



Richard J. Allie Middle School

Emergency Action Plan and Severe Weather Protocols

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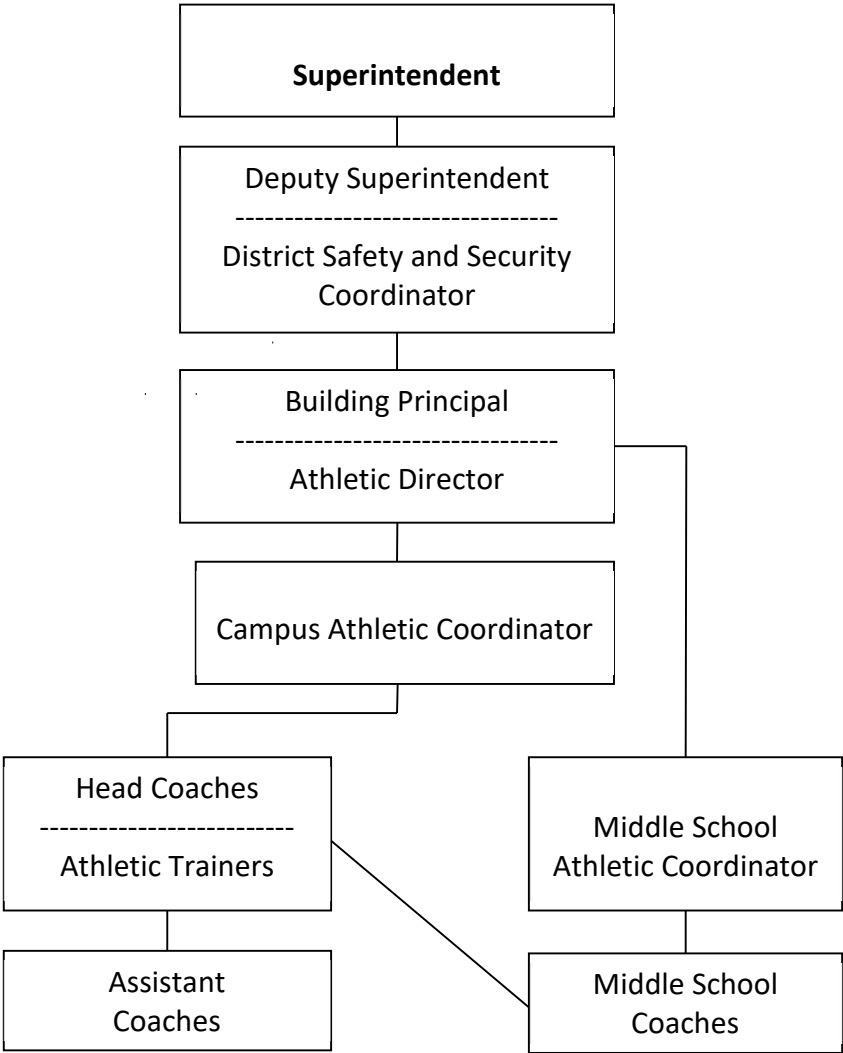
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Introduction

This handbook is to provide coaches and administrators with an Emergency Action Plan should EMS be activated for emergencies or in case of severe weather conditions. Severe weather and emergencies may arise at any time during athletic events. Since the weather is unpredictable, you can never give exact guidelines. Good common sense should also be utilized. Severe weather is defined as any weather-related situation requiring all athletes and spectators to move to safe shelter. Expedient action must be taken in order to prevent life threatening conditions. Student safety is a priority over the completion of an athletic event.

Coaches and administrators should be aware of the following protocols to be prepared in the event of severe weather or emergency. These protocols are in accordance with UIL and state law mandates and in conjunction with CISD policies and procedures.

CISD CHAIN OF COMMAND



Emergency Contacts

Crowley ISD Athletic Director: Gregory Williams, gregory.williams@crowley.k12.tx.us

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Crowley HS Campus Principal: Markeba Warfield, markeba.warfield@crowley.k12.tx.us

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Senate Bill 82 Requirements

Safety Training

Senate Bill 82, in effect since the 2007-2008 school year, related to safety regulations for certain public school extracurricular activities.

This legislation:

1. Requires safety training for all coaches or sponsors for athletic activities, and any marching band director. UIL has developed a safety training program for coaches and sponsors of athletic activities that is available through the UIL Online as part of the Coaches Certification Program. [Visit the UIL Portal to complete Safety Training.](#)
[Additional information from the Texas Administrative Code, Chapter 76.1003, on these requirements as they pertain to athletic trainers and team physicians.](#)
2. Requires schools conduct a safety drill that incorporates the training described in the safety training program developed by UIL.
3. Requires that student athletes be provided training in recognizing symptoms of catastrophic injuries, including head and neck injuries, concussions, asthma attacks, heatstroke, cardiac arrest and injuries requiring use of an AED, the risks of using nutritional supplements. This training can be conducted by the school, using the materials available on the SB 82 portion of the Health and Safety Section of the UIL web site. [Download safety training Powerpoint presentation.](#)
4. Mandates that unsafe athletic activities are prohibited, and schools must make sure that safety precautions are required (asthma medication, hydration materials present, emergency lanes clear etc.)
5. Requires that any student who is rendered unconscious while participating (in practice or game) cannot participate further in that practice or game anymore and must get written clearance prior to any further participation.
6. Mandates that records of compliance with the requirements of the legislation be kept and be made public upon request.
7. Requires that non-compliance with the provisions of the bill could subject the school to penalties as outlined in section 27 and 29 of the Constitution and Contest Rules.
8. Mandates that the Texas Education Agency create hotline number and email address for reports of non-compliance and schools must post that information in their administration offices. To report complaints or violations, contact the **Curriculum Division of the Texas Education Agency** by phone at **512-463-9581** or by email at curriculum@tea.state.tx.us.
9. Requires the text of sections of bill as well as the Parent Information Manual must be provided to parents of participants. The bill does allow that the required materials can be provided electronically, unless specifically requested otherwise.



