



North Valley School for Young Adults

2025-26 Course Catalog



Mapleton Public Schools

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Success happens at North Valley!

North Valley School for Young Adults offers students ages 17-21 who are credit deficient a new educational pathway to success by providing an opportunity to get back on track and earn a high school diploma.

North Valley provides a place for students who may have encountered obstacles to high school success and are ready to commit themselves to take responsibility for the work of becoming a high school graduate. Students contribute to a positive school community culture through their voice, leadership, attendance and active participation in classroom, school and District activities.

In this highly personalized school, students keep close track of their success on their individual graduation plan. Customized graduation plans may include a combination of online learning, direct teacher instruction, and college classes. Upon completion of all graduation requirements, students receive a Mapleton Public Schools diploma.

North Valley is also Mapleton Public Schools' path to enroll in Front Range Community College's Gateway to College program. Gateway to College is a national school model focused on supporting students who might otherwise drop out of high school. The program allows eligible credit-deficient students the opportunity to earn their high school diploma and college credits at the same time. Students receive scholarships for tuition and books. Successful students could earn certificates and an associate degree in career/technical fields, or an associate degree that transfers to a four-year college or university.

[North Valley School for Young Adults Website](#)

Dear Students and Families,

Please read and study this course catalog carefully so that you will be familiar with the high school course offerings in Mapleton Public Schools. You should become familiar with the district's graduation requirements since it is your responsibility to meet them. A qualified Post-Secondary Options Coach (PSOC) is available to assist each student. Students and parents are urged to make an appointment with the PSOC at their school to discuss a course of study. There is a close relationship between good course selection and a successful high school career. Careful consideration of this guide's suggestions will help you make your high school experience more meaningful to you.

Mapleton Public Schools offers a wide array of courses to meet our students' areas of interest and to prepare them for post-secondary opportunities.

Graduation Requirements

The following criteria shall entitle a student to a high school diploma from Mapleton Public Schools:

- Achievement in academic content standards as demonstrated by mastery of the curriculum which may include, but is not limited to, daily classroom assignments, State and District assessments, classroom assessments, and student participation in, and completion of, assigned projects.
- Successful completion of 22 credits in grades nine through twelve in the prescribed categories listed below (District requirements) in addition to successful completion of all school-specific requirements.
- Demonstration of academic proficiency in English and Math using one measure in each content from the Mapleton Public Schools Menu of College and Career-Ready Demonstrations listed in the linked exhibit.

The following District-wide graduation requirements must be satisfied to be eligible for graduation:

Content	Credits Required	Specific Courses Required
English	4	
Mathematics	3	At least 2 of the credits must include Algebra 1 and Geometry, with the additional required course at or above the level of Geometry.
Natural/Physical Science	4	At least 2 credits must be lab-based.
Social Studies	3	At least 0.5 credit must be in Civics/Government, and at least 1 credit must be in U.S. or World History.
Foreign Languages	1	
Physical Education	1	Must include at least 0.5 credit in Health and 0.5 credit in Physical Education.

Content	Credits Required	Specific Courses Required
Academic Electives	5.5	Required financial literacy, and at least 0.5 art credit. The remaining credits may be earned in any academic area listed, any career and technical education courses, work-based learning credit, AirForce JROTC, foreign languages, computer science, art, music, drama, or credits earned through concurrent enrollment courses.
Capstone	0.5	Includes an independent research project that demonstrates proficiency in Math and/or ELA as needed, 20 community service hours, and an individual career and academic portfolio.
Total Credits	22	

<u>Possible High School Math Trajectory Paths</u> (Based on Middle School Path)				
8 th grade	Year 1	Year 2	Year 3	Year 4 (not required but, necessary for college bound students)
	Algebra 1	Geometry	Algebra 2	4 th year Math (Pre-Calc, Stats, AP Calculus, AP Stats)
Algebra I for HS credit	Geometry	Algebra 2	4 th Year Math	AP Course/ Concurrent Enrollment

To access Algebra 1, for high school credit, as an 8th grader, students must meet the following criteria within the past two years. School sites collaborate with Mapleton’s Teaching and Learning Department to follow the determined process to identify students showing readiness for Algebra 1 in 8th grade.

Middle School Math Criteria: Possible Body of Evidence
MAP Scores: mean RIT score of 235 or higher
CMAS Meets or Exceeds on 7 th grade math assessment (775 or higher)
MAP Winter Score Percentile: 63 rd percentile or higher

Mapleton Public Schools Menu of College and Career-Ready Demonstrations

Beginning with the graduating class of 2021, students must complete at least one of the measures listed in Mapleton Board Policy IKF-R that meet or exceed the measure’s corresponding cut score or criteria to demonstrate college and career readiness in English and Math. For a complete list of measures and their criteria, please refer to the following board policy:

[Board Policy IKF-R: Menu of College and Career-Ready Demonstrations](#)

Mapleton Public Schools offers unique learning experiences for its students and each school provides its own learning model and environment. Accordingly, each high school requires students to complete school specific academic experiences that reflect the focus of that specific school. This provides a unique mix of approaches of equal rigor for students to demonstrate essential skills and knowledge for life after graduation. To be eligible for graduation, all students must complete the school-specific graduation requirements in addition to the district-wide graduation requirements.

