

Miller High School

Athletic Participation Handbook



2025 - 2026

TABLE OF CONTENTS

ATHLETIC PHILOSOPHY	3		
PURPOSE	3		
TO THE ATHLETE AND PARENT OR			
GUARDIAN	3		
SPORTSMANSHIP EXPECTATIONS	4		
Spectator Conduct/Misconduct			
Hazing			
GOVERNANCE	6		
SLSD Board of Education			
OHSAA			
NFHS			
MSL			
Non-Discrimination Policy			
REQUIREMENTS FOR PARTICIPATION	7		
Proof of Insurance			
Sports Physical			
Prescription Inhalers			
Academic Eligibility			
Attendance			
Unexcused Tardy Rule			
OHSAA Parent Meeting			
OHSAA Rules			
ATHLETIC RULES OF PARTICIPATION	10		
Athletic Code of Conduct			
Minor Code of Conduct Violations			
Major Code of Conduct Violations			
Substance Use/Possession/Abuse			
Tobacco, Vaping, E-Cigarettes			
Alcohol, Drug Use			
SCHOOL DISCIPLINE OBLIGATIONS	13		
TRYOUTS	13		
TEAM SELECTION	14		
Playing Time			
Student Participation			
Selected for a Team			
Commitment/ Missing Practices			
Family Vacations			
Team Rules			
Dress			
Denial of Participation			
Transportation			
Locker Rooms & Equipment			
Athletic Awards			
Quitting a Sport			
Dual-Sports Participation			
		CONFLICT RESOLUTION	18
		Communication From Coaches	
		Communication By Parents	
		Coach/Parent Discussions	
		Conflict Resolution Steps	
		Social Media Guidelines	
		USE OF FACILITIES/SUPERVISION	20
		COLLEGE/CAREER GUIDANCE	20
		NCAA CLEARINGHOUSE	21
		ATHLETIC POLICIES AGREEMENT	22
		EMERGENCY MEDICAL AUTH	24
		INSURANCE VERIFICATION FORM	26
		LINDSAY'S LAW FORM	28
		TRANSPORTATION PERMISSION	30
		OHSAA PLEDGE	32
		HUDL CONSENT AND RELEASE.	34

Athletic Directory Information

Southern Local School District

10397 St. Rt. 155 SE
Corning, OH 43730
(740) 721-0520
(740) 394-2083 Fax

Miller High School

10397 St. Rt. 155 SE
Corning, OH 43730
(740) 721-0521

Mascot: Falcons
Colors: Purple, Black and White

Superintendent

Annette Losco – annette.losco@southernlocal.org

High School Principal

Tony Losco – tony.losco@southernlocal.org

Athletic Director - Grades 7-12

Chuck Knopp – charles.knopp@southernlocal.org

Ohio High School Athletic Association (OHSAA)

www.ohsaa.org

National Federation of State High School Associations (NFHS)

www.nfhs.org

Mid-State League (MSL) – Cardinal Division

ATHLETIC PHILOSOPHY

Interscholastic athletics play a vital role in the educational experience of our students in the Southern Local School District. As an extension of the classroom, our athletic programs provide student-athletes with opportunities to develop leadership skills, teamwork, discipline, perseverance, and a strong work ethic—qualities that will serve them throughout their lives. Our athletic programs strive to instill the values of sportsmanship, integrity, and respect for oneself, teammates, opponents, coaches, and officials. We believe that participation in athletics promotes personal growth, fosters school spirit, and strengthens the connection between our schools and the greater community. As a small school district, we recognize the unique role athletics play in bringing our students, families, and community members together. We are committed to providing a positive and supportive environment where student-athletes can compete at their highest potential while maintaining a strong focus on academic achievement and personal responsibility. Winning is important, but it is not our sole measure of success. True success is reflected in the character and effort of our athletes, their ability to overcome challenges, and their commitment to continuous improvement both on and off the field. Through our athletic programs, we seek to prepare our students not only for competition but also for life beyond sports. We encourage all students to take advantage of the opportunity to participate in athletics, knowing that the lessons learned through dedication, teamwork, and perseverance will contribute to their overall success and well-being. The interscholastic athletic program shall be conducted in accordance with existing Board of Education, Mid-State League, Ohio High School Athletic Association, and National Federation of High Schools policies, rules, and regulations.

PURPOSE

The purpose of this handbook is to provide a guide to the policies and procedures of the Miller High School Athletic Department. This handbook provides a framework from which coaches, athletes, and their parents can best work together for the benefit of our overall athletic program. Although it is intended to be comprehensive in nature, **inevitably situations will occur that are not outlined in this handbook.** In addition, all student-athletes are held accountable to consequences in the school handbook. The Miller High School Principal reserves the right to make judgments and/or overrule all athletic decisions as outlined in this handbook. Parents and athletes are required to sign the “Acknowledgement of Athletic Policies Agreement” stating this handbook has been reviewed and understood before athletes can participate in a sport. Please refer to this handbook throughout the year for all sports. Coaches, athletes, and parents are obligated to be knowledgeable and supportive of these policies and procedures.

TO THE ATHLETE AND PARENT OR GUARDIAN

It should be understood that participation in athletics is a privilege and not a right and that a student who elects to participate in athletics is voluntarily making a choice of self-discipline. Failure to comply with the rules of training and conduct means exclusion from the team. Being a member of a Miller High School athletic team carries with it certain responsibilities and obligations. The most important of these responsibilities is to broaden and develop strength of

character from your experiences. Another responsibility you assume as an athlete is the responsibility to your school and community. As a member of an athletic team, you are contributing to the reputation of your school. Miller High School cannot maintain its position as being an outstanding school unless you do your best in the activity in which you participate. The student body, the Miller High School community, and other communities judge our school by your conduct and attitude, both inside and outside of competition. Because of this leadership role, you can make a positive contribution to school spirit and community pride. If you consistently demonstrate these ideas, you will make Miller High School proud of you.

SPORTSMANSHIP EXPECTATIONS

In keeping with the guidelines of the Ohio High School Athletic Association, the following behaviors are expected of each group as it fulfills its role in providing for an athletic program that is based on exemplary sportsmanship:

EACH STUDENT-ATHLETE IS EXPECTED TO:

- 1) Accept and understand the seriousness of her/his responsibility, and the privilege of representing the School, District, and Community.
- 2) Live up to the standards of citizenship, conduct, and sportsmanship established by the school administration and the coaching staff.
- 3) Refrain from taunting, trash-talking, and making any kind of derogatory remarks to opponents, officials, coaches, or spectators during the game, especially comments of profanity, ethnic, racial, or sexual nature.
- 4) Wish opponents good luck before the game and congratulate them in a sincere manner following either victory or defeat.
- 5) Respect the integrity and judgment of game officials.
- 6) Win with humility, lose with class and do both with dignity.