Inclement Weather

Heat Protocols and Procedures

CISD will follow the recommended policy for conducting practices, conditioning workouts, walk throughs and games in all sports during times of extremely high heat and/or humidity for all UIL sanctioned athletic events. New research has found the gold standard for implementation of heat illness policy is to use the Wet Bulb Globe Temperature as a means to track appropriate conditions for outside activity and therefore mitigate the chance of Exertional Heat Illness. This policy shall follow modified guidelines of the American College of Sports Medicine in regard to:

1. The scheduling of practices at various heat/humidity levels
2. The ratio of workout time to time allotted for rest and hydration at various heat/humidity levels.
3. The heat/humidity level that will result in practice being terminated.

As environmental temperature and humidity increase, there is an increase in the heat stress that is placed on the exercising individual. Exercise in the heat causes athletes to rely on evaporation of sweat from the skin as the primary method of dissipating heat that is produced by the working muscles. As humidity increases, the ability to dissipate heat through evaporation is further hindered, thus causing the body to have an increased body temperature, which increases the risk of EHS.

A Wet Bulb Globe Temperature (WBGT) device is a measurement tool that uses ambient temperature, relative humidity, wind, and solar radiation from the sun to get a measure that can be used to monitor environmental conditions during exercise. Establishing WBGT guidelines that dictate modifications in activity (work: rest ratios, hydration breaks, equipment worn, length of practice) at given WBGT temperatures play a huge factor in helping to prevent EHS.

How do we get our numbers?

When establishing WBGT guidelines for physical activity, the guidelines must be region (geographic) specific. For example, an athlete playing football in Texas may be accustomed to warm environmental conditions, unlike a football player from Maine. A football player practicing in 90°F temperatures in Texas could be comfortable whereas a football player practicing in the same conditions in Maine could be experiencing the worst conditions they have felt all year, which would increase the risk of heat illness.

References

<http://ksi.uconn.edu/prevention/wet-bulb-globe-temperature-monitoring/>

The map and the following table, also adopted from [Grundstein et al. Regional heat safety thresholds for athletes in the contiguous United States. Appl. Geography. 2015.pdf](#), provides a guideline for modification of activity based on the environmental conditions in each region.



WBGT Activity Guidelines		
Class 3	Class 2	Activity Guidelines
< 82.0	<79.7	Normal Activities - Provide at least three separate rest breaks each hour with a minimum duration of 3 min each during the workout.
82.0 - 86.9	79.7 - 84.6	Use discretion for intense or prolonged exercise; Provide at least three separate rest breaks each hour with a minimum duration of 4 min each. MANDATORY ONSITE RAPID COOLING ZONE (INCLUDING TUB OR TARP)
87.0 - 90.0	84.7 - 87.6	Maximum practice time is 2 hours; For Football: players are restricted to helmet, shoulder pads, and shorts during practice. If the WBGT rises to this level during practice, players may continue to work out wearing football pants without changing to shorts. For All Sports: Provide at least four separate rest breaks each hour with a minimum duration of 4 min each. MANDATORY ONSITE RAPID COOLING ZONE (INCLUDING TUB OR TARP)
90.1 - 92.0	87.7 - 89.7	Maximum practice time is 1 hour; For Football: No protective equipment may be worn during practice, and there may be no conditioning activities. For All Sports: There must be 20 min of rest breaks distributed throughout the hour of practice. MANDATORY ONSITE RAPID COOLING ZONE (INCLUDING TUB OR TARP)
≥92.1	≥89.8	No outdoor workouts. Delay practices until a cooler WBGT is reached.

**Values in the above chart are WBGT measurements (not temperature or heat index measurements).*

Based on the above map and table, Crowley ISD and its affiliated schools would follow the guidelines for Category 3. The following table will be used to determine activity.

Modifications have been made for middle school athletes as they are less likely to have had access to and been acclimated to summer strength and conditioning and predominantly have far different physiological makeups and body maturation. The following numbers will be used to determine activity in middle school population with the above directions for activity of corresponding colors.



Implementation of the policy will be overseen by CISD Athletic Director, with the aid of all Campus Coordinators, Athletic Trainers, and Head Coaches. Readings will be recorded by campus ATs to document compliance.

