Pueblo Department of Public Health & Environment

LOCAL MENTAL HEALTH RESOURCES

Associates for Psychotherapy & Education
aforp.com
719-564-9039

Crossroads' Turning Point
crossroadstp.org
719-546-6666

Health Solutions
health.solutions
719-545-2746

Mental Health America of Pueblo
pueblomentalhealth.org
719-966-7642

National Alliance of Mental Illness (NAMI)
namisoutheastco.org
719-315-4975

Parkview Medical Center Behavioral Health
parkviewmc.com/care-treatment/behavioral-health
719-595-7891

Pueblo Senior Resource Development Agency
srda.org/index.aspx?NID=88
719-583-6611

Pueblo Community Health Center (PCHC)
pueblochc.org
719-543-8711

Suicide Prevention Coalition of Pueblo County
pueblosuicideprevention.org/

I Matter
imattercolorado.org/

LIFELINES

Colorado Crisis Services
844-493-8255
text "TALK" to 38255

Crisis Text Line
Text "HOME" to 741741

Suicide Prevention Lifeline
800-273-TALK (8255)
For Veteran's Crisis Line, press 1

Pueblo Rape Crisis Services
719-549-0549

Safe2Tell
877-542-7233

Trevor Lifeline (LGBTQ)
866-488-7386

ONLINE MENTAL HEALTH RESOURCES

Colorado Crisis Services
coloradocrisisservices.org

Half of Us
halfofus.com

Kevin Hines Story
kevinhinesstory.com

Let's Talk Colorado
letstalkco.org

Make It OK
makeitok.org

Mental Health First Aid CO
mhfaco.org

Need to Text
need2text.com

OK to Talk
ok2talk.org

Postvention
postvention.org/suicide-attempt-survivors

Safe2Tell
safe2tell.org

Self Care Is For Everyone
selfcareisforeveryone.com

Speak Now Colorado
speaknowcolorado.org

Stamp Out Stigma
stampoutstigma.com

Substance Abuse/Mental Health
samhsa.gov

Suicide Awareness Voice of Ed.
save.org

Suicide Prevention Resource Cntr.
sprc.org

Suicidology
suicidology.org

Sweatpants & Coffee
sweatpantsandcoffee.com

Trevor Project (LGBTQ)
thetrevorproject.org

To Write Love on Her Arms
twloha.com



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