AS IT PERTAINS TO ATHLETIC CONTEST PARTICIPATION, MEMBERS OF OTHER STUDENT GROUPS (Student Section, Band) ARE EXPECTED TO:

- 1) Establish themselves as leaders in conduct before, during, and after contests and events. Always provide positive support for the school's team.
- 2) Assist cheerleaders with yells, chants, etc., and be a working part of pep assemblies via preparation, organization, and involvement.
- 3) Treat opposing players, coaches, spectators, and support groups with respect and enthusiasm.
- 4) Refrain from taunting or making any kind of derogatory remarks to opponents during the game, especially comments of ethnic, racial, or sexual nature.
- 5) Conduct themselves in an exemplary manner, remembering they represent the school both at home and at away contests.
- 6) Respect the integrity and judgment of game officials.
- 7) Be exemplary role models by positively supporting teams in every manner possible, including content of cheers and signs.

EACH SPECTATOR IS EXPECTED TO:

- 1) Remember that she/he is at a contest to support and cheer for the team and to enjoy the skill and competition; not to intimidate or ridicule either team, the coaches, fans, or the officials.

- 2) Remember that school athletics are learning experiences for students and that mistakes are sometimes made. Praise student-athletes in their attempt to improve themselves as students, as athletes, and as people, as you would praise a student working in the classroom.
- 3) Remember that a ticket to a school athletic event is a privilege to observe the contest, not a license to verbally assault others and be generally obnoxious.
- 4) Learn the rules of the game so that she/he may understand and appreciate why certain situations take place.
- 5) Show respect for all players, coaches, spectators, and support groups.
- 6) Refrain from taunting or making any kind of derogatory remarks to opponents, coaches or officials during the game, especially comments of profane, ethnic, racial, or sexual nature.
- 7) Refrain from any negative comments about the team or coaches in a text or social media website, even if a specific name is not used. This includes “liking” another person’s negative post.
- 8) Respect the integrity and judgment of game officials. Understand that they are doing their best to help promote the student athlete, and admire their willingness to participate in full view of the public. Do not approach an official before or after a contest.
- 9) Recognize and show appreciation for outstanding play by either team.
- 10) Refrain from the use of any controlled substances (alcohol, drugs, etc.) before and during games and afterwards on or near the site of the event.
- 11) Be a positive role model through her/his own actions and by censuring those close by whose behavior is unbecoming.

SPECTATOR MISCONDUCT

Any spectator who has to be addressed on inappropriate behavior at an athletic contest (home or away) will face the following sanctions. Please note that these sanctions are cumulative for the entire calendar year and do NOT start over at the beginning of each sports season.

1st offense – verbal warning

2nd offense – written warning from the Superintendent

3rd offense – removal from the event and from all Miller High School athletic contests for two (2) weeks. If there is less than two weeks left in the sports season, the remainder of the suspension will carry into the next season.

4th offense – removal from all Miller High School athletic contests for the remainder of the sports season. If there is less than two weeks left in the sports season, the suspension will also be for the next sports season.

5th offense – suspension for one (1) calendar year from all Miller High School athletic events.

6th offense – two (2) year ban from all Miller High School athletic events.

Any spectator who is removed from an athletic contest by security, officials, or school administrators automatically reverts to the 3rd offense. Depending upon the severity of the inappropriate behavior, some disciplinary steps could be bypassed.

The Board reserves the right to issue a lifetime ban from Miller High School athletic events based upon the severity of the offense.

All young children are to be supervised by a parent or other responsible person. Those in attendance are expected to be there to observe and support the event. Horseplay and other

activities disruptive to the event will not be tolerated. Children under the age of 12 will not be permitted in the hallways during games unless accompanied by an adult.

HAZING

It is the policy of the Southern Local Board of Education and Southern Local School District that hazing activities of any type are inconsistent with the educational process and shall be prohibited at all times. No administrator, faculty member, coach, or other employee of the district shall encourage, permit, condone, or tolerate any hazing activity. No student, including leaders of student organizations, shall plan, encourage, or engage in any hazing activity.

Hazing is defined as doing any act or coercing another, including the victim, to do any act of initiation onto any student or other organization that causes or creates a substantial risk of incurring mental or physical harm/undue stress to any person. Permission, consent, or assumptions of risk by an individual subjected to hazing does NOT lessen the prohibition contained in this policy.

Administrators, faculty members, coaches, and all other employees of the school district shall be particularly alert to possible situations or circumstances of events, which might include hazing. If hazing or planned hazing is discovered, involved students shall be informed by the discovering school employee of the prohibition contained in this policy and shall be reported immediately to the Superintendent.

Administrators, faculty members, coaches, and all other school employees and students who fail to abide by this policy may be subject to disciplinary action and may be liable for civil or criminal penalties in accordance with Ohio Law.

GOVERNANCE

SOUTHERN LOCAL SCHOOL DISTRICT BOARD OF EDUCATION

www.southernlocal.org

The Board of Education is the ruling agency for the Southern Local School District and is responsible for evaluating the interscholastic athletic program in terms of its value to the community.

THE OHIO HIGH SCHOOL ATHLETIC ASSOCIATION www.ohsaa.org

Miller High School is a voluntary member of the OHSAA and agrees to abide by and enforce all rules and regulations promulgated by this association. The primary role of the OHSAA is to maintain rules and regulations that ensure equity in competition for the student-athletes and a balance with other educational programs. The OHSAA solicits input and is responsive to requests for rule modifications from member schools, appointed committees, and coaches associations.

Southern Local Schools offer athletic participation in the following competitive sports and/or spirit groups:

High School: Baseball, Basketball, Sideline Cheerleading, Football, Golf, Softball,
Track & Field, Volleyball

Middle School: Basketball, Sideline Cheerleading, Football, Track & Field, Volleyball

THE NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS (NFHS)

www.nfhs.org

The purposes of the NFHS are to serve, protect, and enhance the interstate activity interests of the high schools belonging to state associations; to assist in those activities of the state associations which can be best operated on a nationwide scale; and to sponsor meetings, publications and activities which will permit each state association to profit by the experience of all other member associations. The NFHS is both a service and regulatory agency.

THE MID-STATE LEAGUE (MSL)

Miller High School is a voluntary member of the Mid-State League Cardinal Division. This league was established for the primary purpose of promoting selected interscholastic activities among member schools.

The conference membership facilitates the arranging of schedules, equalizing competition, conducting league meets and determining league championships.

The Mid-State League provides Miller High School the opportunity for competition without excessive travel and with schools of similar athletic philosophies. Membership implies abiding by conference schedules, rules, and regulations.

MSL MEMBER SCHOOLS:

- **Buckeye Division:** Amanda-Clearcreek (Fairfield), Bloom-Carroll (Fairfield), Circleville (Pickaway), Fairfield Union (Fairfield), Hamilton Township (Franklin), Liberty Union (Fairfield), Logan Elm (Pickaway)
- **Cardinal Division:** Berne Union (Fairfield), Bishop Rosecrans (Muskingum), Fairfield Christian (Fairfield), Fisher Catholic (Fairfield), Grove City Christian (Franklin), Harvest Preparatory (Franklin), Miller (Perry), Millersport (Fairfield), Wellington School (Franklin)

NON-DISCRIMINATION POLICY

Southern Local School District, in accordance with Board Policy, does not discriminate on the basis of religion, race, national origin, gender, or the presence of disability. Any violations of this policy should be promptly reported to the Miller High School Principal.

REQUIREMENTS FOR PARTICIPATION

Each athlete must meet the following Ohio High School Athletic Association requirements to be eligible for participation in our athletic department programs. Students cannot practice or participate in practices or scheduled contests until all forms and agreements are signed and completed and a current Pre-Participation Physical is on file in the office of the athletic director.

