

Letter to Community:

Hi Summit Parents and Families,

I am Jackie Rauch, the nurse at Summit. I am in the clinic every day from 7:40am to 3:30pm. Come see me or call me any time with questions or health concerns about your children. The more I know about you child's health the better able I am to support them in getting the best education they can.

Some things to know:

I am a registered nurse and in the state of Colorado I can only give medication under the direction of a doctor.

Medications I can give with online parent permission:

Acetaminophen (Tylenol)

Ibuprofen (Advil)

Diphenhydramine (Benadryl)

Skin creams I can use with online parent permission:

Bacitracin Antibiotic Cream

Anti-Itch Cream

I can also use Saline eye wash with parent permission to wash out eyes.

If your child has a cough or cold, I can give guaifenesin or dextromethorphan cough medicine with parent permission. This medication needs to be **supplied by the parent**. Please do not send formulas that contain medications other than guaifenesin or dextromethorphan (multi-symptom medication).

I can no longer give cough drops. Please do not send them to school with your student. Cough drops are a choking hazard and should not be used for children.

If your child needs to take any other prescription or over the counter medication at school, a permission form needs to be filled out by you AND your child's doctor. You can get this form from me at the clinic or by clicking [here](#). **By Colorado law, I cannot give medication to your child without having this form filled out.** Over the counter medication must be in original packaging and prescription medication must be in a pharmacy-labeled container.

Please do not send your child to school if they are sick. **Fever over 100, vomiting, and diarrhea are always reasons to keep your child at home.** A child with fever, vomiting, and diarrhea MUST stay home for at least 24 hours after the last un-medicated fever, or episode of vomiting or diarrhea. Learning is hard for a child that does not feel well, and it is very important not to spread illness in school. As always, you can call me in the clinic or stop by with concerns. If your child visits the doctor and is told that they have an infection or illness, please let me know by phone or email. I keep track of the number of students with infections like influenza and strep throat so we can stop the spread of those in our classrooms.

Thank you and I look forward to getting to know your family this year.

Jackie Rauch MSN, RN, NCSN