

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990230	Apple & Yogurt Nachos	Milk, No Allergens Listed, Soy, Wheat
990229	Apple & Yogurt Nachos - CACFP	Milk, No Allergens Listed
990245	Apple Slices, Raw 1/4 cup	No Allergens Listed
990140	Apple Strudel Stick	Milk, Soy, Wheat
492	Apples, Raw	No Allergens Listed
990295	Applesauce Cup	No Allergens Listed
990212	APPLESAUCE, UNSWTND	No Allergens Listed
990066	APPLESAUCE, UNSWTND *RESIZED*	No Allergens Listed
70	Asian Vegetables	No Allergens Listed
990422	Avocado Spread	Milk, No Allergens Listed
491	Baby Carrots	No Allergens Listed
990035	Baby Carrots 1/2 cup	No Allergens Listed
990424	Bagel Bistro Box (ES)	Milk, Pork, Soy, Wheat
990329	Bagel Bistro Box (MS/HS)	Milk, No Allergens Listed, Pork, Soy, Wheat
990099	Bagel, WG *RESIZED*	Wheat
1288	Bagels, Mini Cream Cheese	Milk, Wheat
213	Baked Beans HHFKA	No Allergens Listed
990428	Baked Mac & Cheese	Milk, No Allergens Listed, Wheat
1281	Banana Bread, WG, Super Bakery	Egg, Milk, Soy, Wheat
990250	Banana Muffin	Egg, Milk, No Allergens Listed, Wheat
990236	Banana, fresh 1/4 cup	No Allergens Listed
990208	Bananas, Gr Tip	No Allergens Listed
990418	BBQ Ribette Sandwich	Milk, No Allergens Listed, Pork, Soy, Wheat
990381	BBQ Sauce	No Allergens Listed
990303	Bean & Cheese Burrito	Milk, Soy, Wheat
1069	BEANS GARBANZO	No Allergens Listed
990194	BEANS, GREAT NORTHERN, CANNED	No Allergens Listed
1059	BEANS,KIDNEY-NS	No Allergens Listed
990403	Beef & Broccoli w/ Fried Rice	No Allergens Listed, Sesame, Soy, Wheat
990439	Beef Burrito - SFSP	Milk, Soy, Wheat
990302	Beef Pizza Pocket	Egg, Milk, Soy, Wheat
990308	Biscuit Baked WG	Milk, Wheat
799	Biscuits & Gravy-breakfast	Egg, Milk, No Allergens Listed, Soy, Wheat

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276	Black Bean and Corn Salsa	No Allergens Listed, Soy
990300	Black Bean Burger w/ WG Bun	Egg, Milk, Soy, Wheat
879	Black Beans	No Allergens Listed
990355	Black Beans for SW Shaker	No Allergens Listed, Soy
990377	Blood Orange	No Allergens Listed
990421	Blueberry Bread	Egg, Milk, Soy, Wheat
990215	BLUEBERRY IQF	No Allergens Listed
990249	Blueberry Muffin + Yogurt	Egg, Milk, Soy, Wheat
990432	Blueberry Muffin SFSP	Egg, Soy, Wheat
990288	Boneless Chicken Wings SFSP 24	Egg, Milk, Soy, Wheat
990468	Boneless Wings w/ Roll (Bakery)	Egg, Milk, No Allergens Listed, Soy, Wheat
990488	Boneless Wings w/ Roll (Bakery) HS	Egg, Milk, No Allergens Listed, Soy, Wheat
1280	Bosco Stick WG (2) w/ sauce	Milk, No Allergens Listed, Wheat
990366	Braeburn Apples	No Allergens Listed
990261	Breaded Beef Fingers w/ Roll	Egg, Milk, Soy, Wheat
990289	Breaded Beef Fingers w/ WG Biscuit	Milk, Soy, Wheat
990318	Breakfast Bowl w/ WG Tortilla	Egg, Milk, No Allergens Listed, Wheat
990349	Breakfast Pizza Turkey Sausage WG	Milk, Soy, Wheat
507	Breakfast Pizza Turkey Sausage, WG Tonys 2023	Milk, Soy, Wheat
990313	Breakfast Pizza, Turkey Bacon Scramble	Egg, Milk, Soy, Wheat
990495	Breakfast Sandwich IW (Grab & Go)	Egg, Milk, Soy, Wheat
990320	Breakfast Taco	Egg, Milk, No Allergens Listed, Wheat
990471	Broccoli & Cauliflower	No Allergens Listed
990344	Broccoli & Cauliflower	No Allergens Listed
990244	Broccoli & Celery 1/4 cup	No Allergens Listed
990096	Broccoli Florets 1/2 cup	No Allergens Listed
990493	Brownie	Egg, No Allergens Listed, Soy, Wheat
990268	Buffalo Chicken Bites w/ Roll	Egg, Milk, Soy, Wheat
990480	Buffalo Chicken Bites w/ WG Biscuit	Milk, Soy, Wheat
990486	Build Your Own Burrito Bowl	Milk, No Allergens Listed, Soy, Wheat
990481	Build Your Own Pasta Bowl	Milk, No Allergens Listed, Soy, Wheat
990501	Build Your Own Ramen Bowl - Cold	No Allergens Listed, Soy
990484	Build Your Own Ramen Bowl - Hot	No Allergens Listed, Soy, Wheat