PROOF OF HEALTH INSURANCE

All students must have proper insurance coverage before participating in practice sessions or try-outs. The school district does not carry insurance to cover students' athletic injuries. A parent/guardian will need to fill in and sign the Insurance Verification Form showing they possess a family insurance plan.

SPORTS PHYSICAL

Each athlete must provide an OHSA Pre-Participation Physical Evaluation form prior to any tryout, practice or competition. This document must be signed by the parent/guardian, athlete, and by the physician who certifies that the student is physically able to participate. Only one physical evaluation form is required in a 12-month span.

USE OF PRESCRIPTION INHALERS

A request form shall be filled out and returned to the office or nurse before an inhaler can be administered at school. New request forms must be submitted each school year and as necessary for changes in a medication order. Ohio School Law provides for two (2) options for students that require inhalers:

- 1) Parent and physician will fill out the Request of Administration of Medication Form; return the form to school and the inhaler will be kept in the Southern Local Clinic and be administered with supervision.
- 2) Parent and physician will fill out the Self-Administration of Asthma Inhalers Form; return the form to school and the student will keep and administer the inhaler.

Both forms are available in the office of the school nurse.

ACADEMIC ELIGIBILITY

Students on home education will not be eligible to participate in interscholastic athletics unless they provide evidence of academic eligibility.

Students who are not academically eligible will be permitted to practice with their respective teams, but will not be permitted to dress for competition or participate in any contests/scrimmages.

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION (OHSA) ELIGIBILITY

The Southern Local School District complies with the academic eligibility standards set by the OHSA. Each athlete must meet the Ohio High School Athletic Association and Southern Local School District eligibility requirements as outlined below:

- 1) Eligibility for each grading period is determined by the grades that an athlete receives during the preceding grading period. **Semester averages, exams, or yearly grade averages have no effect on eligibility.**
- 2) Grades 9-12: a student must be enrolled in school during the preceding grading period in order to maintain eligibility. During the preceding grading period, the student must receive passing grades in the equivalent of a minimum of **five one-credit courses** that count toward graduation. (NOTE: For the fall quarter, a freshman is eligible as

long as passing grades were obtained in five courses during the fourth quarter of the eighth-grade year.)

- 3) Grades 7-8: a student must receive passing grades in **five courses** carried the preceding grading period in which the student was enrolled. A student enrolling in seventh grade for the first time will be eligible for the first grading period regardless of any previous academic achievement.
- 4) Summer school grades/credits may not be used to substitute for failing grades from the last grading period of the regular school year.
- 5) The eligibility or ineligibility of a student continues until the start of the fifth school day of the next grading period, at which time the grades from the preceding grading period become effective.

DISTRICT ELIGIBILITY (Grades 9-12)

- 1) All student-athletes in grades 9-12 must maintain a 1.0 grade point average on a 4.0 scale.
- 2) Student-athletes will be eligible with one (1) F, provided their GPA does not fall below a 1.0 and they still meet eligibility requirements of OHSAA. College-Credit Plus courses through an outside institution and online courses through Miller High School count in this calculation.
- 3) If a student-athlete becomes ineligible under one of the district criteria, but improves his/her GPA to 1.0 during the current grading period and has one (1) or fewer F's the student-athlete may be reinstated on the 5th school day of the next grading period.
- 4) A student-athlete who fails to maintain his/her eligibility will become ineligible on the 5th school day of the next grading period.
- 5) A student-athlete who enters 9th grade with only one (1) F and passes five (5) of his/her classes in the last grading period of the eighth-grade will be eligible for the first grading period.
- 6) A student enrolled in online courses at Miller High School should be aware that online courses and College-Credit Plus courses are included and calculated for course credit/grading for OHSAA and District-requirements.

DISTRICT ELIGIBILITY (Grades 7-8)

- 1) Student-athletes must receive passing grades in five courses carried the preceding grading period in which the student was enrolled. A student enrolling in seventh grade for the first time will be eligible for the first grading period regardless of any previous academic achievement.
- 2) If a student becomes ineligible under one of the district criteria, but improves to passing five (5) of his/her classes in the current grading period, he/she may be reinstated on the 5th school day of the next grading period.

ATTENDANCE

Athletes must be in attendance for 50% of the school day to participate in contests and practices, unless excused for medical appointments, driver's tests, funerals, etc. Proper documentation must be provided.

Unexcused Tardy Rule – At Miller High School we understand that attendance matters when it comes to the education of our student-athletes, and therefore the following consequences will be assessed to excessive tardies:

- 1) On the 3rd tardy, the student-athlete will be suspended for 1 quarter or set of play.
- 2) On the 5th tardy, the student-athlete will be suspended for 1 half of a contest or match.
- 3) Starting on the 6th tardy, the student-athlete will be suspended for one (1) full game for each unexcused tardy.

OHSAA PARENT MEETING

Student-athletes and their parents/guardians will be required to attend a preseason parent meeting at least one time per school year. The meeting will cover OHSAA and school policies concerning athletics. The athlete and parent must complete the attendance verification form provided at the time of the meeting.

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION RULES

- 1) To be eligible for interscholastic athletics, students in Grades 7-12 must meet the state regulations as set forth in the OHSAA Eligibility Guides.
- 2) High School OHSAA Link:
<https://ohsaaweb.blob.core.windows.net/files/Eligibility/OtherEligibilityDocs/EligibilityGuideHS.pdf>
- 3) 7th-8th Grade OHSAA Link:
<https://ohsaaweb.blob.core.windows.net/files/Eligibility/OtherEligibilityDocs/EligibilityGuideMS.pdf>

ATHLETIC RULES OF PARTICIPATION

Students participating in extra-curricular and co-curricular activities are in a select group. You are some of Miller High School's very best! Students who participate in extracurricular activities make a major commitment in terms of time and energy to the team or group, to the school and to yourselves. It is the intent of the Board of Education and staff that this experience be as positive for you and other students as possible; therefore, certain standards of conduct are expected. The following rules have been adopted for high school and middle school (Grades 7-8) athletic, music, and all other extra-curricular activities.

The Miller High School Principal reserves the right to make judgments and/or overrule all athletic decisions as outlined in this handbook. The administration reserves the right to address situations or procedures not specified within the Athletic Participation Handbook.

ATHLETIC CODE OF CONDUCT

- 1) Students participating in athletics at Miller High School are bound to adhere to all rules according to:
 - a) Athletic Participation Handbook
 - b) OHSAA
 - c) Southern Local School District Board Policy
 - d) Miller High School Code of Conduct outlined in the Student Handbook
 - e) Ohio Revised Code

- f) Those rules established and submitted by coaches and approved by the Athletic Director
- 2) Students who receive an In-School Suspension will be permitted to participate in practices and games as determined by the coaching staff.
- 3) Students who receive an Out-of-School Suspension for violation of school rules will not be permitted to participate in games or practices during the suspension period.
- 4) It is the responsibility of the student-athlete to be fully aware of the rules and guidelines contained in this handbook PRIOR to participation in any athletic program. Student-athletes are responsible for understanding and accepting that participating in athletics is a privilege and such participation makes them responsible for both the athletic code of conduct and Miller High School's code of conduct. Violation of one or more rules will result in consequences in both forums, school and athletics.

