



Paramount High School Senior Campus

Serving the Whole Child, Families & Community

Christiana Kraus, Principal

Vanessa Guerra, PHS Social Worker

Denice Trejo, PHS Social Worker

Lizette Canales, LACOE Community Schools Specialist



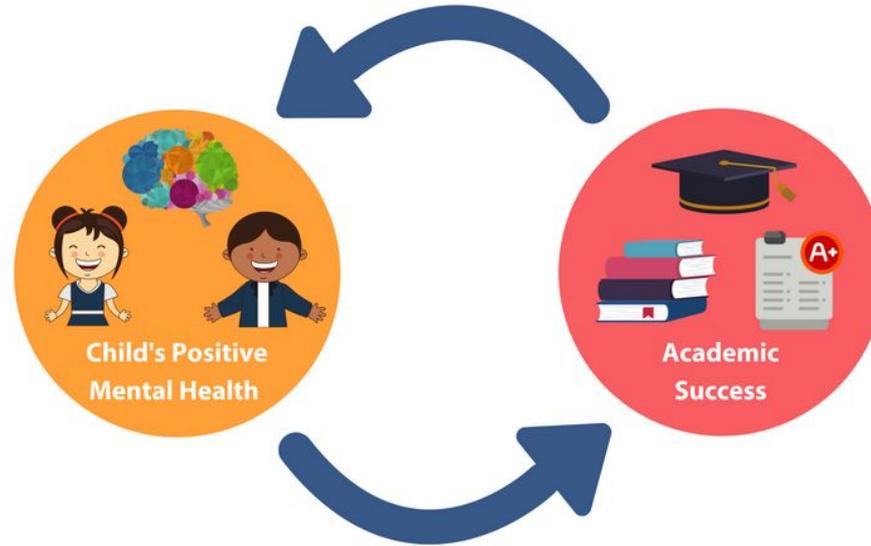
School Social Work Support Services 2019-2020 Data

Paramount High School
Student Health and Counseling (SHAC)

SSW Vanessa Guerra & SSW Denice Trejo



The Link Between Mental Health and Academic Success



MHA
Mental Health America
B4Stage4

f /mentalhealthamerica
t @mentalhealtham
i @mentalhealthamerica
p /mentalhealtham
e /mentalhealthamerica
www.mentalhealthamerica.net

SOURCES

<https://www.mentalhealthamerica.net/sites/default/files/Mental%20Health%20Promotion%20Working%20Group%20Summary.pdf>