Directions for Implementation:

- Readings will be taken using the district approved WeatherSentry DTN weather app for WBGT and monitored using the apps warnings via text to all involved parties. Secondary options will be handheld devices kept by campus ATs and/or nation service weather apps to take readings. WBGT temps will be checked 15 minutes prior to activity and every hour after.
- The “timer” starts when the first group of athletes hit the field.
 - Should programs be split up into subgroups, it is the responsibility of the coaches to make sure that they keep track of all athletes and their exposure times.
 - Ex: Defense goes outside while Offense is in weight room. The restrictions for the start of practice are MAX 1 hour. Position coaches will have to ensure that each athlete in the group follows that guideline. They will need to identify athletes who may be required to get reps in both Defense and Offense and make sure they stay within their hour.
- The temperature and corresponding guideline remain absolute unless temperatures RISE and guidelines become more restrictive.
 - Ex: Beginning Temp is 88.3. The guideline is in ORANGE zone and calls for MAX 2 hours. If temps rise 30 minutes after start and fall into RED zone, then Red zone rules

will apply. Athletes will only be allowed 30 more minutes of activity, one max hour from the start of practice.

- Ex: Beginning Temp is 91.1. The guidelines are in RED zone and calls for MAX 1 hour. If temps drop 30 minutes into start and fall back into ORANGE zone, the guidelines remain the same. Core temperatures have already been pushed to their limits and will not decrease significantly enough to be safe. Max will remain at 1 hour.
- Hydration and Rest Breaks
 - Rest time should involve both unlimited hydration intake (water or electrolyte drinks) and rest without activity involved.
 - For Football: Helmets should be removed during rest time.
- UIL Mandated Cooling Zones
 - When WBGT is at 82 or above, cooling zones with a means of rapid cooling MUST be available immediately onsite.
 - Cooling zones should not be in direct sunlight when possible.
 - Rapid cooling methods include but are not limited to:
 - Cold immersion tubs
 - Tarp Assisted Cooling Oscillation (TACO method) with tarp, ice, and water
 - Ice towels
 - Ice bags
 - Spray bottles filled with ice water
- Gradually Acclimatize Athletes
 - Get them accustomed to working out in the heat. Gradual acclimatization for the student(s) to hot/humid conditions is a must. We advise gradual increase exposure to hot and/or humid environmental conditions over a period of 7 to 10 days for students to achieve acclimatization.
 - Football – These athletes will use the mandatory UIL calendar and guidelines for acclimatization.
 - Cross Country - These athletes must be monitored closely at all times. Running distance should be increased gradually.
 - Volleyball and Basketball (indoor sports) - Coaches should be aware that heat problems can occur indoors if the athletes are not properly hydrated. If a coach chooses to practice outdoors, he/she should be aware of the weather conditions. These athletes will not be accustomed to the heat outdoors. They MUST be monitored very closely, and water should be readily available.
 - Soccer, Track, Tennis, Baseball and Softball - The first 3-4 practices should not be overly strenuous. Overuse/friction injuries will be dramatically decreased in these sports if athletes start workouts at 50% and ease in to a full 100%. This usually takes two to three weeks for track athletes.
- Identify Susceptible Athletes
 - Those athletes that are obese or have a larger muscle mass tend to have more heat related problems. Keep a close eye on these athletes.
 - Athletes who come in late to programs need to be monitored and acclimated appropriately. They should not just jump in full go with the more advanced athletes.
- Uniforms
 - Use lightweight, breathable jerseys/pants in hot weather months. Watch for athletes wearing extra clothing.
- Encourage a Good Diet
 - Athletes MUST eat breakfast/lunch to workout in extreme heat. Fat intake should be somewhat decreased. Salt intake can be slightly increased. Athletes should stay away from carbonated beverages in season.

Cold Protocols and Procedures

Cold exposure can be uncomfortable, increase the risk of injury, and impair performance. Factors to take into consideration include more than just the temperature. Wind chill and wet conditions will increase the cooling effect. Wind Chill interacts with the temperature to significantly increase body cooling. The combination of cold air and the deep breathing of exercise can also trigger breathing problems. If the body and clothing are wet, there is an increase of body cooling. This could be from sweat or rain.

- **Chain of Command** – The Office of School Administration, the Athletic Coordinators, the Game Day Administrator and the Athletic Trainers will work together to implement the policy at the time of the event. DTN WeatherSentry will be used to monitor all weather conditions for participation. Contracted trainers will contact Middle School and High School Coordinators and High School Trainers. Middle School and High School Athletic Coordinators will contact campus Principals.

1. **Dress in layers** - Athletes should dress in layers and try to stay dry. Heat loss from the head and neck can be as much as 50% of total heat loss; therefore, the head should be covered during very cold conditions.
2. **Warm-up** - Adequate warm-up is essential to prevent injuries, especially in cold conditions. Try to keep warm throughout the practice or contest.
3. **Stay Hydrated** - Dehydration affects the body's ability to regulate temperature whether it is hot or cold conditions.
4. The Office of School Administration will communicate with Fine Arts.

Guidelines for Cold Weather

These guidelines should be followed to determine game postponement due to cold/inclement weather. Games should be postponed if the following conditions are present:

1. Temperatures do not reach 32 degrees and/or wind chill does not reach 25 degrees by 2:00pm.
2. If temperatures are forecasted to be below 32 degrees and/or wind chill below 25 degrees.
3. Temperatures below 35 degrees, with the presence of precipitation.

All decisions regarding game postponement, due to cold weather, will be made by the Athletic Directors or designee. It is recommended that all decisions be made by 2:00 pm to avoid unnecessary travel.

