Rockland County
MENTAL HEALTH

Ed Day, County Executive

Youth Behavioral Health Resource Card

EMERGENCY SERVICES

- **Immediate Assistance:** Call 911 or proceed to the nearest emergency room.
- **Mobile Crisis Response (BHRT/CARE Team):** 845-517-0400, 24/7 availability.
- **Suicide Prevention Lifeline:** 24/7 hotline: Call 988
- **Crisis Text Lines:** Text 988
  Text HOPENY (467369)
  Text GOT5 to 741741
- **Trevor Project:** Crisis hotline and support for LGBTQ+ youth. 24/7 availability, 866-488-7386
- **Domestic Violence, Sexual Assault, Human Trafficking and Victim Services:** Center for Safety & Change 24/7 hotline: 845-634-3344.
- **Alcoholism, Substance Use, Gambling:** NY HOPEline 24/7 hotline: 1-877-846-7369.
- **Short Term Respite & Runaway Shelter for Adolescents:** The Sanctuary 24/7 hotline: 1-888-997-1583 or 1-877-540-7680.
- **Emergency Housing:** Daytime: 845-364-3150 or After Hours: 845-638-5400

RESOURCE HELPLINE

MHA Client & Family Advocate: 845-267-2172, x 296

Saint Dominic's Youth BH Information/Referral Line: 1-833-YouthBH or 1-833-968-8424

Hudson Valley Region 2-1-1: Call 211 for information on all health and human services programs

NAMI Rockland Helpline: Support and education for families in the mental health system. 845-359-8787

NY Connects: Information on long term services and supports for all ages/disabilities.**:** 845-364-3444

CLINIC AND PROGRAM SERVICES

Mental Health Services

Achieve Behavioral Health	845-425-5252	(Monsey, Airmont)
Alley Valley	845-351-0300	(Spring Valley)
Astor Services PHP (Partial Hospitalization Program)	845-405-4146	(Nyack)
CANDLE	845-634-6677	(New City)
Frawley Clinic	845-368-5222	(Suffern)
Greater MH of NY (General)	845-267-2172	(Valley Cottage)
Greater MH of NY (Clinic)	914-345-0700 x7350	(Nyack)
OHR Behavioral Health	845-352-6800	(Monsey)
Serenity Center	845-286-2210	(Spring Valley)
The Derech Shalom Center	845-523-9300	(Monsey)
VCS Mental Health Clinic	845-634-5729	(New City)

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CLINIC AND PROGRAM SERVICES (cont'd)

Substance Use Treatment Services

Active use of substances: Assessment & treatment

Achieve Behavioral Health	845-425-5252	(Monsey, Airmont)
Lexington Center	845-369-9701	(W Haverstraw, Airmont)
Montefiore Nyack Hospital	845-348-2070	(Nyack) (18+)
Samaritan Daytop Village	845-353-2730	(Blauvelt)

Substance Use Prevention Services

Suspicion or early use of substances: Early intervention

CANDLE	845-634-6677	(New City)
Haverstraw Center	845-429-5731	(Haverstraw)
RCADD	845-215-9788	(Nanuet)

COUNTY RESOURCES

Department of Mental Health

Main Number: 845-364-2391

Single Point of Access – Children's SPOA: 845-364-2334. For children with serious emotional disturbance who need case management and in-home/community support services.

Department of Social Services

Eligibility Services (SNAP, Temporary Assistance, Child Care Subsidy): 845-364-3100.
Family Services: 845-364-3050.
Preventive Services: 845-364-3050. Assists youth who are truant; acting out in home, school or the community; may be involved with drugs/alcohol. MST services available.

Department of Health

Immunization Clinic: 845-364-2497 **WIC:** 845-364-2577
Early Intervention: 845-364-2032
Children with Special Health Needs: 845-364-3399

OTHER RESOURCES

New York State Child Protective Services: Suspicion of abuse or maltreatment of a child under 18. Available 24/7, Anonymous Hotline 1-800-342-3720, Mandated Reporters 1-800-635-1522. ***If you believe that a child is in immediate danger, call 911.**

Intellectual & Developmental Disabilities Services: Hudson Valley Developmental Disabilities Regional Office, Community Support Team. 845-947-6390.

ACCES-VR (Vocational Rehabilitation): Assisting individuals with disabilities to achieve and maintain employment and to support independent living. 845-426-5410.

VCS Services: Student Advocacy Program: 845-634-5729, x320. **Families in Need of Support (FINS):** School Based Counseling Program. 845-634-5729, x314.

Child Care Resources of Rockland: 845-425-0009.

Partnership for Safe and Healthy Youth Center: 845-405-4180.

Phyllis B. Frank Rockland PRIDE Center: 845-353-6300

This list is not all inclusive. To find out about additional services go to the **RCDMH Website**: https://www.rocklandcountyny.gov/departments/mental-health
3/28/24

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