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Recipe #	Recipe Name	Allergen(s)
137	California Blend Veggies	No Allergens Listed
990285	California Turkey Club Wrap	Egg, Milk, No Allergens Listed, Pork, Wheat
990348	California Vegetable Blend	No Allergens Listed
990368	Cameo Apples	No Allergens Listed
990203	Cantaloupe, Fresh, Local	No Allergens Listed
990404	Caramel Mini Cinni Bar	Milk, Wheat
990442	Carrot	No Allergens Listed
990235	Carrots & Celery - 1/4 cup	No Allergens Listed
990343	Cauliflower	No Allergens Listed
990192	Cauliflower Florets	No Allergens Listed
990290	Cavatappi w/ Meat Sauce	No Allergens Listed, Soy, Wheat
990456	Celery	No Allergens Listed
990242	Celery 1/4 cup	No Allergens Listed
990408	Cereal Bar 1 oz	Soy, Wheat
1013	Cereal- Cheerios	No Allergens Listed
1290	Cereal, Bar, 2 oz, WG, Variety	Soy, Wheat
990129	Cereal, CACFP	No Allergens Listed, Wheat
1291	Cereal, Cup, 2 oz, WG Variety	Artificial Colors/Dyes, No Allergens Listed, Soy, Wheat
1305	Cereal, Rice Chex	No Allergens Listed
990228	Cheese Cheddar Cubes	Milk
990445	Cheese Pizza WG - IW	Milk, Soy, Wheat
990447	Cheese Quesadilla - SFSP	Milk, Soy, Wheat
1266	Cheese, String Mozzarella	Milk
149	CHEESEBURGER	Milk, Soy, Wheat
990466	Cheesy Egg Scramble	Egg, Milk, Soy
882	CHEEZ-IT WHOLE GRAIN CRACKER	Milk, Soy, Wheat
990142	Chef Salad Kit	Milk, No Allergens Listed, Pork, Wheat
990434	Cherry Strudel Bar	Milk, Soy, Wheat
1225	Chicken & Waffles	Egg, Milk, Soy, Wheat
1274	Chicken Alfredo Pasta	Milk, No Allergens Listed, Wheat
990314	Chicken Biscuit Sandwich	Milk, Soy, Wheat
990334	Chicken Burrito Bowl	Milk, No Allergens Listed, Soy, Wheat
990283	Chicken Caesar Wrap	Fish, Milk, No Allergens Listed, Wheat