Lightning Protocols and Procedures

Chain of Command – The Office of School Administration, the Athletic Coordinators, the Game Day Administrator and the Athletic Trainer will work together to implement the policy at the time of the event. The Athletic Trainer will have a weather watcher that monitors the forecast. Contracted trainers will contact Middle School and High School Athletic Coordinators and High School Trainers. Middle School and High School Coordinators will contact campus Principals.

WeatherSentry Monitoring System – CISD utilizes the Weather Sentry monitoring system as the primary source that provides all current/real time alerts and information using radar detection of predetermined points of reference that include a Caution Area (15 mile circumference) and a Warning Area (10 mile circumference) around athletic venue. Alerts are sent through text messages as well as a siren and light on specific locations that alert participating coaches, athletic trainers, and administrators by giving specific instructions and information regarding inclement weather situations. This means of observation should be utilized before any other to determine safety and subsequent changes in schedules (ie: postponements, cancellations, evacuations...etc.)

In a situation where any CISD team is participating in a venue that is outside the scope of our preferred monitoring systems (off-campus sites), the following monitoring protocols are recommended. However, we encourage our teams to check with their host venue and follow their specific protocols.

*Should the approved weather monitoring system fail or not be accessible, appropriate weather monitoring apps, such as WeatherBug may be utilized. If failure in phone service does not allow for apps to be used the following methods may be used if necessary:

The 30-30 Lightning Safety Rule - Using the **Flash-to-Bang** method will be our primary way of tracking a storm. Thunder always accompanies lightning. The audible range of thunder is 8-10 miles. Light travels at the speed of 1 mile every 5 seconds.

To use the **Flash-to-Bang** method, count the number of seconds once lightning is sighted until the thunder is heard. Divide by 5 to determine how far away, in miles, the lightning is occurring. Play is suspended when the **Flash-to-Bang** method reaches 30 seconds or less. This means the lightning storm is 6 miles away or closer.

Skyscan Lightning Detector - The Skyscan lightning detector will be used as a secondary source to the **Flash-to-Bang** method. The Athletic Trainer will monitor the Skyscan. This instrumentation is effective but cannot guarantee safety. This unit is only used to track the stages of potential lightning. If two consecutive readings in the 3–8-mile range or closer are observed on the monitor, the field will be cleared.

Resumption of Play - Resumption of play occurs when lightning has not been detected for 30 minutes. Every time lightning is detected within the 10 mile or less range, the 30-minute clock will restart. The administrator on duty will make the final decision as to whether a contest will be suspended or postponed.

List of Safe Locations - A safe location is any large, enclosed building with plumbing and/or electrical wiring that is used to ground the structure. The secondary safe location is in any vehicle with a hard metal roof, such as a personal vehicle or school bus. Do not touch the sides of the vehicle. While in the safe location, stay away from metal objects, phones and computers that have a land line (cell phones are acceptable).

Places to Avoid - Avoid any structure that has an exposed opening such as metal sheds and baseball/softball dugouts. Also avoid high places, open fields, trees, bleachers, metal fences, and open water.

General Emergency Action Plan

Introduction

Emergencies may arise at any time during athletic events. The development and implementation of an emergency plan will help ensure the best care. Athletic organizations have a duty to develop an emergency plan which, when activated, will provide appropriate standards of emergency care to all sports participants. As athletic injuries may occur at any time and during any activity, the sports medicine team must be prepared. This preparation involves formulation of an emergency plan, proper coverage of events, maintenance of appropriate emergency equipment and supplies, utilization of appropriate emergency medical personnel, and continuing education in the area of emergency medicine and planning. Our goal is that through careful pre-participation physical screenings, adequate medical coverage, safe practice and training techniques and other safety avenues, some potential emergencies will be averted and all managed appropriately.

Components of the Emergency Plan

1. Establish Scene Safety and Immediate Care of the Athlete by Emergency Personnel

With athletic practice and competition, the first responder to an emergency situation is typically a member of the athletic staff, most commonly a coach or athletic trainer. The type and degree of sports medicine coverage for an athletic event may vary widely, based on such factors as the risk level of the sport or activity, the setting, and the type of training or competition. Certification in cardiopulmonary resuscitation (CPR) and automated external defibrillators (AED), athletic safety training, prevention of disease transmission, and emergency plan review is required annually for all athletics personnel. The emergency team may consist of a number of healthcare providers including physicians, emergency medical technicians, licensed athletic trainers; student athletic trainers; coaches; administrators. There are four basic roles within the emergency team. The first and most important role is establishing safety of the scene and immediate care of the athlete. Acute care in an emergency situation should be provided by the most qualified individual on the scene. In instances that an Athletic Trainer is available, this role will be assumed by the Athletic Trainer. The second role, EMS activation, may be necessary in situations where emergency transportation is not already present at the sporting event. This should be done as soon as the situation is deemed an emergency or a life-threatening event. Time is the most critical factor under emergency conditions. Activating the EMS system may be done by anyone on the team. However, the person chosen for this duty should be someone who is calm under pressure and who communicates well over the telephone. This person should also be familiar with the location and address of the sporting event. The third role, emergency equipment retrieval may be done by anyone on the emergency team who is familiar with the types and location of the specific equipment needed. Student athletic trainers, coaches, and athletes are good choices for this role. The fourth role of the emergency team is that of directing EMS to the scene. One member of the team should be responsible for meeting emergency medical personnel as they arrive at the site of the emergency. Depending on ease of access, this person should have keys to any locked gates or doors that may slow the arrival of medical personnel. An administrator, coach, student athletic trainer, or athlete may be appropriate for this role.