Referrals August - March

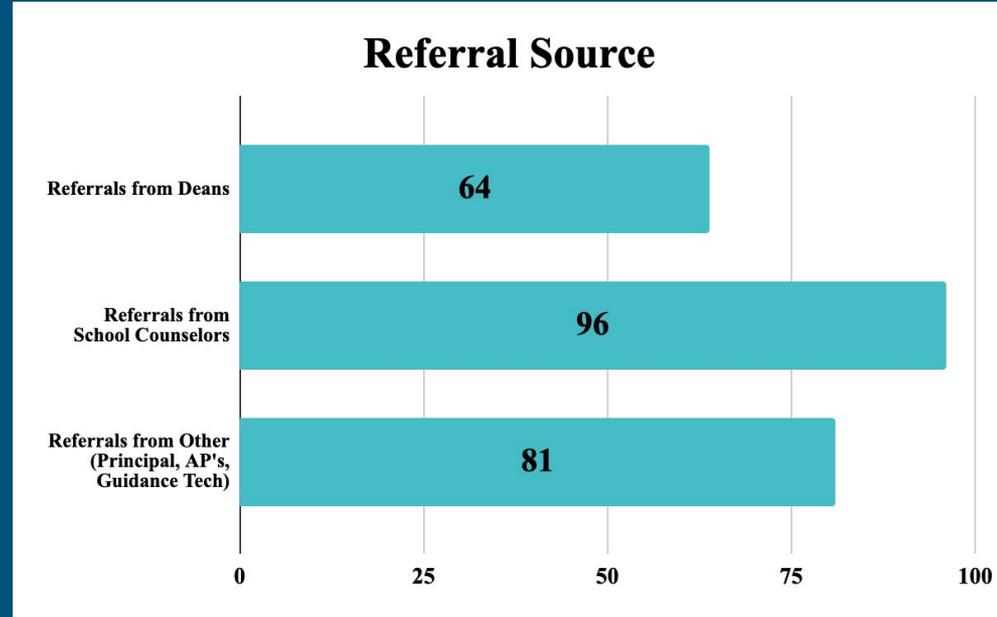


Overall Referrals:
244

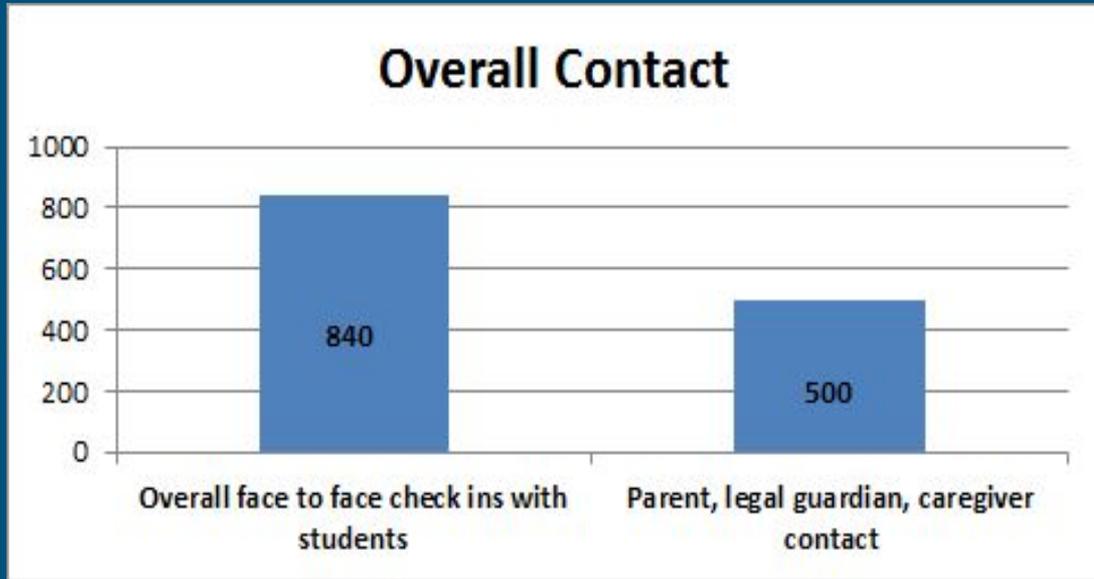
Student's linked to Mental Health Services:
98

