

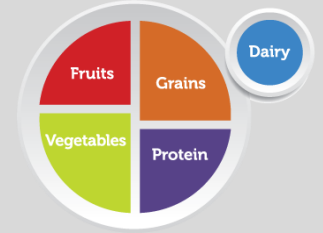


J.S. Morton H.S. Alternative Menu

August 2025 Breakfast & Lunch

MONDAY AUGUST 18, 25	TUESDAY AUGUST 19, 26	WEDNESDAY AUGUST 13, 20, 27	THURSDAY AUGUST 14, 21, 28	FRIDAY AUGUST 15, 22, 29
Breakfast includes servings of grain/protein, fruit, and milk.				
Hot Breakfast Sausage, Egg, & Cheese <i>Grab 'n Go</i> Kellogg's Cereal Bowl Pack *Fruit Selection Banana Smoothie Milk Carton	Hot Breakfast Chilaquiles <i>Grab 'n Go</i> Kellogg's Strawberry Pop Tart *Fruit Selection Mango Strawberry Smoothie Milk Carton	Hot Breakfast Hot Honey Chicken & Biscuit <i>Grab 'n Go</i> Breakfast Muffin And String Cheese *Fruit Selection Berry Smoothie Milk Carton	Hot Breakfast Fruit Parfait & Glazed Doughnut <i>Grab 'n Go</i> General Mills Cereal Bar *Fruit Selection Mango Strawberry Smoothie Milk Carton	Hot Breakfast Breakfast Burrito <i>Grab 'n Go</i> General Mills Strawberry Yogurt Chex Mix *Fruit Selection Banana Smoothie Milk Carton
Hot Lunch Spicy Chicken Tenders w/ Mac & Cheese or Cheese Pizza Slice Meatless Entrees Available Daily- PBJ Sandwich, Entrée Salad, Bosco Sticks	Hot Lunch Walking Taco or Nachos w/ Beef & Cheese or Veggie Pizza Slice Meatless Entrees Available Daily- PBJ Sandwich, Entrée Salad, Bosco Sticks	Hot Lunch Baked Mostaccioli w/ Garlic Bread or Pepperoni Pizza Slice Meatless Entrees Available Daily- PBJ Sandwich, Entrée Salad, Bosco Sticks	Hot Lunch Orange Chicken w/ Fried Rice or Margherita Pizza Slice Meatless Entrees Available Daily- PBJ Sandwich, Entrée Salad, Bosco Sticks	Hot Lunch Pork Al Pastor w/ Rice and Beans or Sausage Pizza Slice Meatless Entrees Available Daily- PBJ Sandwich, Entrée Salad, Bosco Sticks
Lunch Sides: Choose a vegetable side and a fruit side.				
Elote Salad Broccoli Salad Fresh Fruit: Apples Grapes Fruit Juice	Pasta Salad Cucumbers w/ Lime Fresh Fruit: Seasonal Melon Slushie Cup	Coleslaw Carrots w/ Ranch Fresh Fruit: Grapes Mango w/ Tajin & Lime	Pasta Salad Cucumbers w/ Lime Fresh Fruit: Seasonal Melon Slushie Cup	Elote Salad Broccoli Salad Fresh Fruit: Apples Grapes Fruit Juice
<p><i>Offer vs. Served:</i> Each meal must include at least a ½ cup serving of fruit or vegetable. <i>Please Note:</i> Menu substitutions may occur due to supply chain disruptions.</p>				

CHOOSE MY PLATE GUIDE



Meals follow the USDA guidelines for the National School Lunch Program

***Fruit Selection varies by day**

apples, mango, oranges, peaches, bananas, pineapple, dried or canned fruit, 100% real fruit juice

2oz protein serving with each lunch entree

You may select one 8oz. carton of milk with each breakfast
And each lunch meal

Milk Selection 1% white

Fat-Free Chocolate

**Selections are bundled meals featuring grains and meats and also include 1 cup vegetable, 1 cup fruit and 8 oz. milk selection*

A la Carte Items available daily. Items must be paid for with cash at the time of purchase and do not qualify for a subsidized meal

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