2. Activation of the Emergency Medical System

Activate EMS by calling 911. Proper communication is the key to quick emergency response. Athletic trainers and emergency medical personnel must work together to provide the best emergency response. Access to a working telephone should be assured before athletic events.

3. Emergency Equipment Retrieval

All necessary emergency equipment should be at the site and quickly accessible when emergency situations arise. Personnel should be familiar with the function and operation of each type of emergency equipment. Equipment should be in good operating condition, and personnel must be trained in advance to use it properly. Emergency equipment should be checked on a regular basis and use rehearsed by emergency personnel.

4. Direction of EMS to Scene

Emphasis should be placed at having an ambulance on site at high-risk sporting events. There should be a designated location with rapid access to the site and a cleared route for entering/exiting the venue. Ambulance entrance to each facility should be clearly marked and accessible. Personnel should be assigned to meet the ambulance and assist with doors, gates and access to the site. In the medical emergency evaluation, the primary survey assists the emergency care provider in identifying emergencies requiring critical intervention and in determining transport decisions. Emergency care providers should refrain from transporting unstable athletes in inappropriate vehicles. Any emergency situations where there is impairment in level of consciousness (LOC), airway, breathing, or circulation (ABC) or there is neurovascular compromise should be considered a "load and go" situation and emphasis placed on rapid evaluation, treatment and transportation.

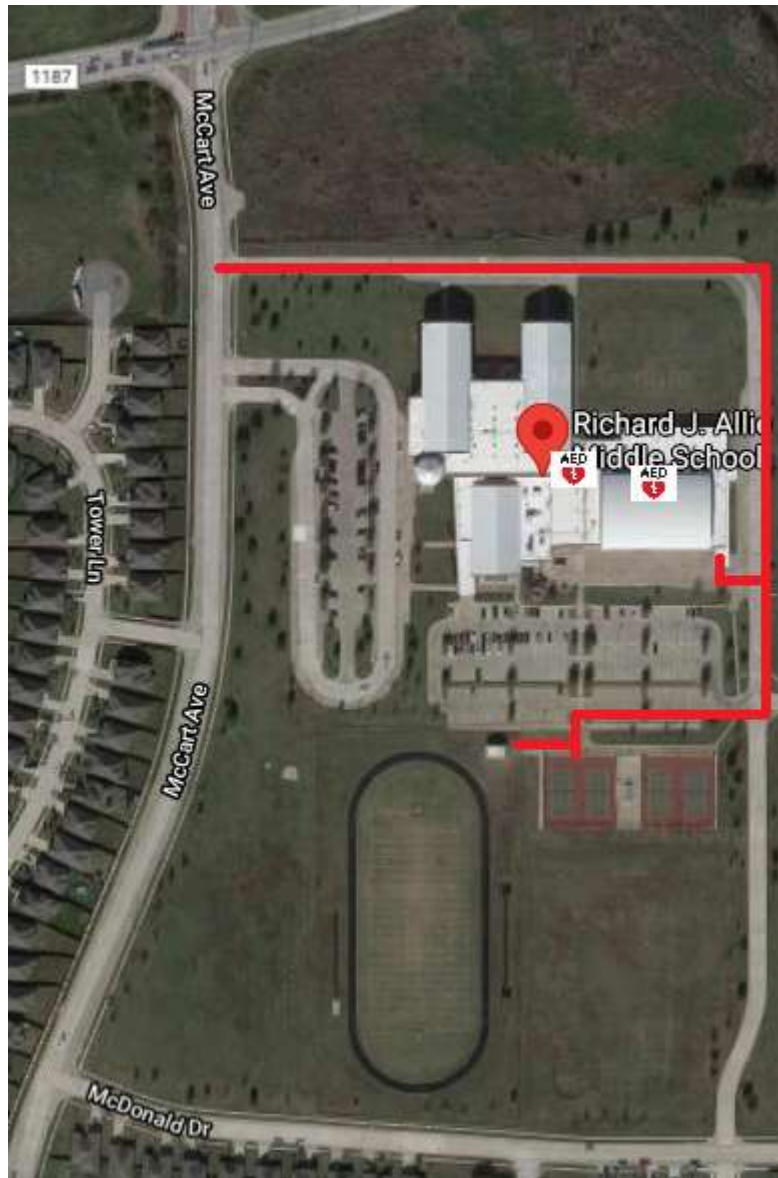
Conclusion

Through development and implementation of the emergency plan, the Crowley Independent School District helps ensure that the athlete will have the best care provided when an emergency situation does arise.

AED Locations:

1st Location: Main Gym hallway between Gyms.

2nd Location: Main Building in band hall hallway.