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Recipe #	Recipe Name	Allergen(s)
990402	Chicken Carnitas Tacos	Milk, Soy, Wheat
990452	Chicken Drumstick w/ WG Dinner Roll	No Allergens Listed, Sesame, Soy, Wheat
990487	Chicken Egg Rolls	Egg, Milk, Soy, Wheat
990146	Chicken Fry Stix	Soy, Wheat
990293	Chicken Fry Stix w/ WG Biscuit	Milk, Soy, Wheat
900006	CHICKEN GRAVY	Milk, No Allergens Listed, Wheat
1095	Chicken Nuggets - SFSP	Soy, Wheat
990478	Chicken Nuggets w/ Brownie (Bakery) (MS/HS)	Egg, No Allergens Listed, Soy, Wheat
990470	Chicken Nuggets w/ Brownie (ES)	Egg, No Allergens Listed, Soy, Wheat
990296	Chicken Nuggets w/ WG Biscuit	Milk, Soy, Wheat
1004	Chicken Nuggets w/roll	Egg, Milk, Soy, Wheat
990433	Chicken Sausage & Cheese WG Biscuit Sandwich IW	Milk, Soy, Wheat
990440	Chicken Tender - SFSP	Wheat
990489	Chicken Tenders w/ Dinner Roll (Bakery)	Milk, No Allergens Listed, Soy, Wheat
990165	Chicken Wings w/ Roll	Egg, Milk, No Allergens Listed, Soy, Wheat
990482	Chicken Wings w/ Roll (Bakery)	Egg, Milk, No Allergens Listed, Soy, Wheat
990378	Chicken Wings w/ WG Biscuit	Egg, Milk, No Allergens Listed, Soy, Wheat
990155	Chicken, Boneless Wings	Egg, Milk, Soy, Wheat
990163	Chicken, Boneless Wings w/ Roll	Egg, Milk, Soy, Wheat
990265	Chicken, Buffalo Bites	Milk, Soy, Wheat
990177	Chicken, Fry Stix w/ Roll	Egg, Milk, Soy, Wheat
1030	Chicken, Strip (WG), EC	Wheat
863	Chickenwich	Soy, Wheat
990491	Chickenwich (MS/HS)	Milk, Soy, Wheat
904	Chili Lime Corn	No Allergens Listed, Soy
990326	Chili w/ Cinnamon Roll	Egg, No Allergens Listed, Wheat
990186	Chip, Sunchip, Harvest Cheddar	Milk, Wheat
1188	Chips and Salsa	No Allergens Listed
1277	Cinnamon Apples	Milk, No Allergens Listed, Soy
990160	Cinnamon Puff	Egg, Milk, No Allergens Listed, Soy, Wheat
990259	Cinnamon Roll, WGR	Egg, Milk, No Allergens Listed, Soy, Wheat
990222	Cinnamon Sugar	No Allergens Listed
990278	Coffee, Iced, HS only	Milk, No Allergens Listed

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990282	Coffee, Iced, Sugar, HS only	Milk, No Allergens Listed
990156	Cookie, Chocolate Chip	Egg, Milk, Soy, Wheat
876	Corn	No Allergens Listed
990045	Corn *RESIZED*	No Allergens Listed
385	Corn Dog 2024	Egg, Soy, Wheat
990255	Corn on the Cob	No Allergens Listed, Soy
990342	Country Breaded Beef Sticks	Soy, Wheat
990472	Country Breaded Beef Sticks w/ Roll (Bakery)	Milk, No Allergens Listed, Soy, Wheat
990226	Cracker Ritz Original Bulk	Soy, Wheat
990183	Cracker, Graham, Tiger Bites	Soy, Wheat
990145	Crackers & Protein Box	Milk, No Allergens Listed, Pork, Soy, Wheat
525	Crackers, Fish Shaped(P1)	Milk, Wheat
990427	Cranberry Orange Muffin	Egg, Milk, No Allergens Listed, Wheat
322	CREAM CHEESE	Milk
1034	Crispito	Wheat
990136	Croissant w/ Ham & Cheese Sandwich	Milk, Pork, Soy, Wheat
990171	Croutons, Homemade	Milk, Wheat
990438	Cucumber, SFSP	No Allergens Listed
990093	CUCUMBER,RAW 1/2 cup	No Allergens Listed
990237	CUCUMBER,RAW 1/4 cup	No Allergens Listed
990376	Daikon (White)	No Allergens Listed
990476	Dill Chicken Bites w/ WG Onion Rings	Milk, Soy, Wheat
990451	Dinner Roll WG 1.125 oz	Sesame, Soy, Wheat
990423	Donut WG, IW	Egg, Milk, Soy, Wheat
753	Edamame	Soy
990409	Egg & Cheese Biscuit	Egg, Milk, Soy, Wheat
990494	Egg & Cheese Breakfast Sandwich IW	Egg, Milk, Wheat
1171	Egg & Cheese Croissant	Egg, Milk, Soy, Wheat
990361	English Cucumbers	No Allergens Listed
990367	EverCrisp Apples	No Allergens Listed
990417	Fajita Vegetable Blend	No Allergens Listed
990386	Frank's Hot Sauce	No Allergens Listed
990319	French Toast Bake	Egg, Milk, No Allergens Listed, Soy, Wheat