MINOR CODE OF CONDUCT VIOLATIONS

The following acts of misconduct will result in disciplinary actions, including but not limited to, warning, extra duties or conditioning, loss of playing time, or the Denial of the Right to Participate in one or more athletic contests as determined by the coach. The coach will decide which disciplinary action is most appropriate.

- 1) Disregarding team rules established by the coach and approved by the Athletic Director.
- 2) Horseplay during practice, in the locker room, on buses, or at athletic contests.
- 3) The use of profane language.
- 4) Being late to practice unless the coach has been notified and has given his/her approval prior to the start of practice.
- 5) Being late to practice when attendance is expected.
- 6) Being late to practice due to school discipline.

MAJOR CODE OF CONDUCT VIOLATIONS

The following acts of misconduct will result in disciplinary actions, including but not limited to, loss of playing time, DENIAL of the Right to Participate in one or more athletic contests, removal from the team, and/or expulsion from school. Discipline will be determined by the Athletic Director and High School Principal.

- 1) Disrespect to visitors, visiting teams, coaches, officials, or other authorized personnel and at any school athletic function.
- 2) Use of abusive or obscene language or gestures directed toward coaches, officials, parents, fans, etc.
- 3) Theft, destruction of property, abuse of property (private or public) on school premises or under school jurisdiction.
- 4) Assault or fighting at any athletic event, which includes practice or games (home or away) and traveling to and from events.
- 5) Unsportsmanlike Conduct/Technical Foul
 - a) 1st Offense – the player will be immediately removed from the game for a period of time and warned by the coach.
 - b) 2nd Offense – the player will be immediately removed from the game. The player will be suspended for 10% of total contests (Football = 1 game, Basketball = 2 games).
- 6) Any behavior, action or verbal retort that would cast a bad reflection on the team, school or community, anytime or anyplace, as established by investigation. Any negative comments about the team/teammates/coach in a text or social media website, even if a specific name is not used. This includes “liking” another person’s negative post.

- 7) Any use of cameras in any form in locker rooms, shower rooms, and restrooms are prohibited.
- 8) Sexting or passing of obscene photos to other students on phones or any other media device.
- 9) Disregarding a coach's authority while under his/her supervision.
- 10) Excessive unexcused absences from practices:
 - 1st offense: as determined by coach
 - 2nd offense: will result in sitting out next contest
 - 3rd offense: two (2) contest suspension
 - 4th offense: dismissal from team and forfeiture of award
- 11) Unexcused absence from scheduled contest:
 - 1st offense: one contest suspension
 - 2nd offense: dismissal from team and forfeiture of award

SUBSTANCE USE/POSSESSION/ABUSE RULES

- 1) Participants shall not possess, use, transmit, conceal, sell or show evidence of illegal use of narcotics, alcohol, drugs or drug paraphernalia.
- 2) Tobacco and tobacco products, including, but not limited to vaping and vaping devices, are prohibited, regardless of the age of the participant.
- 3) Use of any substance legal or illegal in such a manner as to cause intoxication is also prohibited.
- 4) Disciplinary action will be determined by the type of offense and such action will be based upon the number of rule violations that the student has had previously.
- 5) A violation of one of the tobacco, alcohol, legal or illegal controlled substance provisions of these rules will be cumulative. However, violations will reset when a student-athlete transitions from Grade 8 to Grade 9.
- 6) All students violating the alcohol, legal or illegal controlled substance provision of these rules will be recommended for counseling.

TOBACCO, VAPING, E-CIGARETTES

Vaping and E-Cigarette violations include liquids used in electronic smoking devices, whether or not they contain nicotine. Repeated violations of these rules will be cumulative. However, violations will reset when a student-athlete transitions from Grade 8 to Grade 9.

- 1) **First Violation** – The penalty for a first violation will be a three (3) game suspension from athletic contests for that sport. The Athletic Director, upon request of the athlete, may reduce the suspension to a one (1) game suspension for that sport, provided: The athlete participates in a professional counseling clinic, workshop, or seminar as approved by the Principal or Athletic Director. The professional counseling will be at the expense of the athlete and must be completed prior to resuming athletic competition.
The athlete will lose all leadership positions for the remainder of the school year (i.e. Team Captain).
- 2) **Second Violation** – Upon confirmation of a second violation, the athlete will receive a suspension of 50% of the scheduled contests for that sport.

USE, POSSESSION, OR DISTRIBUTION OF ALCOHOL, ILLEGAL DRUGS, OR CONTROLLED COUNTERFEIT SUBSTANCES (INCLUDING MARIJUANA)

- 1) **First Violation** – ten (10) game suspension (regardless of number of games in the season)
 - a) For dual-sport athletes, the suspension will be comprised of the 1st ten (10) consecutive contests, not including scrimmages, of the season.
 - b) Athletes **MUST** attend a school-approved treatment program at the student's expense. Failure to attend will result in the athlete being ineligible for ALL sports for the remainder of the school year.
 - c) Athletes will lose all leadership positions (i.e. Team Captain) for 1 calendar year.
 - d) For multi-sport athletes, the suspension may carry over to the following sports season if the suspension has not been fully met.
- 2.) **Second Violation** – Removal from team and forfeiture of awards.
 - a) Athlete will not be permitted to hold a leadership position (i.e. Team Captain) for the remainder of his/her high school sports career.
 - b) Athletes will be ineligible for ALL sports for the remainder of the school year.

SCHOOL DISCIPLINE OBLIGATIONS

A student-athlete with a school disciplinary obligation is expected to fulfill the disciplinary obligation before reporting to an athletic practice and/or game. Suspensions, including those that begin on a Friday, shall render a student ineligible for competition over the weekend or until the regular classes resume. Students cannot expect, and should not request, disciplinary action to be postponed or canceled for any athletic reason. The athletic department reserves the right to remove a student from a team for excessive disciplinary problems. It is expected that our athletes be model citizens both in and out of school.

TRYOUTS

Tryouts for athletic programs are open to all students providing they meet the standards for participation outlined above. In certain sports, more students try out than can be kept on a team. When this situation occurs, roster reduction is necessary. Roster reduction is a difficult process and all coaches should realize that sensitivity and communication are essential. During the tryout period the coach must explain the expectations and criteria used to select players for the team. It is the coach's responsibility to evaluate and communicate with the athletes during the tryout period and decide which student-athletes will be placed on the team roster. Students who do not make the team roster should be informed in person by the coach. Coaches have discretionary authority in choosing their teams.

- 1) Coaches reserve the right to deny any athlete to join their team after the first official day of practice has begun. This situation will be revisited if, due to injuries, there are not enough students to fill the roster. The following exceptions may apply:
- 2) Student-athletes who are cut from a team in a sport where tryouts are conducted may join a non-tryout sport with approval from that coach. Student-athletes are required to make contact with the new team's coach immediately following notification they have not made the tryout team's roster.

- 3) During the fall season, 7th grade students may join a team during the 1st week of school. With 7th graders being new to the school sport process, coaches may reach out to 7th graders if they so choose.
- 4) If a student moves into the district after the first official day of practice, the student-athlete would be given the opportunity to be evaluated for participation on a team without penalty. They would still be subjected to OHSAA guidelines. Student-athletes are required to make contact with the team's coach or athletic director immediately upon enrollment.
- 5) An athlete is considered to join a team when they attend the first practice after try-outs. If the athlete misses practices after that point, we will treat that as a team issue and should be dealt with by the coach in accordance with team rules.