Grief/Loss Group: 1

Carsolace vs. SHAC linkage:
3% vs. 46%

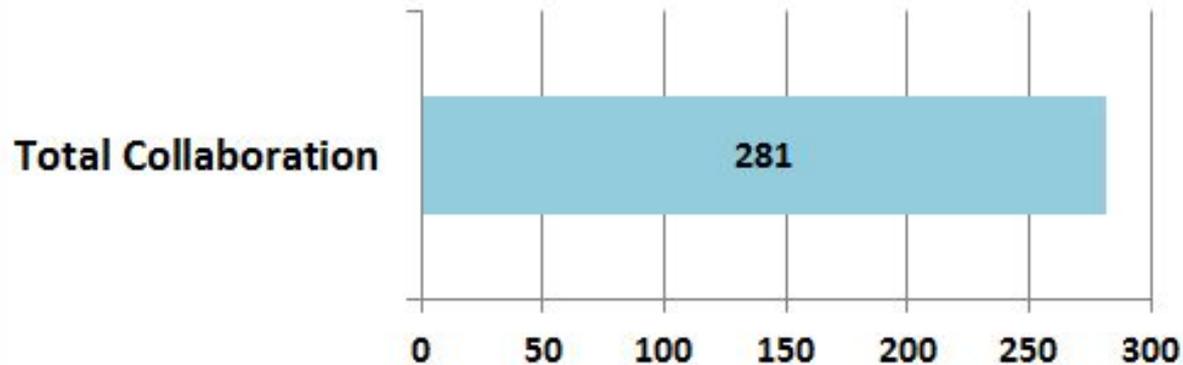


Contacts Made with Student's and Parent's



SSW Collaboration Meetings

**Collaboration Meetings
(i.e. IEP, Student Services, Parent
Conferences, Staffings, Case
Consultations - SC, Deans, Admin,
Outside Agencies)**



School Social Work Highlights continued..

Multi Systems of Support

- *Alternative to Suspension (Evidence Research Practice)*
- Teacher/Peer Mediation
- Young Women Empowerment Conference - Healthy Relationships
- Parent Workshop - Stress Management Workshop
- Attendance, Discipline, and Substance Abuse Committees
- Parent Coffee Corner
- LACOE - DPSS workshop
- Special Education - Staffings and IEP meetings
- Breathe LA workshops for students, parents, and staff
- Collaboration with SRO's and Student Services to promote school safety
- Lunch Bunches

School Social Work Highlights



Young Women Empowerment Conference - February, 2020



The Real Music Event - March, 2020



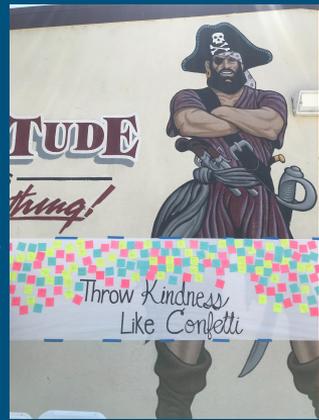
Authenticity is a collection of choices that we have to make every day. It's about the choice to show up and be real. The choice to be honest. The choice to let our true selves be seen.

