

DIETITICS and NUTRITION

Level One

Introduction
to Human
Studies

Level Two

Nutrition
across the
Lifespan

Level Three

Nutrition
Science &
Diet Therapy

Level Four

High School

Certifications

ServSafe
Foodhandler

OR

Dual Enrollment

¹Satisfies English
requirement

DE English Comp I¹
OR
DE Speech
Fundamentals or
Spoken
Communication

DE English
Comp II¹
OR
DE Psychology

College Opportunities

- **Austin Peay State University** – Kinesiology, Health and Human Performance
- **Middle Tennessee State University** – Sport Pedagogy, Exercise Science, Community and Public Health
- **Tennessee State University** – Human Performance and Sport Sciences
- **Tennessee Technological University** – Exercise Science, Human Ecology
- **University of Tennessee** – Nutrition
- **Volunteer State Community College** – Sports Medicine

Career Outlook

Employment of dietitians and nutritionists is projected to grow seven percent from 2022 to 2032, faster than the average for all occupations. About 5,600 openings for dietitians and nutritionists are projected each year, on average, over the decade. Tennessee is expecting a 13 percent projected growth in employment for dietitians and nutritionists. Dietitians and nutritionists work in many settings, including hospitals, nursing homes, clinics, cafeterias, and state and local governments. Interest in the role of food and nutrition in promoting wellness and preventive care, particularly in medical settings, continues to increase. The importance of diet in preventing and controlling certain illnesses, such as diabetes and heart disease, is well established. More dietitians and nutritionists will be needed to provide care for people who have or are at risk of developing these conditions. Moreover, as the population ages and looks for ways to stay healthy, there will be more demand for dietetic and nutrition services