

Our Lady of the Lake Roman Catholic School
Yearly Course Outline
Religion
Seventh Grade
2025-2026

Teacher's Name:

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207

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Course Description

Students will deepen their understanding of God's Holy Word. They will read the New Testament and discuss it regularly. They will be able to name foreshadowing events from the Old Testament that prefigure something/someone in the New. Students will study the sacraments and see their connection/beginnings in Scripture. They will live the liturgical seasons of the year by learning what they signify and by preparing themselves to participate in them more fully. They will understand what it means to know, love, and serve the Lord through worship and by caring for and serving others. Students will learn several types of prayer - with an in-depth study of the Mass. They will learn what it means to be a child of God, the dignity this implies, and how to respond to God's call to love through our own personal vocation - be that marriage, the religious life or the consecrated single life. We will also focus on virtue and moral decision making.

Instructional Materials

Christ in Us, Sadlier Press, 2023
The New American Bible

Methods of Assessment and Distribution

All test, quiz, and homework grades will be posted on PowerSchool (www.ollpowerschool.org). Please check for postings frequently. Each quarter, four tests and four quiz assessments will be administered.

1st & 2nd Quarters
(Exams taken)

50% Tests
20% Exams
20% Quizzes
10% Homework

3rd & 4th Quarters
(No Exams taken)

60% Tests
30% Quizzes
10% Homework

Grading Scale

A: 100-94
B: 93-86
C: 85-78
D: 77-70
U: 69 and below

Tentative Course Calendar

**** Dates and course content are subject to change at discretion of teacher or administration. ****

Aug 7 - First day of school for 4-7

Week	Standards	Objectives (The learner will . . .)	Instructional Materials	Assessments
1st Quarter				
Week 1 Aug. 11-15	7. CC.4.1 - 4.4, 7.CC.2.3, 7.CC.1.19	Participate in various forms of prayer. Reflect on the Scriptures. Discuss the saint of the day. (DAILY - All year.) Get to know each other with some ice breaker activities. Discuss expectations, practice beginning class procedures.	Games, Questionnaire, saintoftheday.org, USCCB daily readings	
Week 2 Aug. 18-22	7.CC.4.4, 2.1.2.2, 2.4	- Discuss Mass etiquette, how to get more out of mass, and give tips for battling distraction. - Review Parts of the Mass. - Identify the Roman Missal and Lectionary and basic tools for the mass. - Encourage the children to attend Sunday mass by explaining why we need to go to mass on Sunday and by going over the gospel for Sunday. -Practice for the Feast of the Assumption - 7th grade's Mass		Quiz 1 - Parts of Mass, Mass etiquette
Week 3 Aug. 25-29	7.CC.1.2a-c	Look at a very brief overview of the World's most known religions and their basic beliefs as a way of pointing to the Catholic Church as the one begun by Christ Himself and possessing the fullness of Truth.	PPT, CCC	Quiz 2 – Activity: Compare/Contrast World Religions
Week 4 Sept. 1-5 9/1 Labor Day No School	7.CC.1.21a-c	Define the 4 Marks of the Church, the Precepts and who makes up the church - Militant, Triumphant and Suffering. Tell how we can know God (Divine revelation, Jesus, nature...)	Christ in Us, Chapter 1 & part of 5	Test 1 - Chapter 1