- BRENÉ BROWN

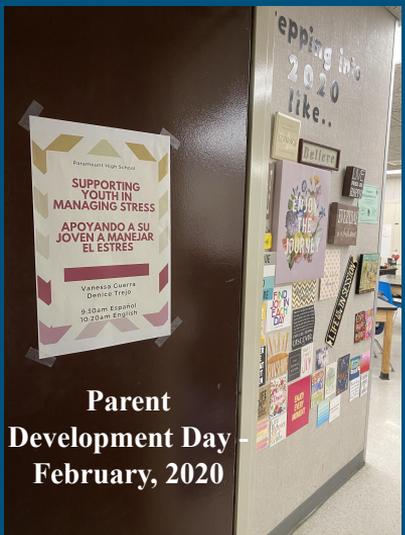


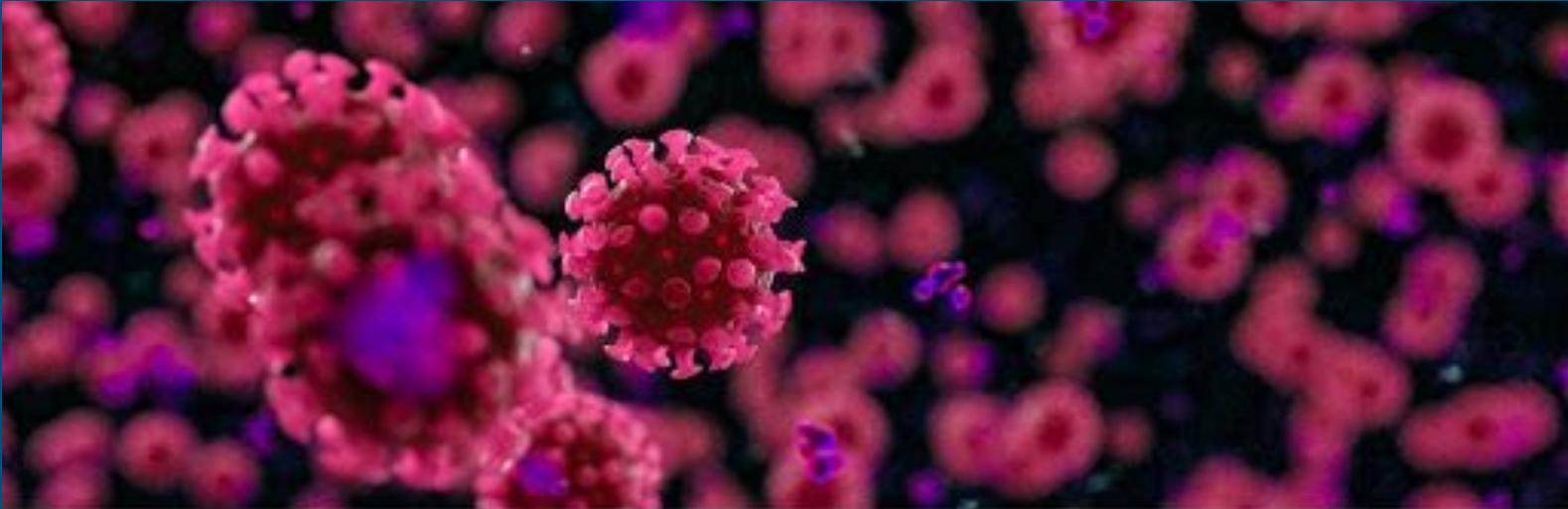
Lunch Bunch Activity - March, 2020

Welcome Activity - August, 2019



Parent Development Day - February, 2020





Supports during school closure

DUE TO THE COVID-19 PANDEMIC

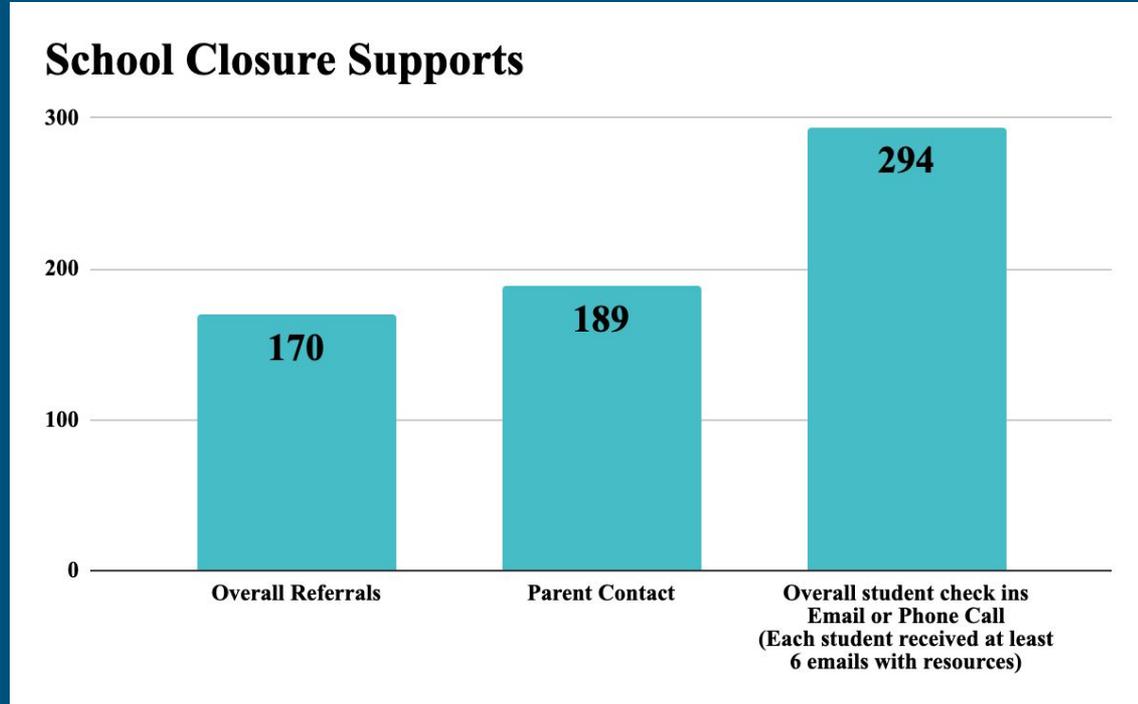
School Closure Data

New Referrals: 6

**Students Linked to Mental
Health Services: 3**

**Referrals for Crisis Support:
4**

CPS Reports: 4



School Social Work Highlights

- Positive School Climate
 - *Mental Health Awareness Week*
 - Statistics/Overview
 - Impacts of Exercise
 - Coping Strategies
 - Healthy Relationship and Support Systems
 - Self - Care
 - Congratulating Seniors/Farewell Message
 - Teacher Appreciation Post
- Resource emails
 - Hotline numbers for student support
 - Positive Affirmation
 - Grateful Activity
 - Art Activity
 - Progress Report Email
 - End of year email
- Family Wellness Information
- Crisis Site Protocol
- *Virtual Attendance Support*

LACOE Collaboration

Weekly Meetings:
As of 4/3/20

LACOE Google Referral Form:
4/3/20

LACOE Referrals:
29

Advisory Group:
6/2/20





Looking into 2020-2021 School Year

PHS School Social Worker Website

PHS Senior Campus

[Home](#)

[Resources](#)

[Emergency](#)

[Non-Emergency](#)



School Social Workers

[Sitio Web en Español](#)



Ms. Mary 'Denice' Trejo



Ms. Vanessa Guerra

Who are School Social Workers?

School Social Workers are trained mental health professionals with a degree in social work who provide services related to a person's social, emotional and life adjustment to school and/or society. School Social Workers are the link between the home, school and community in providing direct as well as indirect services to students, families and school personnel to promote and support students' academic and social success.

Positive School Climate for Staff

- ❖ PHS SSW Website -Teacher Resources
 - Evidence Based Socioemotional School Based Interventions for Teachers
 - Teachers Self Care Tips