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Recipe #	Recipe Name	Allergen(s)
990150	French Toast Sticks w sausElem	Egg, Milk, No Allergens Listed, Soy, Wheat
990151	French Toast Sticks w sausMSHS	Egg, Milk, No Allergens Listed, Soy, Wheat
990347	French Toast Sticks w/ Chicken Sausage (CACFP)	Egg, Milk, No Allergens Listed, Soy, Wheat
959	French Toast Sticks w/ Sausage - SFSP	Egg, Milk, No Allergens Listed, Soy, Wheat
990448	French Toast Sticks w/ Veggie Sausage	Egg, Milk, Soy, Wheat
990137	French Toast, Mini Cinnamon Rush	Egg, Milk, Soy, Wheat
990294	Frozen Carrots	No Allergens Listed
990292	Frozen Green Beans	No Allergens Listed
990182	Fruit & Veggie Bar, Academy	Artificial Colors/Dyes, No Allergens Listed, Soy
1311	Fruit & Veggie Bar, MS/HS 2024	Artificial Colors/Dyes, No Allergens Listed, Soy
990379	Fruit Bar or Fruit Crunchable	No Allergens Listed
990246	fruit cocktail, in light-syrup 1/4 cup	Artificial Colors/Dyes
990210	fruit cocktail, in light-syrup canned	Artificial Colors/Dyes
990251	Fruit Smoothie & Banana Muffin	Egg, Milk, No Allergens Listed, Wheat
990405	Fruit Smoothie w/ Muffin	Egg, Milk, No Allergens Listed, Wheat
1304	Fruit, Canned Variety	Artificial Colors/Dyes, No Allergens Listed
990056	Fruit, Canned Variety 1/2 Cup	Artificial Colors/Dyes, No Allergens Listed
117	Fruit, Fresh Assorted	No Allergens Listed
990135	Fruit, PY25 Variety	Artificial Colors/Dyes, No Allergens Listed
990369	Fuji Apples	No Allergens Listed
990287	Garlic Avocado Aioli	Egg, No Allergens Listed
990419	Goldfish & String Cheese	Milk, Wheat
990420	Goldfish Pretzels & String Cheese	Milk, Wheat
990479	Grab n' Go Salads - HS	Egg, Fish, Milk, No Allergens Listed, Pork, Soy, Wheat
990362	Granny Smith	No Allergens Listed
1306	Granola Bar, OatsnHoney 1.5oz	Soy
990467	Grape Jelly Crescent Roll	Milk, Wheat
990358	Grape Tomatoes	No Allergens Listed
990205	GRAPES,CONCORD,RAW	No Allergens Listed
990248	GRAPES,CONCORD,RAW 1/4 cup	No Allergens Listed
710	Gravy, Pepper Low Na+	Egg, Milk, No Allergens Listed, Soy, Wheat
875	Green beans	No Allergens Listed

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990037	Green beans *RESIZED*	No Allergens Listed
990087	Green Bell Pepper 1/2 cup	No Allergens Listed
990357	Green Pepper, Fresh	No Allergens Listed
990304	Grilled Cheese	Milk, Soy, Wheat
1276	Grilled Cheese on Pretzel Bun	Egg, Milk, Soy, Wheat
990449	Grilled Cheese Sandwich	Milk, Wheat
565	Grilled Chicken Sandwich	Soy, Wheat
990161	Ham & Cheese Hoagie	Milk, Pork, Soy, Wheat
990276	Ham & Cheese on Hamburger Bun	Milk, Pork, Soy, Wheat
1048	Ham and Cheese Sandwich	Milk, Pork, Soy, Wheat
990273	Ham and Cheese Sandwich Recipes	Egg, Milk, Pork, Soy, Wheat
161	Hamburger	Soy, Wheat
990436	Hash Brown Patty	No Allergens Listed
990490	Hoagies	Milk, No Allergens Listed, Pork, Soy, Wheat
990502	Homemade Blueberry Scones	Egg, Milk, No Allergens Listed, Soy, Wheat
990503	Homemade Cinnamon Scones	Egg, Milk, No Allergens Listed, Soy, Wheat
990464	Homemade Scones	Egg, Milk, No Allergens Listed, Soy, Wheat
990492	Honey Graham Crackers	Soy, Wheat
990384	Honey Mustard	Egg
69	Hot Dog on WG Bun	No Allergens Listed, Soy, Wheat
1285	Hot Ham/Cheese-Pretzel Bun	Egg, Milk, Pork, Soy, Wheat
990391	Hummus cup-Sabra brand	Soy
955	Hummus Plate - SFSP	Milk, Soy, Wheat
990299	Individual Cheese Pizza	Milk, Soy, Wheat
990257	Italian Cavatappi Bake w/ Breadstick	Milk, Soy, Wheat
990469	Italian Dunkers	Milk, No Allergens Listed, Soy, Wheat
990153	Italian Vegetables	No Allergens Listed
990383	Jalapeno Ranch	Egg, Milk, Soy
990407	Jalapenos, sliced	
990191	Jicama, Fresh	No Allergens Listed
364	Juice 4 oz Assorted 2025	No Allergens Listed
990400	Juice 8 oz Assorted 204 (ASP only)	No Allergens Listed
990395	Juice apple 4 oz.	No Allergens Listed