Graduating seniors shall be ranked within the graduating class for each high school upon the basis of grade point averages for the four-year program, excluding the last semester of the senior year. The student with the highest-class rank will be valedictorian. When more than one student holds the numerical one rank, all students holding the rank will be declared co-valedictorians.

Grades for regular classes will be given the following values: A=4, B=3, C=2.
 Grades for college level classes will be given the following values: A=5, B=4, C=3, D=2.

For more information, please click on the link to the Board Policy on Graduation

[Board Policy IKF: Graduation Requirements](#)

Student Course Load

The course load for freshmen, sophomores, juniors, and seniors shall be a minimum of six (6) credits per school year. Students who wish to take fewer credits in any given school year must obtain advance permission from the school director.

Concurrent Enrollment

As part of our college and career going culture, your student has the opportunity to enroll in college course at Front Range Community College (FRCC) while attending high school in Mapleton. Concurrent enrollment supports our commitment to provide each student with rigorous academic content, enrichment opportunities, and access to academic courses beyond what is available in high school.

To ensure no obstacle impedes your student's success, Mapleton Public Schools pays the tuition for college courses successfully completed by a qualified student and for which a student receives high school credit. Your student may also receive credit toward graduation requirements for successful completion of approved postsecondary courses.

Qualifications:

To participate in concurrent enrollment, students must request approval from their School Director and Post-Secondary Options Coach (PSOC).

To qualify for concurrent enrollment, students must:

- Be less than 21 years of age
- Be enrolled in a Mapleton high school (9th-12th grade)
- Meet the minimum prerequisites and academic readiness for the postsecondary courses in which they seek to enroll according to both FRCC and Mapleton Public Schools.

For more information or details contact your schools PSOC.

Seal of Biliteracy for High School Diplomas

Mapleton Public Schools provides the opportunity for students to attain the Seal of Biliteracy on their diploma. The Seal of Biliteracy is a recognition for students who can demonstrate a high level of proficiency in at least one world language and English by high school graduation. Obtaining a Seal of Biliteracy is important because it will honor both the achievement of language acquisition and the heritage language, culture, and experience that some students may already possess. It will give future employers and post-secondary institutions definitive evidence of a student's language skills.

The Seal require students to fulfill all graduation requirements and meet criteria demonstrating a high level of proficiency in listening, reading, speaking, and writing in both

English and a language other than English. Please click here for more information about the criteria for the [Seal of Biliteracy](#).

Higher Education Admission Requirements (HEAR)

Students who are interested in attending **any Colorado public, four-year college, or university**, will need to complete the following courses to be considered for admission:

- Four years of English
- Four years of Math (Algebra 1 and higher)
- Three years of Science (must include two lab-based courses)
- Three years of Social Studies (must include one year of US or World History)
- Two years of academic electives (additional courses in English, Math, Science, Social Studies, World Languages, Art, Music, Journalism, Theatre, or another program)
- At least one year of World Language (check with college/university admission criteria)

** Meeting the Higher Education Admission Requirements does not guarantee admission into a four-year public institution. Colleges and universities may have additional requirements.*

NCAA Eligibility for College Bound Athletes

All student-athletes planning to participate in Division I or Division II intercollegiate athletics must be certified by the NCAA Eligibility Center. Student Athletes must register online at ww.eligibilitycenter.org at the end of their junior year. In April seniors must complete the Amateurism Certification in their application on the NCAA website.

To be eligible for collegiate competition, a student-athlete must complete 16 core courses for Division I and II competition. See your PSOC for further details concerning eligibility. ACT/SAT scores must be sent directly from ACT/SAT to the NCAA. The code for the NCAA is 9999. This should be entered on the ACT/SAT registration form.

Student-athletes and parents/guardians are responsible for the proper management of academic planning to ensure requirements are met for the NCAA qualifications. It is important to begin the academic planning for this during the freshman year. If questions arise, contact your counselor or the athletic director immediately.

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Course Catalog: 2025 - 2026

English

College Comp & Reading @ FRCC

Course Number: 92CCR092

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Integrates and contextualizes college-level reading and writing.

Composition and Reading @FRCC

Course Number: 92ENG0090

Course Level: College

Credits: 1.0

Term Structure: Semester

Description:

Integrates and contextualizes college-level reading and writing.

English Composition I @FRCC

Course Number: 92ENG121C

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Emphasizes the planning, writing, and revising of compositions, including the development of critical and logical thinking skills. This course includes a wide variety of compositions that stress analytical, evaluative, and persuasive/argumentative writing. This is a statewide Guaranteed Transfer course in the GT-CO1 category.

English Composition II @FRCC

Course Number: 92ENG1021

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Expands and refines the objectives of English Composition I. Emphasizes critical/logical thinking and reading, problem definition, research strategies, and writing analytical, evaluative, and/or argumentative compositions. This is a statewide Guaranteed Transfer course in the GT-CO2 category.

English/Composition I

Course Number: 9218101G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

English/Composition (freshmen and sophomores) courses are designed for freshmen and/or sophomores and build upon previous writing skills. These courses seek to develop the writing processes and practices necessary for producing successful high school compositions. Students typically learn to write persuasive, critical, and creative multi-paragraph essays and compositions. While emphasizing composition, these courses may also incorporate some literature study to expose students to exemplary illustrations of various forms of writing.

