



**JUNIOR HIGH ATHLETICS
UNIFORM REQUIREMENTS**

SPORT	PRACTICE UNIFORM	GAME DAY GEAR
Football	JH P.E. Uniform/ School provides helmet, shoulder pads, practice jersey, practice pants, and basic mouthguard	Compression Shirt - optional
Cross Country	JH P.E. Uniform	Team Shirt
Volleyball	JH P.E. Uniform	Team Shirt - optional
Cheer	Cheer practice & JH P.E. Uniform	Game Day Outfit
Boys Basketball	JH P.E. Uniform/School provides reversible Jersey	Shoot Around Shirt
Girls Basketball	JH P.E. Uniform/School provides reversible Jersey	Shoot Around Shirt
Boys Soccer	JH P.E. Uniform	Navy & White Game Socks
Girls Soccer	JH P.E. Uniform	Navy & White Game Socks
Baseball	JH P.E. Uniform/ Baseball Pants/Belts & Socks/Team Hat/Navy Helmet	Red Longsleeve (cold games) Team Hoodie (Optional)
Softball	JH P.E. Uniform & softball belts and socks School provides Softball Pants Optional: sliding shorts	Belt & Socks Optional: Sliding shorts
Tennis	JH P.E. Uniform	Game Day Uniform: Shorts for Boys & Skirts for Girls
Track and Field	JH P.E. Uniform	None
Off- Season	JH P.E. Uniform	None
Dance	JH P.E. Uniform	None
Swim	TBD by Head Coach	TBD
Golf	TBD by Head Coach	TBD
6th Grade P.E.	JH P.E. Uniform	None