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990307	Juice Box Asst. SFSP	No Allergens Listed
990396	Juice Grape 4 Oz	No Allergens Listed
990200	Juice Orange 4 oz,	No Allergens Listed
810	Juice, Frozen Slushie Cup	Artificial Colors/Dyes
990198	Juice, Frozen Slushy Cup - Blue Rasp Lem	Artificial Colors/Dyes
990197	Juice, Frozen Slushy Cup - Kiwi Straw	Artificial Colors/Dyes
990380	Ketchup	No Allergens Listed
990371	Kiwi	No Allergens Listed
990370	Kohlrabi (Green)	No Allergens Listed
990474	Lasagna w/ Garlic Breadstick (Bakery)	Milk, No Allergens Listed, Soy, Wheat
990188	LETTUCE FRESH ARCADN BLEND	No Allergens Listed
990363	LudaCrisp Apples	No Allergens Listed
990335	Mac & Cheese Bites	Milk, Wheat
990209	MANDARIN ORANGES	No Allergens Listed
990247	MANDARIN ORANGES 1/4	No Allergens Listed
990360	Mango	No Allergens Listed
990216	mango frozen chunks	No Allergens Listed
990241	mango frozen chunks 1/4	No Allergens Listed
409	Mashed Potatoes	Milk, No Allergens Listed
990389	Mayonnaise Lite, packet	Egg
990184	Meat Sauce	No Allergens Listed
266	Meatball Sub Sandwich	Milk, Soy, Wheat
990425	Mediterranean Bistro Box (ES)	Milk, Soy, Wheat
990328	Mediterranean Bistro Box (MS/HS)	Milk, No Allergens Listed, Soy, Wheat
990271	Mexican Seasoning	No Allergens Listed
990393	Milk 1% Lowfat	Milk
990394	Milk Choc 1%	Milk
990392	Milk, 1%, Strawberry 1/2 pint	Milk
990435	Milk, Assorted - SFSP	Milk
81	Milk, Assorted 2024	Milk, Soy
1166	Mini Corn Dogs	Egg, Soy, Wheat
990461	Mini Maple Pancake - SFSP	Egg, Milk, Soy, Wheat
990457	Muffin & Yogurt - SFSP	Egg, Milk, No Allergens Listed, Soy, Wheat