TEAM SELECTION

It is reasonable to expect that varsity teams will be composed of the student-athletes who provide the team with the greatest opportunity for success. It is important to recognize that high school athletes who work hard and can contribute to a team's success should be given the opportunity to be on a varsity team.

PLAYING TIME, LEVEL OF PLAY & TEAM SELECTION

Playing time, level of play, and team selection will be based on talent, effort, and ability to learn the game. The Athletic Department will decide on the number of student-athletes who will complete the rosters. Student-athletes may be cut from a team. At the beginning of each season, coaches will notify the students what the criteria for team membership will be and on what days cuts will occur. Grades 7 and 8 volleyball, basketball, football, cheerleading, and track will have no limits to the number of participants on teams. Coaches are encouraged to recognize the developmental aspect of Middle School, Freshman, and Reserve programs and maximize individual playing time as practical for player development.

STUDENT PARTICIPATION

- 1) After the first two (2) weeks of practice, students are not permitted to join the team unless it is a move-in student. This situation will be revisited if, due to injuries, there are not enough students to fill the roster.
- 2) A student who becomes academically eligible may join a team if it is agreed upon by the coaches and Athletic Director.
- 3) All equipment should be turned in the week after the last game, match, or meet of the season. Penalties may apply as ineligibility for the next season or fees assessed for missing or destroyed equipment.

SELECTED FOR A TEAM

A student must be eligible according to the standards listed in this section in order to be a member of a 7th Grade, 8th Grade, freshman, junior varsity, or varsity team. Head coaches are **required** to conduct a team meeting to include all players, their parents/guardians, and coaches in the program. Program philosophy as well as expectations and specific team rules should be shared. Team rules regarding student-athletes and parents will be discussed at this meeting.

After an athlete is selected to a team - the following rules and obligations are required in addition to the REQUIREMENTS FOR PARTICIPATION outlined earlier in this handbook.

COMMITMENT/MISSING PRACTICE OR GAMES

During tryouts and after team selection, the head coach will explain expectations related to practice times and locations, as well as game schedules. Students should expect to make at least a six-day, two-to-three-hour-per-day commitment to the team each week. An athlete should always consult her/his coach before missing practice. Missing practice or a competition without good reason will be dealt with by the head coach and her/his team rules and consequences.

FAMILY VACATIONS/EXTENDED ABSENCES

Each parent/guardian and athlete must determine if the athlete will be able to meet the commitment of time for the duration of the sport season. Work and/or vacation are not acceptable reasons for missing practice and/or games during their season of sport as designated by the Ohio High School Athletic Association calendar. Consequences will be determined by the head coach and her/his team rules.

TEAM RULES

Coaches of each sport have the authority to set their own rules and expectations which are approved by the Athletic Director. Coaches have the responsibility and authority to enforce these rules. An athlete and her/his family agree to these expectations by virtue of agreeing to participate on the team. Questions concerning team rules should be addressed with the coach at the pre-season parent meeting.

DRESS

Coaches will direct student-athletes to dress and groom in a manner that properly represents the school and community. This will be up to each coach in their program.

Student-athletes of any sport will not be released early for purposes of dressing for practices or games, unless travel time makes this necessary, and then the release time must be approved by the Athletic Director or Miller High School Principal.

DENIAL OF PARTICIPATION

Violations of school rules, athletic rules, or team rules may result in the denial of the student-athlete's privilege to participate in extracurricular activities.

- 1) Denial of participation may be initiated by the coach, athletic director, or building principal. Coaches intending to remove or release a student-athlete from a team for disciplinary reasons MUST inform the athletic director and include a written explanation.
- 2) Student-athletes will be given written notice of the intent to deny participation and the reason(s) why. Copies will be sent to the Principal and Athletic Director.
- 3) Student-athletes may appeal the decision of the coach to deny participation to the Athletic Director. Appeals must be initiated within 24 hours of denial of the right to participate. The

Athletic Director will render his/her decision within one (1) day to the student-athlete and his/her parents/guardians.

- 4) Student-athletes may appeal the decision of the Athletic Director to the Principal. The Principal, following proper investigation will render a decision within one (1) day and communicate the outcome to the student-athlete and his/her parents/guardians.
- 5) In accordance with Ohio Revised Code 3313.664 and Board Policy 5610.05, students prohibited from participating in all or part of any extra-curricular activity are not entitled to further notice, hearing or appeal rights. There exists no mandate for any form of due process in connection with the removal of students from extra-curricular activities. Based on this, the decision of the Building Principal is final.
- 6) Student-athletes are required to serve the appropriate consequences in the current sport if time permits. If time does not permit, the consequences will be served in the next sport participated in.

TRANSPORTATION

Athletes are expected to ride school-provided transportation to and from contests. Exceptions to this are to be made at the discretion of the athletic director and/or building principal. The student's legal guardian must sign-out the student-athlete on the coach's tracking form. Permission for student-athletes to ride home with someone other than their parent/guardian must be pre-approved by the Miller High School Principal.

Bus conduct includes, but is not limited to:

- 1) Food and drinks will not be permitted on the bus.
- 2) All riders will remain seated when the bus is in motion.
- 3) Bags and equipment must be stowed in a seat and may not be in the aisle.

LOCKER ROOMS AND EQUIPMENT

- 1) The locker rooms and dressing areas are for use of in-season athletes only.
- 2) Neatness and cleanliness of the locker rooms shall be the responsibility of the team, managers, and coaches.
- 3) The Athletic Director (through the Building Principal) shall see to it that the building custodians maintain proper levels of sanitation and maintenance in the locker rooms.
- 4) Team members should expect to be disciplined for not fulfilling their responsibilities in keeping the locker rooms clean and neat. They will be liable for any damages inflicted and will be subject to disciplinary actions.
- 5) The head coach of each sport is fully responsible for the conduct of his/her team in the locker room. Horseplay, vandalism, or profanity will not be tolerated.
- 6) Both players and coaches are responsible for their own equipment.
- 7) Coaches shall not leave the locker room area after practices or games until all team members have left the area.
- 8) No school equipment is to be used by any non-school sponsored teams, even if the team has students from our school on it.
- 9) Students have an obligation and responsibility to properly care for and return all equipment issued to them. Students failing to turn in equipment or returning equipment damaged through misuse are responsible to meet the current replacement cost for such equipment. Payment is required at the time of loss. Payment must be received prior to the next season of athletic involvement or graduation, whichever comes first. Students may not be allowed

to try out for an athletic team if they have an equipment obligation. Diplomas will be held for students that have an equipment or uniform obligation.

ATHLETIC AWARDS

- 1) Prior to the beginning of each season, coaches should clearly define and communicate criteria for earning varsity letters. These criteria are sport-specific.
- 2) Student managers are eligible for varsity letters.
- 3) At seasonal athletic banquets all varsity letter winners will receive recognition. Individual awards may also be given out at the discretion of the coach of each sport.
- 4) Athletes must participate in end of season awards ceremonies to receive awards earned, unless prior excuse by Coach, Athletic Director, or Principal.
- 5) Student-athletes will not receive an award if uniform/equipment is not turned in at the end of the season.