English/Language Arts I

Course Number: 9218001G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

English/Language Arts I (9th grade) courses build upon students' prior knowledge of grammar, vocabulary, word usage, and the mechanics of writing and usually include the four aspects of language use: reading, writing, speaking, and listening. Typically, these courses introduce and define various genres of literature, with writing exercises often linked to reading selections.

English/Language Arts II

Course Number: 9218002G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

English/Language Arts II (10th grade) courses usually offer a balanced focus on composition and literature. Typically, students learn about the alternate aims and audiences of written compositions by writing persuasive, critical, and creative multi-paragraph essays and compositions. Through the study of various genres of literature, students can improve their reading rate and comprehension and develop the skills to determine the author's intent and theme and to recognize the techniques used by the author to deliver his or her message.

English/Language Arts III

Course Number: 9218003G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

English/Language Arts III (11th grade) courses continue to develop students' writing skills, emphasizing clear, logical writing patterns, word choice, and usage, as students write essays and begin to learn the techniques of writing research papers. Students continue to read works of literature, which often form the backbone of the writing assignments. Literary conventions and stylistic devices may receive greater emphasis than in previous courses.

English/Language Arts IV

Course Number: 9218004G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

English/Language Arts IV (12th grade) courses blend composition and literature into a cohesive whole as students write critical and comparative analyses of selected literature, continuing to develop their language arts skills. Typically, students primarily write multi-paragraph essays, but they may also write one or more major research papers.

Fiction Writing

Course Number: 92ENG2026

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Provides techniques for analyzing and writing fiction, including the study of form and technique with an emphasis on the writing process.

Intro to Mass Media @ FRCC

Course Number: 92JOU105

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Places the mass media in a technological, historical, and cultural perspective, considering the validity, integrity, and influence of the evolving media in a democracy. This course is a Statewide Guaranteed Transfer course in the GT-SS3 category.

Studio 121 @ FRCC

Course Number: 92CCR094

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Integrates and contextualizes reading and writing strategies tailored to co-requisite ENG 1021 coursework.

World Mythology @ FRCC

Course Number: 92HUM115

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Introduces an interdisciplinary approach to world mythology. The course illustrates and connects common themes in mythology to world religion, philosophy, art, literature, music, and contemporary culture using various interpretive methods. This is a statewide Guaranteed Transfer course in the GT-AH2 category.

Mathematics

Algebra I

Course Number: 9219052G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Algebra I courses include the study of properties and operations of the real number system; evaluating rational algebraic expressions; solving and graphing first-degree equations and inequalities; translating word problems into equations; operations with and factoring of polynomials; solving quadratic equations; and modeling linear data. Specific content depends upon state standards.

Algebra II

Course Number: 9219056G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Algebra II course topics typically include developing an understanding of the relationships between the symbolic, graphic, tabular and verbal representations of functions; utilizing the various representations to interpret function behavior and solve equations; operations with rational and irrational expressions; factoring of rational expressions; in-depth study of linear equations and inequalities; quadratic equations; solving systems of linear and quadratic equations; graphing of constant, linear, and quadratic equations; properties of higher-degree equations; exponential functions; inverse functions; statistical modeling; modeling linear and quadratic data; and operations with rational and irrational exponents.

Algebraic Lit Support@FRCC

Course Number: 92MAT0200

Course Level: College

Credits: 0.0

Term Structure: Semester

Description:

Supports skill development in students registered in Algebraic Literacy. Topics covered in this course include those defined in Algebraic Literacy and/or any prerequisite skills needed by the student.

Algebraic Literacy @FRCC

Course Number: 92MAT0300

Course Level: College

Credits: 0.0

Term Structure: Semester

Description:

Develops algebraic skills necessary for manipulating expressions and solving equations. Topics in the course include radicals, complex numbers, polynomials, factoring, rational expressions, quadratic equations, absolute value equations, systems of linear equations in two variables, related applications, and linear inequalities.

Career Math @ FRCC

Course Number: 92MAT107

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Covers material designed for career and technical students who need to study particular mathematical topics. Topics include measurement, algebra, geometry, statistics, and graphs. These are presented at an introductory level and the emphasis is on applications.

Career Math Support @FRCC

Course Number: 92MAT0140

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Supports skill development necessary for success within Career Math.

Geometry

Course Number: 9219072G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Geometry courses, emphasizing an abstract, formal approach to the study of geometry, typically include topics such as properties of plane and solid figures; deductive methods of reasoning and use of logic; geometry as an axiomatic system including the study of postulates, theorems, and formal proofs; concepts of congruence, similarity, parallelism, perpendicularity, and proportion; and rules of angle measurement in triangles, quadrilaterals, vertical angles, lines intersected by a transversal, etc.

Math For Liberal Arts @ FRCC

Course Number: 92MAT120

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Highlights connections between mathematics and the society in which we live and is intended for liberal arts majors. Topics include set theory and logic, mathematical modeling, probability and statistical methods, and consumer mathematics.

