

# AUGUST

A Grab N' Go and choice of milk will be offered every day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
<h2 style="color: pink; text-align: center;">WELCOME BACK!</h2>		6 Chicken Drumsticks or Boneless Wings with Hot Roll Mashed Potatoes Seasoned Vegetables Berries & Cream	7 Spaghetti with Meat Sauce or Choice of Pizza Garlic Toast Steamed Vegetables Garden Fresh Salad Fruit Cup	8 BBQ Sub or Chicken Sandwich Basket with Fries Lettuce, Pickles, and Tomatoes Fresh Baked Cookie Fresh Fruit		
		11 Mac & Chees Bows Garlic Knot Roasted Vegetables Carrot Dippers Fruit Cup	12 Beef or Chicken Nachos Tossed Salad Refried Beans Spanish Rice Homemade Salsa Orange Smiles	13 Steak Fingers or Chicken Nuggets with Hot Roll Mashed Potatoes Seasoned Green Beans Fruit Cup	14 Chicken Alfredo or Choice of Pizza Garlic Bread Garden Fresh Salad Seasoned Vegetables Fruit Dessert	15 Specialty Burger or Corn Dog Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit
		18 Asian Bowl with Fried Rice or Popcorn Chicken Seasoned Vegetables Glazed Carrots Fruit Salad	19 Soft or Crispy Tacos Pinto Beans Spanish Rice Homemade Salsa Shredded Lettuce Chopped Tomatoes Pineapple	20 Chicken & Waffles or Chicken Strips with Hot Roll Mashed Potatoes Steamed Vegetables Berries & Cream	21 Chicken Spaghetti with Breadstick or Choice of Pizza Seasoned Green Beans Garden Fresh Salad Strawberry Apple Sauce	22 Chili Dog or Cheese Burger Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit
		25 Stuffed Baked Potato with Hot Roll or Cheese Sticks with Marinara Sauce Macaroni & Cheese Steamed Broccoli Carrot Dippers Fruit Medley	26 Quesadillas or Crispito Spanish Rice Pinto Beans Garden Fresh Salad Homemade Salsa Fruit Cup	27 Country Bowl or Country Bucket Hot Roll Carrot Dippers Fruit Cup	28 Spaghetti with Meat Sauce or Specialty Pizza Garlic Bread Steamed Vegetable Garden Fresh Salad Fruit Dessert	29 Cheese Burger or Chicken Sandwich Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit

An option of cereal & toast, fresh fruit or fruit cup, and a choice of juice and milk are also offered every day.

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of 8/4 & 8/18	Breakfast Pizza	Cereal & Grahans	Pig in a Blanket	Biscuits & Gravy	Pancake Wrap
Week of 8/11 & 8/25	Waffles	Yogurt & Grahans	Breakfast on Bun	Banana Bread	Breakfast Taco

This institution is an equal opportunity provider.

elementary

## Back to School Fuel!

School is back and so are yummy lunches!

- Apples give your brain a boost
- Sandwiches give you super strength
- Veggies help you stay sharp

Don't forget to:

- Drink water
- Try something new
- Have fun in the lunchroom

Let's make this the tastiest year ever!