- ❖ Socioemotional Learning - Professional Development for all Staff
- ❖ Biweekly Department Meetings - Student Support Services, SHAC, Academic Coaches, and Administration

Socioemotional School Based Interventions - Teachers

Please Click on the Images to be Directed to the Website/Resource.

A GOOD EDUCATION CAN CHANGE ANYONE

A GOOD TEACHER CAN CHANGE EVERYTHING

©YOOBI

Teacher Self-Care Tips

- California Teachers Association [Teaching Through Trauma: Educator Self-Care Tip Sheet](#)
- Olga Phoenix [Self-Care Wheel](#)
- Each Mind Matters [Self-Care Card English E-version.pdf](#)
- Self-care [Everything is Awful](#)
- Education First [Make the Most of "Going Virtual"](#)
- Breathe for Change [Educator Well-Being](#)
- Pearson Education [Teacher Self-care Tips](#)
- The National Child Traumatic Stress Network [Self-care For Educators](#)
- Mental Health Technology Transfer Center Network [MHITCN - Tools For Educators](#)
- Center for Adolescent Studies [Self-care Starter Worksheet](#)
- Employee Assistance Service for Education [EASE August 2020 Newsletter.pdf](#)

DCFS Reporting

WHAT YOU NEED TO KNOW TO HELP PROTECT CHILDREN

Student Support Services

Student Health & Counseling (SHAC)

Presented By:
PHS School Social Workers

August 2020:
Professional Development Staff

Positive School Climate

watch the home edit on netflix

music and games
I like to do listening to music and playing video
Justin Ramos

listen to music, watch youtube, play video games

Music
I like to listen to music and socializing with my friends

Listen to music, watch youtube or movies, and dance

grounding

Drawing
It lets me escape for a bit and I feel like I can create my own reality and other things.

Music and Watching Anime
I like to listen to music because it really calms me down and I like to watch anime when I want to have a good laugh or even a good cry.

One thing that i love doing and what makes me happy is doing my makeup and different kinds of makeup looks.

❖ Mental Health in class Presentations

- Self-Care
- Support staff in school
- Coping skills
- Etc.

