

August

Upland Unified School District

Breakfast daily

Whole Grain Breakfast
Bread Variety
Bagel & Cream Cheese
Whole Grain Cereal Variety
Whole Grain Breakfast Bars
Yogurt (9 g of sugar)
Mozzarella String Cheese

Breakfast specials

Monday



Whole Wheat 3 Cheese Turkey Sausage
& Egg Burrito

Wednesday



Whole Wheat Chicken Sausage and
Cheese Waffle

Friday



Whole Grain Jimmy Dean Pancake and
Turkey Sausage Stick



Local Farm-Fresh Seasonal Fruit & Veggies
Local Driftwood Dairy California Milk 1% White Milk
or Non-Fat Chocolate Milk (Lunch Only)

*Menu subject to change

*This institution is an equal opportunity provider



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August



UPLAND UNIFIED
SCHOOL DISTRICT

MONDAY

18 Grilled Chicken Sandwich
served on a brioche bun
sandwich salad bar



TUESDAY

19 Chicken & Cheese Tamale
wrapped in whole grain
corn masa
fiesta salad bar



WEDNESDAY

20 French Bread Pizza
whole wheat cheese
pizza
seasonal salad bar



THURSDAY

21 Orange Chicken
served with brown rice
asian salad bar



FRIDAY

22 BBQ Chicken Drumstick
whole grain hawaiian roll
american salad bar



25 Meatball Sub
chicken meatballs,
marinara sauce,
shredded mozzarella
served on a whole wheat
hoagie roll
american salad bar



26 Walking Taco
reduced fat. whole grain
doritos, ground turkey, &
shredded cheese
taco salad bar



27 Chicken Alfredo
bow tie pasta
with grilled chicken in
alfredo sauce
seasonal salad bar



28 Hawaiian Chicken Drumstick
glazed drumstick served
with a whole wheat
hawaiian dinner roll



29 Chicken Strips
whole grain breaded
crispy chicken strips
served with potato smiles
american salad bar



served daily

Farm Fresh
Salad Bar is
Offered Daily

Local
Driftwood
Dairy
California Milk
1% White Milk
or
Non-Fat
Chocolate
Milk (Lunch
Only)

TO PRINT OR VIEW MENUS VISIT:



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ALLERGENS:



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