

Ulster BOCES Triennial Wellness Evaluation - April 2025

Ulster BOCES	
1 - Anna Devine 2 - Mount Marion 3 - Port Ewen 4 - CTE 5 - HV Pathways 6 - Phoenix Academy	Date: Report Written - April 23, 2025
Grades K -12	
Prepared By - Lisa Babcock	

Nutrition Education	1	2	3	4	5	6
The written wellness policy includes measurable goals for nutrition education that are designed to promote student wellness.	Yes					
Standards based nutrition education is offered in a variety of subjects (i.e. science, math).	✓	✓	✓	✓	✓	✓
Lifelong lifestyle balance is reinforced by linking nutrition and physical activity.	✓	✓	✓	✓	✓	✓
Age appropriate nutrition education and activities are provided to students in: • Elementary School • Middle School • High School	✓	✓	✓	✓	✓	✓
Families and the community are engaged in nutrition education efforts.	✓	✓	✓	✓	✓	✓

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Physical Activity	1	2	3	4	5	6
The local wellness policy includes measurable goals for physical activity.	Yes					
Physical education is provided to students on a weekly basis.	✓	✓	✓	✓	✓	✓
Before or after school physical activity is offered in sports or other clubs.	NA	NA	NA	NA	NA	NA
Community partnerships are available that support programs, projects, events, or activities.	✓	✓	✓	✓	✓	✓
A staff wellness program is available.	✓	✓	✓	✓	✓	✓
Opportunities are provided for physical activity throughout the day.	✓	✓	✓	✓	✓	✓
The written physical education curriculum for each grade is aligned with national and/or State physical education standards.	✓	✓	✓	✓	✓	✓
Recess is available for all elementary students (skip this question if no elementary schools).	✓	✓	No	No	No	No
Walk or bike to school is promoted for students with Safe Routes to School or other related programs.	NA	NA	NA	NA	NA	NA
The local wellness policy addresses physical activity not being used as a punishment and not withheld as punishment.	Yes					

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Standards for USDA Child Nutrition Programs and School Meals	1	2	3	4	5	6
The local wellness policy addresses nutrition standards for USDA reimbursable meals.	Yes					
The local wellness policy addresses access to the USDA School Breakfast Program.	Yes					
Alternate school breakfast service models are available to increase participation such as “grab and go”, breakfast served in the classroom, and breakfast after the bell.	✓	N/A	✓	N/A	N/A	✓
Steps are taken to protect the privacy of students who qualify for free or reduced-priced meals.	✓	✓	✓	✓	✓	✓
Free drinking water is available during meals.	✓	✓	✓	✓	✓	✓
Annual training is provided for food and nutrition staff in accordance with USDA Professional Standards.	✓	N/A	✓	N/A	N/A	N/A
School nutrition staff meet hiring criteria in compliance with federal criteria.	✓	N/A	✓	N/A	N/A	N/A
The local wellness policy addresses purchasing local foods when possible for the school meals program.	Not at the current time					

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Nutrition Standards for Competitive and Other Foods and Beverages	1	2	3	4	5	6
The local school wellness policy addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day including: • As a la carte offerings • In school stores • In vending machines as fundraisers	Yes					
Nutrition standards are followed for food/beverages served at school parties, celebrations, events, etc.	No	No	✓	✓	✓	✓

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Implementation, Evaluation, and Communication

The following are encouraged to participate in the development, implementation, and periodic review and update of our local wellness policy:

- ✓ Administrator
- ✓ School Food Service Staff
- ✓ School Board Members
- ✓ P.E. Teachers/Parents
- ✓ School Health Professionals
- ✓ Students
- Public

The designee responsible for the implementation and compliance of the local wellness policy is:

Name/Title: Lisa Babcock

The wellness policy is made available to the public by (describe)

Ulster BOCES Website
[Wellness Policy](#)

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The implementation of policy goals are measured and communicated to the public at least once every three years (describe):		
Representatives from the BOCES-Wide Shared Decision Making Team, curriculum leaders from CPP & CITL and school leaders participate in the completion of the assessment.		
Yes	No	
✓		The wellness policy is reviewed at least annually.
✓		Triennial assessment results are/will be made available to the public and will include: 1. The extent to which schools under the jurisdiction of the LEA are in compliance with the local school wellness policy; 2. The extent to which the LEA's local school wellness policy compares to model local school wellness policies;
✓		A plan will be put together to update the local wellness policy based on results of the triennial assessment. Consider adding the purchasing of local produce to the policy