Pre-Calculus @FRCC

Course Number: 92MAT166C

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Extends algebraic concepts and explores the subject of trigonometry. Topics include: polynomial, rational, logarithmic, and exponential functions, trigonometric and inverse trigonometric functions and their graphs, trigonometric identities, and applications. This course provides essential skills for Science, Technology, Engineering, and Math (STEM) pathways.

Probability and Statistics

Course Number: 9219201G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Probability and Statistics courses focus on descriptive statistics, with an introduction to inferential statistics. Topics typically include event probability, normal probability distribution, collection and description of data, frequency tables and graphs, measures of central tendency and variability, random variables, and random sampling. Course topics may also include covariance and correlation, central limit theorem, confidence intervals, and hypothesis testing.

Quantitative Lit Support @FRCC

Course Number: 92MAT0100

Course Level: College

Credits: 1.0

Term Structure: Semester

Description:

Supports skill development for students registered in Quantitative Literacy. Topics covered in this course include those defined in Quantitative Literacy and/or any prerequisite skills needed by the student. This course is taken with Quantitative Literacy #0250.

Quantitative Literacy @FRCC

Course Number: 92MAT050

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Develops number sense and critical thinking strategies, introduces algebraic thinking, and connects mathematics to real world applications. Topics in this course include ratios, proportions, percent, measurement, linear relationships, properties of exponents, and math learning strategies. This course prepares students for math for liberal arts, statistics, integrated math, and college level career math courses.

Natural/Physical Science

Astronomy I @ FRCC

Course Number: 92AST101

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Focuses on the history of astronomy, naked-eye sky observation, tools of the astronomer, contents of the solar system and life in the universe. Incorporates laboratory experience.

Astronomy II @ FRCC

Course Number: 92AST102

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Emphasizes the structure and life cycle of the stars, the sun, galaxies, and the universe as a whole, including cosmology and relativity. Incorporates laboratory experience. This is a statewide Guaranteed Transfer course in the GT- SC1 category.

Biology

Course Number: 9222051G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Biology courses are designed to provide information regarding the fundamental concepts of life and life processes. These courses include (but are not restricted to) such topics as cell structure and function, general plant and animal physiology, genetics, and taxonomy.

Chemistry

Course Number: 9222101G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Chemistry courses involve studying the composition, properties, and reactions of substances. These courses typically explore such concepts as the behaviors of solids, liquids, and gases; acid/base and oxidation/reduction reactions; and atomic structure. Chemical formulas and equations and nuclear reactions are also studied.

Earth Science

Course Number: 9222001G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Earth Science courses offer insight into the environment on earth and the earth's environment in space. While presenting the concepts and principles essential to students' understanding of the dynamics and history of the earth, these courses usually explore oceanography, geology, astronomy, meteorology, and geography.

Environmental Science @FRCC

Course Number: 92ENV101

Course Level: College

Credits: 1.0

Term Structure: Semester

Description:

Introduces the basic concepts of ecology and the relationship between environmental problems and biological systems. This course includes interdisciplinary discussions on biology, chemistry, geology, energy, natural resources, pollution, and environmental protection. A holistic approach is used when analyzing how the foundations of natural sciences interconnect with the environment. This is a statewide Guaranteed Transfer course in the GT-SC1 category.

Gnrl Meteorology @FRCC

Course Number: 92MET150

Course Level: College

Credits: 1.0

Term Structure: Semester

Description:

Provides an introduction to general meteorology and atmospheric sciences. It includes the composition and structure of the atmosphere and characteristics that affect the atmosphere, such as temperature, pressure, and moisture. Additionally, the development of weather systems such as storm systems, hurricanes, weather fronts and cloud development will also be examined. Finally, concepts of climatology will be stressed.

Integrated Science 1 w/Lab @FR

Course Number: 92SCI900

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Examines the nature of energy and matter, their interactions and changes, and the application of fundamental concepts to the study of our natural world. These concepts will be explored in hands-on laboratory experiments. This course integrates the fundamental concepts and ideas about the nature of physics and chemistry with the natural world.

Intro to Chemistry I @ FRCC

Course Number: 92CHE101

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Includes the study of measurements, atomic theory, chemical bonding, nomenclature, stoichiometry, solutions, acid and base, gas laws, and condensed states. Laboratory experiments demonstrate the above concepts qualitatively and quantitatively. Designed for non-science majors, students in occupational and health programs, or students with no chemistry background.

Intro to Horticulture @ FRCC

Course Number: 92HLT101001

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Introduces the biology of horticultural plants, and basic horticultural practices.

Nurse Aide Clinical Exp @ FRCC

Course Number: 92NUA170002

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Applies knowledge and skill gained from NUA 1001 to patient care.

Nurse Aide Hlth Cr Skls @ FRCC

Course Number: 92NUA101002

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Prepares the student to perform the fundamental skills of the nurse aide. Basic nursing skills, communication skills, restorative services, personal care skills, safety and emergency care issues are covered. Includes knowledge and/or principles of asepsis, OSHA and HIPAA regulations. Ethical behaviors, cultural sensitivity and principles of mental health will be addressed, as well as patient/resident rights.

