teriyaki Beef Dippers w/ Brown Rice Baby Carrots & Strawberry Cup Fruit Crisp			

ANNOUNCEMENTS

(M) = Meatless Entrée

Daily Entrées Available:

#3 Yogurt Lunch (M)

#4 Baked Potato Bar (M)

Every complete meal comes with a choice of 1% white milk or fat free chocolate milk and salad bar.

*Peas are legumes. People with severe allergies to legumes like peanuts should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy.

Menu subject to change.

MEAL PRICES

Eligible students receive meals at no cost

Student Lunch = \$4.50

Milk = \$0.75

Adults = \$5.75

This institution is an equal opportunity provider.