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189	Muffin, Blueberry, Ind. WG	Egg, Soy, Wheat
990148	Muffin, Chocolate Chip, WG	Egg, Milk, No Allergens Listed, Soy, Wheat
1063	Mushroom, White fresh	No Allergens Listed
990388	Mustard, bulk	No Allergens Listed
990387	Mustard, packet	No Allergens Listed
990195	onion, red jumbo, fresh	No Allergens Listed
990196	Onion, Yellow Jumbo	No Allergens Listed
990323	Orange Chicken w/ Fried Rice	Egg, Sesame, Soy, Wheat
990463	Orange Chicken w/ Fried Rice - SFSP	Egg, Sesame, Soy, Wheat
990477	Orange Chicken w/ Steamed Rice	Egg, No Allergens Listed, Soy, Wheat
990207	Orange Slices, Fresh - 1/4 cup	No Allergens Listed
990443	Orange, Fresh	No Allergens Listed
990485	Oven Roasted Chicken Bites w/ Biscuit	Milk, No Allergens Listed, Wheat
990350	Pancake Sausage Breakfast Bites	Egg, Milk, Soy, Wheat
483	Pancake Sausage Wrap	Egg, Milk, Soy, Wheat
990431	Pancake Sausage Wrap SFSP	Egg, Milk, Soy, Wheat
990231	Pancakes, Mini, WG	Egg, Milk, Soy, Wheat
990190	pea, green frozen	No Allergens Listed
990239	pea, green frozen 1/4 cup	No Allergens Listed
990234	Peach, Sliced in Light-Syrup 1/4 cup	No Allergens Listed
990211	Peach, Sliced in Light-Syrup Canned Yellow	No Allergens Listed
990202	PEACHES, Local, Fresh	No Allergens Listed
990298	Peanut Butter & Jelly w/ String Cheese	Milk, Peanut, Wheat
990243	Pear sliced in juice 1/2 cup	No Allergens Listed
990206	Pear, raw fresh	No Allergens Listed
990345	Pear, sliced in juice	No Allergens Listed
381	Peas & Carrots	No Allergens Listed
990232	Peas & Carrots - 1/4 cup	No Allergens Listed
990398	PICKLE sliced dill hamburger krinkle cut	No Allergens Listed
990406	Pico de Gallo	
990213	PINEAPPLE TIDBIT in juice 1/2 cup	No Allergens Listed
990341	Pineapple Tidbits	No Allergens Listed
990365	Pink Lady Apples	No Allergens Listed

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990225	Pizza Bagel (Turkey Sausage)	Egg, Milk, Soy, Wheat
990426	Pizza Bistro Box (ES)	Milk, No Allergens Listed, Soy, Wheat
990330	Pizza Bistro Box (MS/HS)	Milk, No Allergens Listed, Soy, Wheat
990353	Pizza Hut Hand Tossed, Variety	Milk, Pork, Soy, Wheat
990352	Pizza Hut WG, Variety	Milk, Pork, Soy, Wheat
1172	Pizza Kit - SFSP	Milk, No Allergens Listed, Soy, Wheat
990141	Pizza, Dominos, Variety	Milk, Soy, Wheat
990399	Pizza, Sausage Homemade 16"	Milk, No Allergens Listed, Pork, Soy, Wheat
644	Pizza,3 Cheese HS Homemade 16"	Milk, No Allergens Listed, Wheat
61	PIZZA,ASSORT TONY'S SMART	Milk, Pork, Soy, Wheat
893	Pizza,Buffalo Chicken HS 16"	Egg, Milk, No Allergens Listed, Wheat
638	Pizza,Cheese HS Homemade 16"	Milk, No Allergens Listed, Wheat
891	Pizza,Garlic Chicken-HS 16"	No Allergens Listed, Wheat
643	Pizza,Ham&CheeseHS Homemade 16	Milk, No Allergens Listed, Pork, Wheat
640	Pizza,Hawaiian HS Homemade 16"	Milk, No Allergens Listed, Pork, Wheat
642	Pizza,HS Homemade Assorted 16"	Milk, No Allergens Listed, Pork, Wheat
639	Pizza,Pepperoni HS Homemade 16	Milk, No Allergens Listed, Wheat
645	Pizza,SupremeHS Homemade 16"	Milk, No Allergens Listed, Pork, Wheat
641	Pizza,Veggie HS Homemade 16"	Milk, No Allergens Listed, Wheat
990441	Potato	No Allergens Listed
1114	Potato Assorted	No Allergens Listed
990174	Potato, Crinkle Cut Fries	No Allergens Listed
990175	Potato, Hash Brown Rounds	No Allergens Listed
990176	Potato, Seasoned Spirals	No Allergens Listed
1300	Potato, Smiles 1/2 cup	No Allergens Listed
990240	Potato, Smiles 1/2 cup	No Allergens Listed
990138	Potato, Stuffed Hashbrown (Early Riser)	Egg, Milk, Wheat
1005	PreK Chicken Nuggets	Soy, Wheat
945	PreK Milk, Assorted	Milk
990483	Pretzel Dog, WG Beef	Wheat
1282	Pretzel, Soft, WG w/ Cheese	
990227	Pretzels	Milk, Wheat
990356	Protein Bistro Box (ES)	Milk, Peanut, Soy, Wheat

