









EXCEL AFTER THE BELL! **SCHOOL AGE PROGRAMS**

KEARNEY FAMILY YMCA

School Age Programs offer before and after school fun and learning for kids in grades K-5th during the school year and full day camp during the summer months. With a focus on youth development and healthy living, we help kids reach their full potential through active activities that promote movement and exercise and keep their minds engaged through interactive STEAM (science, technology, engineering, arts, and math) that combine fun with learning and exploration. The careful balance between social time, educational and physical activities makes the YMCA so much more than "just after school child care." Transportation is provided via RYDE to and from school in our BAS Program.

PROGRAM GOALS:

- Provide quality, safe and nurturing school age programming that nurtures the whole child-mind, body, and spirit
- Create an environment where kids have the ability, confidence, and desire to be physically and mentally active
- Promote Core Values of Respect, Responsibility, Caring, and Honesty through character development lessons and role modeling
- Teach youth-centered activities in a safe, positive environment that promotes confidence and personal growth.
- Positive Role Models: Youth will be placed with staff who will serve as role models while focusing on the best interest of the children

Key Program Benefits:

*Healthy Snacks *New Friendships *Transportation provided *Promote Y Core Values

*Promote Active Lifestyle *Positive Role Models

*Homework Assistance *STEAM activities

BEFORE SCHOOL PROGRAM

DAYS: Monday-Friday TIMES: 6:30am-7:45am **RATE: Members:** \$40/week Non-Members: \$55/week

AFTER SCHOOL PROGRAM

DAYS: Monday-Friday TIMES: After School - 6:00PM RATE: Members: \$80/week

Non-Members: \$110/week

*Registration Fee: A one-time \$40 fee applies to all school age programs

School's Out Days: Don't forget: When school is out, the Y is in! YMCA School's Out Day runs on days when there is no school. Each day is packed with activities to keep minds sharp and bodies moving. Kids will engage in fun activities and socialize with friends, Children not currently participating in a YMCA School Age Program are welcome to participate in, so we encourage participants to invite their friends! Registration is required.

MORE INFORMATION

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MEMBERSHIP BENEFITS



SOMETHING FOR EVERYONE IN THE FAMILY



FREE GROUP EXERCISE CLASSES



YOUTH SPORTS & PROGRAM DISCOUNT



INDOOR SWIMMING POOL & SWIM LESSONS



FREE CHILD WATCH WHILE YOU WORK OUT



NATIONWIDE ACCESS TO YMCA'S ACROSS THE U.S.



NO CONTRACTS NO COMMITMENTS NO ANNUAL FEE



STATE OF THE ART WELLNESS CENTER WITH CARDIO & STRENGTH EQUIPMENT



CHILD CARE &
AFTER SCHOOL PROGRAM
DISCOUNT



YMCA 360 W/ EXCLUSIVE ON-DEMAND CLASSES