QUITTING OR DROPPING A SPORT

Quitting is an unacceptable habit. On occasion an athlete may find it necessary to drop a sport for a good reason. If this is the case, the following procedure must be followed:

- 1) Consult with the head coach.
- 2) Report the situation to the athletic director.
- 3) Return any and all equipment.

If an athlete in a sport quits or is barred from participating on that team, he/she is not eligible to join another sport during the same season.

STUDENT PARTICIPATION IN TWO SPORTS DURING THE SAME SEASON

Miller High School seeks to provide quality co-curricular athletic opportunities for its students. Some students have talents and abilities that they desire to contribute to more than one team in a particular season, and both of these teams can benefit. Some activities may struggle with low numbers, and dual-sport athletes can boost participation in those sports. Students are permitted to participate in two co-curricular activities during the same season. Students wishing to participate in two sports during the same season will need to obtain a request form from the athletic director and follow the guidelines set forth by the athletic department involving dual-sports participation.

RULES FOR DUAL-SPORTS PARTICIPATION:

- 1) A student who wishes to participate in two sports during the same season must designate a primary sport before the beginning of the first appointed date of practice set by the OHSAA for the season of participation.
- 2) A primary sport is defined as the sport that takes precedence over another sport in the event there is a conflict of schedule or any other matter that could lead to a conflict. The student must adhere to the primary sport in the event of any conflicts in schedules. If one sport has a contest and the other has practice, the contest will take precedence.
- 3) The student must practice in both sports, but the amount of practice time must meet the agreed requirements of the head coaches of those sports involved.

- 4) Approval may be denied because of academic concerns at any time during the sport season. The athlete will then participate in the primary sport only. OHSAA eligibility requirements must be adhered to as well.
- 5) The student and parents or legal guardians must sign a contract of dual-sport participation before the first practice sessions he or she attends.
- 6) In the event that a student is disciplined for any infraction in a specific sport, the consequence will also be applied to the second sport in the season of dual participation. For example, if a student is suspended 25% of a season for drug use, that suspension is to be served for both the primary sport and the non-priority sport.
- 7) The High School Athletic Director and the High School Principal will serve in the capacity of advisors. The High School Principal will make final judgments on matters concerning dual-sport participation.
- 8) Coaches of teams involved are responsible for clarifying the role of the dual-sport athlete to other teammates. This must be done before the start of the season, and all team members must be aware of expectations.

CONFLICT RESOLUTION

Athletic involvement is highly emotional and very time-consuming. Sometimes conflicts arise between students, coaches, and parents; however, the student's interest is best served when each participant understands the position of the other. This understanding can only be accomplished by open and honest communication. When conflicts or issues arise, it is important that they may be addressed immediately, and as directly as possible, so that they can be promptly resolved.

COMMUNICATION YOU SHOULD EXPECT FROM YOUR COACH:

- 1) Philosophy of the coach
- 2) Expectations the coach has for your child as well as players on the team
- 3) Locations and times of all practices and contests
- 4) Team requirements (fees, special equipment, off-season conditioning)
- 5) Procedures should your child be injured
- 6) Discipline that results in the denial of your child's participation

COMMUNICATION COACHES EXPECT FROM PARENTS:

- 1) Concerns expressed directly to the coach (not to other parents)
- 2) Notification of any schedule conflicts well in advance
- 3) Specific concerns in regard to a coach's philosophy and/or expectations

ISSUES WHICH ARE NOT APPROPRIATE TO DISCUSS WITH A COACH:

- 1) Team Strategy
- 2) Playing Time
- 3) Other Student-Athletes

ISSUES WHICH ARE APPROPRIATE TO DISCUSS WITH COACH:

- 1) The treatment of your child physically and mentally
- 2) Ways to help your child improve
- 3) Concerns about your child's behavior
- 4) College options and recruiting

Students and their parents should use the following process as a guideline when seeking resolution to conflicts or issues between an athlete and a coach:

1) Step #1: Contacting the Coach

- a) The best solution is to ask the coach, either over the phone, via email, or in person, if an appointment could be made to discuss the issue. The athlete should present the conflict/issue to the coach as soon as possible. Contact may be made by the athlete's parent, **but not prior to 24 hours** following a contest. In order for the contact to be as productive as possible, times that athletes and parents **should avoid** are:
 - i) Immediately prior to, during, or following a contest
 - ii) During an active practice session
 - iii) When other students are present or when it would be readily visible to others that the discussion is taking place
 - iv) When it is apparent that there is not sufficient time to allow for a complete discussion

2) Step #2: Contacting the Athletic Director

- a) If a satisfactory solution is not reached through direct contact with the coach, the student and/or parent should contact the athletic director. The coach should be informed that this contact is going to be made.
- b) If this discussion does not result in a satisfactory conclusion, then a meeting will be scheduled involving all parties in an attempt to reach a satisfactory resolution.

3) Step #3: Contacting the Principal

- a) If there is still not a satisfactory resolution, the student or parent may contact the high school principal. The athletic director should be informed that this contact is going to be made.

SOCIAL MEDIA GUIDELINES FOR STUDENT-ATHLETES

We recognize and support the student-athletes' rights to freedom of speech, expression and association, including the use of social networks. In this context, however, each student-athlete must remember that playing and competing for Miller High School is a privilege. As a student-athlete, you represent Southern Local Schools and the communities within our district. You are expected to portray yourself, your team, and the School District in a positive manner at all times.

Here are some guidelines for social networking site usage:

- 1) **Everything you post is public information.** Any text or photo placed online is completely out of your control the moment it is placed online, even if you limit access to your site. Information (including pictures, videos, and comments) may be accessible even after you remove it. Once you post a photo or comment on a social networking site, that photo or comment becomes the property of the website and may be searchable even after you remove it.
- 2) **What you post may affect your future.** Many employers and college admissions officers review social networking sites as part of their overall evaluation of an applicant.
- 3) Carefully consider how you want people to perceive you before you give them a chance to misinterpret your information (including pictures, videos, comments, and posters).
- 4) Similar to comments made in person, the Miller High School Athletic Department will not tolerate disrespectful comments and behavior online, such as:

- a) Derogatory language or remarks that may harm: the District, teammates or coaches; other Miller High School student-athletes, teachers, or coaches; student-athletes, coaches, or representatives of other schools, including comments that may disrespect opponents.
- b) Incriminating photos, videos or statements depicting: violence; hazing; sexual harassment; full or partial nudity; inappropriate gestures; vandalism; stalking; underage drinking; selling, possessing, or using controlled substances; or any other behaviors deemed inappropriate.
- c) Creating a serious danger to the safety of another person or making a credible threat of serious physical or emotional injury to another person.
- d) Indicating knowledge of an unreported school or team violation, regardless if the violation was unintentional or intentional.

In review, students should not have a false sense of security about the rights to freedom of speech. Understand that freedom of speech is not unlimited. The online social network sites are **NOT** a place where you can say and do whatever you want without repercussions. The information you post on a social networking site is considered public information. Protect yourself by maintaining a self-image of which you can be proud of for years to come.