		Discuss the Deposit of Faith - Sacred Scripture and Tradition.		
Week 5 Sept. 8-12	7.CC.1.13-15	Review all the books of the Bible in order through song over the next several weeks. Delve into the mystery of the Trinity - what we can know about it now with our finite minds.	Bible, Chapter 2 Christ in Us	Quiz 3 – Books of the Bible
Week 6 Sept. 15-19 Spirit Week 9/19 Fun Run Kickoff	7.CC. 4.1b, 4.2	“Dissect” the Our Father. Know where it comes from in the NT. Explain fully the 7 petitions in the prayer that Jesus taught us.	Christ in Us Chapter 20, Bible, Catholic resources	Test 2 - Chapter 2
Week 7 Sept. 22-26	7.CC.3.8-3.9	Discuss why God made us. Define and discuss: original sin, the Fall, sanctifying grace, free will. Identify the major Old Testament covenants and the New Covenant.	Bible, Catholic resources Christ in Us Chapter 3	Quiz 4 - Our Father activity, Test 3 - Chapter 20
Week 8 Sept.29- Oct. 3 10/2 – Fun Run 10/2 - ½ day dismissal 10/3 – Faculty Inservice	7.CC.3.8-3.9	Continue exploring the covenants. Review for exam.	bible, resources, study guide	Test 4 - Chapter 3
Week 9 Oct. 6-10 10/10 - ½ day	7.CC.3.8-3.9	Review for Exam.	Study Guide	Exam
2nd Quarter				
Week 10 Oct. 13-17	7.CC.1.12-1.16	Commit to memory the mysteries of the rosary, the prayers and the fruits of the mystery. Practice it - or parts of it daily. Know the various titles of Jesus and reference them in the OT. Identify Jesus’ mission as Messiah and Savior. Define Incarnation as God becoming human and taking on human nature. Know Jesus as True God and True Man. Know that Jesus is truly present in the Eucharist and how we should receive Him based on that knowledge.	Chapter 4 Christ in Us	Quiz 1 - Mysteries of the Rosary Quiz 2 - Eucharistic Miracle Activity

		Explore Eucharistic Miracles.		
Week 11 Oct. 20-24 10/24 Faculty Inservice 10/24-26 OLL Festival	7.CC.2., 7.CC.1.6	Discuss the development of the Mass over the centuries. Define the Acts of the Apostles as the accounts of the early Church. Identify ways that we praise and thank God and Keep Holy the Sabbath.	Chapters 6-7 Christ in Us, Catholic resources	Test 1 - Chapter 4
Week 12 Oct. 27-31 10/31 – Fun Run Reward Day	7.CC.1.11, 1.17	Discuss the significance of the actions we make during mass. Investigate approved Marian apparitions.	CCC	Quiz 3 - Marian Apparitions Project
Week 13 Nov. 3-7	7.CC.3.8-3.9, 3.11, 3.7	Define and explain the difference between mortal and venial sin. Discuss consequences of sin and cite examples from scripture. List and explain the seven deadly sins. Explain how we use virtue and graces obtained through the sacraments to battle vice and sin. Discuss the importance of Jesus' command to forgive - and what does that mean.	CCC, Bible, Christ in Us Chapters 6-7, Catholic resources, Immaculee video and book, JP II video segment	Test 2 – Ch. 6-7
Week 14 Nov. 10-14	7.CC.1.5, 3.3 3.10, 3.11	Discern and practice making moral decisions. Discover our call to holiness through learning the beatitudes, works of mercy and the theological virtues. Determine saints with whom we have something in common to be our heavenly friends, intercessors, and role models.	Catholic resources Christ in Us Chapters 13-14 CCC Saint resources	Test 3 - Chap. 14
Week 15 Nov. 17-21	7.CC.3.14 7.CC. 2.7, 2.8	Review the form and matter of each sacrament (learned last year). Determine the symbols and places in the bible where each sacrament is found. Determine saints with whom we have something in common to be		Test 4 - Gratitude Journal Project

