

Wallenpaupack Area School District

Planned Course Curriculum Guide

Family and Consumer Science

7th Grade

Course Description:

The 7th Grade Family and Consumer Science course introduces students to areas in managing a healthy household. Students will demonstrate their knowledge of child development, child health, and childcare skills along with lifelong lessons in nutrition and reading nutrition labels.

Revision Date: October 2022

Wallenpaupack Area School District Curriculum	
COURSE: Family and Consumer Science 7th Grade	GRADE/S: 7
UNIT 1: Child Development	TIMEFRAME: 12 days

PA COMMON CORE/NATIONAL STANDARDS:

11.4.6.A: Compare and contrast child development guided practices according to the stage of child development.

11.4.6.B: Identify ways to keep children healthy and safe at each stage of child development.

11.4.6.C: Identify the role of the caregiver in providing a learning environment (e.g., babysitting, daycare, preschool).

11.4.6.D: Identify child-care provider considerations.

11.4.6.E: Identify characteristics of quality literature for children and other literacy enhancing activities.+

UNIT OBJECTIVES (SWBATS):

Students will be able to demonstrate their knowledge of child development, child health and child care skills.

INSTRUCTIONAL STRATEGIES/ACTIVITIES:

- Note taking
- Homework
- Cooperative learning
- Peer interaction
- Modeling
- Active participation
- Hands on learning
 - Brainstorming
 - Problem solving

ANCHOR VOCABULARY:

- Infant
- Toddler
- Preschooler
- Large motor skills
- Small/fine motor skills
- Eye – hand coordination
- Physical Development
- Intellectual Development
- Emotional Development
- Social Development
- Problem solving skills
- Reflexes

- Solitary play
- Parallel play
- Cooperative play
- Moral Development

ASSESSMENTS (Diagnostic/Benchmark/Formative/Summative):

- CDTS (Diagnostic)
- Keystones (Summative)
- Formative assessments
- Classroom participation
- Classroom observations
- Teacher observation

EVIDENCE OF MASTERY/Cut Score (Keystone Exam):

Students will show growth of their knowledge in Development with a final grade of 85% or better.

DIFFERENTIATED INSTRUCTION (Remediation/Extension) (Process, Product or Content)

- Appropriate accommodations based on the student's IEP/504 Plan

RESOURCES (Websites, Blogs, Videos, Whiteboard Resources, etc.):

- Instructional videos
- Instructional you tube videos
- Worksheets/handouts
- Power Point presentations
- May vary based on class, availability and updates

RESOURCE SPECIFIC VOCABULARY:

- SAS
- Various teacher edition text books

Wallenpaupack Area School District Curriculum	
COURSE: Family and Consumer Science 7 th Grade	GRADE/S: 7
UNIT 2: Nutrition	TIMEFRAME: 10 classes

PA COMMON CORE/NATIONAL STANDARDS:

11.3.6.C Analyze factors that effect food choices.

11.3.6.D Describe a well-balanced daily menu using the dietary guidelines and the food guide pyramid.

11.3.6.E Explain the relationship between calories, nutrient and food input versus energy output; describe digestion.

UNIT OBJECTIVES (SWBATS):

Students will be able to determine the importance of nutrition and wellness as it relates to life long learning.

Students will be able to read and understand the Food Label.

INSTRUCTIONAL STRATEGIES/ACTIVITIES:

- Note taking
- Homework
- Cooperative learning
- Peer interaction
- Modeling
- Active participation
- Hands on learning
- Brainstorming
- Problem Solving

ANCHOR VOCABULARY:

- Nutrition
- Nutrients
- Calories
- Malnutrition
- Protein
- Fats
- Carbohydrates
- Vitamins
- Minerals
- Calcium
- Body composition
- Energy balance
- Eating disorders

- Anorexia Nervosa
- Bulimia Nervosa
- Body Mass Index (BMI)
- MyPlate

ASSESSMENTS (Diagnostic/Benchmark/Formative/Summative):

- CDTS (Diagnostic)
- Keystones (Summative)
- Formative assessments
- Classroom participation
- Classroom observations
- Teacher observation

EVIDENCE OF MASTERY/Cut Score (Keystone Exam):

Students will show growth of their knowledge in Nutrition and reading Food Labels with a final grade of 85% or better.

DIFFERENTIATED INSTRUCTION (Remediation/Extension) (Process, Product or Content)

- Appropriate accommodations based on the student's IEP/504 Plan

RESOURCES (Websites, Blogs, Videos, Whiteboard Resources, etc.):

- Instructional videos
- Instructional you tube videos
- Worksheets/handouts
- Power Point presentations
- May vary based on class, availability and updates
- myplate.gov

RESOURCE SPECIFIC VOCABULARY:

- SAS
- Various teacher edition textbooks
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