

Food For Thought



Your newsletter from Aramark Student Nutrition

July 2025

Exciting Changes are Coming!

Greetings Shaker Heights Schools Community!

Aramark Student Nutrition here. We have some exciting news! We are thrilled to announce our partnership with Shaker Heights Schools for the 2025-2026 school year. Get ready for some amazing changes in your school's food program!

We've been hard at work reimagining your student's dining experience, and we can't wait to share what's ahead. In this newsletter, you'll get a quick introduction to us and a preview of what's coming next. We're proud to power the potential of your student—one meal at a time.



Who Are We?

We are Aramark. Pronounced like eh-ruh-maark.
We've served billions of school lunches over 60 years.
We serve up the food at hundreds of colleges too.
We really like healthy food that is delicious too.
We are innovative.
We believe in the power of local.
We think food makes people happy.
We think that your experience matters.
We know that good food can brighten your day.
Nice to meet you!



Meet Your New Chef: Jason Quinlan

With over a decade of experience in menu development, food preparation, and culinary staff management, Chef Quinlan brings a wealth of expertise to our kitchens. A graduate of the Scottsdale Culinary Institute and French-trained, he's honed his craft at renowned Cleveland spots including One Walnut, Spice Kitchen & Bar, and Marigold Catering.

Having worked as both a private and executive chef, Quinlan is passionate about using his skills to positively impact students' dining experiences. "I truly care about what our next generation eats," says Chef Quinlan





A Student First Approach

Powering Potential is our passion.

At Aramark Student Nutrition, we see the potential in every student. By serving nutritious, delicious foods in engaging, creative ways, we can power the potential for:

...brighter days	...academic achievements
...healthier eating habits	...brighter futures
...student success	...a better community

We're nutrition obsessed.

Nutrition is in our name. Literally.

As parents, we understand that you prioritize healthy food choices for your families, that's why we prioritize it too!



Our team of dietitians carefully calculate every meal served to provide balanced nutrition in every bite. We are talking about protein, vegetables and fruit, whole grains, fat-free/low-fat dairy - always low in saturated fats, with no added sugar or salt.

The goal: Help students make smart decisions.



Watch for our Sweet Heat Chorizo Empanada on the menu in March 2026, one of 9 Limited Time Offers

**ALL OF OUR MENUS
EXCEED USDA
REQUIREMENTS**

Food is our life.

We are foodies. Creating future foodies.

We know kids are savvy about their food choices. That's why our recipes are invented by the chefs in our Culinary Alliance.

What's a Culinary Alliance?

It's our partnership with over 60 professional chefs who believe that school food should be quick, nutritious, and taste really good. Our alliance chefs spend hours in kitchen, innovating with ingredients, and developing recipes we know the students of Shaker Heights will love!