Vanessa Guerra ▸ All PHS Senior Campus Students
Hello Pirates,

Ms. Guerra and Ms. Trejo encourage you to participate in today's padlet activity, the topic is school support(s). We know many of you feel comfortable or want to reach out to an adult at school to simply talk about what's on your mind but sometimes it is easier to think about it than to actually do it. We want to remind you that you are truly not alone, your teachers, assistant principals, school counselors, school social workers, and principal are here for you. Please give the post a like and go like or share your support(s) on padlet.

Virtual hugs,

Ms. Guerra and Ms. Trejo

[School Supports Padlet](#): School Supports Activity

❖ Student Engagement - Pirate News

Paramount High School - School Social Workers

Copy link

MORE VIDEOS

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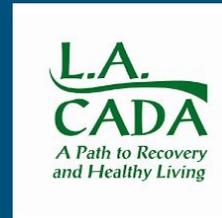
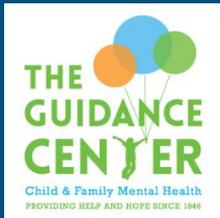
YouTube

School wide Interventions via schoology - Post released 2x/week

Partnering Agencies

Satisfaction with:

- PHS Referral Process
- Direct Point of Contacts
- Streamline of forms
- Ongoing Communication/Consultation with Therapists



“Ms. Guerra and Ms. Trejo-
It was great to meet with you
today and I am really glad that we
are working toward collaborating
on addressing the mental health
needs of Para HS students.”

*-Tiffany Dawson, Program
Manager*



“ We wished all schools would
have a streamlined process and
we appreciate how organized
the program has developed at
PHS.”

*-Krystal Malroy, Program
Supervisor*



Transformation through the Community Schools Framework

Lizette Canales, Community Schools Specialist
Esmeralda Garcia, Educational Community Worker

Year 1 Focus

- Parent/Guardian & Community Engagement
 - Basic Needs Supports
 - Parent Resources & Training





Parent & Family Involvement

- Built from Monthly Parent Coffee Corner (50-70 parents/caregivers)
- Identification of needs from THEIR voice
- Through collaboration initiated partnerships that would meet expressed needs

Increasing Engagement & Access to Resources



Health Care Enrollment for PUSD



Strengthening Families & DMH Promotores



Grocery Outlet supporting families



Parent Development Day

Shift to a Virtual World

- Connected with our most vulnerable families through phone calls
- Developed weekly newsletter to share local resources and information with staff, students and families
- Implemented a family support referral focused on basic needs
- Reintroduced Parent Coffee Corner within a virtual platform



Responding to the Pandemic as a Community School

- **12** Family Newsletters were shared with the school community
- **73** referrals were triaged, processed and connected with resources
- **46** donations of food boxes, groceries and/or gift cards were received by identified families
- **34** additional deliveries of donated food boxes/backpacks were made CS staff for our most vulnerable families
- **375** contacts were made with families during the months of April-June
- Established an Advisory Group



2019-20 Community Schools Highlights



Paramount High School Paramount Unified School District

Personalized Contacts



671

Total # of Personalized Contacts were made by CS Staff to assess needs, complete follow-ups to ensure linkages to resources

Advisory Council



1

Advisory Council composed of community stakeholders established

Referrals



58

Total # of Referrals were made by CS Staff to outside agencies

Community Partnerships



3

New Partnership was Formed

Events



22

Total # of Events

17 Workshops and Trainings, **654** Participants
5 Other Community Events, **132** Participants

Workshops and Trainings by Topics



17

Total # of Workshops and Trainings

- 1** Educational Supports
- 6** Family Engagement
- 4** Mental Health Supports
- 6** Physical Health and Wellbeing