RAMS Gyms

Emergency Action Plan:

1. Establish scene safety and immediate care of the athlete
 - a. Keep bystanders away from scene
 - b. Primary survey to determine consciousness, breathing, pulse, and/or life threatening injuries
 - c. Provide emergency care until EMS arrives
2. Activation of the Emergency Medical System
 - a. Making the Call: **911**
 - b. Providing Information: **1033 McCart Avenue**
 - i. name, address, telephone number of caller
 - ii. nature of emergency
 - iii. number of injured persons
 - iv. condition of injured persons
 - v. medical treatment of injured persons
 - vi. specific directions to locate emergency scene
 - vii. other information as requested by dispatcher
 - c. Stay on the phone until EMS arrives
3. Emergency equipment retrieval
 - a. Retrieve AED
 - b. Medical kit with emergency forms
 - c. Splint bag as needed
4. Direction of EMS to scene
 - a. Provide specific directions to locate emergency scene:
RAMS Gyms access at access at southeast corner double doors of campus.
 - b. Assign someone to wait outside and bring EMS to scene
 - c. Assure necessary gates and doors are unlocked and accessible
5. Other protocols
 - a. Notify guardians or next of kin of injured persons
 - b. Assign a staff member to accompany injured persons to hospital when available
 - c. Contact administrators and complete emergency reports

Severe Weather:

An announcement will be made to clear the fields and gyms and proceed to safe shelter.

Safe Shelter will be:

Main Building

All athletes, coaches, and spectators will proceed to main part of building and get into hallways. CISD

Administrators and security will facilitate. Stay away from doors and windows.

AED Location:

1st Location: **Main Gym hallway between gyms.**

2nd Location: **Main Building in band hallway.**

RAMS Weight Room

Emergency Action Plan:

1. Establish scene safety and immediate care of the athlete
 - a. Keep bystanders away from scene
 - b. Primary survey to determine consciousness, breathing, pulse, and/or life threatening injuries
 - c. Provide emergency care until EMS arrives
2. Activation of the Emergency Medical System
 - a. Making the Call: **911**
 - b. Providing Information: **1033 McCart Avenue**
 - i. name, address, telephone number of caller
 - ii. nature of emergency
 - iii. number of injured persons
 - iv. condition of injured persons
 - v. medical treatment of injured persons
 - vi. specific directions to locate emergency scene
 - vii. other information as requested by dispatcher
 - c. Stay on the phone until EMS arrives
3. Emergency equipment retrieval
 - a. Retrieve AED
 - b. Medical kit with emergency forms
 - c. Splint bag as needed
4. Direction of EMS to scene
 - a. Provide specific directions to locate emergency scene:
RAMS Weight Room access at southeast corner double doors of campus.
 - b. Assign someone to wait outside and bring EMS to scene
 - c. Assure necessary gates and doors are unlocked and accessible
5. Other protocols
 - a. Notify guardians or next of kin of injured persons
 - b. Assign a staff member to accompany injured persons to hospital when available
 - c. Contact administrators and complete emergency reports

Severe Weather:

An announcement will be made to clear the fields and gyms and proceed to safe shelter.

Safe Shelter will be:

Main Building

All athletes, coaches, and spectators will proceed to main part of building and get into hallways. CISD

Administrators and security will facilitate. Stay away from doors and windows.

AED Location:

1st Location: **Main Gym** hallway between gyms.

2nd Location: **Main Building** in band hallway.

RAMS Fine Arts Hall

Emergency Action Plan:

1. Establish scene safety and immediate care of the athlete
 - a. Keep bystanders away from scene
 - b. Primary survey to determine consciousness, breathing, pulse, and/or life threatening injuries
 - c. Provide emergency care until EMS arrives
2. Activation of the Emergency Medical System
 - a. Making the Call: **911**
 - b. Providing Information: **1033 McCart Avenue**
 - i. name, address, telephone number of caller
 - ii. nature of emergency
 - iii. number of injured persons
 - iv. condition of injured persons
 - v. medical treatment of injured persons
 - vi. specific directions to locate emergency scene
 - vii. other information as requested by dispatcher
 - c. Stay on the phone until EMS arrives
3. Emergency equipment retrieval
 - a. Retrieve AED
 - b. Medical kit with emergency forms
 - c. Splint bag as needed
4. Direction of EMS to scene
 - a. Provide specific directions to locate emergency scene:
RAMS Fine Arts Hall is located at the south side of RAMS campus. Enter RAMS Fine Arts Hall in front parking lot, pass two sets of double glass doors and RAMS Fine Arts Hall is on the right.
 - b. Assign someone to wait outside and bring EMS to scene
 - c. Assure necessary gates and doors are unlocked and accessible
5. Other protocols
 - a. Notify guardians or next of kin of injured persons
 - b. Assign a staff member to accompany injured persons to hospital when available
 - c. Contact administrators and complete emergency reports

Severe Weather:

An announcement will be made to clear the fields and gyms and proceed to safe shelter.

Safe Shelter will be:

- CHS Campus

All athletes and coaches will need to gather all belongings to take inside with them. Student-athletes will NOT be allowed back outside to retrieve personal items. In case of Tornado warning move to interior building hallways and rooms. Stay away from doors and windows.

AED Location:

1st Location: **Main Building** in band hallway.

2nd Location: **Main Gym** hallway between gyms.