***Violation of this policy can result in punishment including, but not limited to, dismissal from a team or further involvement in Miller High School athletics.**

USE OF FACILITIES/SUPERVISION

Students are expected to treat all facilities, both home and away, with proper care. Southern Local School District has some excellent facilities and only proper care and respect will keep them this way. Vandalism is cause for dismissal from a team and further disciplinary action by the administration. Athletes using any facility must be under the direct supervision of a **Board of Education Approved Coach**. Under no circumstances should any workout be unsupervised.

COLLEGE/CAREER GUIDANCE

One of the most important decisions facing high school students is what to do with their lives after they graduate. The members of the Miller High School athletic staff are eager to assist all student-athletes with this extremely important decision. They may be able to answer questions, contact schools and/or coaches, send videos, and write letters of recommendation. If a student's goal is to compete athletically at the collegiate level, it is important to be aware of the ever-changing National Collegiate Athletic Association (NCAA) regulations.

NCAA CLEARINGHOUSE

The NCAA Clearinghouse is a central repository for information on high school curricula. The NCAA maintains this information to conduct evaluations of incoming freshmen. The NCAA evaluates high school graduates' academic records in light of current NCAA initial-eligibility requirements. A prospective collegiate athlete needs to apply and receive a final certification by the Clearinghouse in order to participate in college athletics at the Division I or II levels. A student does not need to apply if he/she will attend a junior college, NAIA, or NCAA Division III institution. Students can pick up Clearinghouse forms in the High School Office.

ACKNOWLEDGEMENT OF ATHLETIC POLICIES AGREEMENT

This form must be completed and on file in the athletic department BEFORE any student-athlete may participate.

Student Name _____

I fully understand that prior to participating in extracurricular interscholastic athletics for the Southern Local School District I must have the following documents on file with the district. All documents must be completed and current.

- 1) Physical Examination Form
- 2) Emergency Medical Authorization Form
- 3) Insurance Verification Form
- 4) Acknowledgement of Athletic Policies Agreement

Only after the above items are completed may a student-athlete participate in practices/contests.

AS A STUDENT:

- 1) I understand and agree that participation in athletic activities is a privilege that may be withdrawn for violations of the Athletic Code of Conduct.
- 2) I have read the Athletic Code of Conduct and thoroughly understand the consequences that I will face if I do not honor my commitment to the Athletic Code of Conduct.
- 3) I understand and realize that there is risk of injury in participating in athletic activities.

AS A PARENT/GUARDIAN/CUSTODIAN:

- 1) I have read the Athletic Code of Conduct and understand the responsibilities of my son/daughter/ward as a participant in athletic activities in Miller High School.
- 2) I pledge to promote healthy lifestyles and be a positive role model for all student-athletes of Miller High School.
- 3) I understand and realize that there is an assumed risk of injury involved for my son/daughter/ward as a participant in athletic activities.

We have read the Miller High School Athletic Participation Handbook and agree to abide by the rules and regulations contained within. We understand that all decisions are left to the coaches, Athletic Director, and Miller High School Principal on the application of these rules to conditions affecting this student-athlete. We also understand that by participating in interscholastic athletics, there is a risk for injury to occur.

Student Signature _____ **Date** _____

Parent/Guardian Signature _____ **Date** _____

EMERGENCY MEDICAL AUTHORIZATION

Purpose: To enable parents and guardians to authorize the provision of emergency treatment for children who become ill or injured while under school authority, when parents or guardians cannot be reached.

Student's Name: _____ Birthdate: _____ Grade: _____

Home Address: _____

Teacher/Homeroom: _____

Student resides with (circle all that apply): Mother Father Stepparent Guardian _____

List only the names (first and last) of those who have authority to make decisions in an emergency situation involving this student. Then, indicate on the line to the left the order in which you desire contact attempts to be made based on availability (i.e., 1st, 2nd):

_____ Mother: _____ Cell#: _____ Work#: _____

_____ Father: _____ Cell#: _____ Work#: _____

_____ Stepparent: _____ Cell#: _____ Work#: _____

_____ Guardian: _____ Cell#: _____ Work#: _____

_____ Relative or alternate (i.e., child care provider), if applicable:

Relationship to Child: _____ Name: _____

Cell #: _____ Work#: _____

COMPLETE ONLY ONE OF THE FOLLOWING: I. Consent for Treatment **OR II. Refusal to Consent**

I. CONSENT FOR TREATMENT:

I hereby give consent for the following medical care providers and local hospital to be called:

Preferred Physician: _____

Office #: _____

Preferred Dentist: _____

Office #: _____

Medical Specialist: _____

Office #: _____

Preferred Hospital: _____

ER #: _____

II. REFUSAL TO CONSENT:

I do **NOT** give my consent for emergency medical treatment for my child. In the event of illness or injury requiring emergency treatment, I wish the school authorities to take the following action:

Parent/Guardian Signature: _____

Date: _____

In the event reasonable attempts to contact me have been unsuccessful, I hereby give my consent for (1) the administration of any treatment deemed necessary by the preferred doctor indicated, or, in the event the designated preferred practitioner is not available, by another licensed physician or dentist; and (2) the transfer of the child to any hospital reasonably accessible.

This authorization does not cover major surgery unless the medical opinions of two other licensed physicians or dentists, concurring in the necessity for such surgery, are obtained prior to the performance of such surgery.

MEDICAL HISTORY: Facts concerning the child's medical history including allergies, medications being taken, and any physical impairment of which a physician and/or school personnel should be alerted:

Parent/Guardian Signature: _____ Date: _____

INSURANCE VERIFICATION FORM

This form is to certify that the student-athlete is covered by our accident insurance policy, and that this policy will be kept in force during this student's participation in interscholastic competition.

Student-Athlete Name: _____

Grade: _____

Name of Insurance Carrier: _____

Policy #: _____

Signature of Parent/Guardian: _____

Date: _____

Sudden Cardiac Arrest and Lindsay's Law Parent/Athlete Signature Form



What is Lindsay's Law? Lindsay's Law is about Sudden Cardiac Arrest (SCA) in youth athletes. It covers all athletes 19 years or younger who practice for or compete in athletic activities. Activities may be organized by a school or youth sports organization.

Which youth athletic activities are included in Lindsay's law?

- Athletics at all schools in Ohio (public and non-public)
- Any athletic contest or competition sponsored by or associated with a school
- All interscholastic athletics, including all practices, interschool practices and scrimmages
- All youth sports organizations
- All cheerleading and club sports, including noncompetitive cheerleading

What is SCA? SCA is when the heart stops beating suddenly and unexpectedly. This cuts off blood flow to the brain and other vital organs. People with SCA will die if not treated immediately. SCA can be caused by 1) a structural issue with the heart, OR 2) an heart electrical problem which controls the heartbeat, OR 3) a situation such as a person who is hit in the chest or a gets a heart infection.

What is a warning sign for SCA? If a family member died suddenly before age 50, or a family member has cardiomyopathy, long QT syndrome, Marfan syndrome or other rhythm problems of the heart.