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Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990331	Protein Bistro Box (MS/HS)	Milk, No Allergens Listed, Peanut, Soy, Wheat
990321	Pulled Chicken w/ Baked Beans	No Allergens Listed, Wheat
990267	Pulled Pork Sandwich with Baked Beans	No Allergens Listed, Wheat
990315	Pumpkin Bread	Egg, Milk, Soy, Wheat
720	Radish, fresh	No Allergens Listed
990284	Ranch Chicken Wrap	Egg, Milk, No Allergens Listed, Wheat
990382	Ranch Dressing, Light	Egg, Milk
990414	Red & Green Pepper Strips	No Allergens Listed
990256	Red Pepper, Fresh 1/2 cup	No Allergens Listed
716	Red Pepper, Fresh 1/4 cup	No Allergens Listed
103	Refried Bean, Vegetarian (P2)	No Allergens Listed
990185	Rice	No Allergens Listed, Wheat
872	Roasted Broccoli	No Allergens Listed, Soy
990077	Roasted Broccoli *RESIZED*	No Allergens Listed, Soy
874	Roasted carrots	No Allergens Listed, Soy
990473	Roasted Cauliflower	No Allergens Listed
990154	Roll, WG 2.5 oz	Egg, Milk, Soy, Wheat
990455	Romaine Lettuce	No Allergens Listed
990143	Romaine, Whole Head, Chopped	No Allergens Listed
990375	Rutabaga	No Allergens Listed
990173	Salad Showcase - HS	Egg, Fish, Milk, No Allergens Listed, Pork, Sesame, Soy, Wheat
990172	Salad, Chef	Milk, No Allergens Listed, Pork, Soy, Wheat
990170	Salad, Chicken Caesar	Milk, No Allergens Listed, Soy, Wheat
990167	Salad, Cobb	Milk, No Allergens Listed, Pork, Soy, Wheat
990169	Salad, Southwest	Milk, No Allergens Listed
990390	Salsa -- Pre-portioned Dipping Cup	No Allergens Listed
990286	Sandwich Wrap Box	Artificial Colors/Dyes, Egg, Fish, Milk, No Allergens Listed, Pork, Wheat
990397	SAUCE TABASCO HOT	No Allergens Listed
990270	Sauce, Sweet Chili	No Allergens Listed, Soy, Wheat
662	Sausage Biscuit Sandwich (Chicken Sausage)	Milk, No Allergens Listed, Wheat
990411	Sausage Croissant	Milk, No Allergens Listed, Soy, Wheat
772	Savory Seasoning (Chef Rick's)	No Allergens Listed

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Recipe #	Recipe Name	Allergen(s)
990252	Scone, WGR Cinnamon Chip	Egg, Milk, Peanut, Soy, TreeNut, Wheat
990253	Scone, WGR Mixed Berry	Egg, Milk, Peanut, Soy, TreeNut, Wheat
522	Scrambled Eggs (P2)	Egg, Milk
990218	Smoothie, Berry Banana	Milk, No Allergens Listed
990217	Smoothie, Orange Dream	Milk, No Allergens Listed
990219	Smoothie, Tropical Escape	Milk, No Allergens Listed
990139	Snack Bar, Cinnamon Toast	Milk, Wheat
990372	Snacking Peppers	No Allergens Listed
990373	Snow Peas	No Allergens Listed
990401	Soft Pretzel Bistro Box (HS)	Milk, No Allergens Listed, Peanut, Wheat
990274	Soft Tacos	Milk, No Allergens Listed, Wheat
990429	Soy Milk - Plain	Soy
990430	Soy Milk - Vanilla	Soy
990144	Spaghetti w/ Meat Sauce	Egg, No Allergens Listed, Soy, Wheat
366	Spicy Chicken Sandwich	Egg, Milk, Soy, Wheat
990262	Spicy Chicken Sandwich - Elem	Egg, Milk, Soy, Wheat
990187	spinach flat leaf	No Allergens Listed
990338	Steamed Carrots	No Allergens Listed
990258	Steamed Edamame	No Allergens Listed, Soy
990413	Steamed Peas	
990214	Strawberry frozen	No Allergens Listed
990238	Strawberry frozen 1/4 cup	No Allergens Listed
990454	String Cheese	Milk
990339	Sugar Snap Peas	No Allergens Listed
990364	SunCrisp Apples	No Allergens Listed
1163	Super Nachos	Milk, No Allergens Listed
990223	Super Nachos - Vegetarian	Milk, No Allergens Listed
990354	SW Chicken Wrap	Egg, Milk, No Allergens Listed, Soy, Wheat
990450	Sweet & Sour Chicken w/ Fried Rice (SFSP)	Egg, Sesame, Soy, Wheat
990475	Sweet & Sour Chicken w/ Steamed Rice (ES)	Egg, No Allergens Listed, Soy, Wheat
990385	Syrup, Pancake	No Allergens Listed
990272	Taco Meat	No Allergens Listed
1157	Tater Tot	No Allergens Listed