RAMS Practice Field

Emergency Action Plan:

1. Establish scene safety and immediate care of the athlete
 - a. Keep bystanders away from scene
 - b. Primary survey to determine consciousness, breathing, pulse, and/or life threatening injuries
 - c. Provide emergency care until EMS arrives
2. Activation of the Emergency Medical System
 - a. Making the Call: **911**
 - b. Providing Information: **1033 McCart Avenue**
 - i. name, address, telephone number of caller
 - ii. nature of emergency
 - iii. number of injured persons
 - iv. condition of injured persons
 - v. medical treatment of injured persons
 - vi. specific directions to locate emergency scene
 - vii. other information as requested by dispatcher
 - c. Stay on the phone until EMS arrives
3. Emergency equipment retrieval
 - a. Retrieve AED
 - b. Medical kit with emergency forms
 - c. Splint bag as needed
4. Direction of EMS to scene
 - a. Provide specific directions to locate emergency scene:
Practice Field access on south parking lot. Enter gate on northeast side of practice field.
 - b. Assign someone to wait outside and bring EMS to scene
 - c. Assure necessary gates and doors are unlocked and accessible
5. Other protocols
 - a. Notify guardians or next of kin of injured persons
 - b. Assign a staff member to accompany injured persons to hospital when available
 - c. Contact administrators and complete emergency reports

Severe Weather:

An announcement will be made to clear the fields and gyms and proceed to safe shelter.

Safe Shelter will be:

Main Building (Athletes will be escorted by coaches to locker rooms)

Concession/Restroom Buildings

Spectator Vehicles

*Underneath the bleachers is not considered safe shelter.

All athletes and coaches will need to gather all belong. Stay away from doors and windows.

Tornado Warning/Alert

In the event of a tornado alert, coaches and officials will be told to vacate the field and bleachers.

Safe Shelter will be:

Main Building for everyone

Concession/Restroom Buildings

All athletes, coaches, and spectators will proceed to main part of building and get into hallways. CISD

Administrators and security will facilitate.

Evacuate the premises as soon as a tornado warning has been issued for Tarrant County.

Coaches will escort all athletes to locker rooms and follow the school's emergency weather protocol.

Spectators will be notified of warning and advised to seek safe shelter.

AED Location:

1st Location: **Main Gym hallway between gyms.**

2nd Location: **Main Building in band hallway.**

RAMS Tennis Courts

Emergency Action Plan:

6. Establish scene safety and immediate care of the athlete
 - a. Keep bystanders away from scene
 - b. Primary survey to determine consciousness, breathing, pulse, and/or life threatening injuries
 - c. Provide emergency care until EMS arrives
7. Activation of the Emergency Medical System
 - a. Making the Call: **911**
 - b. Providing Information: **1033 McCart Avenue**
 - i. name, address, telephone number of caller
 - ii. nature of emergency
 - iii. number of injured persons
 - iv. condition of injured persons
 - v. medical treatment of injured persons
 - vi. specific directions to locate emergency scene
 - vii. other information as requested by dispatcher
 - c. Stay on the phone until EMS arrives
8. Emergency equipment retrieval
 - a. Retrieve AED
 - b. Medical kit with emergency forms
 - c. Splint bag as needed
9. Direction of EMS to scene
 - a. Provide specific directions to locate emergency scene:
Tennis Courts access on south parking lot. Enter gate on north side of tennis courts.
 - b. Assign someone to wait outside and bring EMS to scene
 - c. Assure necessary gates and doors are unlocked and accessible
10. Other protocols
 - a. Notify guardians or next of kin of injured persons
 - b. Assign a staff member to accompany injured persons to hospital when available
 - c. Contact administrators and complete emergency reports

Severe Weather:

An announcement will be made to clear the fields and gyms and proceed to safe shelter.

Safe Shelter will be:

Main Building (Athletes will be escorted by coaches to locker rooms)

Concession/Restroom Buildings

Spectator Vehicles

*Underneath the bleachers is not considered safe shelter.

All athletes and coaches will need to gather all belong. Stay away from doors and windows.

Tornado Warning/Alert

In the event of a tornado alert, coaches and officials will be told to vacate the field and bleachers.

Safe Shelter will be:

Main Building for everyone

Concession/Restroom Buildings

All athletes, coaches, and spectators will proceed to main part of building and get into hallways. CISD

Administrators and security will facilitate.

Evacuate the premises as soon as a tornado warning has been issued for Tarrant County.

Coaches will escort all athletes to locker rooms and follow the school's emergency weather protocol.

Spectators will be notified of warning and advised to seek safe shelter.

AED Location:

1st Location: **Main Gym hallway between gyms.**

2nd Location: **Main Building in band hallway.**

CHS Eagle Stadium

Emergency Action Plan:

6. Establish scene safety and immediate care of the athlete
 - a. Keep bystanders away from scene
 - b. Primary survey to determine consciousness, breathing, pulse, and/or life threatening injuries
 - c. Provide emergency care until EMS arrives
7. Activation of the Emergency Medical System
 - a. Making the Call: **911**
 - b. Providing Information: **101 Eagle Drive**
 - i. name, address, telephone number of caller
 - ii. nature of emergency
 - iii. number of injured persons
 - iv. condition of injured persons
 - v. medical treatment of injured persons
 - vi. specific directions to locate emergency scene
 - vii. other information as requested by dispatcher
 - c. Stay on the phone until EMS arrives
8. Emergency equipment retrieval
 - a. Retrieve AED
 - b. Medical kit with emergency forms
 - c. Splint bag as needed
9. Direction of EMS to scene
 - a. Provide specific directions to locate emergency scene:
Eagle Stadium access at southwest corner of stadium. Enter double gates near scoreboard.
 - b. Assign someone to wait outside and bring EMS to scene
 - c. Assure necessary gates and doors are unlocked and accessible
10. Other protocols
 - a. Notify guardians or next of kin of injured persons
 - b. Assign a staff member to accompany injured persons to hospital when available
 - c. Contact administrators and complete emergency reports

Severe Weather:

An announcement will be made to clear the fields and gyms and proceed to safe shelter.