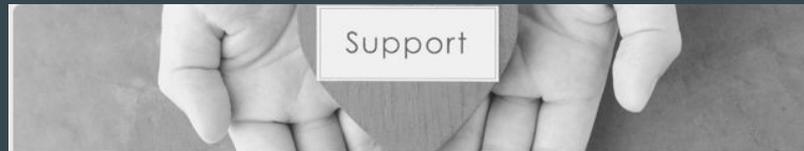
“THEIR FAMILY HAS BEEN GOING THROUGH A HARD TIME...
MOM SAID THAT SHE HAS NEVER REALLY BEEN INVOLVED WITH THE SCHOOL AND
THAT THIS INTERACTION MADE HER WANT TO BE INVOLVED. I CALLED HOME FOR A
DIFFERENT REASON BUT MOM MADE A POINT OF WANTING THE SCHOOL TO KNOW
HOW MUCH THE INTERACTIONS...IMPACTED HER AND
HOW MEANINGFUL THE HELP HAS BEEN.”

-COUNSELOR REFERRING TO A 12TH GRADE PARENT



Heading Into 2020-21

- Launched referral and included parents/caregivers to be able to self-refer in addition to staff
 - <http://bit.ly/2021referral>
- 21 referrals submitted and triaged during first month of school



PARAMOUNT HIGH SCHOOL SENIOR CAMPUS

Request for Family Support Services / Solicitud de Servicios de Apoyo Familiar

PLEASE NOTE: This referral is not intended to refer a student in need of mental health support. If you have direct concerns about a student's mental well-being, please contact a school counselor, school social worker or administrator.

POR FAVOR NOTE: Esta solicitud no está destinada para referir a un estudiante que necesita apoyo de salud mental. Si tiene inquietudes directas sobre el bienestar mental de su estudiante, comuníquese con un consejero escolar, trabajador social escolar o un administrador.

*** Required**

Student Name / Nombre del Estudiante : (For example/ Por ejemplo: Lopez, Susy)
*

Your answer _____

Student Grade / Grado del Estudiante: *

Choose ▾

Paramount HS Parent Coffee Corner

September 24, 2020
2:00pm



Will continue to host virtual sessions
addressing both academic &
social-emotional topics in partnership with
local organizations

Monthly family newsletter will continue to
support communication with families &
provide access to resources

SEPTEMBER 2020

COMMUNITY SCHOOLS

PARAMOUNT HIGH SCHOOL

FAMILY NEWSLETTER

Parents and caregivers, we welcome you back to the 2020-21 school year! We continue to navigate distance learning together, but we are off to a promising start. Remember to reach out if you need additional support.

BACK TO SCHOOL PARENT INFO

BACK TO SCHOOL NIGHT
Join us as we host our virtual Back To School Night on **Tuesday, September 29th at 5:30pm**. Students will be receiving the links so that you will be able to log on through Schoology. Save the date so you can meet your student's teachers virtually.

SCHOOL ATTENDANCE
Students are expected to log on for their respective classes virtually as teachers are taking attendance. If your student has to be absent from class, please remember that you have 3 days to report the absence from the first day of absence to the Attendance Office. You may call 562-602-6074 to speak to an Attendance Clerk or email them if you prefer. Please head to <https://tvsui.com/v2nmgf> to obtain additional information and email contacts.

CHROMEBOOK SUPPORT
If your student is having difficulties with their district issued Chromebook, they may receive support from district personnel, Monday through Friday between 8am -12pm. Students should call ahead or submit a request via email before heading to the district office:
Email: pusdstudentsupport@paramount.k12.ca.us
Software or program issues: 562-402-6088
Hardware issues: 562-808-2000

PARENT SUPPORT & EDUCATION
We invite you to join our upcoming workshop for parents on **Friday, September 25th at 11:00am**. You will be able to learn how to use tools like Schoology, ParentVUE, and tips and tricks to assist your students when they are asking you for help. Head to our new "Parents" tab on our website to obtain additional information and log on: <https://tvsui.com/v4d9e8x>

Also, we encourage to join our bi-monthly Virtual Parent Coffee Corner sessions. We will be covering academic topics, as well as addressing social-emotional supports. Visit our page to view

COMMUNITY SCHOOLS
Opportunity. Equity. Families.

In Closing...

...

Thank You