Physical Geology @FRCC

Course Number: 92GEY111

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Introduces the major topics of geology. Course content encompasses Earth's materials, structure, and surface landforms. Geologic time and the geologic processes responsible for Earth's internal and external features are covered. This course includes laboratory experience. This is a statewide Guaranteed Transfer course in the GT-SC1 category.

Physics

Course Number: 9222151G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Physics courses involve the study of the forces and laws of nature affecting matter, such as equilibrium, motion, momentum, and the relationships between matter and energy. The study of physics includes examination of sound, light, and magnetic and electric phenomena.

Science of Biology w/Lab @FRCC

Course Number: 92BIO105

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

This course examines the basis of biology in the modern world and surveys the current knowledge and conceptual framework of biology. Students will explore biology as a science, a process of gaining new knowledge, and the impact of biological science on society. This course includes laboratory experience. Designed for non-science majors. This course is one of the Statewide Guaranteed Transfer courses. GT-SC1.

Social Studies

20th Century World History @FR

Course Number: 92HIS247

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Investigates the major political, social, and economic developments, international relationships, scientific breakthroughs, and cultural trends that have shaped the various global regions, empires, and nation-states since the late nineteenth century. This course focuses on developing, practicing, and strengthening skills historians use while constructing knowledge and studying a diverse set of narratives through perspectives such as gender, class, religion, and ethnicity. This is a statewide Guaranteed Transfer course in the GT-HI1 category.

African American His: HI1@FRCC

Course Number: 92HIS2110

Course Level: College

Credits: 1.0

Term Structure: Semester

Description:

Explores the experiences and contributions of African Americans from the colonial period to the present through the social and economic lives and roles of African Americans, their roles in politics and war, their achievements, and movements for self-help and civil rights. This course focuses on developing, practicing, and strengthening skills historians use while constructing knowledge and studying a diverse set of narratives through perspectives such as gender, class, religion, and ethnicity. This is a statewide Guaranteed Transfer course in the GT-HI1 category.

Child Development @ FRCC

Course Number: 92PSY238

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Focuses on the growth and development of the individual, from conception through childhood, emphasizing physical, cognitive, emotional, and psychosocial factors. This is a statewide Guaranteed Transfer course in the GT-SS3 category.

Cultural Anthropology @ FRCC

Course Number: 92ANT101

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Examines the study of human cultural patterns, including communication, economic systems, social and political organizations, religion, healing systems, and cultural change. This is a statewide Guaranteed Transfer course in the GT-SS3 category.

Forensic Psychology @ FRCC

Course Number: 92PSY207

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Provides an overview of forensic psychology. This course explores both current research and practice in police psychology, criminal psychology, victimology, correctional psychology, and the interface of psychology and the courts. This course facilitates an understanding of the numerous careers related to forensic psychology and how to prepare for them.

Gds/Women Anct Wrld: SS3 @FRCC

Course Number: 92WST2200

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Goddesses and Women in Ancient World - Surveys gender socialization through a study of arts, literature, music, politics, religion, philosophy, laws, and social standards. The course introduces the history of ideas that have defined women's place in societies. Course examines goddesses, rituals, and ceremonies, and how the image of the Feminine Divine changed from matriarchal cultures through the establishment of patriarchal cultures. These topics will be viewed through diverse cultures, including European and non-European, from the Ancient World through the Middle Ages. This is a statewide Guaranteed Transfer course in the GT-SS3 category.

Gen Psych I @FRCC

Course Number: 92PSY101

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Focuses on the scientific study of behavior including motivation, emotion, physiological psychology, stress and coping, research methods, consciousness, sensation, perception, learning and memory.

Gen Psych II @ FRCC

Course Number: 92PSY102

Course Level: College

Credits: 1.0

Term Structure: Semester

Description:

Focuses on the scientific study of behavior including cognition, language, intelligence, psychological assessment, personality, abnormal psychology, therapy, life span development, sex, gender, sexuality, and social psychology. This is a statewide Guaranteed Transfer course in the GT-SS3 category.

Humanities

Course Number: 9223302G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Humanities courses examine and evoke student responses to human creative efforts and the world in particular historical periods and in particular cultures. Course content includes exploration, analysis, synthesis, and various responses to cultural traditions, including viewing, listening, speaking, reading, writing, performing, and creating. The courses may also examine relationships among painting, sculpture, architecture, and music.

International Rel: SS1 @FRCC

Course Number: 92PSC2005

Course Level: College

Credits: 1.0

Term Structure: Semester

Description:

This course examines the interactions among various levels of systems throughout the world. This course attempts to explain behaviors across state boundaries. This is a statewide Guaranteed Transfer course in the GT-SS1 category.

U.S. History

Course Number: 9223101G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

U.S. History—Comprehensive courses provide students with an overview of the history of the United States, examining time periods from discovery or colonialism through World War II or after. These courses typically include a historical overview of political, military, scientific, and social developments. Course content may include a history of the North American peoples before European settlement.

US History Reconstruction @ FR

Course Number: 92HIS121

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Explores trends within events, peoples - including Native American - groups, ideas, and institutions in North America and the United States to Reconstruction. This class focuses on developing, practicing, and strengthening skills historians use while constructing knowledge and studying a diverse set of narratives through perspectives such as gender, class, religion, and ethnicity. This is a statewide Guaranteed Transfer course in the GT-HI1 category.