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990233	Tater Tots 1/4 cup	No Allergens Listed
990460	Teriyaki Chicken Bowl	No Allergens Listed, Soy, Wheat
990162	Teriyaki Chicken Dumplings	Sesame, Soy, Wheat
990322	Teriyaki Chicken Dumplings w/ Chicken Egg Roll	Egg, Milk, Sesame, Soy, Wheat
990317	Three Cheese Egg Bites w/ Mini Bagel	Egg, Milk, No Allergens Listed, Soy, Wheat
990189	Tomatoes 5x6 Layer	No Allergens Listed
990103	Tomatoes, Cherry 1/2 cup	No Allergens Listed
990221	Turkey & Cheese Hoagie	Milk, No Allergens Listed, Soy, Wheat
306	TURKEY & CHEESE SANDWICH	Milk, No Allergens Listed, Soy, Wheat
990280	Turkey and Cheese on Hamburger Bun	Milk, No Allergens Listed, Soy, Wheat
990281	Turkey and Cheese on Pretzel Bun	Egg, Milk, No Allergens Listed, Soy, Wheat
990279	Turkey and Cheese Sandwich Recipes	Egg, Milk, No Allergens Listed, Soy, Wheat
990437	Turkey Pepperoni Pizza Pocket	Egg, Milk, Soy, Wheat
990444	Turkey Sausage & Pepperoni Calzone	Milk, Soy, Wheat
990410	Turkey Sausage Breakfast Burrito	Egg, Milk, Soy, Wheat
990351	Turkey Sausage Breakfast Pizza WG IW	Milk, Soy, Wheat
990346	Uncrustable & String Cheese (CACFP)	Milk, Peanut, Wheat
990309	Un-Crustable & String Cheese (SFSP)	Milk, Peanut, Wheat
990312	Uncrustable (ES/MS Field Trips Only)	Peanut, Wheat
990504	Uncrustable Kit - Elem	Milk, Peanut, Wheat
1269	Uncrustable Kit - MS/HS	Milk, No Allergens Listed, Peanut, Wheat
990446	Veggie Chicken Tenders & Dinner Roll	Sesame, Soy, Wheat
990415	Veggie Wrap	Egg, Milk, No Allergens Listed, Soy, Wheat
1287	Waffles, Mini, WG Ind	Egg, Milk, Soy, Wheat
990359	Watermelon Radish	No Allergens Listed
990204	Watermelon, raw	No Allergens Listed
990316	WG Donut Ring	Egg, Milk, No Allergens Listed, Soy, Wheat
990496	Whole Wheat Breadstick 51%, 1 oz	Milk, No Allergens Listed, Soy, Wheat
990497	Whole Wheat Breadstick 51%, 2 oz	Milk, No Allergens Listed, Soy, Wheat
990498	Whole Wheat Roll 51%, 1 oz	Milk, No Allergens Listed, Soy, Wheat
990499	Whole Wheat Roll 51%, 2 oz	Milk, No Allergens Listed, Soy, Wheat
990462	Wrap, Cheesy Chicken Fajita (hot wrap) - LHS menu	Milk, No Allergens Listed, Wheat
990374	Yellow Pepper	No Allergens Listed

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Recipe #	Recipe Name	Allergen(s)
990465	Yogurt & Banana Muffins (Bakery)	Egg, Milk, No Allergens Listed, Wheat
990147	Yogurt & Grahams Bundle	Milk, Soy, Wheat
1028	Yogurt Parfait	Milk, No Allergens Listed, Soy, Wheat

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