What symptoms are a warning sign of SCA? A young athlete may have these things with exercise:

- Chest pain/discomfort
- Unexplained fainting/near fainting or dizziness
- Unexplained tiredness, shortness of breath or difficulty breathing
- Unusually fast or racing heart beats

What happens if an athlete experiences syncope or fainting before, during or after a practice, scrimmage, or competitive play? The coach **MUST** remove the youth athlete from activity immediately. The youth athlete **MUST** be seen and cleared by a health care provider before returning to activity. This written clearance must be shared with a school or sports official.

What happens if an athlete experiences any other warning signs of SCA? The youth athlete should be seen by a health care professional.

Who can evaluate and clear youth athletes? A physician (MD or DO), a certified nurse practitioner, a clinical nurse specialist, certified nurse midwife. For school athletes, a physician assistant or licensed athletic trainer may also clear a student. That person may refer the youth to another health care provider for further evaluation.

What is needed for the youth athlete to return to the activity? There must be clearance from the health care provider in writing. This must be given to the coach and school or sports official before return to activity.

All youth athletes and their parents/guardians must review information about Sudden Cardiac Arrest, then sign and return this form.

Parent/Guardian Signature

Student Signature

Parent/Guardian Name (Print)

Student Name (Print)

Date

Date

TRANSPORTATION PERMISSION FORM

I give permission for my child(ren):

Name: _____ Grade: _____

Name: _____ Grade: _____

Name: _____ Grade: _____

Name: _____ Grade: _____

to be transported to and from ALL athletic events by Southern Local School District
Transportation.

Parent/Guardian Signature: _____

Date: _____



Ohio High School Athletic Association
4080 Roselea Place
Columbus, Ohio 43214
614-267-2502
www.ohsaa.org

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION ACKNOWLEDGEMENT AND PLEDGE

All participants in the interscholastic athletic programs in OHSAA member schools have an important role to play in keeping other students within the school, their opponents and their community members safe by doing their part to stop the spread of COVID-19. As a student-athlete in an OHSAA member school, I know that I must take steps to stay well in order to protect others and promote a safe return to school and full participation for all student athletes in my school. Because of this challenge, I pledge to take responsibility for my own health and help stop the spread of the COVID-19.

The Ohio High School Athletic Association's highest priority is the safety of all memberschool students, faculty, staff, and spectators. I know that by engaging in school activities, including attending classes, pursuing my education, eating in the school cafeteria, attending activities, participating in sports and recreation, I may be exposed to COVID-19 and other infections. I also understand that despite all reasonable efforts by my school, I can still contract COVID-19 and other infections. In order to reduce my risk, I agree to be an active participant in maintaining my own health, wellbeing and safety, as well as the safety of others, by following all the guidelines and expectations outlined by my school.

As more information is gathered and known, I understand that the OHSAA and my school, via its Board of Education or governing board, may modify these guidelines and expectations. It is my responsibility to make every effort to keep myself apprised of these changes to protect myself and my school community.

It is my school pledge to protect myself, my peers, and my entire community by doing the following:

- I agree to testing for COVID-19 and potential subsequent self-quarantining if I am identified as a contact of anyone who has been determined to be positive for COVID-19.
- If I test positive for COVID-19, I agree to self-quarantine in a location to be determined in consultation with my family, a medical practitioner and/or local health department until:
 - My symptoms have resolved, and
 - It has been at least ten days since the start of my symptoms, and
 - I have a negative COVID-19 test result.
- I agree to timely report any known or potential exposures to COVID-19 to the school administration and athletic training/medical staff.
 - Monitor for the following symptoms:
 - A fever of 100.4°F or higher
 - Respiratory symptoms, such as dry cough or shortness of breath
 - Sore throat
 - Headache
 - Body aches
 - Chills
 - Loss of taste or smell

/Users/Golding/Desktop/OHSAA Ackowl and Pledge 7-9-20 FINAL.docx

If I develop the above symptoms, I agree to contact my athletic trainer or another medical practitioner, and to follow the medical staff's instructions which may include being tested for COVID- 19 and self-quarantining while the test results are pending, and/or being evaluated by the athletic training staff. • Stay at home if I am feeling sick.

- In general, the CDC recommends getting a flu vaccination (according to the CDC immunization schedule for adolescents)
- Participate fully and honestly with the administrative and/or athletic training staff for contact tracing to determine whom I might have potentially exposed to COVID-19.
- Wear a mask or the appropriate PPE in all public spaces.
- Practice physical distancing as much as possible.
- Frequently wash and/or sanitize my hands.
- Keep my personal space, shared common space, and my belongings clean.

I understand COVID-19 is a highly contagious virus, and it is possible to develop and contract the COVID-19 disease, even if I follow all the safety precautions above and those recommended by the CDC, local health department, and others. I understand that although my school is following the coronavirus guidelines issued by the CDC and other experts to reduce the spread of infection, I can never be completely shielded from all risk of illness caused by COVID- 19 or other infections.

I have read, understand, and agree to comply with this pledge above. I also acknowledge that these expectations and pledge are a condition of my participation in interscholastic athletics and that any failure to comply with this pledge above may lead to immediate removal of athletic participation privileges and/or the inability to use athletic facilities.

I take this pledge seriously and will do my part to protect my school and community.

Student-Athlete Signature

Date

Parent/Guardian Signature (if under 18)

Date

SOUTHERN LOCAL SCHOOL DISTRICT

HUDL

Informed Consent and Release

I, the undersigned parent/legal guardian, hereby understand that Southern Local School District is utilizing the online services of HUDL, <https://www.hudl.com>, an online application owned and operated by Agile Sports Technologies, Inc., to collect sports statistics. I also understand that as part of this activity, my child will be providing his/her name and email address in order to use this online application.

I understand that to the extent that either I or my child are provided with or create a password for the use of this site, my child and I can help protect against unauthorized access to my child's account and personal information by appropriately protecting and limiting access to this password and appropriately logging off of the account when finished. I hereby acknowledge and agree that the Southern Local School District Board of Education and/or Southern Local Schools does not own or control HUDL and any of my child's works (name, image, likeness, spoken words, student work, performance, in any form, hereinafter collectively referred to as "Works") that are posted on or through this website shall be managed and controlled by HUDL in accordance with its privacy policy and terms of service. I further acknowledge that my child and I have read HUDL's [Terms of Use](#) and [Privacy Policy](#), true copies which are linked to this informed consent and release.

By entering into this informed consent and release and granting the permission as stated herein, I am expressly authorizing my child to participate, use, and submit Works for posting on HUDL. I also expressly authorize the Southern Local School District to use, in whole or in part, my child's Works in connection with HUDL including without limitation, the posting of these Works on or through HUDL.

I further understand that neither the Southern Local School District Board of Education and/or their respective officers, directors, agents and/or employees shall compensate either me or my child in connection with the posting of the Works on or through HUDL. By entering into this informed consent and release and granting the permission as stated herein, I also am releasing the Southern Local School District Board of Education and/or Southern Local Schools and their respective officers, directors, agents and/or employees from and against any and all liability, loss, damage, costs, claims and/or causes of action arising out of or related to my child's Works being posted on or through [Application] and/or for my child participating and using [Application].

I have read this Informed Consent and Release and understand its terms. I sign it voluntarily and with full knowledge of its significance.

Child's Name: _____ Grade: _____

Child's Signature: _____ Date: _____

Parent/Guardian's Name: _____

Parent/Guardian's Signature: _____ Date: _____