US History Since Civil War @FR

Course Number: 92HIS122

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Explores trends within events, peoples, groups, ideas, and institutions since the American Civil War. This course focuses on developing, practicing, and strengthening skills historians use while constructing knowledge and studying a diverse set of narratives through perspectives such as gender, class, religion, and ethnicity. This is a statewide Guaranteed Transfer course in the GT-HI1 category.

World Geography

Course Number: 9223001G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

World Geography courses provide students with an overview of world geography, but may vary widely in the topics they cover. Topics typically include the physical environment; the political landscape; the relationship between people and the land; economic production and development; and the movement of people, goods, and ideas.

World History

Course Number: 9223324G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

World History—Overview courses provide students with an overview of the history of human society from early civilization to the contemporary period, examining political, economic, social, religious, military, scientific, and cultural developments. World History—Overview courses may include geographical studies, but often these components are not as explicitly taught as geography.

Foreign Languages

American Sign Language @ FRCC

Course Number: 92ASL121

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Exposes the student to American Sign Language. Readiness activities are conducted focusing on visual/receptive skills and basic communication. Utilizes the direct experience method.

Conversational Spanish 1 @FRCC

Course Number: 92SPA101

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

This course presents introductory Spanish conversation skills necessary to navigate everyday situations and travel. This course is intended for language learners with little or no prior experience.

Spanish I

Course Number: 9215101G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Designed to introduce students to Spanish language and culture, Spanish I courses prepare students to communicate authentically in Spanish by interpreting (reading, listening, viewing), exchanging (speaking and listening; reading and writing), and presenting (speaking, writing) information on a variety of topics. They introduce the relationships among the products, practices, and perspectives of Spanish-speaking cultures.

Spanish I @ FRCC

Course Number: 92SPA111

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Develops students' interpretive, interpersonal, and presentational communicative abilities in the language. Integrates these skills in the cultural contexts in which the language is used. Offers a foundation in the analysis of culture.

Physical Education

Fitness and Wellness @ FRCC

Course Number: 92HWE124001

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Provides information on fitness and wellness and serves as a guide to design, implement, and evaluate a complete personal fitness and wellness program.

Health Education

Course Number: 9229051G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Topics covered within Health Education courses may vary widely, but typically include personal health (nutrition, mental health and stress management, drug/alcohol abuse prevention, disease prevention, and first aid) and consumer health issues. The courses may also include brief studies of environmental health, personal development, and/or community resources.

Physical Education

Course Number: 9221001G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Physical Education courses provide students with knowledge, experience, and an opportunity to develop skills in more than one of the following sports or activities: team sports, individual/dual sports, recreational sports, and fitness/conditioning activities.

Volleyball I @ FRCC

Course Number: 92PED230

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Introduces and improves student skill level in volleyball. The primary emphasis is on teaching the student the elements of volleyball including rules, offensive and defensive play, passing, serving, setting, attacking, team play and game strategies.

Weight Training I @ FRCC

Course Number: 92PED102

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Offers basic instruction and practice in weight training. Students utilize weight-training equipment in accordance to their abilities and goals. Emphasizes weight training equipment orientation, correct lifting techniques, and basic program design for men and women.

Yoga @FRCC

Course Number: 92PED143C

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Offers a guided instruction in yoga. Students practice yoga according to their individual fitness levels and abilities. Emphasizes enhancing general health and well-being through the performance of yoga strength, flexibility, balance and relaxation techniques and exercises.

Zumba @ FRCC

Course Number: 92PED129

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Zumba is a compilation of high energy, motivating music with unique moves and choreography combinations. Zumba fuses Latin and international music and dance themes to create a dynamic, exciting, effective fitness system. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. Zumba utilizes the principles of fitness interval training and resistance training to maximize caloric output, fat burning and total body toning. It is a mixture of body sculpting movements with easy to follow dance steps.

Capstone

Senior Capstone

Course Number: 9213233G

Course Level: General or regular

Credits: 0.5

Term Structure: Quarter Grade

Description:

Seminar courses vary widely, but typically offer a small peer group the opportunity to investigate areas of interest. Course objectives may include improvement of research and investigatory skills, presentation skills, interpersonal skills, group process skills, and problem-solving and critical-thinking skills. Seminars aimed at juniors and seniors often include a college and career exploration and planning component.

Academic Electives

Acad Achievement Strat @ FRCC

Course Number: 92AAA090

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Introduces specific skills and strategies to successfully use online instruction and college e-services. Through videos and practice assignments, students will learn how to use the Learning Management System (LMS) and become familiar with college support services and other online resources.

Academic Prep

Course Number: 9213252G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Academic preparation courses help prepare students for state and national standardized tests such as the PSAT, SAT, and ACT. In particular, these courses assist students in developing and/or expanding their academic skills through a focus on a range of test-taking strategies, including vocabulary and reasoning skills through study, lecture, and practice drills. Course topics may include vocabulary review; root words, prefixes, and suffixes; mathematical concepts, logic, and rules; and general problem-solving and test-taking strategies.

