

The “BRAG SHEET”

Hello Seniors!

If you haven't done so already, you'll want to begin exploring your post-secondary options. In many cases, this will include asking for a Letter of Recommendation from influential people in your life. **(Be sure to check the admissions website for the colleges/universities you are interested in attending to see IF recommendation letters are needed)**. Compiling a “brag sheet” will help your recommenders note your high school accomplishments and will help you SHINE to future employers and/or college admissions officers. Consider it your “highlight reel!”

Things to Include:

- Your first and last name
- 3 words that describe you
- Your base school
- Your STEM pathway
- The foreign language you took
- Candidates for the AP Capstone Diploma (This means you enrolled in AP Seminar during your 10th or 11th grade year & AP Research during your junior or senior year and scored a 3 or higher on the accompanying exams. In addition, you scored a 3 or higher on 4 other AP exams). Check with Ms. Murray, Instructional Supervisor, if you are not sure.
- The clubs and activities (in school and outside of school) in which you are **CURRENTLY** active. This may also include part-time employment, work-based learning, summer internships, and/or community, religious or youth organizations.
 - Give a brief description of each club/activity
 - Indicate how long you've been a member (Be sure to include any leadership roles you have had).
 - Describe the projects/competitions/events you've been a part of.
- List all awards/honors you have received during your high school career and the year(s) in which you received them. Be sure to explain why.
- Provide a detailed list of all the community service you have participated in while in high school and the grade you were in when you did it. Please note who benefited from these services and if it relates to your STEM pathway.

If you are hoping for **Early Admission** to a college/university in the fall, please be sure to email your Brag Sheet to your School Counselor, **no later than the end of September**, as all information (including your transcript and current class schedule) will be due around the 2nd week in October. Also be sure to invite your School Counselor as a “Recommender” on **Common App**, if you will be using this tool to submit your credentials to potential colleges/universities.