		our heavenly friends, intercessors and role models.		
Thanksgiving Holidays Nov. 24-28				
Week 16 Dec. 1-5	7.CC.3.14 7.CC. 2.7, 2.8 7.CC.1.18	Celebrate advent as a season of waiting and preparation for the coming of the Messiah in our daily lives and in the end times. Discover OT prophecy that foretold the coming of Christ. Discuss the role of prophets in the Church - what is Divine revelation vs private revelation. Recognize the second coming of Christ as announced in the NT and in Revelation. Know the names and definition of angels and how they relate to God's teaching.	CCC Bible Catholic resources	Quiz 4 – Advent
Week 17 Dec. 8-12	7.CC.2.5	Participate in the sacrament of reconciliation. Review the 10 Commandments and ways to examine your conscience to prepare for reconciliation. Review for Exam.	Study Guide Examination of Conscience	
Week 18 Dec. 15-19 12/19 - ½ day		Review for Exam.	Study Guide	Exam 2
Christmas Holidays Dec. 22 – Jan. 4				
3rd Quarter				
Week 19 Jan. 5-9	7.CC.3.6a-c, 1.12 7.CC.3.4-3.5	Learn familiar prayers and practices. Celebrate Christmas as the season that fulfills the promise made in the OT. Explore the various titles of Jesus. Cite New Testament passages of call/vocation from God to serve. Recognize that God gives us gifts and talents to be used to build up His Church - to serve. Explore different vocations as calling from God to live for Him:	Catholic vocations website USCCB Fishers of Men Christ in Us Chapter 10	Quiz 1 - Vocations puzzle

		Religious life, Priesthood, Single Consecrated and Marriage.		
Week 20 Jan. 12-16	7.CC.3.4-3.5, 3.6	Explore different vocations as calling from God to live for Him: Religious life, Priesthood, Single Consecrated and Marriage.		Test 1 - Chapter 10
Week 21 Jan. 19-23 1/19 – MLK Day No School	7.CC.3.2	Explain how life begins at conception. Discover the development of the child in the mother’s womb during the 9 months of pregnancy. Understand how the body is sacred. All parts are sacred and should be respected.	Catholic Pro Life Resources	Quiz 2 - Baby development booklet
Week 22 Jan. 26-30 Catholic Schools Week 1/30 - Pep Rally	*see Curriculum guidelines Arch-NO for Grade 7 7.CC.3.1	Discuss and defend the dignity of human beings. Recognize and respect the diversity of people/respecting people’s rights Recognize the family as the source of spiritual value, etc. Discover how our true identity and value is found in the fact that we are children of God. Define Incarnation & Theology of the Body. Explain God’s plan for humanity and how original sin affected that plan and us! Define Free Will and Original Sin.	TOB book Chapters 1-2 Review and accompanying videos	
Week 23 Feb. 2-6	*see Curriculum guidelines Arch-NO for Grade 7 7.CC.3.11 7.CC.4.1e	Define Language of the Body and give examples of what that means. Explain the significance of the Incarnation. Explain what our ultimate goal should be (heaven) and why? How will we get there? Explore the terms virtue and vice. Why is virtue important? How do we develop it? Expound upon the theological and cardinal virtues.	TOB Chapters 3-4 Review	Test 2 - Chap 1-2 Quiz 3 – Theological / Cardinal Virtue Activity

<p>Week 24 Feb. 9-13 2/13- ½ Day Grandparents Day</p>	<p>*see Curriculum guidelines Arch-NO for Grade 7 7.CC.3.11 7.CC.4.1e</p>	<p>Define and discuss abstinence, chastity, concupiscence, modesty, and lust. Explain gender complementarity and God’s plan for marriage and family. Explain why objects are to be used by people are ONLY to be loved - never used. Discuss the dangers of pornography, adultery and fornication. Discuss how far is “too far” when dating and why.</p>	<p>TOB Chapters 5-6</p>	<p>Test 3 - Chap. 3-4</p>
<p>Mardi Gras Holiday February 16-20</p>				
<p>Week 25 Feb. 23-27</p>	<p>7.CC.1.1. 1.2, 1.3, 1.4</p>	<p>Do an overview of the 4 gospels - what makes each unique. Begin reading the Gospel of John. Understand the gospels as accounts of the life of Jesus. Know the audience and style of the 4 gospel writers. Define evangelist, parable. See the connection between Jesus and the Sacraments. Find the sacraments in the gospel of John.</p>		
<p>Week 26 March 2-6</p>	<p>7.CC.3.1-3.4, 3.12-13</p>	<p>Continue reading John. Reference scripture to show the sacredness of life. Cite passages from John that speak of our call to serve God and the Church. Recognize how Jesus’ life was one of service and love. Discuss the gospel values and responsibilities and how they remain the basis for caring for the common good.</p>		<p>Test 4 - Cumulative TOB including Chapters 1-6 Quiz 4 - John’s gospel</p>
<p>Week 27 March 9-13 3/13 - ½ Day</p>	<p>7.CC.3.1-3.4, 3.12-13</p>	<p>Finish reading the gospel of John and discussing it.</p>	<p>Catholic Resources Bible</p>	
<p>4th Quarter</p>				
<p>Week 28 March 16-20</p>	<p>7.CC.2.5 7.CC.4.3 7.CC.1.6,1.10, 1.9</p>	<p>Participate in the sacrament of reconciliation. Review the 10 Commandments and ways to examine your</p>	<p>Catholic Resources</p>	<p>Test 1 - Gospel of John</p>

