

# LAUREL OAKS CAREER CAMPUS

## August 2025 Cafeteria Menu

### BREAKFAST - \$1.45 a meal

#### Meal includes:

Entree (includes grain or meat/meat alternative)  
Fruit and/or (1) Fruit Juice,  
Vegetable and Milk  
(Low-Fat 1% or Fat Free Chocolate)

Breakfast is served every day from 7:30-8:10am.  
Daily offerings include: Cereal bars, bagels,  
Pop Tarts, donuts, cereal bowls and  
multiple hot entrees.  
Fruit, juice and/or milk are also available.

### LUNCH - \$3.85 a meal

#### Meal includes:

Entree (includes grain)  
(2) Fruit  
(2) Vegetables  
Milk  
(Low Fat or Fat Free Chocolate)

				<b>1</b>
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>11</b>	<b>12</b>	<b>13</b> Chef's Choice	<b>14</b> Chicken Nuggets w/Dinner Roll Mashed Potatoes Green Beans Fresh Fruit/cups	<b>15</b> Steak Hoagie w/Marinara & Cheese Sweet Corn Side Salad Fresh Fruit/cups
<b>18</b> Chicken Alfredo Garlic Breadstick Buttered Broccoli Steamed Carrots Fresh Fruit/cups	<b>19</b> Beef Soft Taco Corn Salsa Refried Beans Fresh Fruit/cups	<b>20</b> Chili Spaghetti Oyster Crackers Green Beans Fresh Fruit/cups	<b>21</b> Popcorn Chicken Bowl w/Mashed Potatoes, Corn & Cheese Dinner Roll Fresh Fruit/cups	<b>22</b> Philly Cheesesteak Fresh Peas Side Salad Fresh Fruit/cups
<b>25</b> General TSO Chicken w/Brown Rice Oriental Vegetables Fresh Fruit/cups	<b>26</b> Chicken Fajitas Buttered Corn Grilled Peppers & Onions, Salsa Fresh Fruit/cups	<b>27</b> BBQ Pulled Pork Sandwich Mac 'n Cheese Steamed Broccoli Cole Slaw Fresh Fruit/cups	<b>28</b> Chicken Tenders w/Dinner Roll Cheesy Mashed Potatoes Sweet Peas Fresh Fruit/cups	<b>29</b> Cheese Bosco Sticks w/Marinara Green Beans Glazed Carrots Fresh Fruit/cups

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Visit our website at: <http://www.greatoaks.com/about/food-service>

A variety of fruits and vegetables are offered daily on our Fresh Bar and serving lines.

Romaine salad mix, cucumbers, cherry tomatoes, celery, carrots, peppers,  
apples, oranges, raisins, and applesauce just to name a few!

Be sure and visit our Ala Carte Snack Bar available after lunch meals are served,  
where all items are Smart Snack compliant!

### Entrees Available Daily:

- Pizza - Meat & Cheese
- Hot & Cold Sandwiches
- Grab 'N Go Options
- Charcuterie Boxes
- Large Entree Salads
- Vegetarian Options