Advn Acdmc Achievement @ FRCC

Course Number: 92AAA109

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Examines theories and practices associated with successful learning to enhance college success. Techniques covered include academic proficiency, personal management, effective collegiate communication, critical and creative thinking, development of community, awareness of diverse identities, and educational and career planning.

Art His: Ancnt to Mdvl @ FRCC

Course Number: 92ART111

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Provides the knowledge base to understand the visual arts, especially as related to Western culture. This course surveys the visual arts from the Ancient through the Medieval periods. This is a statewide Guaranteed Transfer course in the GT-AH1 category.

CPR for Professionals @FRCC

Course Number: 92HPR102

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Meets the requirement for American Red Cross Professional Rescuer CPR or American Heart Association Basic Life Support for those who work in Emergency Services, Health Care and other professional areas. Material presented in the course is basic patient assessment, basic airway management, rescue breathing, and CPR for infant, children and adult patients.

Careers or On The Job Trng M

Course Number: 9213389A

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Career Exploration courses help students identify and evaluate personal goals, priorities, aptitudes, and interests with the goal of helping them make informed decisions about their careers. These courses expose students to various sources of information on career and training options and may also assist them in developing job search and employability skills. This course is available for students who are eligible for modified instruction based on the IEP process.

Ceramics I @ FRCC

Course Number: 92ART161

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Introduces traditional and contemporary approaches to ceramic form and processes, with an emphasis on hand building techniques, and a basic introduction to the potter's wheel. This course includes basic surface design, glaze, and kiln firing procedures.

Community Service

Course Number: 9213104G

Course Level: General or regular

Credits: 0.0

Term Structure: Quarter Grade

Description:

Community Service courses provide students with the opportunity to volunteer their time, energy, and talents to serve a community project or organization. These courses are usually (but not always) conducted with a seminar component, so that students can use their volunteer experiences to learn how to solve problems, make decisions, and communicate effectively.

Film Studies

Course Number: 9218304G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Film Appreciation and Analysis courses help students understand the critical historical and stylistic elements of cinema. These courses help students form an aesthetic framework to examine social, political, and historical events in the world and to understand how moving images express the ideas of individuals and society. Course content may include analysis, discussion, and evaluation of multiple film styles including, but not limited to, documentary, short film, drama, horror, and comedy.

Financial Literacy

Course Number: 9213230G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Consumer Economics/Personal Finance courses provide students with an understanding of the concepts and principles involved in managing one's personal finances. These courses emphasize lifespan goal-setting, individual and family decision-making, and consumer rights as well as topics that are commonly associated with personal finance so that one can become a financially responsible consumer. Topics may include savings and investing, credit, insurance, taxes and social security, spending patterns and budget planning, contracts, and consumer protection. These courses may also investigate the effects of the global economy on consumers and the family.

Interpersonal Comm @FRCC

Course Number: 92COM125F

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Examines the communication involved in interpersonal relationships occurring in family, social and career situations. Relevant concepts include self-concept, perception, listening, nonverbal communication, and conflicts.

Intr to Criminal Justice @FRCC

Course Number: 92CRJ110

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Introduces students to the basic components of the criminal justice system in the United States. Concepts of crime, crime data, victimization, perspectives and views of crime, theory and law are discussed. Particular attention to the criminal justice process, interaction and conflict between criminal justice agencies, and current criminal justice issues are examined.

Intro to PC Apps @FRCC

Course Number: 92CIS118

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

This course introduces basic computer terminology, file management, and PC system components. Provides an overview of office application software including word processing, spreadsheets, databases, and presentation graphics. Includes the use of a web browser to access the Internet.

JROTC2

Course Number: 9213241G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Air Force Junior Reserve Officer Training Corps (ROTC) II courses include both aerospace studies and leadership/life skills education. The Leadership Education portion of this course teaches cadets how to communicate through writing and speaking. Cadets prepare various papers and give presentations in order to practice their skills. The Aerospace Science portion is an aviation history course which covers flights from the Wright Brothers into modern aviation.

JROTC3

Course Number: 9213242G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Air Force Junior Reserve Officer Training Corps (ROTC) III courses include both aerospace studies and leadership/life skills education. The Leadership Education portion of this course teaches cadets how to communicate through writing and speaking. Cadets prepare various papers and give presentations in order to practice their skills. The Aerospace Science portion is an aviation history course which covers flights from the Wright Brothers into modern aviation.

Jewelry and Metal Work I @FRCC

Course Number: 92ART133

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Introduces metalsmithing techniques and design used for jewelry and small-scale sculptural objects. This course introduces fabrication and forming techniques such as soldering, forming, hollow construction, cold connections, surface treatment, finishing processes, and basic stone setting. This course includes generating and constructing functional jewelry and sculpture.

Leadership Lab

Course Number: 9213331G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Leadership courses are designed to strengthen students' personal and group leadership skills. Typically intended for students involved in extracurricular activities (especially as officers of organizations or student governing bodies), these courses may cover such topics as public speaking, effective communication, human relations, parliamentary law and procedures, organization and management, and group dynamics.

Music

Course Number: 9220001G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Music—General courses involve content that is not grade differentiated and may apply to a range of consecutive grades (e.g., "by third grade, students should know and be able to do..."). These courses include content that may be applicable to states or localities that do not employ grade-level content standards. [These courses provide broad content that is not organized as described elsewhere (i.e., Music, early childhood education through grade 8).]