		<p>conscience to prepare for reconciliation.</p> <p>Students will work together to create a prayer service.</p> <p>They will take turns leading us in prayer over the next few weeks.</p> <p>Discuss the further development of the Church over the centuries from the Apostles to the present (overview).</p> <p>Read parts of the Acts of the Apostles.</p> <p>Know the Apostles' names and calling.</p>		
<p>Week 29 March 23-27 3/26 – Passion Play</p>	7.CC.1.6, 1.9, 1.10	<p>Know the names of the apostles and a bit about each.</p> <p>Define the Acts of the Apostles and the accounts of the Early Church.</p> <p>Examine the role of the Holy Spirit in the early church beginnings.</p>		<p>Quiz 1 - Acts of the Apostles bible search</p> <p>Quiz 2 - Grade Group Prayer Service (ongoing till year end)</p>
<p>Week 30 Mar 30 - Apr 3 No Bus Service 4/3 – Good Friday</p>	7.CC.1.7-1.8	<p>Celebrate Lent as a season of Penance and a time of renewal.</p> <p>Make plans for making the most out of lent.</p> <p>Discuss the “rules and regulations - Why, when and how for prayer, fasting and almsgiving.</p> <p>Define the Epistles as letters written to the early Church communities.</p> <p>Identify themes in the Epistles in relation to life.</p> <p>Examine 1 Corinthians closely.</p>		<p>Test 2 – “YouTube style” 2-3 minute video project on a faith topic with scripture reference</p>
<p>Easter Holiday April 3-10</p>				
<p>Week 31 April 13-17</p>	7.CC.1.7-1.8	<p>Continue reading and discussing 1 Corinthians and looking for themes that apply to our daily lives.</p> <p>Catholic Apologetics - know and defend the faith.</p> <p>Q&A and discovery on several topics like should the Church change its teachings to “keep up</p>		<p>Quiz 3 – Service Project - choice of activities given - write a letter to a teacher/staff member who has made a difference, beautify campus,</p>

		with the times,” where is purgatory in the bible?, Is a sister and a nun the same thing?, How can Mary be a virgin if the bible talks about Jesus’ “brothers?”, etc.		do something special for your Mass buddy. Quiz 4 - Defending the faith - “How would you answer” essay.
Week 32 April 20-24	*see Curriculum guidelines Arch-NO for Grade 7	Recap, Review Talk about how we can truly live what we’ve learned - how to be true to the language of our bodies & how to follow God’s will for our lives.	TOB Chap. 7-8	Test 3 – Keynote - 5 Most Important Things (I learned this year)
Week 33 April 27 - May 1 5/1 - Field Day ½ Day	7.CC.1.11 7.CC.1.17	Review the mysteries of the rosary, the prayers and the fruits of the mystery. Practice it - or parts of it daily. Celebrate the Easter Season. Discuss the Ascension and Pentecost. Know the various titles of Mary and what they say about her life. Examine the role of Mary in the Church.		Test 4 - Mary Title Presentation <i>**may not need Test 4**</i>
Week 34 May 4-8 5/5 May Crowning 5/7 – 7 th Graduation				
Week 35 May 11-15				
Week 36 May 18-21 5/21 ½ day				