Safe Shelter will be:

- Eagle Stadium Field House for athletes, coaches, and officials
- CHS Campus
- Concession/Restroom Buildings
- Weight Room / Barn should only be used as last option.
- Bleachers do NOT provide safe shelter.

All athletes and coaches will need to gather all belongings to take inside with them. Student-athletes will NOT be allowed back outside to retrieve personal items. In case of Tornado warning move to interior building hallways and rooms. Stay away from doors and windows.

AED Location:

1st Location: **CHS Eagle Stadium AED is located outside southwest restrooms.**

2nd Location: **CHS Eagle Stadium Field House North AED is located inside north entrance hallway.**

CHS 9th Gyms

Emergency Action Plan:

1. Establish scene safety and immediate care of the athlete
 - a. Keep bystanders away from scene
 - b. Primary survey to determine consciousness, breathing, pulse, and/or life threatening injuries
 - c. Provide emergency care until EMS arrives
2. Activation of the Emergency Medical System
 - a. Making the Call: **911**
 - b. Providing Information: **1016 FM 1187 W**
 - i. name, address, telephone number of caller
 - ii. nature of emergency
 - iii. number of injured persons
 - iv. condition of injured persons
 - v. medical treatment of injured persons
 - vi. specific directions to locate emergency scene
 - vii. other information as requested by dispatcher
 - c. Stay on the phone until EMS arrives
3. Emergency equipment retrieval
 - a. Retrieve AED
 - b. Medical kit with emergency forms
 - c. Splint bag as needed
4. Direction of EMS to scene
 - a. Provide specific directions to locate emergency scene:
Access CHS 9th gyms at southeast corner of CHS 9th campus.
 - b. Assign someone to wait outside and bring EMS to scene
 - c. Assure necessary gates and doors are unlocked and accessible
5. Other protocols
 - a. Notify guardians or next of kin of injured persons
 - b. Assign a staff member to accompany injured persons to hospital when available
 - c. Contact administrators and complete emergency reports

Severe Weather:

An announcement will be made to clear the fields and gyms and proceed to safe shelter.

Safe Shelter will be:

- CHS 9th Campus

All athletes, coaches, and spectators will proceed to main part of building and get into hallways. CISD Administrators and security will facilitate.

AED Location:

1st Location: **CHS 9th Gym AED is located outside concession door.**

2nd Location: **CHS 9th Main Campus AED is located outside front office entrance hallway.**

Crowley ISD Multi-Purpose Stadium

Emergency Action Plan:

1. Call 911 to activate EMS (If not already onsite) Onsite Medstar is located at South-East field level tunnel
 2. Request EMS personnel to: **9900 Hemphill St., Fort Worth, TX 76134**
 3. "We have an injured person that needs emergency treatment"
 4. Provide EMS the following information:
 - a. Name of person calling
 - b. Number of victims and their condition
 - c. First aid treatment initiated
 - d. Specific information to locate emergency scene: **Proceed to Main Entrance on southside of facility. South-east corner tunnel entrance for ambulance access.**
- Alternate entrance: Southwest corner of fieldhouse through double gates
- Give EXACT location of victim – Ex: On field, home/visitor sideline, home/visitor locker room, south/north side of home/visitor middle concourse of stands, south/north side of home/visitor 3rd level. Use location markers like "just past the concessions, bathrooms, elevator...etc" Station people outside and at stairs to help direct First Responders

Severe Weather:

Lightning

The CISD Lightning Safety policy will be followed.

If bad weather and / or lightning is detected, coaches and officials will be told to clear the field and stadium and proceed to safe shelter.

Safe Shelter will be:

- Field House (Athletes will be escorted by coaches to locker rooms. Officials to their locker room)
- Concourse/Concessions/Restrooms (Administration/Security will escort and monitor students)
- Team Buses
- Spectator Vehicles

All athletes and coaches will need to gather all belongings to take inside with them. Student-athletes will NOT be allowed back outside to retrieve personal items.

Tornado Warning / Alert

In the event of a tornado alert, coaches and officials will be told to vacate the field and bleachers.

Safe Shelter will be:

- Fieldhouse (for athletes, coaches, and officials)
- Concourse/Concessions/Restrooms (Administration/Security will escort and monitor all students and spectators)
- *Any overflow of students will be escorted to hallways of Fieldhouse

Evacuate the premises as soon as a tornado warning has been issued for Tarrant County. Coaches will escort all athletes to locker rooms and follow the school's emergency weather protocol.

Spectators will be notified of warning and advised to seek safe shelter.

AED Locations:	Field House
	Home side Main Concourse – South end
	Visitor side Main Concourse – South end
	Press Box Level 1
	Press Box Level 2

*Administration and Security should have plan on how to communicate between levels from Press Box all the way down to sideline on both visitor and home side.

Notes:

- A staff member should accompany any student-athlete or district personnel to hospital when available.
- Parents, guardians, or next of kin should be notified immediately
- Inform central administration
- Have medical history available
- Complete appropriate documentation