



PARAMOUNT UNIFIED SCHOOL DISTRICT

GREAT THINGS ARE HAPPENING IN PARAMOUNT SCHOOLS

The California Healthy Youth Act and Sexual Health Education Curriculum



Board of Education Meeting
April 10, 2017

Dr. Ruth Pérez, Superintendent
Deborah Stark, Ed.D., Assistant Superintendent, Educational Services
Kelly Morales, Facilitator of Instructional Improvement
Maggie Flores, K-12 Science Curriculum Specialist



Purpose of Presentation

- 1) Provide an update on the work of the Grades 7-12 Sexual Education Committee
- 2) Describe the recommended supplemental materials for use in grades 7 and high school
- 3) Review implementation timeline



What is the California Healthy Youth Act?

AB329 requires that school districts offer a comprehensive sexual health educational program to all students in grades 7-12, once in middle school and once in high school that addresses:

- Human development, pregnancy, contraception and sexually transmitted infections.
- HIV/AIDS prevention.
- *Sexual orientation, gender identity, healthy relationships and behaviors, and sexual harassment, sexual assault, sex trafficking.*



Parent Communication

- Parents receive a notification letter informing them that students will receive sexual health instruction and that they have the opportunity to review instructional materials. This information is also included in PUSD's Guidelines for Parents.
- A parent or guardian of a student has the right to excuse his or her child from all or part of the comprehensive sexual health education and HIV/AIDS prevention education.
- Parents who do not wish their child to participate in this instruction can opt out by notifying the school in writing.



The Committee

A committee of middle and high school science and health teachers met to learn about the new legislation and review and recommend updated supplemental health materials that align to the new requirements.



Grades 7-12 Health Committee

Meeting Dates	Topic	Representatives
March 1	Overview of legislation; Process for reviewing and consensus.	Edie Cabral, Science Teacher, Zamboni Christina Wolf, Science Teacher, Alondra Christine Bakkers, Science Teacher, Hollydale
March 8	Review 2 programs using specified criteria.	Sheena Young, Science Teacher, Jackson Iris Lee, Science Teacher, Paramount Park
March 15	Review 2 additional programs using specified criteria.	Tracy Luna, Health Teacher, PHS Fernando Cervantes, Health Teacher, Buena Vista Joni Knapp, District Nurse
March 22	Arrive at consensus on a recommendation Grade 7: <i>Teen Talk</i> High School: <i>Be Real. Be Ready</i>	April O'Conner, TAP Representative Maggie Flores, Science Curriculum Specialist



Sexual Health Programs Reviewed by the Committee

Grade 7	High School
<ul style="list-style-type: none">• Positive Prevention Plus• Teen Talk, Middle School• Rights, Respect and Responsibility• Healthy Me. Healthy Us.	<ul style="list-style-type: none">• Positive Prevention Plus• Teen Talk, High School• Rights, Respect and Responsibility• Be Real. Be Ready.



Strengths of the Recommended Programs

***Teen Talk Middle School, Health Connected (Grade 7)
Be Real. Be Ready., San Francisco Unified School District
(High School)***

- Fully address information related to pregnancy and HIV/AIDS in accordance with AB 329 requirements
- Present objective, science-based information on sexuality and health relationships
- Materials are developmentally appropriate for age-span



Implementation Timeline

Sexual Health Education Grades 7-12

Spring 2017:

- Recommend supplemental materials for adoption (presented for Board review).
- Research resources for providing professional development to teachers.

2017-18:

- Revise curriculum guides to align to the new program
- Provide professional development for 7th grade science and high school health teachers in these new materials.



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PREPARING STUDENTS FOR COLLEGE AND CAREERS

As the young people, you are facing important decisions about relationships, sexuality, and sexual behavior. The decisions they make can impact their health and well-being for the rest of their lives. Young people have the right to lead healthy lives and society has the responsibility to prepare youth by providing them with comprehensive sexual health education that gives them the tools they need to make healthy decisions.

---Report published by the *Future of Sex Education*

