

# J.S. Morton Transitional Center Menu August 2025 Breakfast & Lunch

MONDAY
AUGUST
18, 25

TUESDAY
AUGUST
19, 26

WEDNESDAY AUGUST 13, 20, 27 THURSDAY AUGUST 14, 21, 28 FRIDAY AUGUST 15, 22, 29

## Breakfast includes servings of grain/protein, fruit, and milk.

Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Kellogg's Cereal Bowl Pack & Fruit Cup Milk Carton	Sausage, Egg, & Cheese Sandwich & Apple Milk Carton	Breakfast Muffin & String Cheese Milk Carton	Hot Honey Chicken & Biscuit & Juice Cup Milk Carton	Kellogg's Strawberry Pop Tart & Banana Milk Carton
Hot Lunch  Spicy Chicken Tenders w/ Mac & Cheese	Hot Lunch  Cheeseburger w/ Sweet Potato Fries	Hot Lunch  Baked  Mostaccioli w/ Garlic Bread	Hot Lunch  Meatball Sub w/ Potato  Wedges	Hot Lunch  Pork Al Pastor w/ Rice and Beans

## Lunch Sides: Choose a vegetable side and a fruit side.

Elote Salad
Broccoli Salad
Fresh Fruit:
Apples
Grapes
Fruit Juice

Pasta Salad Cucumbers w/ Lime Fresh Fruit: Seasonal Melon Slushie Cup Coleslaw
Carrots w/
Ranch
Fresh Fruit:
Grapes
Mango w/ Tajin
& Lime

Pasta Salad Cucumbers w/ Lime Fresh Fruit: Seasonal Melon Slushie Cup Elote Salad Broccoli Salad Fresh Fruit: Apples Grapes Fruit Juice

Offer vs. Served:

Each meal must include at least a ½ cup serving of fruit or vegetable.

Please Note:

*Menu substitutions may occur due to supply chain disruptions.* 

#### CHOOSE MY PLATE GUIDE



Meals follow the USDA guidelines for the National School Lunch Program

# \*Fruit Selection varies by day

apples, mango, oranges, peaches, bananas, pineapple, dried or canned fruit, 100% real fruit juice

2oz protein serving with each lunch entree

You may select one 8oz. carton of milk with each breakfast

And each lunch meal

## **Milk Selection**

1% white

Fat-Free Chocolate

\*Selections are bundled meals featuring grains and meats and also include 1 cup vegetable, 1 cup fruit and 8 oz. milk selection

A la Carte Items available daily. Items must be paid for with cash at the time of purchase and do not qualify for a subsidized meal

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