Post Secondary Preparation

Course Number: 9213110G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Seminar courses vary widely, but typically offer a small peer group the opportunity to investigate areas of interest. Course objectives may include improvement of research and investigatory skills, presentation skills, interpersonal skills, group process skills, and problem-solving and critical-thinking skills. Seminars aimed at juniors and seniors often include a college and career exploration and planning component.

Principles of Technology

Course Number: 9222153G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Principles of Technology courses focus on the study of the forces and laws of nature and their application to modern technology. Equilibrium, motion, momentum, energy conversion, electromagnetism, and optical phenomena are presented in the context of current, real-world applications. Demonstrations, mathematics labs, and applied laboratory experiments are an integral part of the Principles of Technology curriculum. These courses may enable students to gain a solid foundation for careers in electronics, robotics, telecommunications, and other technological fields.

Public Speaking @FRCC

Course Number: 92COM115

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Combines basic theory of speech communication with public speech performance skills. Emphasis on speech delivery, preparation, organization, support and audience analysis.

Public Speaking @FRCC

Course Number: 92COM115

Course Level: College

Credits: 1.0

Term Structure: Semester

Description:

Combines basic theory of speech communication with public speech performance skills. Emphasis on speech delivery, preparation, organization, support and audience analysis.

Semester Survival @ FRCC

Course Number: 92AAA050

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Emphasizes basic study skills in order to bolster their chances of completing the current semester successfully.

Student Assistant

Course Number: 9213137G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Student assistant courses offer students the opportunity to assist instructors in preparing, organizing, or delivering course curricula or to assist other staff members in fulfilling their duties. Students may provide tutorial or instructional assistance to other students.

Tax Help CO Practicum @FRCC

Course Number: 92ACC1033

Course Level: College

Credits: 1.0

Term Structure: Semester

Description:

This practicum course provides hands-on experience in tax preparation, building on the skills learned in ACC 1032. Students will work with real clients to prepare tax returns under supervision.

Theatre Appreciation @ FRCC

Course Number: 92THE105

Course Level: College

Credits: 1.0

Term Structure: Eligibility

Description:

Provides an opportunity to discover, analyze, and evaluate all aspects of the theatre experience: scripts, acting, directing, staging, history, criticism, and theory. This is a statewide Guaranteed Transfer course in the GT-AH1 category.

Transition Planning

Course Number: 9213386G

Course Level: General or regular

Credits: 0.0

Term Structure: Quarter Grade

Description:

Visual Concepts

Course Number: 92ART131

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Visual Concepts courses emphasize applying fundamental processes of artistic expression through the exploration of the purposeful arrangement of images, symbols, and text to communicate a message. These courses may include investigations of how technology influences the creation of graphic and digital designs and study historical and contemporary visual communications design. These courses also provide instruction in the process of responding to their own art and that of others including master designers through analysis, critique, and interpretation for the purpose of reflecting on and refining work.

Work-Based Learning

Course Number: 9213450G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

This course is designed for students to develop basic employment skills by participating in an in-school work/school-based enterprise experience. A training plan and evaluation (to be filled out by the supervisor/employer) will be developed listing job specific technical skills the student will learn during the experience. Hours worked will be documented. Students will demonstrate levels of self-awareness, career exploration, Postsecondary option knowledge and employability skills. The teacher serves as a coach and mentor checking in with supervisor/employer regularly.

Fine/Practical Art

Art Appreciation

Course Number: 9210208G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Art Appreciation courses introduce students to the historical study of and foundation for many forms of art. These courses help students form an aesthetic framework to examine social, political, and historical events in the world and how visual images express the ideas of individuals and society. Students are involved in the creative process through research and lecture, responding and dialogue, observation and interpretation with art works and artifacts.

Priv. Instr: Voice II @FRCC

Course Number: 92MUS1042

Course Level: College

Credits: 1.0

Term Structure: Semester

Description:

This course continues individual instruction: instrument, voice, conducting, or composition.

Government

American Government @ FRCC

Course Number: 92POS1011

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Includes the background of the U.S. Constitution, the philosophy of American government, general principles of the Constitution, federalism, and civil liberties. Examines public opinion and citizen participation, political parties, interest groups, electoral process, and the structure and functions of the national government. This is a statewide Guaranteed Transfer course in the GT-SS1 category.

Civics

Course Number: 9223161G

Course Level: General or regular

Credits: 1.0

Term Structure: Quarter Grade

Description:

Civics courses examine the general structure and functions of U.S. systems of government, the roles and responsibilities of citizens to participate in the political process, and the relationship of the individual to the law and legal system. These courses do not typically delve to the same degree of detail into constitutional principles or the role of political parties and interest groups as do comprehensive courses in U.S. Government.

Health

Human Nutrition @ FRCC

Course Number: 92HWE100

Course Level: College

Credits: 1.0

Term Structure: Quarter Grade

Description:

Introduces basic principles of nutrition with emphasis on personal nutrition. This course focuses on macro and micronutrients and their effects on the functions of the human body. Special emphasis is placed on the application of wellness, disease, and lifespan as it pertains to nutrition.